

Prueba 44
05/07/2026

Fem., 1500m Libre

ABSO FEM
Resultados

RG	16:01.25	, VILAS VIDAL, MARIA	RIVEIRA	21/05/2016
RC	16:48.45	, VILAS VIDAL, MARIA	RIVEIRA	29/06/2013
MMG 18	16:07.48	, VILAS VIDAL, MARIA	RIVEIRA	19/07/2014
MMG 17	16:17.84	, CONS GESTIDO, AGUEDA BEATRIZ	GALAICO	27/08/2017
MMG 16	16:37.28	, VILAS VIDAL, MARIA	RIVEIRA	06/07/2012

Clasificación

Edad

Tiempo

ABSO

JUNI

JUNI FEM

1. MUÑOZ GAVINO, Paula	18	PORTAMIÑA	18:31.48	16,00	19,00
50m: 33.21 33.21	450m: 5:27.57 37.44	850m: 10:27.26 37.33	1250m: 15:28.01 37.58		
100m: 1:09.22 36.01	500m: 6:05.25 37.68	900m: 11:04.77 37.51	1300m: 16:05.60 37.59		
150m: 1:45.56 36.34	550m: 6:42.39 37.14	950m: 11:42.24 37.47	1350m: 16:42.79 37.19		
200m: 2:22.42 36.86	600m: 7:19.99 37.60	1000m: 12:20.05 37.81	1400m: 17:20.00 37.21		
250m: 2:59.09 36.67	650m: 7:57.29 37.30	1050m: 12:57.55 37.50	1450m: 17:56.22 36.22		
300m: 3:35.93 36.84	700m: 8:35.02 37.73	1100m: 13:35.26 37.71	1500m: 18:31.48 35.26		
350m: 4:12.88 36.95	750m: 9:12.45 37.43	1150m: 14:12.83 37.57			
400m: 4:50.13 37.25	800m: 9:49.93 37.48	1200m: 14:50.43 37.60			
2. CASTRO CIDRAS, Alba	16	GALAICO	18:56.96	14,00	16,00
50m: 33.58 33.58	450m: 5:35.81 38.70	850m: 10:41.13 37.76	1250m: 15:47.19 37.70		
100m: 1:10.33 36.75	500m: 6:14.66 38.85	900m: 11:19.34 38.21	1300m: 16:24.64 37.45		
150m: 1:47.37 37.04	550m: 6:53.19 38.53	950m: 11:57.35 38.01	1350m: 17:02.93 38.29		
200m: 2:24.44 37.07	600m: 7:31.56 38.37	1000m: 12:35.93 38.58	1400m: 17:41.26 38.33		
250m: 3:02.14 37.70	650m: 8:09.62 38.06	1050m: 13:14.11 38.18	1450m: 18:19.08 37.82		
300m: 3:39.99 37.85	700m: 8:47.64 38.02	1100m: 13:52.61 38.50	1500m: 18:56.96 37.88		
350m: 4:17.67 37.68	750m: 9:25.38 37.74	1150m: 14:31.20 38.59			
400m: 4:57.11 39.44	800m: 10:03.37 37.99	1200m: 15:09.49 38.29			
3. RODRIGUEZ RODRIGUEZ, Paula	18	ARTEIXO	19:01.32	13,00	14,00
50m: 33.41 33.41	450m: 5:31.52 37.75	850m: 10:36.31 38.24	1250m: 15:47.63 39.69		
100m: 1:09.36 35.95	500m: 6:09.36 37.84	900m: 11:14.54 38.23	1300m: 16:26.56 38.93		
150m: 1:46.34 36.98	550m: 6:47.36 38.00	950m: 11:53.15 38.61	1350m: 17:05.88 39.32		
200m: 2:23.44 37.10	600m: 7:25.37 38.01	1000m: 12:31.70 38.55	1400m: 17:44.67 38.79		
250m: 3:01.05 37.61	650m: 8:03.80 38.43	1050m: 13:10.84 39.14	1450m: 18:23.47 38.80		
300m: 3:38.51 37.46	700m: 8:41.84 38.04	1100m: 13:49.93 39.09	1500m: 19:01.32 37.85		
350m: 4:16.21 37.70	750m: 9:20.18 38.34	1150m: 14:29.00 39.07			
400m: 4:53.77 37.56	800m: 9:58.07 37.89	1200m: 15:07.94 38.94			
4. GUERRA RODRIGUEZ, Zaida	16	POURENSE	19:50.91	-	13,00
50m: 34.19 34.19	450m: 5:47.26 40.30	850m: 11:08.08 40.47	1250m: 16:31.15 40.82		
100m: 1:11.52 37.33	500m: 6:26.85 39.59	900m: 11:48.27 40.19	1300m: 17:11.66 40.51		
150m: 1:49.97 38.45	550m: 7:07.05 40.20	950m: 12:28.46 40.19	1350m: 17:51.81 40.15		
200m: 2:29.17 39.20	600m: 7:47.22 40.17	1000m: 13:08.88 40.42	1400m: 18:31.83 40.02		
250m: 3:08.63 39.46	650m: 8:27.34 40.12	1050m: 13:49.40 40.52	1450m: 19:11.97 40.14		
300m: 3:48.37 39.74	700m: 9:07.38 40.04	1100m: 14:29.62 40.22	1500m: 19:50.91 38.94		
350m: 4:27.68 39.31	750m: 9:47.75 40.37	1150m: 15:09.95 40.33			
400m: 5:06.96 39.28	800m: 10:27.61 39.86	1200m: 15:50.33 40.38			
5. RODRIGUEZ RODRIGUEZ, Carla	17	ARTEIXO	20:23.92	-	-
50m: 37.45 37.45	450m: 6:02.28 41.11	850m: 11:32.04 41.49	1250m: 17:01.36 41.51		
100m: 1:16.87 39.42	500m: 6:43.48 41.20	900m: 12:12.83 40.79	1300m: 17:42.58 41.22		
150m: 1:57.07 40.20	550m: 7:24.92 41.44	950m: 12:53.88 41.05	1350m: 18:23.13 40.55		
200m: 2:37.27 40.20	600m: 8:06.03 41.11	1000m: 13:35.64 41.76	1400m: 19:04.36 41.23		
250m: 3:18.20 40.93	650m: 8:47.28 41.25	1050m: 14:16.36 40.72	1450m: 19:44.32 39.96		
300m: 3:59.36 41.16	700m: 9:28.01 40.73	1100m: 14:57.42 41.06	1500m: 20:23.92 39.60		
350m: 4:40.48 41.12	750m: 10:09.19 41.18	1150m: 15:38.95 41.53			
400m: 5:21.17 40.69	800m: 10:50.55 41.36	1200m: 16:19.85 40.90			

