Prueba 1 | Masc., 1500m Libre | INFA MAS LD
28/11/2026 - 10:30 | Resultados

resultados provisionales

Clasificación | Edad | Marca

1. SIMON GARRIDO, Guillermo — 15 — LICEO — **16:01.66** — 19,00

50m:	30.15	30.15	450m:	4:45.31	32.15	850m:	9:03.00	32.28	1250m:	13:21.22	32.45
100m:	1:01.37	31.22	500m:	5:17.47	32.16	900m:	9:35.05	32.05	1300m:	13:53.58	32.36
150m:	1:33.16	31.79	550m:	5:49.73	32.26	950m:	10:07.01	31.96	1350m:	14:25.93	32.35
200m:	2:05.12	31.96	600m:	6:21.93	32.20	1000m:	10:39.15	32.14	1400m:	14:58.55	32.62
250m:	2:36.91	31.79	650m:	6:54.09	32.16	1050m:	11:11.29	32.14	1450m:	15:30.93	32.38
300m:	3:08.99	32.08	700m:	7:26.63	32.54	1100m:	11:43.83	32.54	1500m:	16:01.66	30.73
350m:	3:41.04	32.05	750m:	7:58.66	32.03	1150m:	12:16.50	32.67			
400m:	4:13.16	32.12	800m:	8:30.72	32.06	1200m:	12:48.77	32.27			

2. OTERO GONZALEZ, Hugo — 15 — XOVE — **17:04.65** — 16,00

50m:	31.72	31.72	450m:	5:03.56	34.56	850m:	9:37.72	34.07	1250m:	14:15.22	35.11
100m:	1:02.50	30.78	500m:	5:38.68	35.12	900m:	10:12.65	34.93	1300m:	14:49.90	34.68
150m:	1:38.25	35.75	550m:	6:12.40	33.72	950m:	10:47.03	34.38	1350m:	15:24.56	34.66
200m:	2:12.15	33.90	600m:	6:46.58	34.18	1000m:	11:21.33	34.30	1400m:	15:59.50	34.94
250m:	2:46.61	34.46	650m:	7:21.03	34.45	1050m:	11:55.85	34.52	1450m:	16:32.78	33.28
300m:	3:20.75	34.14	700m:	7:55.36	34.33	1100m:	12:30.40	34.55	1500m:	17:04.65	31.87
350m:	3:54.65	33.90	750m:	8:30.28	34.92	1150m:	13:05.53	35.13			
400m:	4:29.00	34.35	800m:	9:03.65	33.37	1200m:	13:40.11	34.58			

3. VAZQUEZ GOMEZ, Lucas — 15 — CIDSANTI — **17:16.28** — 14,00

50m:	33.11	33.11	450m:	5:07.96	34.43	850m:	9:44.31	34.50	1250m:	14:22.89	34.96
100m:	1:07.18	34.07	500m:	5:42.36	34.40	900m:	10:18.53	34.22	1300m:	14:58.06	35.17
150m:	1:41.64	34.46	550m:	6:16.71	34.35	950m:	10:53.43	34.90	1350m:	15:33.21	35.15
200m:	2:16.03	34.39	600m:	6:51.28	34.57	1000m:	11:28.14	34.71	1400m:	16:08.43	35.22
250m:	2:50.31	34.28	650m:	7:25.86	34.58	1050m:	12:02.96	34.82	1450m:	16:43.03	34.60
300m:	3:24.71	34.40	700m:	8:00.50	34.64	1100m:	12:38.11	35.15	1500m:	17:16.28	33.25
350m:	3:59.25	34.54	750m:	8:34.85	34.35	1150m:	13:12.96	34.85			
400m:	4:33.53	34.28	800m:	9:09.81	34.96	1200m:	13:47.93	34.97			

