

Prueba 22  
01/02/2026

Masc., 400m Libre

ALEV M  
Resultados

|        |         |                         |         |            |
|--------|---------|-------------------------|---------|------------|
| MMG 13 | 4:19.66 | SIMON GARRIDO GUILLERMO | LICEO   | 28/12/2025 |
| MMG 12 | 4:42.60 | OTERO NOVOA, ANTONIO    | RCNVIGO | 22/12/1984 |

Clasificación

Edad

Tiempo

ALEV M

|    |                           |               |            |                |       |               |       |  |  |  |  |
|----|---------------------------|---------------|------------|----------------|-------|---------------|-------|--|--|--|--|
| 1. | GOMEZ CANEIRO, Ivan       | 12            | CEDEIRA    | <b>4:46.49</b> | 19,00 |               |       |  |  |  |  |
|    | 50m: 32.67 32.67          | 150m: 1:45.44 | 36.48      | 250m: 2:58.52  | 36.25 | 350m: 4:11.35 | 36.01 |  |  |  |  |
|    | 100m: 1:08.96 36.29       | 200m: 2:22.27 | 36.83      | 300m: 3:35.34  | 36.82 | 400m: 4:46.49 | 35.14 |  |  |  |  |
| 2. | ESTEVEZ MONTES, Ian       | 13            | PONTEAREAS | <b>4:56.25</b> | 16,00 |               |       |  |  |  |  |
|    | 50m: 33.80 33.80          | 150m: 1:49.88 | 38.55      | 250m: 3:06.23  | 37.73 | 350m: 4:20.81 | 37.08 |  |  |  |  |
|    | 100m: 1:11.33 37.53       | 200m: 2:28.50 | 38.62      | 300m: 3:43.73  | 37.50 | 400m: 4:56.25 | 35.44 |  |  |  |  |
| 3. | HERMIDA PEREIRA, Santiago | 13            | MARINAF    | <b>4:57.63</b> | 14,00 |               |       |  |  |  |  |
|    | 50m: 34.82 34.82          | 150m: 1:51.40 | 38.89      | 250m: 3:07.39  | 37.65 | 350m: 4:21.72 | 37.24 |  |  |  |  |
|    | 100m: 1:12.51 37.69       | 200m: 2:29.74 | 38.34      | 300m: 3:44.48  | 37.09 | 400m: 4:57.63 | 35.91 |  |  |  |  |
| 4. | ABUIN RAMOS, Pablo        | 12            | PORTAMIÑA  | <b>5:15.17</b> | 13,00 |               |       |  |  |  |  |
|    | 50m: 36.13 36.13          | 150m: 1:54.65 | 39.09      | 250m: 3:14.72  | 39.91 | 350m: 4:36.20 | 40.72 |  |  |  |  |
|    | 100m: 1:15.56 39.43       | 200m: 2:34.81 | 40.16      | 300m: 3:55.48  | 40.76 | 400m: 5:15.17 | 38.97 |  |  |  |  |
| 5. | BRAQUE SEOANE, Diego      | 13            | RBAIXAS    | <b>5:23.27</b> | 12,00 |               |       |  |  |  |  |
|    | 50m: 41.33 41.33          | 150m: 2:07.67 | 43.29      | 250m: 3:31.23  | 42.33 | 350m: 4:46.36 | 38.86 |  |  |  |  |
|    | 100m: 1:24.38 43.05       | 200m: 2:48.90 | 41.23      | 300m: 4:07.50  | 36.27 | 400m: 5:23.27 | 36.91 |  |  |  |  |
| 6. | CASTRO FREIRE, Anton      | 13            | CEDEIRA    | <b>5:24.88</b> | 11,00 |               |       |  |  |  |  |
|    | 50m: 37.41 37.41          | 150m: 1:58.64 | 40.91      | 250m: 3:21.88  | 41.82 | 350m: 4:45.95 | 41.52 |  |  |  |  |
|    | 100m: 1:17.73 40.32       | 200m: 2:40.06 | 41.42      | 300m: 4:04.43  | 42.55 | 400m: 5:24.88 | 38.93 |  |  |  |  |
| 7. | VARELA MOSQUERA, Nicolas  | 13            | PORTAMIÑA  | <b>5:25.99</b> | 10,00 |               |       |  |  |  |  |
|    | 50m: 35.93 35.93          | 150m: 1:59.14 | 42.00      | 250m: 3:21.34  | 41.04 | 350m: 4:46.65 | 41.74 |  |  |  |  |
|    | 100m: 1:17.14 41.21       | 200m: 2:40.30 | 41.16      | 300m: 4:04.91  | 43.57 | 400m: 5:25.99 | 39.34 |  |  |  |  |
| 8. | QUINTANA GARCIA, Lucas    | 12            | GALAICO    | <b>5:29.84</b> | 9,00  |               |       |  |  |  |  |
|    | 50m: 34.22 34.22          | 150m: 1:56.47 | 42.15      | 250m: 3:22.36  | 43.39 | 350m: 4:48.84 | 43.26 |  |  |  |  |
|    | 100m: 1:14.32 40.10       | 200m: 2:38.97 | 42.50      | 300m: 4:05.58  | 43.22 | 400m: 5:29.84 | 41.00 |  |  |  |  |
| 9. | BARRO SEDES, Marcos       | 12            | NFERROL    | <b>5:58.58</b> | 8,00  |               |       |  |  |  |  |
|    | 50m: 40.26 40.26          | 150m: 2:11.31 | 46.01      | 250m: 3:44.04  | 46.43 | 350m: 5:15.34 | 44.23 |  |  |  |  |
|    | 100m: 1:25.30 45.04       | 200m: 2:57.61 | 46.30      | 300m: 4:31.11  | 47.07 | 400m: 5:58.58 | 43.24 |  |  |  |  |

