

Prueba 44
30/11/2025

Masc., 400m Libre

Open masculino
Resultados

RG	3:48.90	, GARCIA CASTRO MATEO	ARTEIXO	14/11/2025
MMG 17	3:54.73	, GARCÍA CASTRO, MATEO	ARTEIXO	17/12/2022
MMG 16	3:54.44	, TOME SANLES, MANUEL	RIVEIRA	28/12/2015
MMG 15	3:59.42	, TOME SANLES, MANUEL	RIVEIRA	19/12/2014
MMG 14	4:08.23	, LAGES BRION, ALEXANDRE	RIVEIRA	28/12/2015

Clasificación

Edad

Tiempo

PUNTOS

1. PEREZ FERNANDEZ, Brais	18	PORTMIÑA	4:01.90	35,00	
50m: 27.62 27.62	150m: 1:29.19	31.09	250m: 2:30.41	30.51	350m: 3:31.79 30.30
100m: 58.10 30.48	200m: 1:59.90	30.71	300m: 3:01.49	31.08	400m: 4:01.90 30.11
2. MANEIROS PAZ, Mario	19	NFERROL	4:04.48	32,00	
50m: 27.82 27.82	150m: 1:29.67	31.48	250m: 2:32.86	31.60	350m: 3:34.00 30.75
100m: 58.19 30.37	200m: 2:01.26	31.59	300m: 3:03.25	30.39	400m: 4:04.48 30.48
3. SOUTO RAMOS, Manuel	18	NCORUÑA	4:07.11	30,00	
50m: 27.84 27.84	150m: 1:28.42	30.67	250m: 2:29.99	30.85	350m: 3:34.80 32.83
100m: 57.75 29.91	200m: 1:59.14	30.72	300m: 3:01.97	31.98	400m: 4:07.11 32.31
4. MOURE DOVAL, Jose	26	POURENSE	4:07.90	29,00	
50m: 26.30 26.30	150m: 1:25.71	30.35	250m: 2:29.26	32.35	350m: 3:35.02 32.86
100m: 55.36 29.06	200m: 1:56.91	31.20	300m: 3:02.16	32.90	400m: 4:07.90 32.88
5. GOMEZ LIMIA, Pablo	19	NCORUÑA	4:08.48	28,00	
50m: 28.37 28.37	150m: 1:30.87	31.55	250m: 2:34.13	31.18	350m: 3:37.44 31.94
100m: 59.32 30.95	200m: 2:02.95	32.08	300m: 3:05.50	31.37	400m: 4:08.48 31.04
6. CIVEIRA CORRAL, Raul	23	POURENSE	4:10.11	27,00	
50m: 27.31 27.31	150m: 1:29.69	31.64	250m: 2:33.45	32.14	350m: 3:38.77 32.56
100m: 58.05 30.74	200m: 2:01.31	31.62	300m: 3:06.21	32.76	400m: 4:10.11 31.34
7. PARDO PERNAS, Martin	23	FLUVLUGO	4:12.50	26,00	
50m: 27.60 27.60	150m: 1:29.14	31.13	250m: 2:32.69	32.05	350m: 3:39.37 33.56
100m: 58.01 30.41	200m: 2:00.64	31.50	300m: 3:05.81	33.12	400m: 4:12.50 33.13
8. DIAZ RODRIGUEZ, Ivan	17	PORTMIÑA	4:15.18	25,00	
50m: 27.97 27.97	150m: 1:30.97	32.16	250m: 2:36.57	33.20	350m: 3:43.60 33.51
100m: 58.81 30.84	200m: 2:03.37	32.40	300m: 3:10.09	33.52	400m: 4:15.18 31.58
9. COSTA FERNANDEZ, Lucas	27	PONTEAREAS	4:15.68	24,00	
50m: 28.44 28.44	150m: 1:31.68	32.21	250m: 2:37.34	33.04	350m: 3:45.06 33.88
100m: 59.47 31.03	200m: 2:04.30	32.62	300m: 3:11.18	33.84	400m: 4:15.68 30.62
10. GARRIDO BRUN, Jacobo	23	PANAS	4:20.15	23,00	
50m: 29.40 29.40	150m: 1:34.73	32.95	250m: 2:41.34	33.18	350m: 3:47.84 33.35
100m: 1:01.78 32.38	200m: 2:08.16	33.43	300m: 3:14.49	33.15	400m: 4:20.15 32.31
11. VILLANUEVA VAZQUEZ, Iago	14	RCNVIGO	4:20.29	22,00	
50m: 29.63 29.63	150m: 1:34.84	32.89	250m: 2:41.38	33.12	350m: 3:48.57 33.59
100m: 1:01.95 32.32	200m: 2:08.26	33.42	300m: 3:14.98	33.60	400m: 4:20.29 31.72
12. PEDRE SALIDO, Julio	22	NFERROL	4:21.11	21,00	
50m: 29.28 29.28	150m: 1:34.63	33.09	250m: 2:41.52	33.29	350m: 3:48.86 33.66
100m: 1:01.54 32.26	200m: 2:08.23	33.60	300m: 3:15.20	33.68	400m: 4:21.11 32.25
13. ALONSO BECERRA, Tristan	15	FLUVLUGO	4:21.32	20,00	
50m: 29.68 29.68	150m: 1:35.75	33.49	250m: 2:42.92	33.41	350m: 3:49.83 33.38
100m: 1:02.26 32.58	200m: 2:09.51	33.76	300m: 3:16.45	33.53	400m: 4:21.32 31.49
14. VAZQUEZ COSTA, Miguel	19	GALAICO	4:21.40	19,00	
50m: 29.43 29.43	150m: 1:34.85	33.10	250m: 2:41.54	33.29	350m: 3:49.03 33.70
100m: 1:01.75 32.32	200m: 2:08.25	33.40	300m: 3:15.33	33.79	400m: 4:21.40 32.37

