

Prueba 36
29/12/2025

Fem., 400m Estilos

Absoluto Femenino
Resultados

RG	4:31.65	, GOMEZ CORTES, BEATRIZ	GALAICO	2013
RC	4:37.89	, VILAS VIDAL, MARIA	RIVEIRA	2012
MMG 18	4:32.54	, VILAS VIDAL, MARIA	RIVEIRA	2014
MMG 17	4:35.50	, VILAS VIDAL, MARIA	RIVEIRA	2013
MMG 16	4:37.07	, VILAS VIDAL, MARIA	RIVEIRA	2012
MMG 15	4:43.12	, VILAS VIDAL, MARIA	RIVEIRA	2011
MMG 14	4:46.04	, VILAS VIDAL, MARIA	RIVEIRA	2010
MMG 13	4:58.73	, DE LA FUENTE FIAÑO, ANE	LICEO	2014

Clasificación

Edad

Tiempo

ABSOJUNI

1.	MOURENZA ROCHA, Ines	18	C. N. PORTAMIÑA	5:01.56	19,00
	50m: 30.25 30.25 150m: 1:44.52 38.68 250m: 3:08.17 45.12 350m: 4:27.79 34.65				
	100m: 1:05.84 35.59 200m: 2:23.05 38.53 300m: 3:53.14 44.97 400m: 5:01.56 33.77				
2.	BARROS DA SILVA, Sofia	16	C. N. GALAICO	5:04.66	16,00
	50m: 32.85 32.85 150m: 1:50.23 40.60 250m: 3:13.81 44.37 350m: 4:32.35 34.15				
	100m: 1:09.63 36.78 200m: 2:29.44 39.21 300m: 3:58.20 44.39 400m: 5:04.66 32.31				
3.	CARBALLO GONZALEZ, Sofia	19	C. N. PONTEAREAS	5:05.81	14,00
	50m: 33.18 33.18 150m: 1:51.23 40.79 250m: 3:11.82 41.87 350m: 4:30.89 37.25				
	100m: 1:10.44 37.26 200m: 2:29.95 38.72 300m: 3:53.64 41.82 400m: 5:05.81 34.92				
4.	ALBES ALVARIÑO, Paula	22	A. DEP. NT. NARON	5:12.41	13,00
	50m: 32.99 32.99 150m: 1:50.63 38.89 250m: 3:15.09 45.72 350m: 4:36.45 36.63				
	100m: 1:11.74 38.75 200m: 2:29.37 38.74 300m: 3:59.82 44.73 400m: 5:12.41 35.96				
5.	ESTEVEZ MONTES, Naroa	17	C. N. PONTEAREAS	5:16.70	12,00
	50m: 34.09 34.09 150m: 1:54.05 41.17 250m: 3:18.22 43.85 350m: 4:40.64 36.49				
	100m: 1:12.88 38.79 200m: 2:34.37 40.32 300m: 4:04.15 45.93 400m: 5:16.70 36.06				
6.	JIMENEZ FILGUEIRA, Aroa	13	C. N. FERROL	5:19.11	11,00
	50m: 33.40 33.40 150m: 1:53.67 41.93 250m: 3:19.21 44.64 350m: 4:42.53 38.38				
	100m: 1:11.74 38.34 200m: 2:34.57 40.90 300m: 4:04.15 44.94 400m: 5:19.11 36.58				
7.	PRIETO CANTEIRO, Antia	14	C. N. PORTAMIÑA	5:23.03	10,00
	50m: 34.13 34.13 150m: 1:54.03 39.59 250m: 3:21.47 48.19 350m: 4:47.45 36.92				
	100m: 1:14.44 40.31 200m: 2:33.28 39.25 300m: 4:10.53 49.06 400m: 5:23.03 35.58				
8.	LOPEZ FERNANDEZ, Aitana	16	C. N. PORTAMIÑA	5:24.90	-
	50m: 33.12 33.12 150m: 1:53.12 42.22 250m: 3:20.89 46.44 350m: 4:47.94 38.78				
	100m: 1:10.90 37.78 200m: 2:34.45 41.33 300m: 4:09.16 48.27 400m: 5:24.90 36.96				
9.	LOPEZ FERNANDEZ, Patricia	13	C. N. PORTAMIÑA	5:26.66	-
	50m: 34.61 34.61 150m: 1:57.76 42.63 250m: 3:24.89 46.01 350m: 4:50.34 37.71				
	100m: 1:15.13 40.52 200m: 2:38.88 41.12 300m: 4:12.63 47.74 400m: 5:26.66 36.32				
10.	SOUTO GOMEZ, Claudia	15	C. FLUVIAL LUGO	5:26.93	7,00
	50m: 36.09 36.09 150m: 2:01.22 42.85 250m: 3:29.04 47.04 350m: 4:51.87 35.53				
	100m: 1:18.37 42.28 200m: 2:42.00 40.78 300m: 4:16.34 47.30 400m: 5:26.93 35.06				
11.	CABANAS DEL RIO, Carla	16	SPORTING CASINO	5:27.58	6,00
	50m: 35.92 35.92 150m: 1:59.10 40.71 250m: 3:24.60 46.17 350m: 4:50.34 39.29				
	100m: 1:18.39 42.47 200m: 2:38.43 39.33 300m: 4:11.05 46.45 400m: 5:27.58 37.24				
12.	CAGIAO VILLAR, Lucia	14	SPORTING CASINO	5:30.81	5,00
	50m: 33.63 33.63 150m: 1:54.60 41.86 250m: 3:24.56 48.87 350m: 4:53.14 38.73				
	100m: 1:12.74 39.11 200m: 2:35.69 41.09 300m: 4:14.41 49.85 400m: 5:30.81 37.67				
13.	JOVE NOVO, Alicia	14	C. N. FERROL	5:32.06	4,00
	50m: 34.57 34.57 150m: 1:56.96 42.71 250m: 3:24.40 45.79 350m: 4:52.68 40.79				
	100m: 1:14.25 39.68 200m: 2:38.61 41.65 300m: 4:11.89 47.49 400m: 5:32.06 39.38				

Prueba 36, Fem., 400m Estilos, Absoluto Femenino

Clasificación	Edad	Equipo	Tiempo	ABSOJUNI
14. MARTINEZ GARCIA, Uxia	16	VIGO RIAS BAIXAS	5:32.83	3,00
50m: 35.97 35.97	150m: 2:01.74 44.06	250m: 3:32.26 46.93	350m: 4:57.57 37.73	
100m: 1:17.68 41.71	200m: 2:45.33 43.59	300m: 4:19.84 47.58	400m: 5:32.83 35.26	
15. PARDAVILA DAVILA, Ainoa	17	VIGO RIAS BAIXAS	5:32.95	2,00
50m: 36.04 36.04	150m: 1:57.18 41.29	250m: 3:27.17 49.92	350m: 4:55.55 38.12	
100m: 1:15.89 39.85	200m: 2:37.25 40.07	300m: 4:17.43 50.26	400m: 5:32.95 37.40	
16. ALVARIÑO FRAGA, Daniela	14	C. N. FERROL	5:37.84	-
50m: 37.55 37.55	150m: 2:01.14 40.87	250m: 3:30.95 49.07	350m: 4:59.87 39.11	
100m: 1:20.27 42.72	200m: 2:41.88 40.74	300m: 4:20.76 49.81	400m: 5:37.84 37.97	
DSQ ORTIZ ESPARZA, Silvia	13	C. N. LICEO	-	-
<i>Salida anticipada</i>				
WDR SUAREZ GONZALEZ, Gracia	25	C. N. PONTEAREAS	-	-