

Prueba 4
18/07/2026

Fem., 400m Libre

ABSO FEM
Resultados

RG	4:04.11	, GOMEZ CORTES, BEATRIZ	GALAICO	24/11/2012
MMG 18	4:04.11	, GOMEZ CORTES, BEATRIZ	GALAICO	24/11/2012
MMG 17	4:06.89	, GOMEZ CORTES, BEATRIZ	GALAICO	17/12/2011
MMG 16	4:07.55	, CARRON MUIÑA, CARLA	ARZUA	25/11/2021
MMG 15	4:11.35	, OTERO FERNÁNDEZ, PAULA	ARTEIXO	14/11/2019
MMG 14	4:14.18	, VILAS VIDAL, MARIA	RIVEIRA	29/12/2010
MMG 13	4:26.99	, DE LA FUENTE FIAÑO, ANE	LICEO	19/12/2014
MMG 12	4:34.81	, DE LA FUENTE FIAÑO, ANE	LICEO	27/12/2013

Puntos: AQUA 2025

Clasificación	Edad				Tiempo	ABSO	FINA
1. CANALDA RAMOS, Laura	17	NCORUÑA			4:54.21	15,00	479
50m: 33.40 33.40	150m: 1:46.44 37.00	250m: 3:01.44 37.64	350m: 4:16.95 37.80				
100m: 1:09.44 36.04	200m: 2:23.80 37.36	300m: 3:39.15 37.71	400m: 4:54.21 37.26				
2. GAITAN MONTE DE OCA, Isabella	12	PONTEAREAS			5:03.48	12,00	436
50m: 36.77 36.77	150m: 1:51.80 37.79	250m: 3:08.98 38.74	350m: 4:26.58 38.47				
100m: 1:14.01 37.24	200m: 2:30.24 38.44	300m: 3:48.11 39.13	400m: 5:03.48 36.90				
3. GONZALEZ RODRIGUEZ, Valeria	14	POURENSE			5:08.02	10,00	417
50m: 35.22 35.22	150m: 1:52.61 39.26	250m: 3:11.79 39.73	350m: 4:30.63 39.18				
100m: 1:13.35 38.13	200m: 2:32.06 39.45	300m: 3:51.45 39.66	400m: 5:08.02 37.39				
4. PAZOS IGLESIAS, Elisa	17	RCNVIGO			5:21.97	9,00	365
50m: 35.01 35.01	150m: 1:54.60 40.49	250m: 3:16.63 41.38	350m: 4:40.16 42.24				
100m: 1:14.11 39.10	200m: 2:35.25 40.65	300m: 3:57.92 41.29	400m: 5:21.97 41.81				
5. COSTA FERNANDEZ, Laura	25	PONTEAREAS			5:26.15	8,00	351
50m: 36.32 36.32	150m: 1:57.89 41.04	250m: 3:21.05 41.69	350m: 4:45.52 42.44				
100m: 1:16.85 40.53	200m: 2:39.36 41.47	300m: 4:03.08 42.03	400m: 5:26.15 40.63				
6. FERNANDEZ TRASHORRAS, Yaiza	14	FLUVIAL			5:30.93	7,00	336
50m: 36.96 36.96	150m: 1:59.18 41.67	250m: 3:23.58 42.59	350m: 4:49.45 42.82				
100m: 1:17.51 40.55	200m: 2:40.99 41.81	300m: 4:06.63 43.05	400m: 5:30.93 41.48				