

Prueba 19
10/01/2026

Masc., 400m Libre

2006 y mayores
Lista de salida

Pista	Nome	Ano	Clube	Marca	Pisc.
<u>Serie 1 de 9</u>					
<u>Serie 2 de 9</u>					
2	LAGO GONZALEZ, Ivan	33	30+	PONTEAREAS	8:30.57 25m
3	MAGARIÑOS MACEIRAS, Xose	58	55+	SALESTRA	7:01.28 25m
4	SAINZ-MAZA VILAR, Adolfo Antonio	31	30+	C. N. As Meigas	8:19.64 25m
5	GIRALDEZ VILLANUEVA, Ivan	39	35+	PONTEAREAS	9:11.66 25m
<u>Serie 3 de 9</u>					
1	BLANCO PEREZ, Angel	62	60+	POURENSE	6:43.06 25m
2	HERNANZ MORAL, Fausto	64	60+	RIASBAIXAS	6:29.28 25m
3	GURIDI HUERTA, Jesus Maria	58	55+	FLUVIAL	6:22.44 25m
4	TRONCOSO CAAMAÑO, Fernando	51	50+	ESCUALOS	6:28.30 25m
5	CEGARRA GARCIA, Eugenio	62	60+	RSDH	6:38.67 25m
6	FARIAS FORNEIRO, Patricio Cruz	49	45+	FLUVIAL	6:43.89 25m
<u>Serie 4 de 9</u>					
1	LORENZO FERNANDEZ, Jose Manuel	54	50+	RIASBAIXAS	6:08.84 25m
2	FERNANDEZ-TESTA BARREIRO, David	52	50+	RIASBAIXAS	6:07.73 25m
3	BLANCO MAGALLAN, Alejandro	52	50+	ADFOGAR	6:07.15 25m
4	GARCIA COLOMO, Manuel Ramon	72	70+	POURENSE	6:07.65 25m
5	GONZALEZ PEREIRA, Jose Carlos	51	50+	GALAICO	6:08.23 25m
6	GARCIA COLMENARES, Ricardo Andre	35	35+	NTNARON	6:16.63 25m
<u>Serie 5 de 9</u>					
2	GOMEZ MARTIN, Ruben	48	45+	FLUVIAL	5:51.27 25m
3	DURO GONZALEZ, Antonio	52	50+	SALESTRA	5:48.64 25m
4	MARTINEZ FERNANDEZ, Hector	49	45+	NTNARON	5:48.94 25m
5	TORNE BOBO, Borja	34	30+	C. N. Valdeorras	5:55.77 25m
6	FERREIRO SEOANE, Jose Raul	53	50+	RIASBAIXAS	5:59.70 25m
<u>Serie 6 de 9</u>					
1	MOURIÑO FORTES, Victor Manuel	49	45+	PONTEAREAS	5:44.07 25m
2	FERNADEZ BARREIROS, Claudio	51	50+	C. N. Ordes	5:39.21 25m
3	MARTINEZ DOMINGUEZ, Ivan	38	35+	PONTEAREAS	5:35.36 25m
4	GONZALEZ PEÑAS, David	42	40+	PORTAMIÑA	5:35.44 25m
5	MARQUEZ VAZQUEZ, Pablo	24	20+	C. N. As Meigas	5:42.85 25m
6	CUETO ALVAREZ, Elias	51	50+	CIDSANTIAG	5:47.07 25m
<u>Serie 7 de 9</u>					
1	LAMEIRO SEOANE, Javier	39	35+	HERCULES	5:28.44 25m
2	GARCIA CASTIÑEIRA, Daniel	52	50+	CIDSANTIAG	5:23.64 25m
3	PICALLO MATO, Adrian	31	30+	SALESTRA	5:13.95 25m
4	RODRIGUEZ ESTEVEZ, Damian	49	45+	POURENSE	5:16.40 25m
5	MARTINEZ FAJARDO, Julio Enrique	56	55+	ADFOGAR	5:23.78 25m
6	FIERRO FERNANDEZ, Julio	44	40+	SCASINO	5:33.17 25m

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1	RIVAS FEAL, Antonio	60	60+	SCASINO	5:06.61	25m
2	BALDOMAR OBELLEIRA, Ruben	52	50+	NCORUÑA	5:05.48	25m
3	QUINTAS BARROS, Jesus Carlos	53	50+	ESCUALOS	5:01.71	25m
5	GARCIA RIÑON, Jaime	62	60+	NCORUÑA	5:05.76	25m

Serie 9 de 9

1	MARTINEZ JACOME, Felix	53	50+	CNMOS	4:50.69	25m
2	SONEIRA REBOREDO, Oscar	51	50+	CIDSANTIAG	4:45.10	25m
3	CARRERA COSTAS, Martin	30	30+	PONTEAREAS	4:33.58	25m
4	CASTELAO VIEITES, Borja	34	30+	CIDSANTIAG	4:38.13	25m
5	GOMEZ CARDESIN, Alvaro	41	40+	NCORUÑA	4:46.73	25m
6	TRILLO RODRIGUEZ, Adrian	29	25+	CNMOS	4:54.92	25m