

CTO GAL NAT ABSO VER, 6-7-8 XUL 2007
 Datos técnicos: Piscina de 50 m., Crono Electrónico

PONTEVEDRA (RIAS DO SUR)
 06/07/2007

RK	Club	Nome	Club	T.R.	Pts.	Resultado
1	00186	CNCORUÑA ABS	NCORUÑA		41,0	8:55.76 RC
	1	MARTINEZ CANOSA RAQUEL	1991	50 - 31.48 100 - 1:05.45 150 - 1:39.65 200 - 2:13.06 31.48 33.97 34.20 - -- 33.41		
	2	FRANCO CAL ALBA	1991	250 - 2:43.52 300 - 3:18.35 350 - 3:52.86 400 - 4:26.30 30.46 34.83 34.51 - -- 33.44		
	3	ABELEDIO MAQUEIRA LUISA MARIA	1992	450 - 4:56.87 500 - 5:31.03 550 - 6:05.77 600 - 6:39.94 30.57 34.16 34.74 - -- 34.17		
	4	PAMPIN SAAVEDRA CARLOTA	1990	650 - 7:10.50 700 - 7:45.12 750 - 8:20.31 800 - 8:55.76 30.56 34.62 35.19 35.45		
2	00784	CNGALAICO ABS	GALAICO		32,0	9:04.22
	1	VILARIÑO GARCIA XENIA	1991	50 - 31.44 100 - 1:05.27 150 - 1:39.88 200 - 2:13.90 31.44 33.83 34.61 - -- 34.02		
	2	GARCÍA PARDAVILA IRIA	1991	250 - 2:44.78 300 - 3:19.22 350 - 3:54.55 400 - 4:28.30 30.88 34.44 35.33 - -- 33.75		
	3	CRESPO GONZALEZ MIRIAM	1990	450 - 4:59.78 500 - 5:34.78 550 - 6:11.01 600 - 6:47.16 31.48 35.00 36.23 - -- 36.15		
	4	VALIÑAS MONTEAGUDO LAURA	1994	650 - 7:18.72 700 - 7:53.03 750 - 8:28.92 800 - 9:04.22 31.56 34.31 35.89 35.30		
3	00314	CNPONTEVEDRA ABS	NPONTEV		28,0	9:13.01
	1	TOME ANTELO ALBA	1992	50 - 31.60 100 - 1:06.50 150 - 1:42.45 200 - 2:17.60 31.60 34.90 35.95 - -- 35.15		
	2	VICENTE ESCALONA MIREN	1990	250 - 2:49.25 300 - 3:24.14 350 - 4:00.35 400 - 4:35.78 31.65 34.89 36.21 - -- 35.43		
	3	RASCADO HUERGA RAQUEL	1994	450 - 5:06.27 500 - 5:42.22 550 - 6:20.12 600 - 6:56.82 30.49 35.95 37.90 - -- 36.70		
	4	GARCIA MARIN CRISTINA	1990	650 - 7:27.32 700 - 8:01.28 750 - 8:37.39 800 - 9:13.01 30.50 33.96 36.11 35.62		
4	00101	CNPORENSE ABS	PORENSE		26,0	9:17.60
	1	ALVAREZ LIZ IRIA	1993	50 - 32.84 100 - 1:09.10 150 - 1:46.22 200 - 2:23.04 32.84 36.26 37.12 - -- 36.82		
	2	PRESAS PEREZ SANDRA	1990	250 - 2:55.12 300 - 3:30.37 350 - 4:06.72 400 - 4:42.98 32.08 35.25 36.35 - -- 36.26		
	3	PIMENTEL PEREZ LAURA	1993	450 - 5:14.97 500 - 5:51.22 550 - 6:27.20 600 - 7:01.59 31.99 36.25 35.98 - -- 34.39		
	4	RAÑA RUIZ MARIA ISABEL	1992	650 - 7:32.33 700 - 8:07.44 750 - 8:42.13 800 - 9:17.60 30.74 35.11 34.69 35.47		
5	00769	CNRIVEIRA ABS	RIVEIRA		24,0	9:25.32
	1	MUÑOZ QUINTELA UXIA	1983	50 - 31.16 100 - 1:05.67 150 - 1:40.43 200 - 2:15.75 31.16 34.51 34.76 - -- 35.32		
	2	FERNANDEZ PAZ TANIA	1984	250 - 2:49.02 300 - 3:24.76 350 - 4:00.71 400 - 4:38.58 33.27 35.74 35.95 - -- 37.87		
	3	LORENZO PEGO SUSANA	1991	450 - 5:10.68 500 - 5:47.40 550 - 6:24.71 600 - 7:01.62 32.10 36.72 37.31 - -- 36.91		
	4	GARCIA ARNOSO AIDA	1990	650 - 7:33.50 700 - 8:10.20 750 - 8:48.35 800 - 9:25.32 31.88 36.70 38.15 36.97		

