

Prueba 13
13/06/2026

Masc., 200m Estilos

2006 y mayores
Resultados

Clasificación	Edad	Tiempo	Puntos
20+			
1. 1087096 LOPEZ FERNANDEZ, Martin	22 POURENSE	2:13.69	13,00 RG
50m: 29.20 29.20 100m: 1:02.75	33.55 150m: 1:41.90 39.15	200m: 2:13.69	31.79
2. 1142991 PEREZ PAZ, Dario	21 PONTEAREAS	2:19.88	10,00
50m: 29.05 29.05 100m: 1:07.67	38.62 150m: 1:48.59 40.92	200m: 2:19.88	31.29
3. 1075385 DIZ NIEVES, David	22 NFERROL	2:34.92	8,00
50m: 31.49 31.49 100m: 1:12.10	40.61 150m: 1:58.26 46.16	200m: 2:34.92	36.66
4. 1144995 RIAL SIEIRA, Leo	20 RIVEIRA	2:40.46	7,00
50m: 33.92 33.92 100m: 1:17.77	43.85 150m: 2:03.51 45.74	200m: 2:40.46	36.95
5. 1079156 MARQUEZ VAZQUEZ, Pablo	24 ASMEIGAS	3:05.52	6,00
50m: 39.42 39.42 100m: 1:29.91	50.49 150m: 2:21.47 51.56	200m: 3:05.52	44.05
25+			
1. 1144193 PASTORIZA SANTACLARA, Jorge	29 RBAIXAS	2:20.52	13,00
50m: 30.15 30.15 100m: 1:05.82	35.67 150m: 1:47.00 41.18	200m: 2:20.52	33.52
2. 1142936 ARGIZ MARTINEZ, David	26 MONFORTE	2:28.85	10,00
50m: 30.71 30.71 100m: 1:09.33	38.62 150m: 1:51.57 42.24	200m: 2:28.85	37.28
3. 1141093 VILLAMOR FERRO, Ruben	26 ARTEIXO	2:36.28	8,00
50m: 35.27 35.27 100m: 1:15.29	40.02 150m: 1:57.75 42.46	200m: 2:36.28	38.53
4. 1284785 ABALDE PUJALES, Alberto	26 RBAIXAS	2:57.33	7,00
50m: 36.77 36.77 100m: 1:21.88	45.11 150m: 2:15.86 53.98	200m: 2:57.33	41.47
30+			
1. 1093458 MUIÑO ALONSO, Anton	32 NCORUÑA	2:30.54	13,00
50m: 30.09 30.09 100m: 1:08.36	38.27 150m: 1:54.29 45.93	200m: 2:30.54	36.25
2. 1256973 PENIDE CALVO, Gabriel	33 RBAIXAS	3:03.29	10,00
50m: 37.34 37.34 100m: 1:22.81	45.47 150m: 2:18.90 56.09	200m: 3:03.29	44.39
35+			
1. 1076271 NOVALES BLANCO, Xabier	35 RBAIXAS	3:06.77	13,00
50m: 40.57 40.57 100m: 1:34.65	54.08 150m: 2:26.51 51.86	200m: 3:06.77	40.26
40+			
1. 1141151 CALLE FACAL, Telmo	43 CIDSANTIAGO	2:16.53	13,00 RG
50m: 29.96 29.96 100m: 1:04.91	34.95 150m: 1:43.89 38.98	200m: 2:16.53	32.64
2. 1014291 GOMEZ CARDESIN, Alvaro	41 NCORUÑA	2:34.29	10,00
50m: 32.19 32.19 100m: 1:12.09	39.90 150m: 1:58.07 45.98	200m: 2:34.29	36.22
3. 1214823 GONZALEZ PEÑAS, David	42 PORTAMIÑA	3:05.66	8,00
50m: 44.95 44.95 100m: 1:32.96	48.01 150m: 2:23.05 50.09	200m: 3:05.66	42.61
4. 1198278 MANEIRO BETANZOS, Javier	41 PONS VETUS	3:05.74	7,00
50m: 41.77 41.77 100m: 1:30.83	49.06 150m: 2:25.64 54.81	200m: 3:05.74	40.10

Prueba 13, Masc., 200m Estilos, 40+

Clasificación	Edad	Tempo	Puntos
5. 1076282 CARRERA COSTAS, Andres	44 PONTEAREAS	3:41.29	6,00
50m: 45.17 45.17 100m: 1:44.90 59.73 150m: 2:44.47 59.57 200m: 3:41.29			56.82
DSQ 1178928 FIDALGO SERRANO, Guillermo	40 TRAVIESAS		-
<i>Nado irregular</i>			

45+

1. 1118746 SANCHEZ GORDON, Roman	48 RBAIXAS	2:32.75	13,00
50m: 31.91 31.91 100m: 1:11.35 39.44 150m: 1:57.00 45.65 200m: 2:32.75			35.75
2. 1240331 DE LORENZO FERNANDEZ, Javier	45 ESCUALOS	2:55.96	10,00
50m: 40.06 40.06 100m: 1:25.57 45.51 150m: 2:17.07 51.50 200m: 2:55.96			38.89
3. 1224733 ARANGO GAYAR, Saul	46 RBAIXAS	2:58.01	8,00
50m: 35.92 35.92 100m: 1:25.30 49.38 150m: 2:15.12 49.82 200m: 2:58.01			42.89
4. 1232932 VEIGA PILLADO, Jose	48 CASINOC	3:01.66	7,00
50m: 37.26 37.26 100m: 1:27.67 50.41 150m: 2:19.63 51.96 200m: 3:01.66			42.03
5. 1076564 CABANELAS EIRAS, Pablo	47 CIDSANTIAGO	3:02.88	6,00
50m: 38.23 38.23 100m: 1:28.25 50.02 150m: 2:22.13 53.88 200m: 3:02.88			40.75
6. 1190398 FERNANDEZ CORRAL, Marcos	47 PORTAMIÑA	4:39.09	5,00
50m: 1:01.22 1:01.22 100m: 2:22.35 1:21.13 150m: 3:34.18 1:11.83 200m: 4:39.09			1:04.91