4. MARIÑO HERNANDEZ, Martin — 15 — LICEO — **17:35.92** — 13,00

50m:	31.80	31.80	450m:	5:08.83	35.29	850m:	9:51.56	35.65	1250m:	14:37.64	36.03
100m:	1:06.03	34.23	500m:	5:43.97	35.14	900m:	10:26.66	35.10	1300m:	15:14.01	36.37
150m:	1:40.89	34.86	550m:	6:19.22	35.25	950m:	11:02.24	35.58	1350m:	15:49.78	35.77
200m:	2:15.29	34.40	600m:	6:54.58	35.36	1000m:	11:38.06	35.82	1400m:	16:25.29	35.51
250m:	2:49.69	34.40	650m:	7:29.80	35.22	1050m:	12:13.97	35.91	1450m:	17:00.59	35.30
300m:	3:24.27	34.58	700m:	8:05.42	35.62	1100m:	12:49.81	35.84	1500m:	17:35.92	35.33
350m:	3:59.28	35.01	750m:	8:40.61	35.19	1150m:	13:25.34	35.53			
400m:	4:33.54	34.26	800m:	9:15.91	35.30	1200m:	14:01.61	36.27			

5. PIÑA CONSUEGRA, Hugo — 15 — RBAIXAS — **17:51.49** — 12,00

50m:	32.64	32.64	450m:	5:19.74	35.92	850m:	10:08.52	35.78	1250m:	14:54.71	36.04
100m:	1:07.60	34.96	500m:	5:55.77	36.03	900m:	10:44.67	36.15	1300m:	15:30.89	36.18
150m:	1:43.89	36.29	550m:	6:31.99	36.22	950m:	11:20.24	35.57	1350m:	16:07.02	36.13
200m:	2:19.71	35.82	600m:	7:08.21	36.22	1000m:	11:56.21	35.97	1400m:	16:42.42	35.40
250m:	2:53.92	34.21	650m:	7:44.52	36.31	1050m:	12:31.82	35.61	1450m:	17:17.24	34.82
300m:	3:21.74	27.82	700m:	8:20.35	35.83	1100m:	13:08.52	36.70	1500m:	17:51.49	34.25
350m:	4:07.64	45.90	750m:	8:56.85	36.50	1150m:	13:42.89	34.37			
400m:	4:43.82	36.18	800m:	9:32.74	35.89	1200m:	14:18.67	35.78			

6. ULLA RODRIGUEZ, Iago — 15 — MARINAFE — **17:51.96** — 11,00

50m:	33.97	33.97	450m:	5:19.99	36.08	850m:	10:08.41	36.03	1250m:	14:55.77	36.33
100m:	1:08.99	35.02	500m:	5:56.07	36.08	900m:	10:44.09	35.68	1300m:	15:31.65	35.88
150m:	1:44.80	35.81	550m:	6:32.06	35.99	950m:	11:20.00	35.91	1350m:	16:06.97	35.32
200m:	2:20.29	35.49	600m:	7:08.27	36.21	1000m:	11:56.07	36.07	1400m:	16:42.65	35.68
250m:	2:56.40	36.11	650m:	7:44.01	35.74	1050m:	12:32.16	36.09	1450m:	17:18.75	36.10
300m:	3:32.10	35.70	700m:	8:20.10	36.09	1100m:	13:07.82	35.66	1500m:	17:51.96	33.21
350m:	4:08.23	36.13	750m:	8:56.38	36.28	1150m:	13:43.91	36.09			
400m:	4:43.91	35.68	800m:	9:32.38	36.00	1200m:	14:19.44	35.53			

Prueba 1, Masc., 1500m Libre, INFA MAS LD

Clasificación		Edad		Marca	
7.	MENDEZ GUERRA, Pablo	15	POURENSE	**17:57.09**	10,00

