

Prueba 20
29/11/2025

Fem., 1500m Libre

Open femenino
Resultados

RG	15:46.06	, VILAS VIDAL, MARIA	RIVEIRA	12/12/2014
MMG 17	16:01.84	, VILAS VIDAL, MARIA	RIVEIRA	29/11/2013
MMG 16	16:03.49	, CONS GESTIDO, AGUEDA BEATRIZ	GALAICO	16/12/2016
MMG 15	16:16.39	, VILAS VIDAL, MARIA	RIVEIRA	29/12/2011
MMG 14	17:05.69	, DE LA FUENTE FIAÑO, ANE	LICEO	30/12/2015

Clasificación

Edad

Tiempo

PUNTOS

1. MOURENZA ROCHA, Ines

18

PORTMIÑA

17:19.47

35,00

50m:	30.32	30.32	450m:	5:04.19	35.02	850m:	9:43.81	35.37	1250m:	14:25.19	35.25
100m:	1:03.78	33.46	500m:	5:38.91	34.72	900m:	10:18.80	34.99	1300m:	15:00.49	35.30
150m:	1:37.55	33.77	550m:	6:13.91	35.00	950m:	10:54.19	35.39	1350m:	15:35.95	35.46
200m:	2:11.65	34.10	600m:	6:48.75	34.84	1000m:	11:29.63	35.44	1400m:	16:10.84	34.89
250m:	2:45.87	34.22	650m:	7:23.63	34.88	1050m:	12:04.72	35.09	1450m:	16:45.98	35.14
300m:	3:20.13	34.26	700m:	7:58.71	35.08	1100m:	12:39.93	35.21	1500m:	17:19.47	33.49
350m:	3:54.52	34.39	750m:	8:33.56	34.85	1150m:	13:14.91	34.98			
400m:	4:29.17	34.65	800m:	9:08.44	34.88	1200m:	13:49.94	35.03			

2. ORTIZ DE GUINEA BASTON, Alba

28

PONTEAREAS

18:04.22

32,00

50m:	31.30	31.30	450m:	5:16.16	36.26	850m:	10:07.45	36.73	1250m:	15:01.57	36.83
100m:	1:05.78	34.48	500m:	5:52.53	36.37	900m:	10:44.08	36.63	1300m:	15:38.41	36.84
150m:	1:41.08	35.30	550m:	6:28.80	36.27	950m:	11:20.83	36.75	1350m:	16:15.28	36.87
200m:	2:16.46	35.38	600m:	7:05.06	36.26	1000m:	11:57.50	36.67	1400m:	16:52.27	36.99
250m:	2:51.96	35.50	650m:	7:41.49	36.43	1050m:	12:34.20	36.70	1450m:	17:28.83	36.56
300m:	3:27.85	35.89	700m:	8:18.05	36.56	1100m:	13:10.99	36.79	1500m:	18:04.22	35.39
350m:	4:04.10	36.25	750m:	8:54.53	36.48	1150m:	13:47.58	36.59			
400m:	4:39.90	35.80	800m:	9:30.72	36.19	1200m:	14:24.74	37.16			

3. RODRIGUEZ RODRIGUEZ, Paula

17

ARTEIXO

18:15.15

30,00

50m:	32.44	32.44	450m:	5:21.24	36.70	850m:	10:15.47	36.74	1250m:	15:11.00	37.00
100m:	1:07.67	35.23	500m:	5:57.94	36.70	900m:	10:52.28	36.81	1300m:	15:48.17	37.17
150m:	1:42.98	35.31	550m:	6:34.59	36.65	950m:	11:29.04	36.76	1350m:	16:25.51	37.34
200m:	2:18.91	35.93	600m:	7:11.35	36.76	1000m:	12:06.09	37.05	1400m:	17:02.75	37.24
250m:	2:54.95	36.04	650m:	7:48.16	36.81	1050m:	12:43.05	36.96	1450m:	17:39.86	37.11
300m:	3:31.31	36.36	700m:	8:25.03	36.87	1100m:	13:19.94	36.89	1500m:	18:15.15	35.29
350m:	4:08.01	36.70	750m:	9:01.89	36.86	1150m:	13:56.90	36.96			
400m:	4:44.54	36.53	800m:	9:38.73	36.84	1200m:	14:34.00	37.10			

