

Prueba 17

Masc., 400m Libre

Absoluto Masculino

28/12/2025 - 9:30

Resultados

RG	3:48.90	, GARCIA CASTRO MATEO	ARTEIXO	2025
RC	3:49.65	, GARCÍA CASTRO MATEO	ARTEIXO	2024
MMG 18	3:50.95	, REGUEIRA SUAREZ, RUFINO	RIVEIRA	2008
MMG 17	3:54.73	, GARCÍA CASTRO, MATEO	ARTEIXO	2022
MMG 16	3:54.44	, TOME SANLES, MANUEL	RIVEIRA	2015
MMG 15	3:59.42	, TOME SANLES, MANUEL	RIVEIRA	2014
MMG 14	4:08.23	, LAGES BRION, ALEXANDRE	RIVEIRA	2015
MMG 13	4:21.21	, CARNEIRO VIQUEIRA, XABIER	LICEO	2013

Clasificación

Edad

Tiempo

ABSOJUNI

1.	RIVAS TORRES, Paulo	17	C. N. CORUÑA	3:54.79	19,00
	50m: 26.60 26.60	150m: 1:25.73 29.44	250m: 2:25.13 29.75	350m: 3:25.10 30.27	
	100m: 56.29 29.69	200m: 1:55.38 29.65	300m: 2:54.83 29.70	400m: 3:54.79 29.69	
2.	PARDO PERNAS, Martin	23	C. FLUVIAL LUGO	3:58.40	16,00
	50m: 26.91 26.91	150m: 1:26.19 29.73	250m: 2:26.02 29.86	350m: 3:26.93 30.72	
	100m: 56.46 29.55	200m: 1:56.16 29.97	300m: 2:56.21 30.19	400m: 3:58.40 31.47	
3.	SOUTO RAMOS, Manuel	18	C. N. CORUÑA	4:01.33	14,00
	50m: 27.52 27.52	150m: 1:27.70 30.42	250m: 2:28.98 31.12	350m: 3:30.69 30.61	
	100m: 57.28 29.76	200m: 1:57.86 30.16	300m: 3:00.08 31.10	400m: 4:01.33 30.64	
4.	MANEIROS PAZ, Mario	19	C. N. FERROL	4:03.02	13,00
	50m: 27.30 27.30	150m: 1:27.40 30.38	250m: 2:29.49 31.35	350m: 3:32.16 31.35	
	100m: 57.02 29.72	200m: 1:58.14 30.74	300m: 3:00.81 31.32	400m: 4:03.02 30.86	
5.	PEREZ FERNANDEZ, Brais	18	C. N. PORTAMIÑA	4:03.51	12,00
	50m: 27.43 27.43	150m: 1:27.37 30.18	250m: 2:29.10 31.43	350m: 3:32.53 31.69	
	100m: 57.19 29.76	200m: 1:57.67 30.30	300m: 3:00.84 31.74	400m: 4:03.51 30.98	
6.	GOMEZ PUMARIÑO, Samuel	17	C. N. PORTAMIÑA	4:06.01	11,00
	50m: 27.41 27.41	150m: 1:27.59 30.29	250m: 2:30.15 31.35	350m: 3:34.11 32.25	
	100m: 57.30 29.89	200m: 1:58.80 31.21	300m: 3:01.86 31.71	400m: 4:06.01 31.90	
7.	GOMEZ LIMIA, Pablo	19	C. N. CORUÑA	4:08.62	-
	50m: 27.27 27.27	150m: 1:28.87 31.08	250m: 2:32.10 31.84	350m: 3:36.90 32.48	
	100m: 57.79 30.52	200m: 2:00.26 31.39	300m: 3:04.42 32.32	400m: 4:08.62 31.72	
8.	FERNANDEZ ABEL, Adrian	14	C. N. PORTAMIÑA	4:12.67	-
	50m: 28.41 28.41	150m: 1:31.24 31.50	250m: 2:35.19 32.00	350m: 3:40.79 32.82	
	100m: 59.74 31.33	200m: 2:03.19 31.95	300m: 3:07.97 32.78	400m: 4:12.67 31.88	
9.	CUBEIRO ROSENDE, Xoel	18	C. N. LICEO	4:12.72	8,00
	50m: 28.28 28.28	150m: 1:30.87 31.81	250m: 2:35.99 32.85	350m: 3:40.93 32.48	
	100m: 59.06 30.78	200m: 2:03.14 32.27	300m: 3:08.45 32.46	400m: 4:12.72 31.79	
10.	CHAN VAZQUEZ, Lois	14	C. N. GALAICO	4:12.87	7,00
	50m: 29.01 29.01	150m: 1:33.84 32.60	250m: 2:38.95 32.59	350m: 3:42.63 31.27	
	100m: 1:01.24 32.23	200m: 2:06.36 32.52	300m: 3:11.36 32.41	400m: 4:12.87 30.24	
11.	AVILES ZHUAVLEV, Santiago	21	C. N. LICEO	4:13.49	6,00
	50m: 28.46 28.46	150m: 1:32.00 32.24	250m: 2:36.40 32.26	350m: 3:41.47 32.57	
	100m: 59.76 31.30	200m: 2:04.14 32.14	300m: 3:08.90 32.50	400m: 4:13.49 32.02	
12.	ANTON PEREZ, Ruben	14	C. N. XOVE	4:14.45	5,00
	50m: 28.45 28.45	150m: 1:31.79 31.60	250m: 2:36.41 32.23	350m: 3:42.14 32.92	
	100m: 1:00.19 31.74	200m: 2:04.18 32.39	300m: 3:09.22 32.81	400m: 4:14.45 32.31	
13.	ALONSO VIDAL, Teo	18	VIGO RIAS BAIXAS	4:15.06	4,00
	50m: 27.99 27.99	150m: 1:30.22 31.66	250m: 2:35.48 32.83	350m: 3:42.21 33.39	
	100m: 58.56 30.57	200m: 2:02.65 32.43	300m: 3:08.82 33.34	400m: 4:15.06 32.85	