50m:	34.27	34.27	450m:	5:22.81	37.55	850m:	10:13.15	36.65	1250m:	15:01.96	35.99
100m:	1:08.97	34.70	500m:	5:59.19	36.38	900m:	10:49.21	36.06	1300m:	15:37.52	35.56
150m:	1:45.04	36.07	550m:	6:34.43	35.24	950m:	11:25.50	36.29	1350m:	16:13.13	35.61
200m:	2:21.26	36.22	600m:	7:11.22	36.79	1000m:	12:01.90	36.40	1400m:	16:49.31	36.18
250m:	2:57.22	35.96	650m:	7:47.50	36.28	1050m:	12:37.84	35.94	1450m:	17:24.66	35.35
300m:	3:33.43	36.21	700m:	8:23.99	36.49	1100m:	13:13.63	35.79	1500m:	17:57.09	32.43
350m:	4:09.69	36.26	750m:	9:00.21	36.22	1150m:	13:49.69	36.06			
400m:	4:45.26	35.57	800m:	9:36.50	36.29	1200m:	14:25.97	36.28			

8.	LAGO SOTO, David	15	RBAIXAS	**17:57.59**	9,00

50m:	34.06	34.06	450m:	5:21.91	36.00	850m:	10:12.63	36.47	1250m:	15:01.91	35.75
100m:	1:09.38	35.32	500m:	5:58.23	36.32	900m:	10:48.98	36.35	1300m:	15:38.31	36.40
150m:	1:45.48	36.10	550m:	6:24.23	26.00	950m:	11:25.48	36.50	1350m:	16:14.34	36.03
200m:	2:21.66	36.18	600m:	7:10.66	46.43	1000m:	12:01.44	35.96	1400m:	16:50.34	36.00
250m:	2:57.51	35.85	650m:	7:46.94	36.28	1050m:	12:37.56	36.12	1450m:	17:25.41	35.07
300m:	3:33.56	36.05	700m:	8:23.41	36.47	1100m:	13:13.66	36.10	1500m:	17:57.59	32.18
350m:	4:09.51	35.95	750m:	9:00.62	37.21	1150m:	13:49.69	36.03			
400m:	4:45.91	36.40	800m:	9:36.16	35.54	1200m:	14:26.16	36.47			

9.	VEIGA BOUZA, Gabriel	15	NFERROL	**18:35.47**	8,00

50m:	34.97	34.97	450m:	5:31.00	37.34	850m:	10:33.52	38.04	1250m:	15:33.15	37.26
100m:	1:11.41	36.44	500m:	6:08.44	37.44	900m:	11:11.36	37.84	1300m:	16:10.73	37.58
150m:	1:48.84	37.43	550m:	6:45.70	37.26	950m:	11:48.68	37.32	1350m:	16:48.40	37.67
200m:	2:25.82	36.98	600m:	7:23.66	37.96	1000m:	12:26.49	37.81	1400m:	17:26.22	37.82
250m:	3:02.56	36.74	650m:	8:01.98	38.32	1050m:	13:03.66	37.17	1450m:	18:03.97	37.75
300m:	3:38.91	36.35	700m:	8:39.57	37.59	1100m:	13:40.68	37.02	1500m:	18:35.47	31.50
350m:	4:16.22	37.31	750m:	9:17.47	37.90	1150m:	14:18.21	37.53			
400m:	4:53.66	37.44	800m:	9:55.48	38.01	1200m:	14:55.89	37.68			

10.	ESTEVEZ MONTES, Ian	14	PONTEAREAS	**18:45.00**	7,00

50m:	34.50	34.50	450m:	5:36.53	38.03	850m:	10:36.82	38.53	1250m:	15:37.28	38.17
100m:	1:11.32	36.82	500m:	6:14.75	38.22	900m:	11:14.25	37.43	1300m:	16:15.75	38.47
150m:	1:48.90	37.58	550m:	6:51.72	36.97	950m:	11:51.72	37.47	1350m:	16:54.15	38.40
200m:	2:26.78	37.88	600m:	7:29.22	37.50	1000m:	12:29.07	37.35	1400m:	17:32.50	38.35
250m:	3:04.93	38.15	650m:	8:07.00	37.78	1050m:	13:06.75	37.68	1450m:	18:09.40	36.90
300m:	3:42.11	37.18	700m:	8:44.68	37.68	1100m:	13:44.40	37.65	1500m:	18:45.00	35.60
350m:	4:20.25	38.14	750m:	9:22.61	37.93	1150m:	14:21.50	37.10			
400m:	4:58.50	38.25	800m:	9:58.29	35.68	1200m:	14:59.11	37.61			

