

Prueba 5
13/06/2026

Masc., 200m Braza

2006 y mayores
Resultados

Clasificación		Edad			Tiempo	Puntos
20+						
1.	1107916 FERNANDEZ DEL VALLE, Ivan	21	POURENSE		2:28.49	13,00
	50m: 32.57 32.57 100m: 1:09.80	37.23	150m: 1:48.91 39.11	200m: 2:28.49	39.58	
2.	1079156 MARQUEZ VAZQUEZ, Pablo	24	ASMEIGAS		3:09.40	10,00
	50m: 41.86 41.86 100m: 1:28.76	46.90	150m: 2:18.22 49.46	200m: 3:09.40	51.18	
25+						
1.	1144193 PASTORIZA SANTACLARA, Jorge	29	RBAIXAS		2:33.54	13,00
	50m: 33.70 33.70 100m: 1:11.65	37.95	150m: 1:51.49 39.84	200m: 2:33.54	42.05	
2.	1142936 ARGIZ MARTINEZ, David	26	MONFORTE		2:41.20	10,00
	50m: 36.25 36.25 100m: 1:16.96	40.71	150m: 1:59.14 42.18	200m: 2:41.20	42.06	
3.	1115676 GONZALEZ IGLESIAS, Alberto	29	CULLEREDO		2:41.24	8,00
	50m: 36.69 36.69 100m: 1:17.08	40.39	150m: 1:58.68 41.60	200m: 2:41.24	42.56	
4.	1141093 VILLAMOR FERRO, Ruben	26	ARTEIXO		2:48.41	7,00
	50m: 37.27 37.27 100m: 1:18.79	41.52	150m: 2:02.77 43.98	200m: 2:48.41	45.64	
5.	1284785 ABALDE PUJALES, Alberto	26	RBAIXAS		3:20.17	6,00
	50m: 44.79 44.79 100m: 1:36.51	51.72	150m: 2:30.02 53.51	200m: 3:20.17	50.15	
30+						
1.	1040779 QUINTAS MOSQUERA, Manuel	30	CIDSANTIAGO		2:37.70	13,00
	50m: 34.51 34.51 100m: 1:14.55	40.04	150m: 1:55.67 41.12	200m: 2:37.70	42.03	
2.	1222771 LAGO GONZALEZ, Ivan	33	PONTEAREAS		4:51.17	10,00
	50m: 59.53 59.53 100m: 2:09.71	1:10.18	150m: 3:28.32 1:18.61	200m: 4:51.17	1:22.85	
35+						
1.	1075908 LOBELLE GONZALEZ, Marcos	37	CDELMAR		2:43.92	13,00
	50m: 35.67 35.67 100m: 1:16.92	41.25	150m: 1:59.96 43.04	200m: 2:43.92	43.96	
2.	1241139 DIEGUEZ GONZALEZ, Bruno	36	CIDSANTIAGO		3:14.81	10,00
	50m: 42.82 42.82 100m: 1:32.00	49.18	150m: 2:23.70 51.70	200m: 3:14.81	51.11	
40+						
1.	1143897 SEVILLA AROCA, Javier	43	ESCUALOS		2:57.79	13,00
	50m: 41.76 41.76 100m: 1:27.30	45.54	150m: 2:13.65 46.35	200m: 2:57.79	44.14	
2.	1145052 FIERRO FERNANDEZ, Julio	44	CASINOC		3:08.23	10,00
	50m: 43.88 43.88 100m: 1:30.78	46.90	150m: 2:19.51 48.73	200m: 3:08.23	48.72	
45+						
1.	1143895 PADIN CHARLIN, Joaquin	46	ESCUALOS		3:08.72	13,00
	50m: 41.26 41.26 100m: 1:27.99	46.73	150m: 2:17.99 50.00	200m: 3:08.72	50.73	
2.	1178765 ESPAÑA CABEZAS, Jesus	45	CIDSANTIAGO		3:15.13	10,00
	50m: 41.89 41.89 100m: 1:31.53	49.64	150m: 2:23.63 52.10	200m: 3:15.13	51.50	

Prueba 5, Masc., 200m Braza, 45+

Clasificación	Edad	Tiempo	Puntos
3. 1084041 SUAREZ GARCIA, Sergio	46 PONSIVETUS	3:35.35	8,00
50m: 47.76 47.76 100m: 1:41.70 53.94	150m: 2:38.02 56.32	200m: 3:35.35	57.33
4. 1251233 GONZALEZ SANDEZ, Carlos	47 VALDEORRAS	4:06.97	7,00
50m: 53.06 53.06 100m: 1:54.81 1:01.75	150m: 3:01.18 1:06.37	200m: 4:06.97	1:05.79

