

2 - Domingo, 11 de Enero de 2026

11/01/2026 - 10:00

Prueba 36
11/01/2026

Masc., 200m Espalda

2006 y mayores
Resultados

Clasificación				Edad					Tiempo	Puntos
20+										
1.	1087096	LOPEZ FERNANDEZ, Martin	22	POURENSE					2:17.53	13,00
	50m:	31.30 31.30	100m:	1:05.71 34.41	150m:	1:41.33 35.62	200m:	2:17.53		36.20
2.	1039554	GUTIERREZ MARIÑO, Santiago	24	POURENSE					2:34.96	10,00
	50m:	35.65 35.65	100m:	1:14.18 38.53	150m:	1:53.71 39.53	200m:	2:34.96		41.25
25+										
1.	1141093	VILLAMOR FERRO, Ruben	26	ARTEIXO					2:33.46	13,00
	50m:	36.28 36.28	100m:	1:14.35 38.07	150m:	1:53.56 39.21	200m:	2:33.46		39.90
30+										
1.	1232980	PICALLO MATO, Adrian	31	SALESTRA					3:02.57	13,00
	50m:	43.50 43.50	100m:	1:29.69 46.19	150m:	2:17.31 47.62	200m:	3:02.57		45.26
2.	1207051	LAVIA PINTOS, David	33	C. N. Máster Pons Vetus					3:24.78	10,00
	50m:	48.07 48.07	100m:	1:40.05 51.98	150m:	2:34.99 54.94	200m:	3:24.78		49.79
35+										
1.	1038638	CASTRO VILLAR, David	35	CDELMAR					2:37.47	13,00
	50m:	36.15 36.15	100m:	1:15.85 39.70	150m:	1:57.12 41.27	200m:	2:37.47		40.35
2.	1226258	BERNARDEZ FERRO, Juan Jose	39	CIDSANTIAG					2:41.70	10,00
	50m:	37.37 37.37	100m:	1:18.90 41.53	150m:	2:01.10 42.20	200m:	2:41.70		40.60
3.	1143890	FORTES NOVOA, Martiño	38	ESCUALOS					2:43.82	8,00
	50m:	39.94 39.94	100m:	1:21.09 41.15	150m:	2:02.56 41.47	200m:	2:43.82		41.26
4.	1097263	LAMEIRO SEOANE, Javier	39	HERCULES					3:07.30	7,00
	50m:	43.57 43.57	100m:	1:30.35 46.78	150m:	2:19.56 49.21	200m:	3:07.30		47.74
5.	1236854	GIRALDEZ VILLANUEVA, Ivan	39	PONTEAREAS					4:39.23	6,00
	50m:	1:00.00 1:00.00	100m:	2:08.13 1:08.13	150m:	3:22.05 1:13.92	200m:	4:39.23		1:17.18
40+										
1.	1141151	CALLE FACAL, Telmo	43	CIDSANTIAG					2:20.74	13,00
	50m:	33.76 33.76	100m:	1:09.85 36.09	150m:	1:45.70 35.85	200m:	2:20.74		35.04
2.	1170841	BASTIDA CAMPOS, Alejandro	44	SALESTRA					3:10.97	10,00
	50m:	46.02 46.02	100m:	1:34.92 48.90	150m:	2:24.76 49.84	200m:	3:10.97		46.21
3.	1107557	MELLA BARBEITO, Javier	43	ARTEIXO					4:14.22	8,00
	50m:	57.96 57.96	100m:	2:01.17 1:03.21	150m:	3:09.72 1:08.55	200m:	4:14.22		1:04.50

Prueba 36, Masc., 200m Espalda

45+

1.	1240331	DE LORENZO FERNANDEZ, Javier	45	ESCUALOS	3:01.02	13,00
	50m:	42.34	42.34	100m:	1:27.87	45.53
	150m:	2:15.99	48.12	200m:	3:01.02	45.03
2.	1251233	GONZALEZ SANDEZ, Carlos	47	C. N. Valdeorras	6:00.34	10,00
	50m:	1:23.17	1:23.17	100m:	2:54.32	1:31.15
	150m:	4:31.86	1:37.54	200m:	6:00.34	1:28.48