11.	DOMINGUEZ NEIRA, Sergio	15	GALAICO	**18:56.68**	6,00

50m:	34.06	34.06	450m:	5:36.76	38.43	850m:	10:42.82	38.63	1250m:	15:50.00	37.95
100m:	1:10.47	36.41	500m:	6:14.69	37.93	900m:	11:21.30	38.48	1300m:	16:28.41	38.41
150m:	1:48.14	37.67	550m:	6:52.78	38.09	950m:	11:59.59	38.29	1350m:	17:06.84	38.43
200m:	2:26.10	37.96	600m:	7:30.77	37.99	1000m:	12:38.33	38.74	1400m:	17:44.84	38.00
250m:	3:03.85	37.75	650m:	8:09.23	38.46	1050m:	13:16.81	38.48	1450m:	18:22.42	37.58
300m:	3:41.86	38.01	700m:	8:47.65	38.42	1100m:	13:55.36	38.55	1500m:	18:56.68	34.26
350m:	4:20.14	38.28	750m:	9:26.21	38.56	1150m:	14:33.79	38.43			
400m:	4:58.33	38.19	800m:	10:04.19	37.98	1200m:	15:12.05	38.26			

12.	RAÑA SOUTO, Gabriel	15	RBAIXAS	**18:57.31**	-

50m:	34.42	34.42	450m:	5:36.81	38.42	850m:	10:42.84	38.56	1250m:	15:50.59	38.03
100m:	1:10.74	36.32	500m:	6:14.89	38.08	900m:	11:20.89	38.05	1300m:	16:28.74	38.15
150m:	1:48.24	37.50	550m:	6:52.81	37.92	950m:	11:59.49	38.60	1350m:	17:07.14	38.40
200m:	2:26.31	38.07	600m:	7:31.08	38.27	1000m:	12:38.31	38.82	1400m:	17:45.17	38.03
250m:	3:04.24	37.93	650m:	8:09.21	38.13	1050m:	13:16.96	38.65	1450m:	18:22.99	37.82
300m:	3:41.99	37.75	700m:	8:47.71	38.50	1100m:	13:55.59	38.63	1500m:	18:57.31	34.32
350m:	4:20.17	38.18	750m:	9:26.14	38.43	1150m:	14:34.08	38.49			
400m:	4:58.39	38.22	800m:	10:04.28	38.14	1200m:	15:12.56	38.48			

Prueba 1, Masc., 1500m Libre, INFA MAS LD

Clasificación		Edad		Marca	
13.	SANMARTIN GARCIA, Pablo	15	GALAICO	**19:07.08**	5,00

50m:	34.52	34.52	450m:	5:38.97	39.13	850m:	10:50.96	38.61	1250m:	16:02.83	40.27
100m:	1:11.08	36.56	500m:	6:18.47	39.50	900m:	11:30.02	39.06	1300m:	16:40.98	38.15
150m:	1:48.95	37.87	550m:	6:57.11	38.64	950m:	12:08.19	38.17	1350m:	17:18.71	37.73
200m:	2:26.59	37.64	600m:	7:35.77	38.66	1000m:	12:47.40	39.21	1400m:	17:56.54	37.83
250m:	3:04.28	37.69	650m:	8:14.39	38.62	1050m:	13:25.96	38.56	1450m:	18:33.38	36.84
300m:	3:42.27	37.99	700m:	8:53.56	39.17	1100m:	14:04.76	38.80	1500m:	19:07.08	33.70
350m:	4:21.08	38.81	750m:	9:33.28	39.72	1150m:	14:43.36	38.60			
400m:	4:59.84	38.76	800m:	10:12.35	39.07	1200m:	15:22.56	39.20			

