

Prueba 22
02/02/2025

Masc., 400m Libre

ALEV M
Resultados

Clasificación	Edad		Tiempo	
ALEV M				
1. SIMÓN GARRIDO, Guillermo	13	LICEO	4:38.50	19,00
50m: 31.36 31.36 150m: 1:41.27 35.34 250m: 2:52.12 35.38 350m: 4:03.99 35.92				
100m: 1:05.93 34.57 200m: 2:16.74 35.47 300m: 3:28.07 35.95 400m: 4:38.50 34.51				
2. OTERO GONZALEZ, Hugo	13	XOVE	4:55.83	16,00
50m: 32.94 32.94 150m: 1:47.13 37.87 250m: 3:04.04 38.26 350m: 4:20.01 38.06				
100m: 1:09.26 36.32 200m: 2:25.78 38.65 300m: 3:41.95 37.91 400m: 4:55.83 35.82				
3. CANEIRO FONTICOBA, Roque	13	CEDEIRA	5:00.63	14,00
50m: 33.04 33.04 150m: 1:48.36 38.27 250m: 3:05.53 38.76 350m: 4:22.98 38.43				
100m: 1:10.09 37.05 200m: 2:26.77 38.41 300m: 3:44.55 39.02 400m: 5:00.63 37.65				
4. LAGO SOTO, David	13	RIASBAIXAS	5:17.43	13,00
50m: 35.08 35.08 150m: 1:55.43 40.95 250m: 3:17.97 40.98 350m: 4:39.52 40.67				
100m: 1:14.48 39.40 200m: 2:36.99 41.56 300m: 3:58.85 40.88 400m: 5:17.43 37.91				
5. HERMIDA PEREIRA, Santiago	12	MARINAF	5:29.45	12,00
50m: 37.17 37.17 150m: 2:01.83 42.82 250m: 3:28.13 43.00 350m: 4:52.42 41.36				
100m: 1:19.01 41.84 200m: 2:45.13 43.30 300m: 4:11.06 42.93 400m: 5:29.45 37.03				
6. BENASACH LÓPEZ, Miguel	13	MARINAF	5:30.56	11,00
50m: 37.40 37.40 150m: 2:00.63 41.92 250m: 3:25.39 42.75 350m: 4:50.60 42.95				
100m: 1:18.71 41.31 200m: 2:42.64 42.01 300m: 4:07.65 42.26 400m: 5:30.56 39.96				
7. ESTÉVEZ MONTES, Ian	12	PONTEAREAS	5:33.58	10,00
50m: 37.64 37.64 150m: 2:03.45 42.77 250m: 3:30.63 43.36 350m: 4:53.33 42.01				
100m: 1:20.68 43.04 200m: 2:47.27 43.82 300m: 4:11.32 40.69 400m: 5:33.58 40.25				
8. CILLERO RIVEIRO, Pablo	13	PORTAMIÑA	5:35.84	9,00
50m: 37.33 37.33 150m: 2:02.44 43.23 250m: 3:30.09 43.71 350m: 4:56.83 43.59				
100m: 1:19.21 41.88 200m: 2:46.38 43.94 300m: 4:13.24 43.15 400m: 5:35.84 39.01				
9. LÓPEZ SALGADO, Alejandro	12	NFERROL	5:45.43	8,00
50m: 37.95 37.95 150m: 2:05.28 44.16 250m: 3:33.60 44.43 350m: 5:02.39 44.43				
100m: 1:21.12 43.17 200m: 2:49.17 43.89 300m: 4:17.96 44.36 400m: 5:45.43 43.04				
10. MARTINEZ MONTES, Anxo	13	C. N. Mos	5:49.33	7,00
50m: 38.74 38.74 150m: 2:03.08 43.18 250m: 3:33.50 45.75 350m: 5:06.32 46.49				
100m: 1:19.90 41.16 200m: 2:47.75 44.67 300m: 4:19.83 46.33 400m: 5:49.33 43.01				

