

Prueba 22  
04/07/2026

Fem., 800m Libre

ABSO FEM  
Resultados

RG	8:26.54	, GOMEZ CORTES, BEATRIZ	GALAICO	21/03/2013
RC	8:41.78	, GOMEZ CORTES, BEATRIZ	GALAICO	30/06/2013
MMG 18	8:32.15	, VILAS VIDAL, MARIA	RIVEIRA	17/07/2014
MMG 17	8:30.85	, CONS GESTIDO, AGUEDA BEATRIZ	GALAICO	24/08/2017
MMG 16	8:39.99	, CONS GESTIDO, AGUEDA BEATRIZ	GALAICO	13/07/2016

Clasificación

Edad

Tiempo

ABSO

JUNI

JUNI FEM

1.	MUÑOZ GAVINO, Paula	18	PORTAMIÑA	<b>9:43.39</b>	14,00	19,00
	50m: 33.22 33.22	250m: 2:57.86 36.51	450m: 5:25.15 36.48	650m: 7:52.23 36.97		
	100m: 1:08.75 35.53	300m: 3:35.26 37.40	500m: 6:01.50 36.35	700m: 8:29.58 37.35		
	150m: 1:45.00 36.25	350m: 4:11.89 36.63	550m: 6:37.93 36.43	750m: 9:06.82 37.24		
	200m: 2:21.35 36.35	400m: 4:48.67 36.78	600m: 7:15.26 37.33	800m: 9:43.39 36.57		
2.	RODRIGUEZ RODRIGUEZ, Paula	18	ARTEIXO	<b>9:51.50</b>	12,00	16,00
	50m: 33.50 33.50	250m: 2:59.82 37.05	450m: 5:29.62 37.79	650m: 8:00.27 37.83		
	100m: 1:09.31 35.81	300m: 3:37.05 37.23	500m: 6:07.25 37.63	700m: 8:37.90 37.63		
	150m: 1:45.83 36.52	350m: 4:14.30 37.25	550m: 6:45.09 37.84	750m: 9:15.65 37.75		
	200m: 2:22.77 36.94	400m: 4:51.83 37.53	600m: 7:22.44 37.35	800m: 9:51.50 35.85		
3.	CASTRO CIDRAS, Alba	16	GALAICO	<b>10:06.31</b>	-	14,00
	50m: 33.68 33.68	250m: 3:03.43 37.86	450m: 5:35.28 39.02	650m: 8:10.29 38.97		
	100m: 1:10.39 36.71	300m: 3:40.84 37.41	500m: 6:13.96 38.68	700m: 8:49.25 38.96		
	150m: 1:47.60 37.21	350m: 4:18.07 37.23	550m: 6:52.49 38.53	750m: 9:28.31 39.06		
	200m: 2:25.57 37.97	400m: 4:56.26 38.19	600m: 7:31.32 38.83	800m: 10:06.31 38.00		
4.	GUERRA RODRIGUEZ, Zaida	16	POURENSE	<b>10:24.77</b>	-	13,00
	50m: 34.25 34.25	250m: 3:07.99 38.95	450m: 5:47.24 39.59	650m: 8:27.12 39.57		
	100m: 1:12.17 37.92	300m: 3:48.10 40.11	500m: 6:27.61 40.37	700m: 9:07.05 39.93		
	150m: 1:50.35 38.18	350m: 4:27.28 39.18	550m: 7:07.18 39.57	750m: 9:46.04 38.99		
	200m: 2:29.04 38.69	400m: 5:07.65 40.37	600m: 7:47.55 40.37	800m: 10:24.77 38.73		
5.	BLANCO IGLESIAS, Carmen	18	CIDSANTIAGO	<b>10:27.97</b>	-	-
	50m: 36.02 36.02	250m: 3:14.17 40.09	450m: 5:53.41 39.73	650m: 8:31.83 39.27		
	100m: 1:14.48 38.46	300m: 3:54.39 40.22	500m: 6:33.35 39.94	700m: 9:11.20 39.37		
	150m: 1:54.33 39.85	350m: 4:34.14 39.75	550m: 7:13.09 39.74	750m: 9:50.37 39.17		
	200m: 2:34.08 39.75	400m: 5:13.68 39.54	600m: 7:52.56 39.47	800m: 10:27.97 37.60		
6.	PAZOS IGLESIAS, Elisa	17	RCNVIGO	<b>11:04.10</b>	-	-
	50m: 34.76 34.76	250m: 3:18.31 42.37	450m: 6:09.13 42.30	650m: 8:58.64 42.65		
	100m: 1:14.19 39.43	300m: 4:01.21 42.90	500m: 6:52.20 43.07	700m: 9:41.48 42.84		
	150m: 1:54.62 40.43	350m: 4:43.92 42.71	550m: 7:34.27 42.07	750m: 10:23.61 42.13		
	200m: 2:35.94 41.32	400m: 5:26.83 42.91	600m: 8:15.99 41.72	800m: 11:04.10 40.49		