4. HERNAEZ GONZALEZ, Paula

17

CULLEREDO

18:18.12

29,00

50m:	32.42	32.42	450m:	5:22.88	36.92	850m:	10:17.90	36.98	1250m:	15:15.31	37.23
100m:	1:07.90	35.48	500m:	5:59.64	36.76	900m:	10:55.01	37.11	1300m:	15:52.36	37.05
150m:	1:43.63	35.73	550m:	6:36.65	37.01	950m:	11:31.91	36.90	1350m:	16:29.17	36.81
200m:	2:19.84	36.21	600m:	7:13.56	36.91	1000m:	12:09.02	37.11	1400m:	17:06.38	37.21
250m:	2:55.94	36.10	650m:	7:50.44	36.88	1050m:	12:46.12	37.10	1450m:	17:43.26	36.88
300m:	3:32.55	36.61	700m:	8:27.18	36.74	1100m:	13:23.41	37.29	1500m:	18:18.12	34.86
350m:	4:09.31	36.76	750m:	9:04.02	36.84	1150m:	14:00.59	37.18			
400m:	4:45.96	36.65	800m:	9:40.92	36.90	1200m:	14:38.08	37.49			

5. ESTEVEZ MONTES, Naroa

17

PONTEAREAS

18:20.35

28,00

50m:	33.67	33.67	450m:	5:22.74	36.63	850m:	10:18.83	37.25	1250m:	15:18.13	37.67
100m:	1:09.31	35.64	500m:	5:59.48	36.74	900m:	10:55.41	36.58	1300m:	15:54.87	36.74
150m:	1:45.07	35.76	550m:	6:36.33	36.85	950m:	11:33.44	38.03	1350m:	16:31.81	36.94
200m:	2:20.90	35.83	600m:	7:13.26	36.93	1000m:	12:10.51	37.07	1400m:	17:08.81	37.00
250m:	2:57.04	36.14	650m:	7:50.06	36.80	1050m:	12:48.30	37.79	1450m:	17:45.41	36.60
300m:	3:33.35	36.31	700m:	8:26.96	36.90	1100m:	13:25.24	36.94	1500m:	18:20.35	34.94
350m:	4:09.84	36.49	750m:	9:04.34	37.38	1150m:	14:02.90	37.66			
400m:	4:46.11	36.27	800m:	9:41.58	37.24	1200m:	14:40.46	37.56			