12 años

1. HERMIDA PEREIRA, Santiago	12	MARINAF	5:29.45	12,00
50m: 37.17 37.17 150m: 2:01.83 42.82 250m: 3:28.13 43.00 350m: 4:52.42 41.36				
100m: 1:19.01 41.84 200m: 2:45.13 43.30 300m: 4:11.06 42.93 400m: 5:29.45 37.03				
2. ESTÉVEZ MONTES, Ian	12	PONTEAREAS	5:33.58	10,00
50m: 37.64 37.64 150m: 2:03.45 42.77 250m: 3:30.63 43.36 350m: 4:53.33 42.01				
100m: 1:20.68 43.04 200m: 2:47.27 43.82 300m: 4:11.32 40.69 400m: 5:33.58 40.25				
3. LÓPEZ SALGADO, Alejandro	12	NFERROL	5:45.43	8,00
50m: 37.95 37.95 150m: 2:05.28 44.16 250m: 3:33.60 44.43 350m: 5:02.39 44.43				
100m: 1:21.12 43.17 200m: 2:49.17 43.89 300m: 4:17.96 44.36 400m: 5:45.43 43.04				

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13 años

1.	SIMÓN GARRIDO, Guillermo	13	LICEO	4:38.50	19,00					
	50m: 31.36	31.36	150m: 1:41.27	35.34	250m: 2:52.12	35.38	350m: 4:03.99	35.92		
	100m: 1:05.93	34.57	200m: 2:16.74	35.47	300m: 3:28.07	35.95	400m: 4:38.50	34.51		
2.	OTERO GONZALEZ, Hugo	13	XOVE	4:55.83	16,00					
	50m: 32.94	32.94	150m: 1:47.13	37.87	250m: 3:04.04	38.26	350m: 4:20.01	38.06		
	100m: 1:09.26	36.32	200m: 2:25.78	38.65	300m: 3:41.95	37.91	400m: 4:55.83	35.82		
3.	CANEIRO FONTICOBA, Roque	13	CEDEIRA	5:00.63	14,00					
	50m: 33.04	33.04	150m: 1:48.36	38.27	250m: 3:05.53	38.76	350m: 4:22.98	38.43		
	100m: 1:10.09	37.05	200m: 2:26.77	38.41	300m: 3:44.55	39.02	400m: 5:00.63	37.65		
4.	LAGO SOTO, David	13	RIASBAIXAS	5:17.43	13,00					
	50m: 35.08	35.08	150m: 1:55.43	40.95	250m: 3:17.97	40.98	350m: 4:39.52	40.67		
	100m: 1:14.48	39.40	200m: 2:36.99	41.56	300m: 3:58.85	40.88	400m: 5:17.43	37.91		
5.	BENASACH LÓPEZ, Miguel	13	MARINAF	5:30.56	11,00					
	50m: 37.40	37.40	150m: 2:00.63	41.92	250m: 3:25.39	42.75	350m: 4:50.60	42.95		
	100m: 1:18.71	41.31	200m: 2:42.64	42.01	300m: 4:07.65	42.26	400m: 5:30.56	39.96		
6.	CILLERO RIVEIRO, Pablo	13	PORTAMIÑA	5:35.84	9,00					
	50m: 37.33	37.33	150m: 2:02.44	43.23	250m: 3:30.09	43.71	350m: 4:56.83	43.59		
	100m: 1:19.21	41.88	200m: 2:46.38	43.94	300m: 4:13.24	43.15	400m: 5:35.84	39.01		
7.	MARTINEZ MONTES, Anxo	13	C. N. Mos	5:49.33	7,00					
	50m: 38.74	38.74	150m: 2:03.08	43.18	250m: 3:33.50	45.75	350m: 5:06.32	46.49		
	100m: 1:19.90	41.16	200m: 2:47.75	44.67	300m: 4:19.83	46.33	400m: 5:49.33	43.01		