

Prueba 29
21/06/2026

Fem., 400m Estilos

Alevín Femenino
Resultados

MMG 13	5:06.64	, DE LA FUENTE FIAÑO, ANE	LICEO	13/07/2014
MMG 12	5:21.62	, BARBIER URCULLU, PATRICIA	RCNVIGO	17/07/2015

Clasificación

Edad

Tiempo

Alevín Femenino

1.	GARCIA DIAZ, Sabela	13	NFERROL	5:46.09	19,00
	50m: 35.73 35.73 150m: 2:03.30 46.20 250m: 3:38.28 50.07 350m: 5:08.68 38.94				
	100m: 1:17.10 41.37 200m: 2:48.21 44.91 300m: 4:29.74 51.46 400m: 5:46.09 37.41				
2.	GARCIA RODRIGUEZ, Martina	13	MARINAFE	5:48.20	16,00
	50m: 35.37 35.37 150m: 2:02.21 45.42 250m: 3:38.38 50.69 350m: 5:09.40 39.61				
	100m: 1:16.79 41.42 200m: 2:47.69 45.48 300m: 4:29.79 51.41 400m: 5:48.20 38.80				
3.	PARDO FERNANDEZ, Lua	12	FLUVIAL	5:52.47	14,00
	50m: 37.86 37.86 150m: 2:09.86 45.94 250m: 3:45.27 51.58 350m: 5:15.41 39.90				
	100m: 1:23.92 46.06 200m: 2:53.69 43.83 300m: 4:35.51 50.24 400m: 5:52.47 37.06				
4.	LOPEZ LOPEZ, Maia	13	PONTEAREAS	5:56.66	13,00
	50m: 39.00 39.00 150m: 2:10.35 47.78 250m: 3:49.39 52.88 350m: 5:19.97 38.08				
	100m: 1:22.57 43.57 200m: 2:56.51 46.16 300m: 4:41.89 52.50 400m: 5:56.66 36.69				
5.	HERMIDA-CACHALVITE KOPEK, A.	13	PORTAMIÑA	5:57.16	12,00
	50m: 39.80 39.80 150m: 2:16.09 49.06 250m: 3:52.51 50.75 350m: 5:21.54 37.04				
	100m: 1:27.03 47.23 200m: 3:01.76 45.67 300m: 4:44.50 51.99 400m: 5:57.16 35.62				
6.	LUACES CHAN, Adriana	13	SCASINO	6:00.48	11,00
	50m: 41.28 41.28 150m: 2:18.29 46.01 250m: 3:53.51 50.37 350m: 5:22.83 38.21				
	100m: 1:32.28 51.00 200m: 3:03.14 44.85 300m: 4:44.62 51.11 400m: 6:00.48 37.65				
7.	BERNARDEZ FRANCISCO, Mara	13	PONTEAREAS	6:04.47	10,00
	50m: 38.99 38.99 150m: 2:13.61 47.30 250m: 3:52.53 51.49 350m: 5:24.48 40.31				
	100m: 1:26.31 47.32 200m: 3:01.04 47.43 300m: 4:44.17 51.64 400m: 6:04.47 39.99				
8.	SARMIENTO FERREIRO, Andrea	12	PORTAMIÑA	6:15.32	9,00
	50m: 39.81 39.81 150m: 2:16.58 48.23 250m: 3:59.26 55.28 350m: 5:34.77 41.09				
	100m: 1:28.35 48.54 200m: 3:03.98 47.40 300m: 4:53.68 54.42 400m: 6:15.32 40.55				
9.	MARTINEZ QUIJADA, Aisha	12	NFERROL	6:22.55	8,00
	50m: 42.80 42.80 150m: 2:23.95 45.41 250m: 4:01.95 54.47 350m: 5:44.40 45.81				
	100m: 1:38.54 55.74 200m: 3:07.48 43.53 300m: 4:58.59 56.64 400m: 6:22.55 38.15				
10.	FIGUEIRA ALONSO, Cintia	12	NCORUÑA	6:35.57	7,00
	50m: 43.75 43.75 150m: 2:28.73 51.97 250m: 4:10.85 51.86 350m: 5:50.78 46.08				
	100m: 1:36.76 53.01 200m: 3:18.99 50.26 300m: 5:04.70 53.85 400m: 6:35.57 44.79				
11.	AMOR LISTE, Lia	12	ORDES	6:54.13	6,00
	50m: 43.62 43.62 150m: 2:30.44 53.69 250m: 4:22.40 59.03 350m: 6:09.58 49.33				
	100m: 1:36.75 53.13 200m: 3:23.37 52.93 300m: 5:20.25 57.85 400m: 6:54.13 44.55				