RT: Retirado
 NP: Non presentado

DES: Descualificado
 BAJ: Baixa

SW.RES_RELEVOS_PRUEBA.16- Información correcta a 19:59:35 06/07/2007

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RK	Club	Nome	Club	T.R.						Pts.	Resultado
6	00855	CNLALIN ABS	CNLALIN							22,0	9:37.64
	1	NERCELLAS GARCIA EVA	1991	50	32.90	100	1:08.82	150	1:46.57	200	2:24.42
					32.90		35.92		37.75	-	37.85
	2	TRUJILLO SOUTO MONICA	1990	250	2:56.54	300	3:33.52	350	4:11.87	400	4:50.25
					32.12		36.98		38.35	-	38.38
	3	RODRIGEZ CRESPO ESTEFANIA	1990	450	5:23.08	500	5:58.68	550	6:35.66	600	7:11.82
					32.83		35.60		36.98	-	36.16
	4	RUBIAL LALIN ALBA	1991	650	7:45.56	700	8:22.33	750	9:00.21	800	9:37.64
					33.74		36.77		37.88		37.43
7	00071	RCNVIGO ABS	RCNVIGO							20,0	9:40.89
	1	TORNERO VIÑAS INES	1993	50	34.01	100	1:09.68	150	1:46.87	200	2:23.77
					34.01		35.67		37.19	-	36.90
	2	GONZALEZ RIVAS SARA	1989	250	2:57.27	300	3:33.11	350	4:11.11	400	4:47.99
					33.50		35.84		38.00	-	36.88
	3	FIGUEROA POUSA PAULA	1993	450	5:21.12	500	5:58.38	550	6:37.59	600	7:15.40
					33.13		37.26		39.21	-	37.81
	4	PORTELA FONTAN ANA	1994	650	7:49.90	700	8:27.46	750	9:05.57	800	9:40.89
					34.50		37.56		38.11		35.32
8	00622	CNXOVE ABS	CNXOVE							18,0	9:45.93
	1	VIEIRA CASTILLO MARIA	1992	50	32.39	100	1:08.24	150	1:45.61	200	2:22.67
					32.39		35.85		37.37	-	37.06
	2	GARCIA GONZALEZ NAZARET	1994	250	2:58.33	300	3:37.63	350	4:16.57	400	4:54.34
					35.66		39.30		38.94	-	37.77
	3	BEN CILLERO SABELA	1992	450	5:29.96	500	6:08.64	550	6:46.95	600	7:24.84
					35.62		38.68		38.31	-	37.89
	4	FRA OTERO MARTA	1988	650	7:56.20	700	8:30.75	750	9:07.99	800	9:45.93
					31.36		34.55		37.24		37.94
9	00146	CMARINAF ABS	CMARINA							16,0	9:46.29
	1	BLANCO VAZQUEZ CARLA	1990	50	33.41	100	1:10.61	150	1:48.44	200	2:25.34
					33.41		37.20		37.83	-	36.90
	2	BECEIRO NOVO TANIA	1991	250	2:58.89	300	3:37.59	350	4:17.17	400	4:56.09
					33.55		38.70		39.58	-	38.92
	3	MARTUL PEGO ESTEFANIA	1990	450	5:28.82	500	6:04.82	550	6:42.49	600	7:21.25
					32.73		36.00		37.67	-	38.76
	4	GARCIA ALLEGUE TABATA	1990	650	7:54.14	700	8:30.39	750	9:08.38	800	9:46.29
					32.89		36.25		37.99		37.91
10	00398	CFLUVIALUGO ABS	CFVLUGO							0,0	9:53.75
	1	BERNARDEZ DOVAL ESTEFANIA	1993	50	33.73	100	1:12.31	150	1:51.34	200	2:30.66
					33.73		38.58		39.03	-	39.32
	2	POMBO LOPEZ BELEN	1992	250	3:02.72	300	3:37.84	350	4:14.05	400	4:50.40
					32.06		35.12		36.21	-	36.35
	3	ROMERO TENREIRO CARLA	1991	450	5:25.79	500	6:04.13	550	6:42.99	600	7:21.09
					35.39		38.34		38.86	-	38.10
	4	FREIJO LOPEZ LUCIA	1992	650	7:56.63	700	8:35.23	750	9:14.60	800	9:53.75
					35.54		38.60		39.37		39.15

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11	00674	CNFERROL ABS	CNFERRO								0,0	9:54.46
	1	SAENZ SANTALLA ALBA	1992	50	34.32	100	1:12.05	150	1:50.79	200	2:29.05	
					34.32		37.73		38.74	--	38.26	
	2	VILLAR CAINZOS CLAUDIA	1992	250	3:03.61	300	3:41.87	350	4:19.49	400	4:55.26	
					34.56		38.26		37.62	--	35.77	
	3	PARDIÑAS VALIÑO SARAI	1989	450	5:30.08	500	6:08.58	550	6:46.94	600	7:25.05	
					34.82		38.50		38.36	--	38.11	
	4	ABAD COSTOYA TANIA	1991	650	7:59.10	700	8:36.65	750	9:15.30	800	9:54.46	
					34.05		37.55		38.65		39.16	
12	00770	CNCEDEIRA ABS	CEDEIRA								0,0	10:22.15
	1	PEREZ GARCIA ALBA	1992	50	34.52	100	1:14.66	150	1:56.51	200	2:36.27	
					34.52		40.14		41.85	--	39.76	
	2	FREIRE PEREZ IRIA	1992	250	3:11.90	300	3:51.51	350	4:32.15	400	5:11.69	
					35.63		39.61		40.64	--	39.54	
	3	SANCHEZ GUTIERREZ RAQUEL	1989	450	5:46.99	500	6:27.38	550	7:07.47	600	7:47.35	
					35.30		40.39		40.09	--	39.88	
	4	NEBRIL NEBRIL SONIA	1994	650	8:21.54	700	9:01.16	750	9:42.42	800	10:22.15	
					34.19		39.62		41.26		39.73	
00617	FNCARBALLO ABS	CARBALL									0,0	BAJ

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