

Prueba 3  
11/01/2025

Masc., 400m Libre

2005 y mayores  
Lista de salida

| Pista               | Nome                            | Ano | Clube | Marca                   | Pisc.        |
|---------------------|---------------------------------|-----|-------|-------------------------|--------------|
| <b>Serie 1 de 9</b> |                                 |     |       |                         |              |
| 2                   | LOPEZ VIDAL, Antonio            | 73  | 70+   | GALAICO                 | 8:58.82 25m  |
| 4                   | MAGARIÑOS MACEIRAS, Xose        | 57  | 55+   | SALESTRA                | 7:01.28 25m  |
| 5                   | LAGO REY, Jose Manuel           | 62  | 60+   | RIASBAIXAS              | 10:00.01 25m |
| <b>Serie 2 de 9</b> |                                 |     |       |                         |              |
| 1                   | FARIAS FORNEIRO, Patricio Cruz  | 48  | 45+   | FLUVIAL                 | 6:47.86 25m  |
| 2                   | DE LA VEGA GÁNDARAS, Felipe     | 52  | 50+   | HERCULES                | 6:50.99 50m  |
| 3                   | FERNÁNDEZ FERNÁNDEZ, José Luis  | 51  | 50+   | CIDSANTIAG              | 6:38.37 25m  |
| 4                   | BLANCO PEREZ, Angel             | 61  | 60+   | POURENSE                | 6:43.06 25m  |
| 5                   | RODRIGUEZ BASANTA, Fco. Jose    | 64  | 60+   | C. N. Valdeorras        | 6:47.07 25m  |
| 6                   | TEIJEIRO IGLESIAS, Jesus        | 49  | 45+   | PORTAMIÑA               | 6:53.18 25m  |
| <b>Serie 3 de 9</b> |                                 |     |       |                         |              |
| 2                   | CEGARRA GARCIA, Eugenio         | 61  | 60+   | RSDH                    | 6:28.08 25m  |
| 3                   | FERNANDEZ MONTEAGUDO, Ruben     | 40  | 40+   | CIDSANTIAG              | 6:26.22 25m  |
| 4                   | GOLPE IGLESIAS, Jose Antonio    | 43  | 40+   | C. N. Máster Pons Vetus | 6:28.04 25m  |
| 5                   | HERNANZ MORAL, Fausto           | 63  | 60+   | RIASBAIXAS              | 6:30.24 25m  |
| 6                   | FERNANDEZ MARTINEZ, Alberto     | 54  | 50+   | ESCUALOS                | 6:41.85 50m  |
| <b>Serie 4 de 9</b> |                                 |     |       |                         |              |
| 1                   | LORENZO FERNANDEZ, Jose Manuel  | 53  | 50+   | RIASBAIXAS              | 6:22.13 25m  |
| 2                   | GURIDI HUERTA, Jesus M.         | 57  | 55+   | FLUVIAL                 | 6:20.64 50m  |
| 3                   | GARCIA COLOMO, Manuel Ramon     | 71  | 70+   | POURENSE                | 6:07.65 25m  |
| 4                   | GONZÁLEZ PEREIRA, J. Carlos     | 50  | 50+   | GALAICO                 | 6:11.84 25m  |
| 5                   | ALIAGA SOLA, Alberto            | 48  | 45+   | PONTEAREAS              | 6:19.96 25m  |
| 6                   | FIDALGO SERRANO, Guillermo      | 39  | 35+   | TRAVIESAS               | 6:22.36 25m  |
| <b>Serie 5 de 9</b> |                                 |     |       |                         |              |
| 1                   | DURO GONZALEZ, Antonio          | 51  | 50+   | SALESTRA                | 6:02.32 25m  |
| 2                   | FERREIRO SEOANE, Jose Raul      | 52  | 50+   | RIASBAIXAS              | 5:59.70 25m  |
| 3                   | NISTAL GARCÍA, Eduardo          | 57  | 55+   | SCASINO                 | 5:48.63 25m  |
| 4                   | CODESIDO LOPEZ, José            | 66  | 65+   | CIDSANTIAG              | 5:49.31 25m  |
| 5                   | CUETO ALVAREZ, Elias            | 50  | 50+   | CIDSANTIAG              | 6:00.69 25m  |
| 6                   | FERNANDEZ-TESTA BARREIRO, David | 51  | 50+   | RIASBAIXAS              | 6:09.79 50m  |

