

Prueba 23
14/06/2026

Fem., 100m Libre

2006 y mayores
Resultados

Clasificación		Edad		Tiempo	Puntos
20+					
1.	1199453 FILGUEIRAS OLMO, Helena	22	PORTAMIÑA	1:10.87	13,00
	50m: 34.15 34.15 100m: 1:10.87	36.72			
2.	1076336 BLANCO PEREZ, Laura	22	PONTEAREAS	1:13.14	10,00
	50m: 35.44 35.44 100m: 1:13.14	37.70			
3.	1087099 GOMEZ FERNANDEZ, Uxia	23	ESCUALOS	1:16.15	8,00
	50m: 35.70 35.70 100m: 1:16.15	40.45			
4.	1289860 LORENZO PEREZ, Aroa	24	POURENSE	1:48.80	7,00
	50m: 54.87 54.87 100m: 1:48.80	53.93			
25+					
1.	1130789 GARCIA MIGUEZ, Rosalia	28	CIDSANTIAGO	1:04.10	13,00
	50m: 30.74 30.74 100m: 1:04.10	33.36			
2.	1038503 COTOS SUAREZ, Ana	29	CIDSANTIAGO	1:06.38	10,00
	50m: 31.40 31.40 100m: 1:06.38	34.98			
3.	1113219 IGLESIAS LOPEZ, Maria	25	CULLEREDO	1:07.66	8,00
	50m: 32.30 32.30 100m: 1:07.66	35.36			
4.	1145079 RIVADULLA MALLO, Maria Irene	28	SALVESTRADA	1:07.89	7,00
	50m: 32.25 32.25 100m: 1:07.89	35.64			
5.	1037965 COSTA FERNANDEZ, Laura	25	PONTEAREAS	1:10.79	6,00
	50m: 34.04 34.04 100m: 1:10.79	36.75			
6.	1081004 PAZOS AGUIAR, Lara	26	NCORUÑA	1:10.85	5,00
	50m: 33.18 33.18 100m: 1:10.85	37.67			
7.	1040620 RODRIGUEZ CERVINO, Ana	26	RBAIXAS	1:13.70	4,00
	50m: 34.80 34.80 100m: 1:13.70	38.90			
8.	1037158 RAÑALES GRAÑA, Naila	25	NFERROL	1:15.68	3,00
	50m: 34.86 34.86 100m: 1:15.68	40.82			
9.	1115644 FERNANDEZ JUAN, Maria	28	CIDSANTIAGO	1:16.60	-
	50m: 35.97 35.97 100m: 1:16.60	40.63			
10.	1284691 VALIÑO RIVERA, Mariña	25	NCORUÑA	1:35.94	1,00
	50m: 44.84 44.84 100m: 1:35.94	51.10			
11.	1222772 RODRIGUEZ-TOUBES FORRYAN, Irene	27	PONTEAREAS	1:54.09	-
	50m: 54.60 54.60 100m: 1:54.09	59.49			
30+					
1.	1116506 RAMOS LOBO, Raquel	33	PORTAMIÑA	1:05.71	13,00
	50m: 31.56 31.56 100m: 1:05.71	34.15			
2.	1051353 CRUZ GARCIA, Aurora	31	CIDSANTIAGO	1:06.98	10,00
	50m: 31.50 31.50 100m: 1:06.98	35.48			
3.	1264725 ABADIN ROZENBAUM, Manuela Rocio	31	CDELMAR	1:07.78	8,00
	50m: 32.72 32.72 100m: 1:07.78	35.06			
4.	1041452 BEN CILLERO, Sabela	34	ASMEIGAS	1:07.83	7,00
	50m: 32.05 32.05 100m: 1:07.83	35.78			

Prueba 23, Fem., 100m Libre, 30+

Clasificación		Edad		Tiempo	Puntos
5.	1247615 ALONSO PEREIRA, Fatima	33	RBAIXAS	1:20.46	6,00
	50m: 38.46 38.46 100m: 1:20.46	42.00			
6.	1287813 GONZALEZ COVELO, Sandra	33	RBAIXAS	1:22.44	5,00
	50m: 38.79 38.79 100m: 1:22.44	43.65			
7.	1243197 GANDARA SUAREZ, Tania	33	ORDES	1:24.73	4,00
	50m: 40.02 40.02 100m: 1:24.73	44.71			
8.	1238682 BARCA PENSADO, Maria	30	FOGAR	1:25.68	3,00
	50m: 39.26 39.26 100m: 1:25.68	46.42			
9.	1253937 MELLA CASTRO, Ana Maria	32	ORDES	1:30.94	2,00
	50m: 43.21 43.21 100m: 1:30.94	47.73			
10.	1286109 GARCIA VILLARONGA, Cecilia	34	RIVEIRA	1:41.80	1,00
	50m: 44.70 44.70 100m: 1:41.80	57.10			