12 años

1.	PARDO FERNANDEZ, Lua	12	FLUVIAL	5:52.47	14,00
	50m: 37.86 37.86 150m: 2:09.86 45.94 250m: 3:45.27 51.58 350m: 5:15.41 39.90				
	100m: 1:23.92 46.06 200m: 2:53.69 43.83 300m: 4:35.51 50.24 400m: 5:52.47 37.06				
2.	SARMIENTO FERREIRO, Andrea	12	PORTAMIÑA	6:15.32	9,00
	50m: 39.81 39.81 150m: 2:16.58 48.23 250m: 3:59.26 55.28 350m: 5:34.77 41.09				
	100m: 1:28.35 48.54 200m: 3:03.98 47.40 300m: 4:53.68 54.42 400m: 6:15.32 40.55				
3.	MARTINEZ QUIJADA, Aisha	12	NFERROL	6:22.55	8,00
	50m: 42.80 42.80 150m: 2:23.95 45.41 250m: 4:01.95 54.47 350m: 5:44.40 45.81				
	100m: 1:38.54 55.74 200m: 3:07.48 43.53 300m: 4:58.59 56.64 400m: 6:22.55 38.15				

Prueba 29, Fem., 400m Estilos, 12 años

Clasificación				Edad				Tiempo			
4. FIGUEIRA ALONSO, Cintia				12		NCORUÑA		6:35.57		7,00	
50m:	43.75	43.75	150m:	2:28.73	51.97	250m:	4:10.85	51.86	350m:	5:50.78	46.08
100m:	1:36.76	53.01	200m:	3:18.99	50.26	300m:	5:04.70	53.85	400m:	6:35.57	44.79
5. AMOR LISTE, Lia				12		ORDES		6:54.13		6,00	
50m:	43.62	43.62	150m:	2:30.44	53.69	250m:	4:22.40	59.03	350m:	6:09.58	49.33
100m:	1:36.75	53.13	200m:	3:23.37	52.93	300m:	5:20.25	57.85	400m:	6:54.13	44.55

13 años

1.	GARCIA DIAZ, Sabela				13	NFERROL				5:46.09		19,00	
	50m:	35.73	35.73	150m:	2:03.30	46.20	250m:	3:38.28	50.07	350m:	5:08.68	38.94	
	100m:	1:17.10	41.37	200m:	2:48.21	44.91	300m:	4:29.74	51.46	400m:	5:46.09	37.41	
2.	GARCIA RODRIGUEZ, Martina				13	MARINAFE				5:48.20		16,00	
	50m:	35.37	35.37	150m:	2:02.21	45.42	250m:	3:38.38	50.69	350m:	5:09.40	39.61	
	100m:	1:16.79	41.42	200m:	2:47.69	45.48	300m:	4:29.79	51.41	400m:	5:48.20	38.80	
3.	LOPEZ LOPEZ, Maia				13	PONTEAREAS				5:56.66		13,00	
	50m:	39.00	39.00	150m:	2:10.35	47.78	250m:	3:49.39	52.88	350m:	5:19.97	38.08	
	100m:	1:22.57	43.57	200m:	2:56.51	46.16	300m:	4:41.89	52.50	400m:	5:56.66	36.69	
4.	HERMIDA-CACHALVITE KOPEK, A.				13	PORTAMIÑA				5:57.16		12,00	
	50m:	39.80	39.80	150m:	2:16.09	49.06	250m:	3:52.51	50.75	350m:	5:21.54	37.04	
	100m:	1:27.03	47.23	200m:	3:01.76	45.67	300m:	4:44.50	51.99	400m:	5:57.16	35.62	
5.	LUACES CHAN, Adriana				13	SCASINO				6:00.48		11,00	
	50m:	41.28	41.28	150m:	2:18.29	46.01	250m:	3:53.51	50.37	350m:	5:22.83	38.21	
	100m:	1:32.28	51.00	200m:	3:03.14	44.85	300m:	4:44.62	51.11	400m:	6:00.48	37.65	
6.	BERNARDEZ FRANCISCO, Mara				13	PONTEAREAS				6:04.47		10,00	
	50m:	38.99	38.99	150m:	2:13.61	47.30	250m:	3:52.53	51.49	350m:	5:24.48	40.31	
	100m:	1:26.31	47.32	200m:	3:01.04	47.43	300m:	4:44.17	51.64	400m:	6:04.47	39.99	