Prueba 44, Fem., 1500m Libre

16 años

1. CASTRO CIDRAS, Alba	16 GALAICO	18:56.96	14,00	16,00
50m: 33.58 33.58	450m: 5:35.81 38.70	850m: 10:41.13 37.76	1250m: 15:47.19 37.70	
100m: 1:10.33 36.75	500m: 6:14.66 38.85	900m: 11:19.34 38.21	1300m: 16:24.64 37.45	
150m: 1:47.37 37.04	550m: 6:53.19 38.53	950m: 11:57.35 38.01	1350m: 17:02.93 38.29	
200m: 2:24.44 37.07	600m: 7:31.56 38.37	1000m: 12:35.93 38.58	1400m: 17:41.26 38.33	
250m: 3:02.14 37.70	650m: 8:09.62 38.06	1050m: 13:14.11 38.18	1450m: 18:19.08 37.82	
300m: 3:39.99 37.85	700m: 8:47.64 38.02	1100m: 13:52.61 38.50	1500m: 18:56.96 37.88	
350m: 4:17.67 37.68	750m: 9:25.38 37.74	1150m: 14:31.20 38.59		
400m: 4:57.11 39.44	800m: 10:03.37 37.99	1200m: 15:09.49 38.29		
2. GUERRA RODRIGUEZ, Zaida	16 POURENSE	19:50.91	-	13,00
50m: 34.19 34.19	450m: 5:47.26 40.30	850m: 11:08.08 40.47	1250m: 16:31.15 40.82	
100m: 1:11.52 37.33	500m: 6:26.85 39.59	900m: 11:48.27 40.19	1300m: 17:11.66 40.51	
150m: 1:49.97 38.45	550m: 7:07.05 40.20	950m: 12:28.46 40.19	1350m: 17:51.81 40.15	
200m: 2:29.17 39.20	600m: 7:47.22 40.17	1000m: 13:08.88 40.42	1400m: 18:31.83 40.02	
250m: 3:08.63 39.46	650m: 8:27.34 40.12	1050m: 13:49.40 40.52	1450m: 19:11.97 40.14	
300m: 3:48.37 39.74	700m: 9:07.38 40.04	1100m: 14:29.62 40.22	1500m: 19:50.91 38.94	
350m: 4:27.68 39.31	750m: 9:47.75 40.37	1150m: 15:09.95 40.33		
400m: 5:06.96 39.28	800m: 10:27.61 39.86	1200m: 15:50.33 40.38		