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|   |                               |    |     |            |         |     |
|---|-------------------------------|----|-----|------------|---------|-----|
| 1 | GONZALEZ PEÑAS, David         | 41 | 40+ | PORTAMIÑA  | 5:40.25 | 25m |
| 2 | DOMINGUEZ PHILOCREON, Ticiano | 44 | 40+ | CIDSANTIAG | 5:33.71 | 25m |
| 3 | CASARES GARCIA, Adrian        | 22 | 20+ | PONTEAREAS | 5:31.15 | 25m |
| 4 | BETHENCOURT IGLESIAS, Sergio  | 62 | 60+ | CIDSANTIAG | 5:33.23 | 25m |
| 5 | FIERRO FERNÁNDEZ, Julio       | 43 | 40+ | SCASINO    | 5:40.37 | 25m |
| 6 | MOURIÑO FORTES, Víctor Manuel | 48 | 45+ | PONTEAREAS | 5:44.07 | 25m |

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|   |                                     |    |     |            |         |     |
|---|-------------------------------------|----|-----|------------|---------|-----|
| 1 | PICALLO MATO, Adrian                | 30 | 30+ | SALESTRA   | 5:27.59 | 25m |
| 2 | BALDOMAR OBELLEIRA, Ruben           | 51 | 50+ | NCORUÑA    | 5:24.31 | 25m |
| 3 | GARCIA CASTIÑEIRA, Daniel           | 51 | 50+ | CIDSANTIAG | 5:23.64 | 25m |
| 4 | PEREZ ARIAS, Hector                 | 54 | 50+ | PORTAMIÑA  | 5:23.98 | 25m |
| 5 | IGLESIAS CARRERA, Pio               | 52 | 50+ | CIDSANTIAG | 5:27.00 | 25m |
| 6 | RODRÍGUEZ GONZÁLEZ, Antonio Joaquín | 34 | 30+ | NFERROL    | 5:27.87 | 25m |

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|   |                         |    |     |            |         |     |
|---|-------------------------|----|-----|------------|---------|-----|
| 2 | RIVAS FEAL, Antonio     | 59 | 55+ | SCASINO    | 5:06.40 | 25m |
| 3 | FREIRE GONZALEZ, Javier | 32 | 30+ | RIASBAIXAS | 5:01.12 | 25m |
| 4 | MASSO AGUADO, Jorge     | 49 | 45+ | RIASBAIXAS | 5:10.73 | 50m |
| 5 | BLANCO PEREZ, Jesus     | 39 | 35+ | NTNARON    | 5:18.18 | 50m |
| 6 | GARCIA RIÑON, Jaime     | 61 | 60+ | NCORUÑA    | 5:12.16 | 25m |

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|   |                           |    |     |            |         |     |
|---|---------------------------|----|-----|------------|---------|-----|
| 1 | INCUTTI TELLADO, Denis    | 25 | 25+ | PONTEAREAS | 4:53.93 | 25m |
| 2 | MUIÑO ALONSO, Anton       | 31 | 30+ | NCORUÑA    | 4:45.73 | 25m |
| 3 | MARTINEZ MARTINEZ, Marcos | 22 | 20+ | PONTEAREAS | 4:17.00 | 25m |
| 4 | RODRIGUEZ LAGO, David     | 39 | 35+ | CIDSANTIAG | 4:22.57 | 25m |
| 5 | SANCHEZ GORDON, Roman     | 47 | 45+ | RIASBAIXAS | 4:47.11 | 25m |
| 6 | TRILLO RODRIGUEZ, Adrian  | 28 | 25+ | CNMOS      | 4:55.10 | 25m |