Prueba 20, Fem., 1500m Libre, Open femenino

Clasificación	Edad				Tiempo				PUNTOS		
6. RODRIGUEZ HUERTAS, Iria	26				FLUVLUGO				18:23.32	27,00	
50m:	32.45	32.45	450m:	5:26.21	37.23	850m:	10:21.95	36.89	1250m:	15:19.89	36.82
100m:	1:08.72	36.27	500m:	6:02.78	36.57	900m:	10:59.12	37.17	1300m:	15:57.26	37.37
150m:	1:45.89	37.17	550m:	6:39.64	36.86	950m:	11:36.26	37.14	1350m:	16:34.20	36.94
200m:	2:22.31	36.42	600m:	7:16.74	37.10	1000m:	12:13.82	37.56	1400m:	17:10.96	36.76
250m:	2:58.73	36.42	650m:	7:53.91	37.17	1050m:	12:51.08	37.26	1450m:	17:47.72	36.76
300m:	3:35.44	36.71	700m:	8:30.54	36.63	1100m:	13:28.68	37.60	1500m:	18:23.32	35.60
350m:	4:12.19	36.75	750m:	9:07.57	37.03	1150m:	14:05.80	37.12			
400m:	4:48.98	36.79	800m:	9:45.06	37.49	1200m:	14:43.07	37.27			
7. MUÑOZ GAVINO, Paula	17				PORTMIÑA				18:36.11	26,00	
50m:	32.22	32.22	450m:	5:25.96	37.12	850m:	10:26.46	37.46	1250m:	15:28.19	38.24
100m:	1:07.66	35.44	500m:	6:03.20	37.24	900m:	11:03.98	37.52	1300m:	16:06.22	38.03
150m:	1:43.77	36.11	550m:	6:40.39	37.19	950m:	11:41.81	37.83	1350m:	16:44.18	37.96
200m:	2:20.34	36.57	600m:	7:18.08	37.69	1000m:	12:19.23	37.42	1400m:	17:21.62	37.44
250m:	2:57.19	36.85	650m:	7:55.55	37.47	1050m:	12:56.83	37.60	1450m:	17:59.31	37.69
300m:	3:34.38	37.19	700m:	8:33.27	37.72	1100m:	13:34.45	37.62	1500m:	18:36.11	36.80
350m:	4:11.34	36.96	750m:	9:11.52	38.25	1150m:	14:12.21	37.76			
400m:	4:48.84	37.50	800m:	9:49.00	37.48	1200m:	14:49.95	37.74			
8. GUERRA RODRIGUEZ, Zaida	15				POURENSE				18:54.28	25,00	
50m:	32.94	32.94	450m:	5:30.32	37.74	850m:	10:35.14	38.60	1250m:	15:43.29	38.56
100m:	1:09.08	36.14	500m:	6:07.93	37.61	900m:	11:13.61	38.47	1300m:	16:21.62	38.33
150m:	1:45.98	36.90	550m:	6:45.77	37.84	950m:	11:52.64	39.03	1350m:	17:00.17	38.55
200m:	2:22.98	37.00	600m:	7:24.10	38.33	1000m:	12:31.28	38.64	1400m:	17:38.98	38.81
250m:	3:00.39	37.41	650m:	8:02.10	38.00	1050m:	13:10.09	38.81	1450m:	18:17.43	38.45
300m:	3:37.65	37.26	700m:	8:40.49	38.39	1100m:	13:48.69	38.60	1500m:	18:54.28	36.85
350m:	4:15.01	37.36	750m:	9:18.43	37.94	1150m:	14:26.86	38.17			
400m:	4:52.58	37.57	800m:	9:56.54	38.11	1200m:	15:04.73	37.87			
9. MARTINEZ GARCIA, Uxia	16				RBAIXAS				18:57.03	24,00	
50m:	34.09	34.09	450m:	5:33.38	38.20	850m:	10:39.90	38.20	1250m:	15:48.60	38.06
100m:	1:10.25	36.16	500m:	6:11.31	37.93	900m:	11:18.22	38.32	1300m:	16:26.25	37.65
150m:	1:46.98	36.73	550m:	6:49.42	38.11	950m:	11:57.12	38.90	1350m:	17:03.77	37.52
200m:	2:24.25	37.27	600m:	7:27.88	38.46	1000m:	12:35.36	38.24	1400m:	17:42.02	38.25
250m:	3:01.88	37.63	650m:	8:06.27	38.39	1050m:	13:13.91	38.55	1450m:	18:19.94	37.92
300m:	3:39.58	37.70	700m:	8:45.07	38.80	1100m:	13:52.65	38.74	1500m:	18:57.03	37.09
350m:	4:17.60	38.02	750m:	9:23.34	38.27	1150m:	14:31.37	38.72			
400m:	4:55.18	37.58	800m:	10:01.70	38.36	1200m:	15:10.54	39.17			
10. CAGIAO VILLAR, Lucia	14				SCASINO				19:05.48	23,00	
50m:	33.74	33.74	450m:	5:38.21	38.42	850m:	10:43.84	38.46	1250m:	15:52.80	39.42
100m:	1:10.95	37.21	500m:	6:16.14	37.93	900m:	11:22.69	38.85	1300m:	16:31.90	39.10
150m:	1:49.19	38.24	550m:	6:54.21	38.07	950m:	12:01.07	38.38	1350m:	17:11.07	39.17
200m:	2:27.91	38.72	600m:	7:32.19	37.98	1000m:	12:38.92	37.85	1400m:	17:49.82	38.75
250m:	3:06.00	38.09	650m:	8:10.52	38.33	1050m:	13:17.58	38.66	1450m:	18:27.97	38.15
300m:	3:43.81	37.81	700m:	8:48.97	38.45	1100m:	13:55.86	38.28	1500m:	19:05.48	37.51
350m:	4:21.94	38.13	750m:	9:27.30	38.33	1150m:	14:34.35	38.49			
400m:	4:59.79	37.85	800m:	10:05.38	38.08	1200m:	15:13.38	39.03			
11. RODRIGUEZ SUAREZ, Iria	18				CULLEREDO				19:10.58	22,00	
50m:	34.66	34.66	450m:	5:38.83	38.35	850m:	10:47.58	38.55	1250m:	15:58.01	38.80
100m:	1:11.59	36.93	500m:	6:17.14	38.31	900m:	11:26.57	38.99	1300m:	16:36.75	38.74
150m:	1:49.49	37.90	550m:	6:55.24	38.10	950m:	12:05.20	38.63	1350m:	17:15.99	39.24
200m:	2:27.60	38.11	600m:	7:34.03	38.79	1000m:	12:43.61	38.41	1400m:	17:54.96	38.97
250m:	3:05.93	38.33	650m:	8:12.50	38.47	1050m:	13:22.31	38.70	1450m:	18:33.78	38.82
300m:	3:44.30	38.37	700m:	8:51.20	38.70	1100m:	14:01.11	38.80	1500m:	19:10.58	36.80
350m:	4:22.41	38.11	750m:	9:30.11	38.91	1150m:	14:40.43	39.32			
400m:	5:00.48	38.07	800m:	10:09.03	38.92	1200m:	15:19.21	38.78			