12 años

|    |                        |               |           |                |       |               |       |  |  |  |  |
|----|------------------------|---------------|-----------|----------------|-------|---------------|-------|--|--|--|--|
| 1. | GOMEZ CANEIRO, Ivan    | 12            | CEDEIRA   | <b>4:46.49</b> | 19,00 |               |       |  |  |  |  |
|    | 50m: 32.67 32.67       | 150m: 1:45.44 | 36.48     | 250m: 2:58.52  | 36.25 | 350m: 4:11.35 | 36.01 |  |  |  |  |
|    | 100m: 1:08.96 36.29    | 200m: 2:22.27 | 36.83     | 300m: 3:35.34  | 36.82 | 400m: 4:46.49 | 35.14 |  |  |  |  |
| 2. | ABUIN RAMOS, Pablo     | 12            | PORTAMIÑA | <b>5:15.17</b> | 13,00 |               |       |  |  |  |  |
|    | 50m: 36.13 36.13       | 150m: 1:54.65 | 39.09     | 250m: 3:14.72  | 39.91 | 350m: 4:36.20 | 40.72 |  |  |  |  |
|    | 100m: 1:15.56 39.43    | 200m: 2:34.81 | 40.16     | 300m: 3:55.48  | 40.76 | 400m: 5:15.17 | 38.97 |  |  |  |  |
| 3. | QUINTANA GARCIA, Lucas | 12            | GALAICO   | <b>5:29.84</b> | 9,00  |               |       |  |  |  |  |
|    | 50m: 34.22 34.22       | 150m: 1:56.47 | 42.15     | 250m: 3:22.36  | 43.39 | 350m: 4:48.84 | 43.26 |  |  |  |  |
|    | 100m: 1:14.32 40.10    | 200m: 2:38.97 | 42.50     | 300m: 4:05.58  | 43.22 | 400m: 5:29.84 | 41.00 |  |  |  |  |
| 4. | BARRO SEDES, Marcos    | 12            | NFERROL   | <b>5:58.58</b> | 8,00  |               |       |  |  |  |  |
|    | 50m: 40.26 40.26       | 150m: 2:11.31 | 46.01     | 250m: 3:44.04  | 46.43 | 350m: 5:15.34 | 44.23 |  |  |  |  |
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Prueba 22, Masc., 400m Libre

13 años

|                              |       |               |                |               |       |               |       |  |  |
|------------------------------|-------|---------------|----------------|---------------|-------|---------------|-------|--|--|
| 1. ESTEVEZ MONTES, Ian       | 13    | PONTEAREAS    | <b>4:56.25</b> | 16,00         |       |               |       |  |  |
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| 100m: 1:11.33                | 37.53 | 200m: 2:28.50 | 38.62          | 300m: 3:43.73 | 37.50 | 400m: 4:56.25 | 35.44 |  |  |
| 2. HERMIDA PEREIRA, Santiago | 13    | MARINAF       | <b>4:57.63</b> | 14,00         |       |               |       |  |  |
| 50m: 34.82                   | 34.82 | 150m: 1:51.40 | 38.89          | 250m: 3:07.39 | 37.65 | 350m: 4:21.72 | 37.24 |  |  |
| 100m: 1:12.51                | 37.69 | 200m: 2:29.74 | 38.34          | 300m: 3:44.48 | 37.09 | 400m: 4:57.63 | 35.91 |  |  |
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| 4. CASTRO FREIRE, Anton      | 13    | CEDEIRA       | <b>5:24.88</b> | 11,00         |       |               |       |  |  |
| 50m: 37.41                   | 37.41 | 150m: 1:58.64 | 40.91          | 250m: 3:21.88 | 41.82 | 350m: 4:45.95 | 41.52 |  |  |
| 100m: 1:17.73                | 40.32 | 200m: 2:40.06 | 41.42          | 300m: 4:04.43 | 42.55 | 400m: 5:24.88 | 38.93 |  |  |
| 5. VARELA MOSQUERA, Nicolas  | 13    | PORTAMIÑA     | <b>5:25.99</b> | 10,00         |       |               |       |  |  |
| 50m: 35.93                   | 35.93 | 150m: 1:59.14 | 42.00          | 250m: 3:21.34 | 41.04 | 350m: 4:46.65 | 41.74 |  |  |
| 100m: 1:17.14                | 41.21 | 200m: 2:40.30 | 41.16          | 300m: 4:04.91 | 43.57 | 400m: 5:25.99 | 39.34 |  |  |