16 años

1.	CASTRO CIDRAS, Alba	16	GALAICO	<b>10:06.31</b>	-	14,00
	50m: 33.68 33.68	250m: 3:03.43 37.86	450m: 5:35.28 39.02	650m: 8:10.29 38.97		
	100m: 1:10.39 36.71	300m: 3:40.84 37.41	500m: 6:13.96 38.68	700m: 8:49.25 38.96		
	150m: 1:47.60 37.21	350m: 4:18.07 37.23	550m: 6:52.49 38.53	750m: 9:28.31 39.06		
	200m: 2:25.57 37.97	400m: 4:56.26 38.19	600m: 7:31.32 38.83	800m: 10:06.31 38.00		
2.	GUERRA RODRIGUEZ, Zaida	16	POURENSE	<b>10:24.77</b>	-	13,00
	50m: 34.25 34.25	250m: 3:07.99 38.95	450m: 5:47.24 39.59	650m: 8:27.12 39.57		
	100m: 1:12.17 37.92	300m: 3:48.10 40.11	500m: 6:27.61 40.37	700m: 9:07.05 39.93		
	150m: 1:50.35 38.18	350m: 4:27.28 39.18	550m: 7:07.18 39.57	750m: 9:46.04 38.99		
	200m: 2:29.04 38.69	400m: 5:07.65 40.37	600m: 7:47.55 40.37	800m: 10:24.77 38.73		

Prueba 22, Fem., 800m Libre

17 - 18 años

1. MUÑOZ GAVINO, Paula	18	PORTAMIÑA	<b>9:43.39</b>	14,00	19,00
50m: 33.22 33.22	250m: 2:57.86	36.51	450m: 5:25.15	36.48	650m: 7:52.23
100m: 1:08.75 35.53	300m: 3:35.26	37.40	500m: 6:01.50	36.35	700m: 8:29.58
150m: 1:45.00 36.25	350m: 4:11.89	36.63	550m: 6:37.93	36.43	750m: 9:06.82
200m: 2:21.35 36.35	400m: 4:48.67	36.78	600m: 7:15.26	37.33	800m: 9:43.39
36.57					
2. RODRIGUEZ RODRIGUEZ, Paula	18	ARTEIXO	<b>9:51.50</b>	12,00	16,00
50m: 33.50 33.50	250m: 2:59.82	37.05	450m: 5:29.62	37.79	650m: 8:00.27
100m: 1:09.31 35.81	300m: 3:37.05	37.23	500m: 6:07.25	37.63	700m: 8:37.90
150m: 1:45.83 36.52	350m: 4:14.30	37.25	550m: 6:45.09	37.84	750m: 9:15.65
200m: 2:22.77 36.94	400m: 4:51.83	37.53	600m: 7:22.44	37.35	800m: 9:51.50
35.85					
3. BLANCO IGLESIAS, Carmen	18	CIDSANTIAGO	<b>10:27.97</b>	-	-
50m: 36.02 36.02	250m: 3:14.17	40.09	450m: 5:53.41	39.73	650m: 8:31.83
100m: 1:14.48 38.46	300m: 3:54.39	40.22	500m: 6:33.35	39.94	700m: 9:11.20
150m: 1:54.33 39.85	350m: 4:34.14	39.75	550m: 7:13.09	39.74	750m: 9:50.37
200m: 2:34.08 39.75	400m: 5:13.68	39.54	600m: 7:52.56	39.47	800m: 10:27.97
37.60					
4. PAZOS IGLESIAS, Elisa	17	RCNVIGO	<b>11:04.10</b>	-	-
50m: 34.76 34.76	250m: 3:18.31	42.37	450m: 6:09.13	42.30	650m: 8:58.64
100m: 1:14.19 39.43	300m: 4:01.21	42.90	500m: 6:52.20	43.07	700m: 9:41.48
150m: 1:54.62 40.43	350m: 4:43.92	42.71	550m: 7:34.27	42.07	750m: 10:23.61
200m: 2:35.94 41.32	400m: 5:26.83	42.91	600m: 8:15.99	41.72	800m: 11:04.10
40.49					