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Clasificación	Edad	Tempo	ABSOJUNI
14. COSTA FERNANDEZ, Lucas	27	C. N. PONTEAREAS 4:15.79	3,00
50m: 28.50 28.50 150m: 1:31.14 31.99 250m: 2:37.50 33.33 350m: 3:43.85 33.12		100m: 59.15 30.65 200m: 2:04.17 33.03 300m: 3:10.73 33.23 400m: 4:15.79 31.94	
15. DIAZ RODRIGUEZ, Ivan	17	C. N. PORTAMIÑA 4:16.17	-
50m: 27.43 27.43 150m: 1:30.56 32.55 250m: 2:37.49 33.74 350m: 3:44.79 33.73		100m: 58.01 30.58 200m: 2:03.75 33.19 300m: 3:11.06 33.57 400m: 4:16.17 31.38	
16. RODRIGUEZ RAÑA, Miguel	16	RCN VIGO 4:18.64	1,00
50m: 29.60 29.60 150m: 1:34.29 32.48 250m: 2:40.23 32.80 350m: 3:46.52 33.16		100m: 1:01.81 32.21 200m: 2:07.43 33.14 300m: 3:13.36 33.13 400m: 4:18.64 32.12	
17. SIMON GARRIDO, Guillermo	13	C. N. LICEO 4:19.66	- MMG
50m: 29.49 29.49 150m: 1:34.71 33.05 250m: 2:40.99 32.97 350m: 3:48.09 33.73		100m: 1:01.66 32.17 200m: 2:08.02 33.31 300m: 3:14.36 33.37 400m: 4:19.66 31.57	
18. MASSO ROIG, Martin	18	VIGO RIAS BAIXAS 4:19.75	-
50m: 29.05 29.05 150m: 1:32.97 32.67 250m: 2:38.40 32.80 350m: 3:45.98 33.98		100m: 1:00.30 31.25 200m: 2:05.60 32.63 300m: 3:12.00 33.60 400m: 4:19.75 33.77	
19. VILLANUEVA VAZQUEZ, Iago	14	RCN VIGO 4:20.48	-
50m: 28.72 28.72 150m: 1:33.00 32.60 250m: 2:40.08 33.73 350m: 3:47.68 33.84		100m: 1:00.40 31.68 200m: 2:06.35 33.35 300m: 3:13.84 33.76 400m: 4:20.48 32.80	
20. PATIÑO RÍOS, Jesus	16	C. N. RIVEIRA 4:21.44	-
50m: 29.47 29.47 150m: 1:34.72 32.83 250m: 2:41.68 33.78 350m: 3:48.36 33.61		100m: 1:01.89 32.42 200m: 2:07.90 33.18 300m: 3:14.75 33.07 400m: 4:21.44 33.08	
21. ALONSO BECERRA, Tristan	15	C. FLUVIAL LUGO 4:22.31	-
50m: 29.95 29.95 150m: 1:36.06 33.05 250m: 2:42.13 32.69 350m: 3:49.93 33.47		100m: 1:03.01 33.06 200m: 2:09.44 33.38 300m: 3:16.46 34.33 400m: 4:22.31 32.38	
22. JUNCAL MOREIRA, Pablo	24	C. N. GALAICO 4:24.17	-
50m: 28.63 28.63 150m: 1:33.12 32.46 250m: 2:40.39 33.61 350m: 3:49.90 34.56		100m: 1:00.66 32.03 200m: 2:06.78 33.66 300m: 3:15.34 34.95 400m: 4:24.17 34.27	
23. MENDEZ-BENEGASSI FDEZ., Adrian	17	C. N. GALAICO 4:24.42	-
50m: 29.62 29.62 150m: 1:35.83 33.67 250m: 2:42.68 33.44 350m: 3:52.31 35.16		100m: 1:02.16 32.54 200m: 2:09.24 33.41 300m: 3:17.15 34.47 400m: 4:24.42 32.11	
24. PEDRE SALIDO, Julio	22	C. N. FERROL 4:24.49	-
50m: 29.83 29.83 150m: 1:36.13 33.47 250m: 2:43.63 33.63 350m: 3:51.49 33.96		100m: 1:02.66 32.83 200m: 2:10.00 33.87 300m: 3:17.53 33.90 400m: 4:24.49 33.00	
25. VAZQUEZ COSTA, Miguel	19	C. N. GALAICO 4:24.62	-
50m: 29.27 29.27 150m: 1:34.21 32.90 250m: 2:42.24 34.40 350m: 3:51.22 34.26		100m: 1:01.31 32.04 200m: 2:07.84 33.63 300m: 3:16.96 34.72 400m: 4:24.62 33.40	
26. QUIÑOY VEIGA, Alvaro	16	CIDADE SANTIAGO 4:25.03	-
50m: 29.81 29.81 150m: 1:36.34 33.59 250m: 2:44.09 33.94 350m: 3:51.96 34.07		100m: 1:02.75 32.94 200m: 2:10.15 33.81 300m: 3:17.89 33.80 400m: 4:25.03 33.07	
27. REY MUNIN, Alonso	17	CIDADE SANTIAGO 4:26.12	-
50m: 30.15 30.15 150m: 1:37.01 33.90 250m: 2:44.09 32.92 350m: 3:52.01 34.56		100m: 1:03.11 32.96 200m: 2:11.17 34.16 300m: 3:17.45 33.36 400m: 4:26.12 34.11	
28. ORTEGO PORTA, Andre	18	C. N. GALAICO 4:26.97	-
50m: 29.37 29.37 150m: 1:34.93 33.40 250m: 2:43.54 34.68 350m: 3:52.99 34.70		100m: 1:01.53 32.16 200m: 2:08.86 33.93 300m: 3:18.29 34.75 400m: 4:26.97 33.98	
29. LEIROS FERNANDEZ, Lucas	17	C. N. PONTEAREAS 4:27.04	-
50m: 29.53 29.53 150m: 1:35.65 33.42 250m: 2:43.99 34.29 350m: 3:53.07 34.68		100m: 1:02.23 32.70 200m: 2:09.70 34.05 300m: 3:18.39 34.40 400m: 4:27.04 33.97	

