



Prueba 18, Fem., 1500m Libre, Infantil Femenino

Clasificación			Edad			Tiempo	INFA					
6.	JOVE NOVO, Alicia		15	NAT. FERROL		<b>19:44.90</b>	11,00					
	50m:	35.39	35.39	450m:	5:49.31	38.96	850m:	11:04.71	39.48	1250m:	16:24.24	39.61
	100m:	1:13.98	38.59	500m:	6:28.07	38.76	900m:	11:44.70	39.99	1300m:	17:04.61	40.37
	150m:	1:53.24	39.26	550m:	7:07.14	39.07	950m:	12:24.54	39.84	1350m:	17:45.10	40.49
	200m:	2:32.70	39.46	600m:	7:46.04	38.90	1000m:	13:04.61	40.07	1400m:	18:25.55	40.45
	250m:	3:11.77	39.07	650m:	8:25.85	39.81	1050m:	13:44.91	40.30	1450m:	19:05.07	39.52
	300m:	3:51.22	39.45	700m:	9:05.83	39.98	1100m:	14:25.07	40.16	1500m:	19:44.90	39.83
	350m:	4:30.52	39.30	750m:	9:45.57	39.74	1150m:	15:04.81	39.74			
	400m:	5:10.35	39.83	800m:	10:25.23	39.66	1200m:	15:44.63	39.82			
7.	ALVARIÑO FRAGA, Daniela		15	NAT. FERROL		<b>19:56.70</b>	10,00					
	50m:	35.59	35.59	450m:	5:53.06	40.09	850m:	11:12.72	39.78	1250m:	16:35.27	40.87
	100m:	1:14.31	38.72	500m:	6:33.00	39.94	900m:	11:52.67	39.95	1300m:	17:15.66	40.39
	150m:	1:53.74	39.43	550m:	7:12.91	39.91	950m:	12:32.58	39.91	1350m:	17:56.49	40.83
	200m:	2:33.62	39.88	600m:	7:52.80	39.89	1000m:	13:12.82	40.24	1400m:	18:37.31	40.82
	250m:	3:13.37	39.75	650m:	8:32.99	40.19	1050m:	13:53.02	40.20	1450m:	19:17.62	40.31
	300m:	3:53.24	39.87	700m:	9:12.53	39.54	1100m:	14:33.70	40.68	1500m:	19:56.70	39.08
	350m:	4:33.26	40.02	750m:	9:52.55	40.02	1150m:	15:14.17	40.47			
	400m:	5:12.97	39.71	800m:	10:32.94	40.39	1200m:	15:54.40	40.23			
8.	GOMEZ GOMEZ, Elena		15	GALAICO		<b>19:57.99</b>	9,00					
	50m:	36.56	36.56	450m:	5:54.45	39.87	850m:	11:15.72	40.13	1250m:	16:38.07	40.27
	100m:	1:15.67	39.11	500m:	6:34.71	40.26	900m:	11:56.06	40.34	1300m:	17:18.54	40.47
	150m:	1:55.08	39.41	550m:	7:14.73	40.02	950m:	12:36.08	40.02	1350m:	17:59.02	40.48
	200m:	2:34.87	39.79	600m:	7:54.99	40.26	1000m:	13:16.24	40.16	1400m:	18:39.05	40.03
	250m:	3:14.61	39.74	650m:	8:35.28	40.29	1050m:	13:56.39	40.15	1450m:	19:18.85	39.80
	300m:	3:54.69	40.08	700m:	9:15.35	40.07	1100m:	14:36.69	40.30	1500m:	19:57.99	39.14
	350m:	4:34.42	39.73	750m:	9:55.33	39.98	1150m:	15:17.45	40.76			
	400m:	5:14.58	40.16	800m:	10:35.59	40.26	1200m:	15:57.80	40.35			
9.	VILLADONIGA SANESTEBAN, Noa		14	CEDEIRA		<b>20:02.32</b>	8,00					
	50m:	36.26	36.26	450m:	6:02.71	41.17	850m:	11:26.36	40.57	1250m:	16:46.91	39.65
	100m:	1:15.94	39.68	500m:	6:42.98	40.27	900m:	12:06.79	40.43	1300m:	17:26.53	39.62
	150m:	1:56.64	40.70	550m:	7:23.56	40.58	950m:	12:47.50	40.71	1350m:	18:06.21	39.68
	200m:	2:37.61	40.97	600m:	8:03.63	40.07	1000m:	13:27.72	40.22	1400m:	18:45.61	39.40
	250m:	3:19.05	41.44	650m:	8:44.63	41.00	1050m:	14:07.99	40.27	1450m:	19:24.55	38.94
	300m:	3:59.85	40.80	700m:	9:24.86	40.23	1100m:	14:47.61	39.62	1500m:	20:02.32	37.77
	350m:	4:41.09	41.24	750m:	10:05.60	40.74	1150m:	15:27.74	40.13			
	400m:	5:21.54	40.45	800m:	10:45.79	40.19	1200m:	16:07.26	39.52			
10.	TUBIO SUEIRO, Rita		15	BOIRO		<b>20:11.56</b>	7,00					
	50m:	35.48	35.48	450m:	5:50.78	40.75	850m:	11:17.62	41.00	1250m:	16:49.67	41.37
	100m:	1:13.51	38.03	500m:	6:32.06	41.28	900m:	11:59.53	41.91	1300m:	17:30.65	40.98
	150m:	1:52.17	38.66	550m:	7:12.55	40.49	950m:	12:40.88	41.35	1350m:	18:11.78	41.13
	200m:	2:30.71	38.54	600m:	7:52.83	40.28	1000m:	13:22.45	41.57	1400m:	18:52.01	40.23
	250m:	3:09.43	38.72	650m:	8:33.71	40.88	1050m:	14:03.64	41.19	1450m:	19:32.64	40.63
	300m:	3:49.36	39.93	700m:	9:14.55	40.84	1100m:	14:45.91	42.27	1500m:	20:11.56	38.92
	350m:	4:29.55	40.19	750m:	9:55.31	40.76	1150m:	15:27.40	41.49			
	400m:	5:10.03	40.48	800m:	10:36.62	41.31	1200m:	16:08.30	40.90			
11.	GARCIA NEBRIL, Irene		14	CEDEIRA		<b>20:24.03</b>	6,00					
	50m:	35.51	35.51	450m:	6:02.03	41.61	850m:	11:29.91	40.13	1250m:	16:54.93	42.07
	100m:	1:15.10	39.59	500m:	6:43.30	41.27	900m:	12:09.79	39.88	1300m:	17:35.83	40.90
	150m:	1:55.69	40.59	550m:	7:24.12	40.82	950m:	12:50.59	40.80	1350m:	18:18.47	42.64
	200m:	2:36.47	40.78	600m:	8:04.79	40.67	1000m:	13:30.79	40.20	1400m:	19:00.70	42.23
	250m:	3:17.19	40.72	650m:	8:45.74	40.95	1050m:	14:10.90	40.11	1450m:	19:42.70	42.00
	300m:	3:58.17	40.98	700m:	9:26.75	41.01	1100m:	14:50.98	40.08	1500m:	20:24.03	41.33
	350m:	4:39.16	40.99	750m:	10:08.32	41.57	1150m:	15:31.87	40.89			
	400m:	5:20.42	41.26	800m:	10:49.78	41.46	1200m:	16:12.86	40.99			