17 - 18 años

1. MUÑOZ GAVINO, Paula	18 PORTAMIÑA	18:31.48	16,00	19,00
50m: 33.21 33.21	450m: 5:27.57 37.44	850m: 10:27.26 37.33	1250m: 15:28.01 37.58	
100m: 1:09.22 36.01	500m: 6:05.25 37.68	900m: 11:04.77 37.51	1300m: 16:05.60 37.59	
150m: 1:45.56 36.34	550m: 6:42.39 37.14	950m: 11:42.24 37.47	1350m: 16:42.79 37.19	
200m: 2:22.42 36.86	600m: 7:19.99 37.60	1000m: 12:20.05 37.81	1400m: 17:20.00 37.21	
250m: 2:59.09 36.67	650m: 7:57.29 37.30	1050m: 12:57.55 37.50	1450m: 17:56.22 36.22	
300m: 3:35.93 36.84	700m: 8:35.02 37.73	1100m: 13:35.26 37.71	1500m: 18:31.48 35.26	
350m: 4:12.88 36.95	750m: 9:12.45 37.43	1150m: 14:12.83 37.57		
400m: 4:50.13 37.25	800m: 9:49.93 37.48	1200m: 14:50.43 37.60		
2. RODRIGUEZ RODRIGUEZ, Paula	18 ARTEIXO	19:01.32	13,00	14,00
50m: 33.41 33.41	450m: 5:31.52 37.75	850m: 10:36.31 38.24	1250m: 15:47.63 39.69	
100m: 1:09.36 35.95	500m: 6:09.36 37.84	900m: 11:14.54 38.23	1300m: 16:26.56 38.93	
150m: 1:46.34 36.98	550m: 6:47.36 38.00	950m: 11:53.15 38.61	1350m: 17:05.88 39.32	
200m: 2:23.44 37.10	600m: 7:25.37 38.01	1000m: 12:31.70 38.55	1400m: 17:44.67 38.79	
250m: 3:01.05 37.61	650m: 8:03.80 38.43	1050m: 13:10.84 39.14	1450m: 18:23.47 38.80	
300m: 3:38.51 37.46	700m: 8:41.84 38.04	1100m: 13:49.93 39.09	1500m: 19:01.32 37.85	
350m: 4:16.21 37.70	750m: 9:20.18 38.34	1150m: 14:29.00 39.07		
400m: 4:53.77 37.56	800m: 9:58.07 37.89	1200m: 15:07.94 38.94		
3. RODRIGUEZ RODRIGUEZ, Carla	17 ARTEIXO	20:23.92	-	-
50m: 37.45 37.45	450m: 6:02.28 41.11	850m: 11:32.04 41.49	1250m: 17:01.36 41.51	
100m: 1:16.87 39.42	500m: 6:43.48 41.20	900m: 12:12.83 40.79	1300m: 17:42.58 41.22	
150m: 1:57.07 40.20	550m: 7:24.92 41.44	950m: 12:53.88 41.05	1350m: 18:23.13 40.55	
200m: 2:37.27 40.20	600m: 8:06.03 41.11	1000m: 13:35.64 41.76	1400m: 19:04.36 41.23	
250m: 3:18.20 40.93	650m: 8:47.28 41.25	1050m: 14:16.36 40.72	1450m: 19:44.32 39.96	
300m: 3:59.36 41.16	700m: 9:28.01 40.73	1100m: 14:57.42 41.06	1500m: 20:23.92 39.60	
350m: 4:40.48 41.12	750m: 10:09.19 41.18	1150m: 15:38.95 41.53		
400m: 5:21.17 40.69	800m: 10:50.55 41.36	1200m: 16:19.85 40.90		

