

## CTO GALEGO G4 VERAN, 30 XUÑO E 1 E 2 DE XULLO DE 2006

Datos técnicos: Piscina de 50 m., Crono Electrónico

PONTEVEDRA (RIAS DO SUR)

30/06/2006

## G-4 FEM

RK	Club	Nome	Club		Pts.	Resultado
1	00784	<b>C.N. GALAICO G-4</b>	GALAICO		38,0	4:17.68
		1 BELLO DIZ NEREA		1991 50' - 32.35' 100' - 1:06.60'		
				32.35' 34.25'		
		2 ARIAS GARCIA UXIA		1991 150' - 1:38.23' 200' - 2:11.93'		
				31.63' 33.70'		
		3 VILARIÑO GARCIA XENIA		1991 250' - 2:42.21' 300' - 3:14.85'		
				30.28' 32.64'		
		4 CRESPO GONZALEZ MIRIAM		1990 350' - 3:44.52' 400' - 4:17.68'		
				29.67' 33.16'		
2	00855	<b>C.N. LALIN OLIMPIA</b>	CNLALIN		32,0	4:17.84
		1 NERCELLAS GARCIA EVA		1991 50' - 31.23' 100' - 1:04.79'		
				31.23' 33.56'		
		2 TRUJILLO SOUTO MONICA		1990 150' - 1:36.60' 200' - 2:10.69'		
				31.81' 34.09'		
		3 RODRIGEZ CRESPO ESTEFANIA		1990 250' - 2:42.10' 300' - 3:15.87'		
				31.41' 33.77'		
		4 RUBIAL LALIN ALBA		1991 350' - 3:46.51' 400' - 4:17.84'		
				30.64' 31.33'		
3	00186	<b>C.N. CORUÑA G-4</b>	NCORUÑA		28,0	4:25.40
		1 FRANCO CAL ALBA		1991 50' - 30.83' 100' - 1:03.75'		
				30.83' 32.92'		
		2 CIDRAS ANGEL IRIA		1990 150' - 1:35.29' 200' - 2:09.26'		
				31.54' 33.97'		
		3 PEREZ Y FERNANDEZ DE CORDA		1991 250' - 2:40.95' 300' - 3:15.40'		
				31.69' 34.45'		
		4 SALVADOR LISTE NURIA		1991 350' - 3:48.03' 400' - 4:25.40'		
				32.63' 37.37'		
4	00146	<b>C. MARINA FERROL</b>	CMARINA		26,0	4:28.28
		1 BLANCO VAZQUEZ CARLA		1990 50' - 31.67' 100' - 1:05.69'		
				31.67' 34.02'		
		2 MARTUL PEGO ESTEFANIA		1990 150' - 1:37.96' 200' - 2:12.34'		
				32.27' 34.38'		
		3 BECEIRO NOVO TANIA		1991 250' - 2:43.84' 300' - 3:21.41'		
				31.50' 37.57'		
		4 GARCIA ALLEGUE TABATA		1990 350' - 3:53.28' 400' - 4:28.28'		
				31.87' 35.00'		
5	00674	<b>C.N. FERROL</b>	CNFERRO		24,0	4:37.82
		1 ROMERO VILADONIGA GAELA		1991 50' - 31.77' 100' - 1:05.83'		
				31.77' 34.06'		
		2 ABAD COSTOYA TANIA		1991 150' - 1:39.09' 200' - 2:15.68'		
				33.26' 36.59'		
		3 GUNDIN PEREZ ASTRID		1991 250' - 2:49.38' 300' - 3:27.07'		
				33.70' 37.69'		
		4 MARTIN SAIZ MARTINA		1990 350' - 4:01.43' 400' - 4:37.82'		
				34.36' 36.39'		

RT: Retirado  
NP: Non Presentado

DES: Desqualificado  
BAJ: Baixa

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## G-4 FEM

RK	Club	Nome	Club	Pts.	Resultado
6	P1104	<b>CNSALNES</b>	CNSALNES	22,0	4:42.78
		1 CHARLIN PADIN PAULA	1991 50 32.07 100 1:06.55 32.07 34.48		
		2 PIÑEIRO PARADA CARLA	1991 150 1:42.35 200 2:21.96 35.80 39.61		
		3 CASTRO PEREZ MONTSERRAT	1991 250 2:58.42 300 3:37.18 36.46 38.76		
		4 CORES BARRAL PAULA	1990 350 4:08.96 400 4:42.78 31.78 33.82		
7	01133	<b>CLUB NATACION ARTEIXO</b>	ARTEIXO	0,0	4:43.30
		1 VALIÑA CARBALLO TAMARA	1990 50 34.73 100 1:13.75 34.73 39.02		
		2 RODRIGUEZ BELLON TANIA	1990 150 1:46.51 200 2:23.45 32.76 36.94		
		3 RODRÍGUEZ LAGO SARA	1991 250 2:57.87 300 3:33.85 34.42 35.98		
		4 VARELA PAULOS SILVIA	1991 350 4:07.26 400 4:43.30 33.41 36.04		
8	00617	<b>F.N. CARBALLO</b>	CARBALL	0,0	4:46.25
		1 FERNANDEZ RODRIGUEZ LAURA	1991 50 34.55 100 1:11.26 34.55 36.71		
		2 COUSILLAS FERNANDEZ LUZ Mª	1991 150 1:46.16 200 2:23.52 34.90 37.36		
		3 PORTEIRO VARELA MARIA DOLORES	1990 250 2:57.87 300 3:35.46 34.35 37.59		
		4 MUIÑO ALONSO ANDREA	1991 350 4:09.18 400 4:46.25 33.72 37.07		

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