Prueba 20, Fem., 1500m Libre, Open femenino

Clasificación	Edad				Tiempo				PUNTOS
12. ALEN FERNANDEZ, Irea Adriana	18	NTNARON	19:21.40	21,00					
50m: 35.29	35.29	450m: 5:42.62	38.60	850m: 10:55.52	39.81	1250m: 16:06.27	39.21		
100m: 1:13.36	38.07	500m: 6:21.79	39.17	900m: 11:34.74	39.22	1300m: 16:45.57	39.30		
150m: 1:51.25	37.89	550m: 7:00.30	38.51	950m: 12:13.45	38.71	1350m: 17:25.31	39.74		
200m: 2:29.59	38.34	600m: 7:39.54	39.24	1000m: 12:51.40	37.95	1400m: 18:04.41	39.10		
250m: 3:08.28	38.69	650m: 8:18.73	39.19	1050m: 13:29.67	38.27	1450m: 18:44.00	39.59		
300m: 3:46.93	38.65	700m: 8:57.93	39.20	1100m: 14:09.59	39.92	1500m: 19:21.40	37.40		
350m: 4:25.50	38.57	750m: 9:36.87	38.94	1150m: 14:48.21	38.62				
400m: 5:04.02	38.52	800m: 10:15.71	38.84	1200m: 15:27.06	38.85				
13. TUBIO SUEIRO, Rita	14	BOIRO	19:24.96	20,00					
50m: 34.81	34.81	450m: 5:43.54	39.06	850m: 10:58.13	39.48	1250m: 16:14.12	39.18		
100m: 1:12.17	37.36	500m: 6:22.71	39.17	900m: 11:37.47	39.34	1300m: 16:52.33	38.21		
150m: 1:51.00	38.83	550m: 7:02.08	39.37	950m: 12:16.64	39.17	1350m: 17:31.57	39.24		
200m: 2:29.97	38.97	600m: 7:41.37	39.29	1000m: 12:57.09	40.45	1400m: 18:10.63	39.06		
250m: 3:08.42	38.45	650m: 8:20.30	38.93	1050m: 13:35.99	38.90	1450m: 18:48.84	38.21		
300m: 3:46.92	38.50	700m: 8:59.07	38.77	1100m: 14:15.62	39.63	1500m: 19:24.96	36.12		
350m: 4:25.59	38.67	750m: 9:38.97	39.90	1150m: 14:55.54	39.92				
400m: 5:04.48	38.89	800m: 10:18.65	39.68	1200m: 15:34.94	39.40				
14. GOMEZ PEDROUZO, Martina	13	FLUVLUGO	19:34.52	19,00					
50m: 35.37	35.37	450m: 5:44.89	38.72	850m: 10:58.45	39.78	1250m: 16:16.43	40.09		
100m: 1:13.61	38.24	500m: 6:23.48	38.59	900m: 11:37.68	39.23	1300m: 16:56.43	40.00		
150m: 1:51.97	38.36	550m: 7:02.59	39.11	950m: 12:17.29	39.61	1350m: 17:36.42	39.99		
200m: 2:30.94	38.97	600m: 7:42.06	39.47	1000m: 12:57.03	39.74	1400m: 18:16.34	39.92		
250m: 3:09.82	38.88	650m: 8:20.98	38.92	1050m: 13:36.65	39.62	1450m: 18:56.20	39.86		
300m: 3:48.82	39.00	700m: 9:00.18	39.20	1100m: 14:16.43	39.78	1500m: 19:34.52	38.32		
350m: 4:27.00	38.18	750m: 9:38.86	38.68	1150m: 14:56.40	39.97				