ABSO FEM

1. CANDO SANTOS, Raquel	23	PORTAMIÑA	<b>9:35.88</b>	19,00	-
50m: 32.30 32.30	250m: 2:54.10	36.03	450m: 5:20.26	37.50	650m: 7:49.46
100m: 1:06.75 34.45	300m: 3:30.28	36.18	500m: 5:58.10	37.84	700m: 8:25.38
150m: 1:41.90 35.15	350m: 4:06.23	35.95	550m: 6:35.27	37.17	750m: 8:59.93
200m: 2:18.07 36.17	400m: 4:42.76	36.53	600m: 7:12.40	37.13	800m: 9:35.88
35.95					
2. VEIGA SOUTO, Ana	28	CDELMAR	<b>9:38.91</b>	16,00	-
50m: 33.14 33.14	250m: 2:58.26	36.83	450m: 5:23.53	35.46	650m: 7:49.93
100m: 1:08.27 35.13	300m: 3:35.04	36.78	500m: 5:59.59	36.06	700m: 8:26.71
150m: 1:44.89 36.62	350m: 4:11.70	36.66	550m: 6:36.25	36.66	750m: 9:03.16
200m: 2:21.43 36.54	400m: 4:48.07	36.37	600m: 7:12.87	36.62	800m: 9:38.91
35.75					
3. MUÑOZ GAVINO, Paula	18	PORTAMIÑA	<b>9:43.39</b>	14,00	19,00
50m: 33.22 33.22	250m: 2:57.86	36.51	450m: 5:25.15	36.48	650m: 7:52.23
100m: 1:08.75 35.53	300m: 3:35.26	37.40	500m: 6:01.50	36.35	700m: 8:29.58
150m: 1:45.00 36.25	350m: 4:11.89	36.63	550m: 6:37.93	36.43	750m: 9:06.82
200m: 2:21.35 36.35	400m: 4:48.67	36.78	600m: 7:15.26	37.33	800m: 9:43.39
36.57					
4. PARDO CHAS, Eva	22	NFERROL	<b>9:49.94</b>	13,00	-
50m: 32.91 32.91	250m: 2:58.14	36.95	450m: 5:27.11	37.53	650m: 7:57.51
100m: 1:08.23 35.32	300m: 3:35.23	37.09	500m: 6:04.56	37.45	700m: 8:35.33
150m: 1:44.67 36.44	350m: 4:12.41	37.18	550m: 6:42.24	37.68	750m: 9:13.04
200m: 2:21.19 36.52	400m: 4:49.58	37.17	600m: 7:19.88	37.64	800m: 9:49.94
36.90					
5. RODRIGUEZ RODRIGUEZ, Paula	18	ARTEIXO	<b>9:51.50</b>	12,00	16,00
50m: 33.50 33.50	250m: 2:59.82	37.05	450m: 5:29.62	37.79	650m: 8:00.27
100m: 1:09.31 35.81	300m: 3:37.05	37.23	500m: 6:07.25	37.63	700m: 8:37.90
150m: 1:45.83 36.52	350m: 4:14.30	37.25	550m: 6:45.09	37.84	750m: 9:15.65
200m: 2:22.77 36.94	400m: 4:51.83	37.53	600m: 7:22.44	37.35	800m: 9:51.50
35.85					
6. CASTRO CIDRAS, Alba	16	GALAICO	<b>10:06.31</b>	-	14,00
50m: 33.68 33.68	250m: 3:03.43	37.86	450m: 5:35.28	39.02	650m: 8:10.29
100m: 1:10.39 36.71	300m: 3:40.84	37.41	500m: 6:13.96	38.68	700m: 8:49.25
150m: 1:47.60 37.21	350m: 4:18.07	37.23	550m: 6:52.49	38.53	750m: 9:28.31
200m: 2:25.57 37.97	400m: 4:56.26	38.19	600m: 7:31.32	38.83	800m: 10:06.31
38.00					