50+

1. 1076185 PEREIRA DIAZ, Angel	54 ESCUALOS	3:01.60	13,00
50m: 41.53 41.53 100m: 1:28.34 46.81	150m: 2:15.26 46.92	200m: 3:01.60	46.34
2. 1244393 REY RODRIGUEZ, Oscar	52 CIDSANTIAGO	3:02.06	10,00
50m: 41.72 41.72 100m: 1:27.19 45.47	150m: 2:14.49 47.30	200m: 3:02.06	47.57
3. 1251854 CARBALLO CABEZAS, Enrique	50 POURENSE	3:02.13	8,00
50m: 42.48 42.48 100m: 1:29.28 46.80	150m: 2:16.05 46.77	200m: 3:02.13	46.08
4. 1040137 QUINTAS BARROS, Jesus Carlos	53 ESCUALOS	3:11.50	7,00
50m: 42.49 42.49 100m: 1:31.03 48.54	150m: 2:21.44 50.41	200m: 3:11.50	50.06
5. 1201621 ALONSO ORTIZ, Mariano	50 FLUVIAL	3:17.52	6,00
50m: 42.45 42.45 100m: 1:31.11 48.66	150m: 2:23.63 52.52	200m: 3:17.52	53.89
6. 1224729 FERNADEZ BARREIROS, Claudio	51 ORDES	3:25.01	5,00
50m: 46.26 46.26 100m: 1:38.72 52.46	150m: 2:32.80 54.08	200m: 3:25.01	52.21

55+

1. 1141504 BOUSO FUENTECILLA, Fernando	55 ESCUALOS	3:13.51	13,00
50m: 43.99 43.99 100m: 1:33.62 49.63	150m: 2:24.10 50.48	200m: 3:13.51	49.41
2. 1143605 FERNANDEZ MARTINEZ, Alberto	55 ESCUALOS	3:27.36	10,00
50m: 46.22 46.22 100m: 1:38.43 52.21	150m: 2:33.02 54.59	200m: 3:27.36	54.34
3. 1178895 CRESPO PEREZ, Albarino	56 ESCUALOS	3:30.67	-
50m: 45.14 45.14 100m: 1:37.06 51.92	150m: 2:33.73 56.67	200m: 3:30.67	56.94
4. 1274570 CEDRON VILAR, Raul	57 MULLEREF	3:55.55	7,00
50m: 54.57 54.57 100m: 1:54.34 59.77	150m: 2:54.93 1:00.59	200m: 3:55.55	1:00.62
5. 1144698 CADAVID NUÑEZ, Jose	56 POURENSE	4:00.78	6,00
50m: 51.75 51.75 100m: 1:51.99 1:00.24	150m: 2:56.50 1:04.51	200m: 4:00.78	1:04.28
6. 1145039 FERREIRO SANCHEZ, Luis	56 POURENSE	4:46.63	5,00
50m: 1:03.25 1:03.25 100m: 2:17.71 1:14.46	150m: 3:34.91 1:17.20	200m: 4:46.63	1:11.72

60+

1. 1076516 JORGE IGLESIAS, Marcelino	60 PONTEAREAS	2:59.14	13,00
50m: 42.32 42.32 100m: 1:29.41 47.09	150m: 2:16.05 46.64	200m: 2:59.14	43.09
2. 1144940 HERNANZ MORAL, Fausto	64 RBAIXAS	4:10.99	10,00
50m: 56.01 56.01 100m: 1:59.88 1:03.87	150m: 3:05.84 1:05.96	200m: 4:10.99	1:05.15
3. 1143966 FERNANDEZ GONZALEZ, Alvaro	61 MOS	4:35.56	8,00
50m: 58.72 58.72 100m: 2:05.90 1:07.18	150m: 3:20.06 1:14.16	200m: 4:35.56	1:15.50
4. 1143998 FERNANDEZ GARCIA, Manuel Victor	61 RIVEIRA	5:01.22	7,00
50m: 1:06.80 1:06.80 100m: 2:22.19 1:15.39	150m: 3:41.25 1:19.06	200m: 5:01.22	1:19.97

Prueba 5, Masc., 200m Braza

65+

1.	1048207	ROS ROSILLO, Alejandro	68	RBAIXAS	3:26.53	13,00		
	50m:	45.94 45.94	100m:	1:37.69 51.75	150m:	2:32.37 54.68	200m:	3:26.53 54.16
2.	1141150	RODRIGUEZ VIEITO, Ricardo Manuel	69	MOS	4:06.82	10,00		
	50m:	56.85 56.85	100m:	1:58.97 1:02.12	150m:	3:04.00 1:05.03	200m:	4:06.82 1:02.82

70+

1.	1076165	GARCIA COLOMO, Manuel Ramon	72	POURENSE	4:06.00	13,00		
	50m:	57.14 57.14	100m:	2:00.07 1:02.93	150m:	3:04.07 1:04.00	200m:	4:06.00 1:01.93