14.	FERREIRO TERRON, Marcos	15	RBAIXAS	**19:09.93**	-

50m:	35.79	35.79	450m:	5:43.30	38.85	850m:	10:53.14	38.99	1250m:	16:03.96	38.49
100m:	1:13.75	37.96	500m:	6:22.20	38.90	900m:	11:31.97	38.83	1300m:	16:41.85	37.89
150m:	1:52.26	38.51	550m:	7:00.25	38.05	950m:	12:11.00	39.03	1350m:	17:20.03	38.18
200m:	2:30.59	38.33	600m:	7:39.13	38.88	1000m:	12:50.50	39.50	1400m:	17:57.26	37.23
250m:	3:08.81	38.22	650m:	8:17.56	38.43	1050m:	13:28.86	38.36	1450m:	18:34.66	37.40
300m:	3:47.29	38.48	700m:	8:56.35	38.79	1100m:	14:07.71	38.85	1500m:	19:09.93	35.27
350m:	4:25.57	38.28	750m:	9:34.96	38.61	1150m:	14:46.47	38.76			
400m:	5:04.45	38.88	800m:	10:14.15	39.19	1200m:	15:25.47	39.00			

15.	FERNANDEZ IGLESIAS, Anxo	15	CIDSANTI	**19:14.38**	4,00

50m:	36.60	36.60	450m:	5:45.16	39.07	850m:	10:56.86	38.62	1250m:	16:07.95	39.23
100m:	1:14.06	37.46	500m:	6:24.43	39.27	900m:	11:35.51	38.65	1300m:	16:46.98	39.03
150m:	1:52.38	38.32	550m:	7:03.19	38.76	950m:	12:14.69	39.18	1350m:	17:24.56	37.58
200m:	2:31.36	38.98	600m:	7:41.89	38.70	1000m:	12:53.20	38.51	1400m:	18:02.00	37.44
250m:	3:10.40	39.04	650m:	8:21.20	39.31	1050m:	13:31.63	38.43	1450m:	18:38.94	36.94
300m:	3:49.13	38.73	700m:	9:00.56	39.36	1100m:	14:11.32	39.69	1500m:	19:14.38	35.44
350m:	4:27.19	38.06	750m:	9:39.40	38.84	1150m:	14:50.07	38.75			
400m:	5:06.09	38.90	800m:	10:18.24	38.84	1200m:	15:28.72	38.65			

16.	CAYAZZO BRANDARIZ, Berto	15	ARTEIXO	**19:19.04**	3,00

50m:	36.21	36.21	450m:	5:44.16	38.99	850m:	10:57.10	38.95	1250m:	16:08.47	39.44
100m:	1:14.40	38.19	500m:	6:22.91	38.75	900m:	11:36.39	39.29	1300m:	16:47.58	39.11
150m:	1:53.01	38.61	550m:	7:02.45	39.54	950m:	12:15.76	39.37	1350m:	17:27.06	39.48
200m:	2:29.75	36.74	600m:	7:41.96	39.51	1000m:	12:53.97	38.21	1400m:	18:05.94	38.88
250m:	3:07.95	38.20	650m:	8:20.70	38.74	1050m:	13:32.53	38.56	1450m:	18:43.91	37.97
300m:	3:27.19	19.24	700m:	9:00.48	39.78	1100m:	14:10.95	38.42	1500m:	19:19.04	35.13
350m:	4:25.52	58.33	750m:	9:39.51	39.03	1150m:	14:49.70	38.75			
400m:	5:05.17	39.65	800m:	10:18.15	38.64	1200m:	15:29.03	39.33			