50+

1.	1205935	GUIRADO CARABEL, Oscar	50	CULLEREDO	2:48.98	13,00
	50m:	39.00	39.00	100m:	1:21.74	42.74
	150m:	2:06.03	44.29	200m:	2:48.98	42.95
2.	1075601	MOURIZ LOMBAO, Francisco Javier	51	PORTAMIÑA	2:50.77	10,00
	50m:	40.77	40.77	100m:	1:22.71	41.94
	150m:	2:07.24	44.53	200m:	2:50.77	43.53
3.	1244393	REY RODRIGUEZ, Oscar	52	CIDSANTIAG	3:12.25	8,00
	50m:	48.41	48.41	100m:	1:36.85	48.44
	150m:	2:25.54	48.69	200m:	3:12.25	46.71
4.	1076535	DE LUIS GONZALEZ, Aitor	52	PORTAMIÑA	3:14.73	7,00
	50m:	46.63	46.63	100m:	1:35.46	48.83
	150m:	2:25.18	49.72	200m:	3:14.73	49.55
5.	1144117	PREGO MARTINEZ, Benjamin	53	PONTEAREAS	3:36.91	6,00
	50m:	52.02	52.02	100m:	1:47.17	55.15
	150m:	2:43.59	56.42	200m:	3:36.91	53.32
6.	1268047	CUETO ALVAREZ, Elias	51	CIDSANTIAG	3:43.65	5,00
	50m:	54.72	54.72	100m:	1:50.66	55.94
	150m:	2:48.11	57.45	200m:	3:43.65	55.54

55+

1.	1051938	SOTO, Hector Oscar	56	RIASBAIXAS	3:09.48	13,00
	50m:	45.07	45.07	100m:	1:31.93	46.86
	150m:	2:20.86	48.93	200m:	3:09.48	48.62
2.	1180234	SANCHEZ SECO, Manuel	58	ESCUALOS	3:20.62	10,00
	50m:	49.27	49.27	100m:	1:40.09	50.82
	150m:	2:31.65	51.56	200m:	3:20.62	48.97
3.	1195569	PEREZ LEIVA, Manuel	58	RIASBAIXAS	3:36.10	8,00
	50m:	50.75	50.75	100m:	1:46.17	55.42
	150m:	2:44.13	57.96	200m:	3:36.10	51.97
4.	1193949	LAMELO OTERO, Ramon Jesus	58	CIDSANTIAG	3:53.24	7,00
	50m:	54.04	54.04	100m:	1:56.52	1:02.48
	150m:	2:57.53	1:01.01	200m:	3:53.24	55.71
5.	1145039	FERREIRO SANCHEZ, Luis	56	POURENSE	4:41.26	6,00
	50m:	1:09.12	1:09.12	100m:	2:18.63	1:09.51
	150m:	3:30.20	1:11.57	200m:	4:41.26	1:11.06

DSQ 1178895 CRESPO PEREZ, Albarino 56 ESCUALOS -
Nado irregular

WDR 1082554 MARTINEZ FAJARDO, Julio Enrique 56 ADFOGAR -

WDR 1076526 REBANAL ALFAYA, Fernando 55 C. N. Valdeorras -

60+

1.	1076516	JORGE IGLESIAS, Marcelino	60	PONTEAREAS	2:51.28	13,00
	50m:	41.87	41.87	100m:	1:25.21	43.34
	150m:	2:09.64	44.43	200m:	2:51.28	41.64

70+

1.	1075177	LOPEZ VIDAL, Antonio	74	GALAICO	5:10.00	13,00
	50m:	1:10.86	1:10.86	100m:	2:33.70	1:22.84
	150m:	3:54.58	1:20.88	200m:	5:10.00	1:15.42
2.	1191492	TIMIRAOS CARRASCO, Luis	70	POURENSE	7:14.84	10,00
	50m:	1:48.09	1:48.09	100m:	3:42.11	1:54.02
	150m:	5:32.48	1:50.37	200m:	7:14.84	1:42.36

Prueba 36, Masc., 200m Espalda

75+

1.	1076487	RODRIGUEZ LEMOS, Andres Jesus	77	CNMOS				4:14.66	13,00
	50m:	59.61	59.61	100m:	2:04.93	1:05.32	150m:	3:11.93	1:07.00
							200m:	4:14.66	1:02.73