Prueba 44, Masc., 400m Libre, Open masculino

Clasificación					Edad					Tiempo	PUNTOS		
15.	INFESTAS CARAZO, Samuel				22	GALAICO				4:21.76	18,00		
	50m:	29.04	29.04	150m:	1:33.40	32.71	250m:	2:40.50	33.79	350m:	3:49.58	34.88	
	100m:	1:00.69	31.65	200m:	2:06.71	33.31	300m:	3:14.70	34.20	400m:	4:21.76	32.18	
16.	ARES BARRAL, Anton				25	PANAS				4:21.78	17,00		
	50m:	29.20	29.20	150m:	1:34.36	32.87	250m:	2:41.89	34.04	350m:	3:49.81	33.74	
	100m:	1:01.49	32.29	200m:	2:07.85	33.49	300m:	3:16.07	34.18	400m:	4:21.78	31.97	
17.	LEIROS FERNANDEZ, Lucas				17	PONTEAREAS				4:25.80	16,00		
	50m:	29.69	29.69	150m:	1:35.88	33.44	250m:	2:43.67	34.19	350m:	3:51.98	34.35	
	100m:	1:02.44	32.75	200m:	2:09.48	33.60	300m:	3:17.63	33.96	400m:	4:25.80	33.82	
18.	GONZALEZ BORGES, David				22	RBAIXAS				4:30.19	15,00		
	50m:	30.16	30.16	150m:	1:37.35	34.03	250m:	2:45.94	34.30	350m:	3:55.65	35.02	
	100m:	1:03.32	33.16	200m:	2:11.64	34.29	300m:	3:20.63	34.69	400m:	4:30.19	34.54	
19.	QUIÑOY VEIGA, Alvaro				16	CIDSANTI				4:30.91	14,00		
	50m:	30.35	30.35	150m:	1:37.39	34.09	250m:	2:46.74	34.81	350m:	3:56.62	35.06	
	100m:	1:03.30	32.95	200m:	2:11.93	34.54	300m:	3:21.56	34.82	400m:	4:30.91	34.29	
20.	GERVENO PRADA, Luis				16	SCASINO				4:36.88	13,00		
	50m:	29.97	29.97	150m:	1:38.25	34.78	250m:	2:49.79	35.91	350m:	4:01.92	35.96	
	100m:	1:03.47	33.50	200m:	2:13.88	35.63	300m:	3:25.96	36.17	400m:	4:36.88	34.96	
21.	BORRAZAS RODRIGUEZ, Mauro				14	SCASINO				4:38.79	12,00		
	50m:	30.95	30.95	150m:	1:41.37	36.03	250m:	2:53.02	35.71	350m:	4:04.25	35.35	
	100m:	1:05.34	34.39	200m:	2:17.31	35.94	300m:	3:28.90	35.88	400m:	4:38.79	34.54	
22.	CAYAZZO BRANDARIZ, Ivan				17	ARTEIXO				4:39.40	11,00		
	50m:	31.76	31.76	150m:	1:41.05	35.10	250m:	2:52.56	35.88	350m:	4:04.44	35.74	
	100m:	1:05.95	34.19	200m:	2:16.68	35.63	300m:	3:28.70	36.14	400m:	4:39.40	34.96	
23.	VICENTE MEIER, Alex				15	ARTEIXO				4:42.52	10,00		
	50m:	33.15	33.15	150m:	1:44.30	36.08	250m:	2:55.88	35.64	350m:	4:07.53	35.78	
	100m:	1:08.22	35.07	200m:	2:20.24	35.94	300m:	3:31.75	35.87	400m:	4:42.52	34.99	
24.	RIVERA PORRUA, Alejandro				14	RBAIXAS				4:49.31	9,00		
	50m:	32.11	32.11	150m:	1:45.17	37.08	250m:	2:59.78	37.89	350m:	4:14.04	37.66	
	100m:	1:08.09	35.98	200m:	2:21.89	36.72	300m:	3:36.38	36.60	400m:	4:49.31	35.27	
25.	CHAMORRO LOPEZ, Guzman				16	RCNVIGO				4:49.67	8,00		
	50m:	30.98	30.98	150m:	1:43.28	36.95	250m:	2:57.78	37.35	350m:	4:13.36	37.44	
	100m:	1:06.33	35.35	200m:	2:20.43	37.15	300m:	3:35.92	38.14	400m:	4:49.67	36.31	
26.	VAZQUEZ GOMEZ, Lucas				13	CIDSANTI				4:58.34	7,00		
	50m:	33.18	33.18	150m:	1:48.10	38.13	250m:	3:04.99	38.30	350m:	4:21.69	37.97	
	100m:	1:09.97	36.79	200m:	2:26.69	38.59	300m:	3:43.72	38.73	400m:	4:58.34	36.65	