17.	IGLESIAS IGLESIAS, Xavier	15	POURENSE	**19:31.66**	2,00

50m:	37.05	37.05	450m:	5:47.33	39.03	850m:	11:01.67	39.17	1250m:	16:16.56	39.65
100m:	1:15.58	38.53	500m:	6:26.40	39.07	900m:	11:40.36	38.69	1300m:	16:55.82	39.26
150m:	1:54.35	38.77	550m:	7:05.72	39.32	950m:	12:19.66	39.30	1350m:	17:35.27	39.45
200m:	2:33.18	38.83	600m:	7:45.17	39.45	1000m:	12:58.91	39.25	1400m:	18:15.33	40.06
250m:	3:12.25	39.07	650m:	8:24.03	38.86	1050m:	13:38.52	39.61	1450m:	18:53.38	38.05
300m:	3:50.72	38.47	700m:	9:03.30	39.27	1100m:	14:17.38	38.86	1500m:	19:31.66	38.28
350m:	4:29.79	39.07	750m:	9:42.72	39.42	1150m:	14:57.01	39.63			
400m:	5:08.30	38.51	800m:	10:22.50	39.78	1200m:	15:36.91	39.90			

18.	LOPEZ SALGADO, Alejandro	14	NFERROL	**19:36.80**	1,00

50m:	36.58	36.58	450m:	5:48.20	39.15	850m:	11:02.48	39.55	1250m:	16:21.01	39.52
100m:	1:14.86	38.28	500m:	6:27.52	39.32	900m:	11:42.13	39.65	1300m:	17:01.05	40.04
150m:	1:53.20	38.34	550m:	7:06.53	39.01	950m:	12:21.93	39.80	1350m:	17:41.09	40.04
200m:	2:32.49	39.29	600m:	7:45.83	39.30	1000m:	13:01.37	39.44	1400m:	18:20.56	39.47
250m:	3:11.22	38.73	650m:	8:24.87	39.04	1050m:	13:41.11	39.74	1450m:	18:59.39	38.83
300m:	3:50.33	39.11	700m:	9:04.22	39.35	1100m:	14:21.08	39.97	1500m:	19:36.80	37.41
350m:	4:29.81	39.48	750m:	9:43.48	39.26	1150m:	15:01.09	40.01			
400m:	5:09.05	39.24	800m:	10:22.93	39.45	1200m:	15:41.49	40.40			

Prueba 1, Masc., 1500m Libre, INFA MAS LD

Clasificación		Edad		Marca	
19.	SANESTEBAN LOPEZ, Luan	15	NTNARON	**19:46.34**	-

50m:	34.73	34.73	450m:	5:46.34	40.21	850m:	11:08.63	40.47	1250m:	16:31.78	40.62
100m:	1:11.34	36.61	500m:	6:26.59	40.25	900m:	11:49.31	40.68	1300m:	17:12.18	40.40
150m:	1:49.28	37.94	550m:	7:06.45	39.86	950m:	12:29.56	40.25	1350m:	17:52.45	40.27
200m:	2:27.80	38.52	600m:	7:46.53	40.08	1000m:	13:09.63	40.07	1400m:	18:31.84	39.39
250m:	3:07.23	39.43	650m:	8:26.84	40.31	1050m:	13:50.63	41.00	1450m:	19:09.70	37.86
300m:	3:46.53	39.30	700m:	9:06.98	40.14	1100m:	14:30.86	40.23	1500m:	19:46.34	36.64
350m:	4:36.41	49.88	750m:	9:47.39	40.41	1150m:	15:11.20	40.34			
400m:	5:06.13	29.72	800m:	10:28.16	40.77	1200m:	15:51.16	39.96			

20.	LOURIÑO SASTRE, Jacobo	14	PONTEAREAS	**20:06.03**	-

50m:	34.69	34.69	450m:	5:52.69	41.54	850m:	11:17.20	40.57	1250m:	16:45.90	40.89
100m:	1:12.27	37.58	500m:	6:32.49	39.80	900m:	11:58.04	40.84	1300m:	17:26.29	40.39
150m:	1:51.17	38.90	550m:	7:13.65	41.16	950m:	12:38.76	40.72	1350m:	18:06.60	40.31
200m:	2:30.84	39.67	600m:	7:54.13	40.48	1000m:	13:19.48	40.72	1400m:	18:47.26	40.66
250m:	3:10.85	40.01	650m:	8:34.95	40.82	1050m:	14:00.61	41.13	1450m:	19:27.94	40.68
300m:	3:50.56	39.71	700m:	9:15.54	40.59	1100m:	14:41.79	41.18	1500m:	20:06.03	38.09
350m:	4:30.84	40.28	750m:	9:55.97	40.43	1150m:	15:23.58	41.79			
400m:	5:11.15	40.31	800m:	10:36.63	40.66	1200m:	16:05.01	41.43			