400m: 5:06.17	39.17	800m: 10:18.67	39.81	1200m: 15:36.34	39.94				
15. RODRIGUEZ RODRIGUEZ, Carla	16	ARTEIXO	19:35.17	18,00					
50m: 35.81	35.81	450m: 5:47.63	39.10	850m: 11:02.32	39.47	1250m: 16:20.57	39.65		
100m: 1:13.70	37.89	500m: 6:26.98	39.35	900m: 11:42.06	39.74	1300m: 17:00.16	39.59		
150m: 1:52.57	38.87	550m: 7:06.22	39.24	950m: 12:21.44	39.38	1350m: 17:39.92	39.76		
200m: 2:31.72	39.15	600m: 7:45.51	39.29	1000m: 13:01.30	39.86	1400m: 18:18.85	38.93		
250m: 3:11.12	39.40	650m: 8:25.24	39.73	1050m: 13:40.97	39.67	1450m: 18:58.34	39.49		
300m: 3:50.44	39.32	700m: 9:04.71	39.47	1100m: 14:21.20	40.23	1500m: 19:35.17	36.83		
350m: 4:29.80	39.36	750m: 9:43.96	39.25	1150m: 15:00.82	39.62				
400m: 5:08.53	38.73	800m: 10:22.85	38.89	1200m: 15:40.92	40.10				
16. COBELAS ALVAREZ, Laura	14	POURENSE	19:35.22	17,00					
50m: 35.20	35.20	450m: 5:47.22	39.34	850m: 11:02.08	39.58	1250m: 16:19.05	40.16		
100m: 1:13.46	38.26	500m: 6:26.61	39.39	900m: 11:41.77	39.69	1300m: 16:58.80	39.75		
150m: 1:52.42	38.96	550m: 7:05.34	38.73	950m: 12:20.88	39.11	1350m: 17:38.36	39.56		
200m: 2:31.56	39.14	600m: 7:44.78	39.44	1000m: 13:00.20	39.32	1400m: 18:17.82	39.46		
250m: 3:10.82	39.26	650m: 8:24.29	39.51	1050m: 13:39.87	39.67	1450m: 18:57.60	39.78		
300m: 3:49.52	38.70	700m: 9:03.52	39.23	1100m: 14:20.38	40.51	1500m: 19:35.22	37.62		
350m: 4:28.54	39.02	750m: 9:42.89	39.37	1150m: 14:59.46	39.08				
400m: 5:07.88	39.34	800m: 10:22.50	39.61	1200m: 15:38.89	39.43				
17. DIAZ-PACHE CIDONCHA, Mar	13	SCASINO	19:35.45	16,00					
50m: 34.63	34.63	450m: 5:44.33	38.98	850m: 10:59.98	39.48	1250m: 16:19.53	39.86		
100m: 1:12.30	37.67	500m: 6:23.58	39.25	900m: 11:39.45	39.47	1300m: 16:58.85	39.32		
150m: 1:50.98	38.68	550m: 7:02.81	39.23	950m: 12:18.75	39.30	1350m: 17:38.90	40.05		
200m: 2:29.57	38.59	600m: 7:42.01	39.20	1000m: 12:58.69	39.94	1400m: 18:18.82	39.92		
250m: 3:08.67	39.10	650m: 8:21.85	39.84	1050m: 13:38.99	40.30	1450m: 18:58.06	39.24		
300m: 3:47.39	38.72	700m: 9:01.97	40.12	1100m: 14:18.96	39.97	1500m: 19:35.45	37.39		
350m: 4:26.20	38.81	750m: 9:41.09	39.12	1150m: 14:59.10	40.14				
400m: 5:05.35	39.15	800m: 10:20.50	39.41	1200m: 15:39.67	40.57				