35+

1.	1039472 TRONCOSO GONZALEZ, Veronica	35	PONTEAREAS	1:09.59	13,00
	50m: 33.59 33.59 100m: 1:09.59	36.00			
2.	1129917 MURAS MORA, Andrea	37	CIDSANTIAGO	1:16.78	10,00
	50m: 37.77 37.77 100m: 1:16.78	39.01			
3.	1274005 TORRENT I LLAMAS, Ares	36	ASMEIGAS	1:25.42	8,00
	50m: 40.35 40.35 100m: 1:25.42	45.07			
4.	1284707 COUÑAGO BARCIELA, Lucia	36	REDONDELA	1:45.84	7,00
	50m: 50.33 50.33 100m: 1:45.84	55.51			

40+

1.	1040526 LOPEZ REMESEIRO, Vanesa	44	NFERROL	1:07.99	13,00
	50m: 31.88 31.88 100m: 1:07.99	36.11			
2.	1075496 BARBEITO DOMINGUEZ, Marta	42	CASINOC	1:09.64	10,00
	50m: 32.32 32.32 100m: 1:09.64	37.32			
3.	1075225 SOUTO DERUNGS, Cristina	41	NFERROL	1:17.38	8,00
	50m: 37.50 37.50 100m: 1:17.38	39.88			
4.	1251885 SUAREZ BUJAN, Rebeca	43	CIDSANTIAGO	1:18.13	7,00
	50m: 37.68 37.68 100m: 1:18.13	40.45			
5.	1236642 ABBATEMARCO, Cristina	42	SALVESTRADA	1:18.69	6,00
	50m: 36.96 36.96 100m: 1:18.69	41.73			
6.	1267367 VYNOHRADOVA, Kateryna	40	GALAICO	1:18.76	5,00
	50m: 37.68 37.68 100m: 1:18.76	41.08			
7.	1287810 NOVO MARTINEZ, Rocio	42	NFERROL	1:35.61	-
	50m: 44.64 44.64 100m: 1:35.61	50.97			
8.	1250481 MENDEZ ABELAIRA, Jessica	44	VALDEORRAS	2:06.92	3,00
	50m: 1:00.38 1:00.38 100m: 2:06.92	1:06.54			

Prueba 23, Fem., 100m Libre

45+

1.	1237395	VILARIÑO CACHO, Elvira	45	SALVESTRADA	1:13.33	13,00
	50m:	35.64 35.64	100m:	1:13.33 37.69		
2.	1143598	MIRA VAZQUEZ, Marta	45	ESQUALOS	1:18.53	10,00
	50m:	37.44 37.44	100m:	1:18.53 41.09		
3.	1292135	OTERO CAAMAÑO, Maria Cecilia	45	NFERROL	1:30.56	8,00
	50m:	39.14 39.14	100m:	1:30.56 51.42		
4.	1224731	RIVEIRA CAAMAÑO, Rebeca	49	ORDES	1:31.31	7,00
	50m:	43.80 43.80	100m:	1:31.31 47.51		
5.	1038470	PASANDIN VAYO, Romina	49	ARTEIXO	1:40.98	6,00
	50m:	47.82 47.82	100m:	1:40.98 53.16		
6.	1240321	FILGUEIRA FRANCO, Laura	48	PONSVETUS	1:44.14	5,00
	50m:	50.26 50.26	100m:	1:44.14 53.88		
7.	1237398	SIEIRA NOCEDA, Diana Maria	47	RIVEIRA	2:16.25	4,00
	50m:	1:04.16 1:04.16	100m:	2:16.25 1:12.09		

50+

1.	1228008	OJEA DE CASTRO, Macarena	53	PORTAMIÑA	1:15.98	13,00
	50m:	37.14 37.14	100m:	1:15.98 38.84		
2.	1264733	GOMEZ PAREDES, Maria	50	FLUVIAL	1:21.12	10,00
	50m:	39.49 39.49	100m:	1:21.12 41.63		
3.	1040944	VARELA REDONDO, Veronica	51	PONTEAREAS	1:21.40	8,00
	50m:	38.47 38.47	100m:	1:21.40 42.93		
4.	1284736	BARCALA PEREZ, Maria Rosa	50	VALDEORRAS	1:26.88	7,00
	50m:	40.90 40.90	100m:	1:26.88 45.98		
5.	1039438	RODRIGUEZ REY, Maria Jose	53	FOGAR	1:30.16	6,00
	50m:	43.39 43.39	100m:	1:30.16 46.77		
6.	1075503	DE LA MONTAÑA ALCANTARA, Gloria	53	RSDH	1:33.16	5,00
	50m:	44.82 44.82	100m:	1:33.16 48.34		
7.	1217442	VILLASANTE ARMAS, Maria Rosa	51	NCORUÑA	1:38.60	4,00
	50m:	45.86 45.86	100m:	1:38.60 52.74		
8.	1287817	ZAVTUR GAVRILOV, Gala	50	LICEO	1:46.83	3,00
	50m:	51.30 51.30	100m:	1:46.83 55.53		
9.	1287818	GARCIA ALONSO, Paula	52	LICEO	1:49.23	2,00
	50m:	50.09 50.09	100m:	1:49.23 59.14		
10.	1246135	MILLAN MIRANDA, Maria Elisa	54	RIVEIRA	2:13.19	1,00
	50m:	1:02.56 1:02.56	100m:	2:13.19 1:10.63		