Prueba 18, Fem., 1500m Libre, Infantil Femenino

Clasificación			Edad			Tempo	INFA	
12.	FERNANDEZ COSTAS, Lucia		14	GALAICO		<b>20:32.66</b>	5,00	
	50m:	36.30 36.30	450m:	5:59.81 40.72	850m:	11:28.72 41.39	1250m:	17:03.28 42.59
	100m:	1:15.88 39.58	500m:	6:40.57 40.76	900m:	12:10.09 41.37	1300m:	17:45.01 41.73
	150m:	1:55.95 40.07	550m:	7:21.76 41.19	950m:	12:51.52 41.43	1350m:	18:27.47 42.46
	200m:	2:36.41 40.46	600m:	8:02.44 40.68	1000m:	13:33.18 41.66	1400m:	19:09.81 42.34
	250m:	3:16.83 40.42	650m:	8:43.49 41.05	1050m:	14:15.35 42.17	1450m:	19:52.10 42.29
	300m:	3:57.35 40.52	700m:	9:24.56 41.07	1100m:	14:57.08 41.73	1500m:	20:32.66 40.56
	350m:	4:38.04 40.69	750m:	10:06.14 41.58	1150m:	15:38.75 41.67		
	400m:	5:19.09 41.05	800m:	10:47.33 41.19	1200m:	16:20.69 41.94		