21.	PAZOS ULLA, Adrian	15	PONTEAREAS	**20:23.30**	-

50m:	35.01	35.01	450m:	5:58.59	41.33	850m:	11:24.27	40.53	1250m:	16:57.01	43.71
100m:	1:11.94	36.93	500m:	6:38.66	40.07	900m:	12:05.92	41.65	1300m:	17:36.85	39.84
150m:	1:50.86	38.92	550m:	7:19.50	40.84	950m:	12:48.16	42.24	1350m:	18:19.85	43.00
200m:	2:31.73	40.87	600m:	8:01.68	42.18	1000m:	13:27.35	39.19	1400m:	19:02.40	42.55
250m:	3:13.16	41.43	650m:	8:42.25	40.57	1050m:	14:08.96	41.61	1450m:	19:42.49	40.09
300m:	3:54.55	41.39	700m:	9:21.42	39.17	1100m:	14:50.91	41.95	1500m:	20:23.30	40.81
350m:	4:36.59	42.04	750m:	10:02.14	40.72	1150m:	15:32.28	41.37			
400m:	5:17.26	40.67	800m:	10:43.74	41.60	1200m:	16:13.30	41.02			

22.	TODEA SILVA, Jorge	14	PONTEAREAS	**21:21.25**	-

50m:	38.62	38.62	450m:	6:12.87	42.97	850m:	11:55.94	42.47	1250m:	17:44.79	44.14
100m:	1:18.69	40.07	500m:	6:55.69	42.82	900m:	12:38.40	42.46	1300m:	18:29.15	44.36
150m:	1:59.08	40.39	550m:	7:38.50	42.81	950m:	13:21.79	43.39	1350m:	19:13.00	43.85
200m:	2:40.25	41.17	600m:	8:21.05	42.55	1000m:	14:05.58	43.79	1400m:	19:56.72	43.72
250m:	3:22.22	41.97	650m:	9:03.97	42.92	1050m:	14:48.83	43.25	1450m:	20:39.97	43.25
300m:	4:04.65	42.43	700m:	9:47.22	43.25	1100m:	15:32.58	43.75	1500m:	21:21.25	41.28
350m:	4:47.62	42.97	750m:	10:30.05	42.83	1150m:	16:16.44	43.86			
400m:	5:29.90	42.28	800m:	11:13.47	43.42	1200m:	17:00.65	44.21			

23.	PAZOS ULLA, Samuel	15	PONTEAREAS	**21:22.38**	-

50m:	39.21	39.21	450m:	6:21.24	43.65	850m:	12:10.51	43.77	1250m:	18:03.83	43.56
100m:	1:18.80	39.59	500m:	7:05.33	44.09	900m:	12:54.97	44.46	1300m:	18:44.36	40.53
150m:	2:00.73	41.93	550m:	7:48.81	43.48	950m:	13:38.67	43.70	1350m:	19:25.21	40.85
200m:	2:42.91	42.18	600m:	8:31.31	42.50	1000m:	14:24.07	45.40	1400m:	20:06.38	41.17
250m:	3:25.91	43.00	650m:	9:16.29	44.98	1050m:	15:08.13	44.06	1450m:	20:46.33	39.95
300m:	4:09.74	43.83	700m:	9:59.89	43.60	1100m:	15:51.31	43.18	1500m:	21:22.38	36.05
350m:	4:54.11	44.37	750m:	10:48.09	48.20	1150m:	16:35.06	43.75			
400m:	5:37.59	43.48	800m:	11:26.74	38.65	1200m:	17:20.27	45.21			

WDR	DE ALMEIDA COLLAZO, Iago	14	RBAIXAS		-