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Clasificación	Edad	Tempo	ABSOJUNI
30. PEREZ PAZ, Dario	20	4:28.48	-
50m: 29.79 29.79 150m: 1:38.04 34.19 250m: 2:46.09 33.68 350m: 3:54.65 34.42		34.14	400m: 4:28.48 33.83
100m: 1:03.85 34.06 200m: 2:12.41 34.37 300m: 3:20.23 34.14			
31. GIL - RIVERA BARBEITO, Hugo	16	4:28.98	-
50m: 29.41 29.41 150m: 1:35.31 33.41 250m: 2:43.69 34.69 350m: 3:54.73 35.50		35.54	400m: 4:28.98 34.25
100m: 1:01.90 32.49 200m: 2:09.00 33.69 300m: 3:19.23 35.54			
32. GIL-RIVERA BARBEITO, Pablo	19	4:32.29	-
50m: 30.30 30.30 150m: 1:36.61 33.27 250m: 2:45.62 34.72 350m: 3:56.66 35.69		35.35	400m: 4:32.29 35.63
100m: 1:03.34 33.04 200m: 2:10.90 34.29 300m: 3:20.97 35.35			
WDR BASANTA FOUZ, Esteban	23	A. DEP. NT. NARON	-
WDR GARRIDO BRUN, Jacobo	23	C. N. PANAS	-
WDR PENAS CAYADO, Fernando	16	SPORTING CASINO	-