ABSO FEM

Prueba 44, Fem., 1500m Libre, ABSO FEM

Clasificación			Edad			Tempo	ABSO	JUNI
1. CEBEY FIDALGO, Iraide			15	LICEO		18:30.41	19,00	-
50m:	33.18	33.18	450m:	5:29.29	37.48	850m:	10:28.22	37.99
100m:	1:08.95	35.77	500m:	6:06.31	37.02	900m:	11:05.53	37.31
150m:	1:45.82	36.87	550m:	6:43.66	37.35	950m:	11:43.13	37.60
200m:	2:22.62	36.80	600m:	7:20.51	36.85	1000m:	12:20.74	37.61
250m:	2:59.91	37.29	650m:	7:57.91	37.40	1050m:	12:58.82	38.08
300m:	3:37.11	37.20	700m:	8:35.19	37.28	1100m:	13:36.06	37.24
350m:	4:14.69	37.58	750m:	9:13.07	37.88	1150m:	14:14.12	38.06
400m:	4:51.81	37.12	800m:	9:50.23	37.16	1200m:	14:51.52	37.40
2. MUÑOZ GAVINO, Paula			18	PORTAMIÑA		18:31.48	16,00	19,00
50m:	33.21	33.21	450m:	5:27.57	37.44	850m:	10:27.26	37.33
100m:	1:09.22	36.01	500m:	6:05.25	37.68	900m:	11:04.77	37.51
150m:	1:45.56	36.34	550m:	6:42.39	37.14	950m:	11:42.24	37.47
200m:	2:22.42	36.86	600m:	7:19.99	37.60	1000m:	12:20.05	37.81
250m:	2:59.09	36.67	650m:	7:57.29	37.30	1050m:	12:57.55	37.50
300m:	3:35.93	36.84	700m:	8:35.02	37.73	1100m:	13:35.26	37.71
350m:	4:12.88	36.95	750m:	9:12.45	37.43	1150m:	14:12.83	37.57
400m:	4:50.13	37.25	800m:	9:49.93	37.48	1200m:	14:50.43	37.60
3. CASTRO CIDRAS, Alba			16	GALAICO		18:56.96	14,00	16,00
50m:	33.58	33.58	450m:	5:35.81	38.70	850m:	10:41.13	37.76
100m:	1:10.33	36.75	500m:	6:14.66	38.85	900m:	11:19.34	38.21
150m:	1:47.37	37.04	550m:	6:53.19	38.53	950m:	11:57.35	38.01
200m:	2:24.44	37.07	600m:	7:31.56	38.37	1000m:	12:35.93	38.58
250m:	3:02.14	37.70	650m:	8:09.62	38.06	1050m:	13:14.11	38.18
300m:	3:39.99	37.85	700m:	8:47.64	38.02	1100m:	13:52.61	38.50
350m:	4:17.67	37.68	750m:	9:25.38	37.74	1150m:	14:31.20	38.59
400m:	4:57.11	39.44	800m:	10:03.37	37.99	1200m:	15:09.49	38.29
4. RODRIGUEZ RODRIGUEZ, Paula			18	ARTEIXO		19:01.32	13,00	14,00
50m:	33.41	33.41	450m:	5:31.52	37.75	850m:	10:36.31	38.24
100m:	1:09.36	35.95	500m:	6:09.36	37.84	900m:	11:14.54	38.23
150m:	1:46.34	36.98	550m:	6:47.36	38.00	950m:	11:53.15	38.61
200m:	2:23.44	37.10	600m:	7:25.37	38.01	1000m:	12:31.70	38.55
250m:	3:01.05	37.61	650m:	8:03.80	38.43	1050m:	13:10.84	39.14
300m:	3:38.51	37.46	700m:	8:41.84	38.04	1100m:	13:49.93	39.09
350m:	4:16.21	37.70	750m:	9:20.18	38.34	1150m:	14:29.00	39.07
400m:	4:53.77	37.56	800m:	9:58.07	37.89	1200m:	15:07.94	38.94
5. GUERRA RODRIGUEZ, Zaida			16	POURENSE		19:50.91	-	13,00
50m:	34.19	34.19	450m:	5:47.26	40.30	850m:	11:08.08	40.47
100m:	1:11.52	37.33	500m:	6:26.85	39.59	900m:	11:48.27	40.19
150m:	1:49.97	38.45	550m:	7:07.05	40.20	950m:	12:28.46	40.19
200m:	2:29.17	39.20	600m:	7:47.22	40.17	1000m:	13:08.88	40.42
250m:	3:08.63	39.46	650m:	8:27.34	40.12	1050m:	13:49.40	40.52
300m:	3:48.37	39.74	700m:	9:07.38	40.04	1100m:	14:29.62	40.22
350m:	4:27.68	39.31	750m:	9:47.75	40.37	1150m:	15:09.95	40.33
400m:	5:06.96	39.28	800m:	10:27.61	39.86	1200m:	15:50.33	40.38
6. RODRIGUEZ RODRIGUEZ, Carla			17	ARTEIXO		20:23.92	-	-
50m:	37.45	37.45	450m:	6:02.28	41.11	850m:	11:32.04	41.49
100m:	1:16.87	39.42	500m:	6:43.48	41.20	900m:	12:12.83	40.79
150m:	1:57.07	40.20	550m:	7:24.92	41.44	950m:	12:53.88	41.05
200m:	2:37.27	40.20	600m:	8:06.03	41.11	1000m:	13:35.64	41.76
250m:	3:18.20	40.93	650m:	8:47.28	41.25	1050m:	14:16.36	40.72
300m:	3:59.36	41.16	700m:	9:28.01	40.73	1100m:	14:57.42	41.06
350m:	4:40.48	41.12	750m:	10:09.19	41.18	1150m:	15:38.95	41.53
400m:	5:21.17	40.69	800m:	10:50.55	41.36	1200m:	16:19.85	40.90
WDR RODRIGUEZ SUAREZ, Iria			19	CULLEREDO		-	-	-