55+

1.	1076186	LOPEZ GONZALEZ, Monica	56	PORTAMIÑA	1:22.30	13,00
	50m:	39.89 39.89	100m:	1:22.30 42.41		
2.	1058998	MUTILBA OBREGON, Nuria	57	PONTEAREAS	1:25.19	10,00
	50m:	40.03 40.03	100m:	1:25.19 45.16		
3.	1037939	CASTRO MAESTRE, Isaura	57	FLUVIAL	1:25.49	8,00
	50m:	41.24 41.24	100m:	1:25.49 44.25		

Prueba 23, Fem., 100m Libre, 55+

Clasificación		Edad		Tiempo	Puntos
4.	1075200 JIMENEZ PEREZ, Victoria	57	NFERROL	1:28.51	7,00
	50m: 42.33 42.33 100m: 1:28.51 46.18				
5.	1232962 JARDON GONZALEZ, Helena	55	PONTEAREAS	1:31.05	6,00
	50m: 41.79 41.79 100m: 1:31.05 49.26				
6.	1292895 VEIGA PEREZ, Marta Del Rosario	55	POURENSE	1:31.76	5,00
	50m: 44.75 44.75 100m: 1:31.76 47.01				
7.	1199642 GARNACHO GAYARRE, Nuria	57	CASINOC	1:38.34	4,00
	50m: 45.00 45.00 100m: 1:38.34 53.34				
8.	1258401 CALVIÑO VAZQUEZ, Maria Coral	58	POURENSE	1:43.97	3,00
	50m: 49.49 49.49 100m: 1:43.97 54.48				
9.	1286087 VILELA PASCUAL, Maria Luisa	55	POURENSE	1:54.10	-
	50m: 51.50 51.50 100m: 1:54.10 1:02.60				

60+

1.	1144331 TERCEIRO DELGADO, Maria Del Mar	63	CDELMAR	1:19.55	13,00
	50m: 37.86 37.86 100m: 1:19.55 41.69				
2.	1264754 RODRIGUEZ PANTIN, Marta Maria	60	HERCULES	1:25.91	10,00
	50m: 40.30 40.30 100m: 1:25.91 45.61				
3.	1269270 REY OTERO, Angela Maria	60	MULLEREF	1:47.19	8,00
	50m: 51.24 51.24 100m: 1:47.19 55.95				
4.	1253458 IGNACIO QUINTEIRO, Maria Del Carme	61	PONSVETUS	1:50.47	7,00
	50m: 51.89 51.89 100m: 1:50.47 58.58				
5.	1260384 CAL FERNANDEZ, Monica Catalina	62	ASMEIGAS	1:57.98	6,00
	50m: 56.56 56.56 100m: 1:57.98 1:01.42				
6.	1144231 PEREZ GALLARDO, Teresa	62	POURENSE	2:14.24	5,00
	50m: 1:05.71 1:05.71 100m: 2:14.24 1:08.53				

65+

1.	1079307 CHAMOSA MARTIN, Julia	65	RBAIXAS	1:23.45	13,00 RG
	50m: 39.69 39.69 100m: 1:23.45 43.76				
2.	1127105 PEREIRA ALONSO, Isabel	65	FOGAR	1:34.88	10,00
	50m: 45.28 45.28 100m: 1:34.88 49.60				
3.	1217937 RODRIGUEZ TRONCOSO, Marina	67	PONTEAREAS	2:15.24	8,00
	50m: 1:03.05 1:03.05 100m: 2:15.24 1:12.19				
4.	1253186 BAL ALVAREDO, Mercedes De Las Nie	66s	MULLEREF	2:26.85	7,00
	50m: 1:10.66 1:10.66 100m: 2:26.85 1:16.19				

70+

1.	1076490 GONZALEZ-ALEGRE BURGUEÑO, A.	74	PONTEAREAS	1:43.69	13,00
	50m: 48.65 48.65 100m: 1:43.69 55.04				

Prueba 23, Fem., 100m Libre

80+

1.	1076482 GONZALEZ RODRIGUEZ, Saladina Mar80	PONTEAREAS	3:05.13	13,00
	50m: 1:30.24 1:30.24	100m: 3:05.13 1:34.89		