Prueba 22, Fem., 800m Libre, ABSO FEM

Clasificación	Edad				Tiempo ABSO				JUNI
<b>7. FERREIRO FIGUEIRAS, Noa</b>	<b>15 FOGAR</b>				<b>10:18.84</b>				-
50m: 32.93 32.93	250m: 3:02.79	38.98	450m: 5:39.64	38.30	650m: 8:18.96	40.21			
100m: 1:09.10 36.17	300m: 3:41.48	38.69	500m: 6:19.00	39.36	700m: 8:59.57	40.61			
150m: 1:46.01 36.91	350m: 4:21.51	40.03	550m: 6:59.39	40.39	750m: 9:39.65	40.08			
200m: 2:23.81 37.80	400m: 5:01.34	39.83	600m: 7:38.75	39.36	800m: 10:18.84	39.19			
<b>8. GUERRA RODRIGUEZ, Zaida</b>	<b>16 POURENSE</b>				<b>10:24.77</b>				- 13,00
50m: 34.25 34.25	250m: 3:07.99	38.95	450m: 5:47.24	39.59	650m: 8:27.12	39.57			
100m: 1:12.17 37.92	300m: 3:48.10	40.11	500m: 6:27.61	40.37	700m: 9:07.05	39.93			
150m: 1:50.35 38.18	350m: 4:27.28	39.18	550m: 7:07.18	39.57	750m: 9:46.04	38.99			
200m: 2:29.04 38.69	400m: 5:07.65	40.37	600m: 7:47.55	40.37	800m: 10:24.77	38.73			
<b>9. BLANCO IGLESIAS, Carmen</b>	<b>18 CIDSANTIAGO</b>				<b>10:27.97</b>				-
50m: 36.02 36.02	250m: 3:14.17	40.09	450m: 5:53.41	39.73	650m: 8:31.83	39.27			
100m: 1:14.48 38.46	300m: 3:54.39	40.22	500m: 6:33.35	39.94	700m: 9:11.20	39.37			
150m: 1:54.33 39.85	350m: 4:34.14	39.75	550m: 7:13.09	39.74	750m: 9:50.37	39.17			
200m: 2:34.08 39.75	400m: 5:13.68	39.54	600m: 7:52.56	39.47	800m: 10:27.97	37.60			
<b>10. PAZOS IGLESIAS, Elisa</b>	<b>17 RCNVIGO</b>				<b>11:04.10</b>				-
50m: 34.76 34.76	250m: 3:18.31	42.37	450m: 6:09.13	42.30	650m: 8:58.64	42.65			
100m: 1:14.19 39.43	300m: 4:01.21	42.90	500m: 6:52.20	43.07	700m: 9:41.48	42.84			
150m: 1:54.62 40.43	350m: 4:43.92	42.71	550m: 7:34.27	42.07	750m: 10:23.61	42.13			
200m: 2:35.94 41.32	400m: 5:26.83	42.91	600m: 8:15.99	41.72	800m: 11:04.10	40.49			
<b>11. RODRIGUEZ SUAREZ, Iria</b>	<b>19 CULLEREDO</b>				<b>11:44.96</b>				-
50m: 37.18 37.18	250m: 3:27.95	44.58	450m: 6:28.39	45.44	650m: 9:31.18	46.88			
100m: 1:17.05 39.87	300m: 4:12.20	44.25	500m: 7:13.44	45.05	700m: 10:15.82	44.64			
150m: 1:59.41 42.36	350m: 4:57.46	45.26	550m: 7:59.35	45.91	750m: 11:01.68	45.86			
200m: 2:43.37 43.96	400m: 5:42.95	45.49	600m: 8:44.30	44.95	800m: 11:44.96	43.28			
<b>WDR LEDO BARRIOS, Ana</b>	<b>15 RBAIXASVIGO</b>								-