14 años

1.	ORTIZ ESPARZA, Silvia		14	LICEO		<b>18:20.77</b>	19,00	
	50m:	32.99 32.99	450m:	5:29.37 37.57	850m:	10:23.14 37.13	1250m:	15:18.89 36.69
	100m:	1:09.33 36.34	500m:	6:06.50 37.13	900m:	11:00.17 37.03	1300m:	15:55.90 37.01
	150m:	1:46.37 37.04	550m:	6:42.88 36.38	950m:	11:37.15 36.98	1350m:	16:32.51 36.61
	200m:	2:23.56 37.19	600m:	7:19.71 36.83	1000m:	12:14.26 37.11	1400m:	17:08.75 36.24
	250m:	3:00.87 37.31	650m:	7:56.33 36.62	1050m:	12:51.15 36.89	1450m:	17:45.42 36.67
	300m:	3:38.05 37.18	700m:	8:33.02 36.69	1100m:	13:28.02 36.87	1500m:	18:20.77 35.35
	350m:	4:15.21 37.16	750m:	9:09.44 36.42	1150m:	14:05.11 37.09		
	400m:	4:51.80 36.59	800m:	9:46.01 36.57	1200m:	14:42.20 37.09		
2.	LOPEZ FERNANDEZ, Patricia		14	PORTAMIÑA		<b>18:57.36</b>	16,00	
	50m:	33.48 33.48	450m:	5:30.42 37.47	850m:	10:36.52 38.71	1250m:	15:46.26 38.65
	100m:	1:09.50 36.02	500m:	6:08.15 37.73	900m:	11:14.74 38.22	1300m:	16:24.94 38.68
	150m:	1:46.82 37.32	550m:	6:45.72 37.57	950m:	11:53.26 38.52	1350m:	17:03.33 38.39
	200m:	2:24.23 37.41	600m:	7:24.03 38.31	1000m:	12:32.27 39.01	1400m:	17:41.75 38.42
	250m:	3:01.21 36.98	650m:	8:02.12 38.09	1050m:	13:10.67 38.40	1450m:	18:19.60 37.85
	300m:	3:38.54 37.33	700m:	8:41.04 38.92	1100m:	13:49.35 38.68	1500m:	18:57.36 37.76
	350m:	4:15.79 37.25	750m:	9:19.20 38.16	1150m:	14:28.38 39.03		
	400m:	4:52.95 37.16	800m:	9:57.81 38.61	1200m:	15:07.61 39.23		
3.	VILLADONIGA SANESTEBAN, Noa		14	CEDEIRA		<b>20:02.32</b>	8,00	
	50m:	36.26 36.26	450m:	6:02.71 41.17	850m:	11:26.36 40.57	1250m:	16:46.91 39.65
	100m:	1:15.94 39.68	500m:	6:42.98 40.27	900m:	12:06.79 40.43	1300m:	17:26.53 39.62
	150m:	1:56.64 40.70	550m:	7:23.56 40.58	950m:	12:47.50 40.71	1350m:	18:06.21 39.68
	200m:	2:37.61 40.97	600m:	8:03.63 40.07	1000m:	13:27.72 40.22	1400m:	18:45.61 39.40
	250m:	3:19.05 41.44	650m:	8:44.63 41.00	1050m:	14:07.99 40.27	1450m:	19:24.55 38.94
	300m:	3:59.85 40.80	700m:	9:24.86 40.23	1100m:	14:47.61 39.62	1500m:	20:02.32 37.77
	350m:	4:41.09 41.24	750m:	10:05.60 40.74	1150m:	15:27.74 40.13		
	400m:	5:21.54 40.45	800m:	10:45.79 40.19	1200m:	16:07.26 39.52		
4.	GARCIA NEBRIL, Irene		14	CEDEIRA		<b>20:24.03</b>	6,00	
	50m:	35.51 35.51	450m:	6:02.03 41.61	850m:	11:29.91 40.13	1250m:	16:54.93 42.07
	100m:	1:15.10 39.59	500m:	6:43.30 41.27	900m:	12:09.79 39.88	1300m:	17:35.83 40.90
	150m:	1:55.69 40.59	550m:	7:24.12 40.82	950m:	12:50.59 40.80	1350m:	18:18.47 42.64
	200m:	2:36.47 40.78	600m:	8:04.79 40.67	1000m:	13:30.79 40.20	1400m:	19:00.70 42.23
	250m:	3:17.19 40.72	650m:	8:45.74 40.95	1050m:	14:10.90 40.11	1450m:	19:42.70 42.00
	300m:	3:58.17 40.98	700m:	9:26.75 41.01	1100m:	14:50.98 40.08	1500m:	20:24.03 41.33
	350m:	4:39.16 40.99	750m:	10:08.32 41.57	1150m:	15:31.87 40.89		
	400m:	5:20.42 41.26	800m:	10:49.78 41.46	1200m:	16:12.86 40.99		
5.	FERNANDEZ COSTAS, Lucia		14	GALAICO		<b>20:32.66</b>	5,00	
	50m:	36.30 36.30	450m:	5:59.81 40.72	850m:	11:28.72 41.39	1250m:	17:03.28 42.59
	100m:	1:15.88 39.58	500m:	6:40.57 40.76	900m:	12:10.09 41.37	1300m:	17:45.01 41.73
	150m:	1:55.95 40.07	550m:	7:21.76 41.19	950m:	12:51.52 41.43	1350m:	18:27.47 42.46
	200m:	2:36.41 40.46	600m:	8:02.44 40.68	1000m:	13:33.18 41.66	1400m:	19:09.81 42.34
	250m:	3:16.83 40.42	650m:	8:43.49 41.05	1050m:	14:15.35 42.17	1450m:	19:52.10 42.29
	300m:	3:57.35 40.52	700m:	9:24.56 41.07	1100m:	14:57.08 41.73	1500m:	20:32.66 40.56
	350m:	4:38.04 40.69	750m:	10:06.14 41.58	1150m:	15:38.75 41.67		
	400m:	5:19.09 41.05	800m:	10:47.33 41.19	1200m:	16:20.69 41.94		