Prueba 20, Fem., 1500m Libre, Open femenino

Clasificación				Edad			Tiempo			PUNTOS		
18.	LEDO BARRIOS, Ana			14	RBAIXAS			19:44.67			15,00	
	50m:	36.14	36.14	450m:	5:48.73	38.84	850m:	11:06.75	39.67	1250m:	16:26.25	39.93
	100m:	1:14.52	38.38	500m:	6:28.05	39.32	900m:	11:47.15	40.40	1300m:	17:06.36	40.11
	150m:	1:53.58	39.06	550m:	7:07.67	39.62	950m:	12:26.83	39.68	1350m:	17:46.40	40.04
	200m:	2:32.67	39.09	600m:	7:47.41	39.74	1000m:	13:06.89	40.06	1400m:	18:26.47	40.07
	250m:	3:11.76	39.09	650m:	8:26.94	39.53	1050m:	13:46.40	39.51	1450m:	19:06.02	39.55
	300m:	3:51.14	39.38	700m:	9:07.08	40.14	1100m:	14:26.61	40.21	1500m:	19:44.67	38.65
	350m:	4:30.38	39.24	750m:	9:46.98	39.90	1150m:	15:06.58	39.97			
	400m:	5:09.89	39.51	800m:	10:27.08	40.10	1200m:	15:46.32	39.74			
19.	PIÑEIRO FERNANDEZ, Antia			17	RCNVIGO			20:12.32			14,00	
	50m:	36.29	36.29	450m:	5:57.78	41.22	850m:	11:25.83	40.72	1250m:	16:50.58	40.42
	100m:	1:15.12	38.83	500m:	6:38.58	40.80	900m:	12:06.64	40.81	1300m:	17:31.37	40.79
	150m:	1:54.87	39.75	550m:	7:19.00	40.42	950m:	12:47.73	41.09	1350m:	18:11.88	40.51
	200m:	2:35.02	40.15	600m:	7:59.97	40.97	1000m:	13:28.88	41.15	1400m:	18:52.75	40.87
	250m:	3:15.30	40.28	650m:	8:41.67	41.70	1050m:	14:09.48	40.60	1450m:	19:33.50	40.75
	300m:	3:55.34	40.04	700m:	9:22.50	40.83	1100m:	14:49.35	39.87	1500m:	20:12.32	38.82
	350m:	4:35.86	40.52	750m:	10:03.78	41.28	1150m:	15:29.57	40.22			
	400m:	5:16.56	40.70	800m:	10:45.11	41.33	1200m:	16:10.16	40.59			
20.	SEGOVIA CARBALLO, Paula			25	NTNARON			20:28.00			13,00	
	50m:	35.36	35.36	450m:	5:56.35	40.69	850m:	11:26.94	41.56	1250m:	17:00.69	42.01
	100m:	1:14.34	38.98	500m:	6:37.19	40.84	900m:	12:08.54	41.60	1300m:	17:42.32	41.63
	150m:	1:53.90	39.56	550m:	7:18.28	41.09	950m:	12:50.18	41.64	1350m:	18:24.09	41.77
	200m:	2:34.02	40.12	600m:	7:59.53	41.25	1000m:	13:31.94	41.76	1400m:	19:05.72	41.63
	250m:	3:13.89	39.87	650m:	8:40.48	40.95	1050m:	14:13.67	41.73	1450m:	19:47.30	41.58
	300m:	3:54.31	40.42	700m:	9:21.92	41.44	1100m:	14:55.12	41.45	1500m:	20:28.00	40.70
	350m:	4:35.09	40.78	750m:	10:03.61	41.69	1150m:	15:36.94	41.82			
	400m:	5:15.66	40.57	800m:	10:45.38	41.77	1200m:	16:18.68	41.74			
21.	AMEAL PACHECO, Valeria			13	RCNVIGO			20:35.69			12,00	
	50m:	35.01	35.01	450m:	5:56.84	41.51	850m:	11:30.74	42.15	1250m:	17:09.64	42.22
	100m:	1:12.64	37.63	500m:	6:38.33	41.49	900m:	12:13.81	43.07	1300m:	17:51.31	41.67
	150m:	1:51.89	39.25	550m:	7:20.13	41.80	950m:	12:56.02	42.21	1350m:	18:32.96	41.65
	200m:	2:32.01	40.12	600m:	8:02.38	42.25	1000m:	13:38.61	42.59	1400m:	19:15.25	42.29
	250m:	3:12.16	40.15	650m:	8:43.71	41.33	1050m:	14:21.36	42.75	1450m:	19:56.33	41.08
	300m:	3:52.95	40.79	700m:	9:25.70	41.99	1100m:	15:03.74	42.38	1500m:	20:35.69	39.36
	350m:	4:34.15	41.20	750m:	10:06.47	40.77	1150m:	15:46.15	42.41			
	400m:	5:15.33	41.18	800m:	10:48.59	42.12	1200m:	16:27.42	41.27			