

Prueba 32
20/07/2024

Masc., 400m Estilos

Absoluto Masculino
Resultados

RG	4:14.90	, MENDEZ PUGA, MARIO	RBAIXAS	16/12/2022
MMG 18	4:21.34	, MENDEZ PUGA, MARIO	RBAIXAS	26/11/2021
MMG 17	4:26.45	, ALVAREZ MARTINEZ, FCO. JAVIER	GALAICO	28/12/2008
MMG 16	4:25.68	, SOUTO VILAS, CARLOS	CDELMAR	28/12/2019
MMG 15	4:32.17	, CABANA DEL AMO, PABLO	NPONTEA	28/12/2019
MMG 14	4:35.15	, CABANA DEL AMO, PABLO	NPONTEA	28/12/2018
MMG 13	4:50.57	, CABANA DEL AMO, PABLO	NPONTEA	28/12/2017
MMG 12	5:31.39	, LUQUE ROMERO, NICOLAS	CMARINA	13/06/2010

Puntos: FINA 2023

Clasificación	Edad				Tiempo	ABSO	FINA
1. FERNANDEZ DEL VALLE, Ivan	19	POURENSE			4:51.75	15,00	521
50m: 31.36 31.36 150m: 1:46.14 39.13 250m: 3:03.60 39.28 350m: 4:19.08 34.12							
100m: 1:07.01 35.65 200m: 2:24.32 38.18 300m: 3:44.96 41.36 400m: 4:51.75 32.67							
2. GUTIERREZ MARIÑO, Santiago	22	POURENSE			4:54.55	12,00	506
50m: 31.04 31.04 150m: 1:45.79 38.58 250m: 3:04.87 41.45 350m: 4:21.52 34.32							
100m: 1:07.21 36.17 200m: 2:23.42 37.63 300m: 3:47.20 42.33 400m: 4:54.55 33.03							
3. PREGO GROBA, Brais	16	PONTEAREAS			4:56.53	10,00	496
50m: 33.03 33.03 150m: 1:50.82 38.72 250m: 3:08.58 40.40 350m: 4:23.75 33.51							
100m: 1:12.10 39.07 200m: 2:28.18 37.36 300m: 3:50.24 41.66 400m: 4:56.53 32.78							
4. RODRIGUEZ DA SILVA, Bruno	14	PONTEAREAS			5:21.15	9,00	390
50m: 32.85 32.85 150m: 1:53.29 41.50 250m: 3:19.37 45.23 350m: 4:44.66 38.95							
100m: 1:11.79 38.94 200m: 2:34.14 40.85 300m: 4:05.71 46.34 400m: 5:21.15 36.49							
DSQ VILLANUEVA VÁZQUEZ, Iago	13	RCNVIGO			-		
Nado Irregular							
Baja MASSO ROIG, Martin	17	VIGORIASBAIXAS			-		