Prueba 18, Fem., 1500m Libre

15 años

<b>1. COBELAS ALVAREZ, Laura</b>		<b>15</b>	<b>PAB. OURENSE</b>		<b>19:04.07</b>	<b>14,00</b>		
50m:	33.90	33.90	450m:	5:37.48	38.86	850m:	10:44.18	38.46
100m:	1:10.90	37.00	500m:	6:15.86	38.38	900m:	11:22.47	38.29
150m:	1:48.67	37.77	550m:	6:53.89	38.03	950m:	12:00.83	38.36
200m:	2:26.64	37.97	600m:	7:32.07	38.18	1000m:	12:39.19	38.36
250m:	3:04.56	37.92	650m:	8:10.43	38.36	1050m:	13:17.74	38.55
300m:	3:42.28	37.72	700m:	8:48.59	38.16	1100m:	13:55.99	38.25
350m:	4:20.55	38.27	750m:	9:27.65	39.06	1150m:	14:34.51	38.52
400m:	4:58.62	38.07	800m:	10:05.72	38.07	1200m:	15:12.92	38.41
<b>2. CAGIAO VILLAR, Lucia</b>		<b>15</b>	<b>CASINO</b>		<b>19:04.69</b>	<b>13,00</b>		
50m:	34.79	34.79	450m:	5:43.41	39.24	850m:	10:46.52	38.14
100m:	1:12.99	38.20	500m:	6:20.68	37.27	900m:	11:24.29	37.77
150m:	1:51.57	38.58	550m:	6:58.00	37.32	950m:	12:03.21	38.92
200m:	2:29.79	38.22	600m:	7:36.21	38.21	1000m:	12:41.70	38.49
250m:	3:08.78	38.99	650m:	8:14.12	37.91	1050m:	13:20.50	38.80
300m:	3:46.98	38.20	700m:	8:52.31	38.19	1100m:	13:59.18	38.68
350m:	4:25.77	38.79	750m:	9:30.14	37.83	1150m:	14:38.12	38.94
400m:	5:04.17	38.40	800m:	10:08.38	38.24	1200m:	15:17.29	39.17
<b>3. GONZALEZ GARCIA, Julia</b>		<b>15</b>	<b>XOVE</b>		<b>19:08.27</b>	<b>12,00</b>		
50m:	34.81	34.81	450m:	5:35.98	38.03	850m:	10:45.38	38.44
100m:	1:12.22	37.41	500m:	6:14.85	38.87	900m:	11:24.72	39.34
150m:	1:49.39	37.17	550m:	6:53.23	38.38	950m:	12:02.97	38.25
200m:	2:26.97	37.58	600m:	7:31.77	38.54	1000m:	12:42.17	39.20
250m:	3:04.16	37.19	650m:	8:10.48	38.71	1050m:	13:21.11	38.94
300m:	3:41.99	37.83	700m:	8:49.69	39.21	1100m:	14:00.40	39.29
350m:	4:19.82	37.83	750m:	9:28.14	38.45	1150m:	14:39.19	38.79
400m:	4:57.95	38.13	800m:	10:06.94	38.80	1200m:	15:18.74	39.55
<b>4. JOVE NOVO, Alicia</b>		<b>15</b>	<b>NAT. FERROL</b>		<b>19:44.90</b>	<b>11,00</b>		
50m:	35.39	35.39	450m:	5:49.31	38.96	850m:	11:04.71	39.48
100m:	1:13.98	38.59	500m:	6:28.07	38.76	900m:	11:44.70	39.99
150m:	1:53.24	39.26	550m:	7:07.14	39.07	950m:	12:24.54	39.84
200m:	2:32.70	39.46	600m:	7:46.04	38.90	1000m:	13:04.61	40.07
250m:	3:11.77	39.07	650m:	8:25.85	39.81	1050m:	13:44.91	40.30