50+

1. 1205935 GUIRADO CARABEL, Oscar	50 CULLEREDO	2:41.99	13,00
50m: 33.68 33.68 100m: 1:15.52 41.84 150m: 2:02.21 46.69 200m: 2:41.99			39.78
2. 1075601 MOURIZ LOMBAO, Francisco Javier	51 PORTAMIÑA	2:53.71	10,00
50m: 36.15 36.15 100m: 1:20.50 44.35 150m: 2:13.22 52.72 200m: 2:53.71			40.49
3. 1244393 REY RODRIGUEZ, Oscar	52 CIDSANTIAGO	3:03.07	8,00
50m: 41.28 41.28 100m: 1:29.31 48.03 150m: 2:18.87 49.56 200m: 3:03.07			44.20
4. 1107405 SALGUEIRO CERVERA, Ignacio	50 TRAVIESAS	3:04.72	7,00
50m: 37.61 37.61 100m: 1:25.08 47.47 150m: 2:20.07 54.99 200m: 3:04.72			44.65
5. 1224729 FERNADEZ BARREIROS, Claudio	51 ORDES	3:06.12	6,00
50m: 41.69 41.69 100m: 1:30.26 48.57 150m: 2:25.27 55.01 200m: 3:06.12			40.85
6. 1144117 PREGO MARTINEZ, Benjamin	53 PONTEAREAS	3:18.95	5,00
50m: 43.86 43.86 100m: 1:39.84 55.98 150m: 2:34.61 54.77 200m: 3:18.95			44.34

55+

1. 1038104 PEREZ ARIAS, Hector	55 PORTAMIÑA	2:59.56	13,00
50m: 36.93 36.93 100m: 1:24.28 47.35 150m: 2:17.96 53.68 200m: 2:59.56			41.60
2. 1037161 TOME NOGUEIRA, Alberto Marcial	58 FOGAR	3:26.44	10,00
50m: 43.61 43.61 100m: 1:37.76 54.15 150m: 2:39.22 1:01.46 200m: 3:26.44			47.22
3. 1193949 LAMELO OTERO, Ramon Jesus	58 CIDSANTIAGO	3:53.96	8,00
50m: 52.30 52.30 100m: 1:51.70 59.40 150m: 3:09.77 1:18.07 200m: 3:53.96			44.19
4. 1144698 CADAVID NUÑEZ, Jose	56 POURENSE	3:54.08	7,00
50m: 58.85 58.85 100m: 2:00.13 1:01.28 150m: 2:59.42 59.29 200m: 3:54.08			54.66
5. 1228047 PEREZ GARCIA, Manuel	59 CULLEREDO	3:57.19	6,00
50m: 50.06 50.06 100m: 1:58.78 1:08.72 150m: 3:01.26 1:02.48 200m: 3:57.19			55.93

Prueba 13, Masc., 200m Estilos, 55+

Clasificación		Edad				Tiempo	Puntos
6.	1145039 FERREIRO SANCHEZ, Luis	56	POURENSE			4:34.60	5,00
	50m: 1:01.08 1:01.08 100m: 2:17.51 1:16.43			150m: 3:36.93 1:19.42		200m: 4:34.60	57.67
60+							
1.	1076516 JORGE IGLESIAS, Marcelino	60	PONTEAREAS			2:46.46	13,00
	50m: 35.81 35.81 100m: 1:20.33 44.52			150m: 2:06.60 46.27		200m: 2:46.46	39.86
2.	1075589 SANCHEZ VAZQUEZ, Jesus	64	PORTAMIÑA			3:51.28	10,00
	50m: 51.50 51.50 100m: 1:55.00 1:03.50			150m: 2:59.61 1:04.61		200m: 3:51.28	51.67
3.	1199641 COUCEIRO SANCHEZ, Gonzalo	60	CASINOC			3:56.99	8,00
	50m: 51.89 51.89 100m: 1:56.55 1:04.66			150m: 3:09.94 1:13.39		200m: 3:56.99	47.05
4.	1143998 FERNANDEZ GARCIA, Manuel Victor	61	RIVEIRA			4:40.52	7,00
	50m: 1:04.40 1:04.40 100m: 2:21.23 1:16.83			150m: 3:41.39 1:20.16		200m: 4:40.52	59.13
65+							
1.	1075770 RODRIGUEZ BASANTA, Francisco Jose	65	VALDEORRAS			3:53.14	13,00
	50m: 56.68 56.68 100m: 2:01.23 1:04.55			150m: 3:05.97 1:04.74		200m: 3:53.14	47.17
70+							
1.	1075190 SUANZES PEREZ, Fernando	73	HERCULES			3:31.47	13,00
	50m: 40.64 40.64 100m: 1:40.05 59.41			150m: 2:43.72 1:03.67		200m: 3:31.47	47.75
2.	1191492 TIMIRAOS CARRASCO, Luis	70	POURENSE			7:14.00	10,00
	50m: 1:56.78 1:56.78 100m: 3:53.79 1:57.01			150m: 5:51.24 1:57.45		200m: 7:14.00	1:22.76
75+							
1.	1076487 RODRIGUEZ LEMOS, Andres Jesus	77	MOS			4:30.85	13,00
	50m: 58.08 58.08 100m: 2:10.30 1:12.22			150m: 3:23.49 1:13.19		200m: 4:30.85	1:07.36