300m:	3:51.22	39.45	700m:	9:05.83	39.98	1100m:	14:25.07	40.16
350m:	4:30.52	39.30	750m:	9:45.57	39.74	1150m:	15:04.81	39.74
400m:	5:10.35	39.83	800m:	10:25.23	39.66	1200m:	15:44.63	39.82
<b>5. ALVARIÑO FRAGA, Daniela</b>		<b>15</b>	<b>NAT. FERROL</b>		<b>19:56.70</b>	<b>10,00</b>		
50m:	35.59	35.59	450m:	5:53.06	40.09	850m:	11:12.72	39.78
100m:	1:14.31	38.72	500m:	6:33.00	39.94	900m:	11:52.67	39.95
150m:	1:53.74	39.43	550m:	7:12.91	39.91	950m:	12:32.58	39.91
200m:	2:33.62	39.88	600m:	7:52.80	39.89	1000m:	13:12.82	40.24
250m:	3:13.37	39.75	650m:	8:32.99	40.19	1050m:	13:53.02	40.20
300m:	3:53.24	39.87	700m:	9:12.53	39.54	1100m:	14:33.70	40.68
350m:	4:33.26	40.02	750m:	9:52.55	40.02	1150m:	15:14.17	40.47
400m:	5:12.97	39.71	800m:	10:32.94	40.39	1200m:	15:54.40	40.23
<b>6. GOMEZ GOMEZ, Elena</b>		<b>15</b>	<b>GALAICO</b>		<b>19:57.99</b>	<b>9,00</b>		
50m:	36.56	36.56	450m:	5:54.45	39.87	850m:	11:15.72	40.13
100m:	1:15.67	39.11	500m:	6:34.71	40.26	900m:	11:56.06	40.34
150m:	1:55.08	39.41	550m:	7:14.73	40.02	950m:	12:36.08	40.02
200m:	2:34.87	39.79	600m:	7:54.99	40.26	1000m:	13:16.24	40.16
250m:	3:14.61	39.74	650m:	8:35.28	40.29	1050m:	13:56.39	40.15
300m:	3:54.69	40.08	700m:	9:15.35	40.07	1100m:	14:36.69	40.30
350m:	4:34.42	39.73	750m:	9:55.33	39.98	1150m:	15:17.45	40.76
400m:	5:14.58	40.16	800m:	10:35.59	40.26	1200m:	15:57.80	40.35

Prueba 18, Fem., 1500m Libre, 15 años

Clasificación			Edad			Tiempo	INFA					
7.	TUBIO SUEIRO, Rita		15	BOIRO		<b>20:11.56</b>	7,00					
	50m:	35.48	35.48	450m:	5:50.78	40.75	850m:	11:17.62	41.00	1250m:	16:49.67	41.37
	100m:	1:13.51	38.03	500m:	6:32.06	41.28	900m:	11:59.53	41.91	1300m:	17:30.65	40.98
	150m:	1:52.17	38.66	550m:	7:12.55	40.49	950m:	12:40.88	41.35	1350m:	18:11.78	41.13
	200m:	2:30.71	38.54	600m:	7:52.83	40.28	1000m:	13:22.45	41.57	1400m:	18:52.01	40.23
	250m:	3:09.43	38.72	650m:	8:33.71	40.88	1050m:	14:03.64	41.19	1450m:	19:32.64	40.63
	300m:	3:49.36	39.93	700m:	9:14.55	40.84	1100m:	14:45.91	42.27	1500m:	20:11.56	38.92
	350m:	4:29.55	40.19	750m:	9:55.31	40.76	1150m:	15:27.40	41.49			
	400m:	5:10.03	40.48	800m:	10:36.62	41.31	1200m:	16:08.30	40.90			