

Prueba 19
20/07/2024

Fem., 400m Libre

Absoluto Femenino
Resultados

RG	4:04.11	, GOMEZ CORTES, BEATRIZ	GALAICO	24/11/2012
MMG 18	4:04.11	, GOMEZ CORTES, BEATRIZ	GALAICO	24/11/2012
MMG 17	4:06.89	, GOMEZ CORTES, BEATRIZ	GALAICO	17/12/2011
MMG 16	4:07.55	, CARRON MUIÑA, CARLA	ARZUA	25/11/2021
MMG 15	4:11.35	, OTERO FERNÁNDEZ, PAULA	ARTEIXO	14/11/2019
MMG 14	4:14.18	, VILAS VIDAL, MARIA	RIVEIRA	29/12/2010
MMG 13	4:26.99	, DE LA FUENTE FIAÑO, ANE	CNLICEO	19/12/2014
MMG 12	4:34.81	, DE LA FUENTE FIAÑO, ANE	CNLICEO	27/12/2013

Puntos: FINA 2023

Clasificación	Edad						Tiempo	ABSO	FINA			
1.	CARRON MUIÑA, Carla			19	PONTEAREAS			4:09.04	15,00	801		
	50m:	28.73	28.73	150m:	1:30.87	31.22	250m:	2:33.18	30.94	350m:	3:37.14	32.16
	100m:	59.65	30.92	200m:	2:02.24	31.37	300m:	3:04.98	31.80	400m:	4:09.04	31.90
2.	ALVAREZ PAZOS, Maria			17	VIGORIASBAIXAS			4:34.20	12,00	600		
	50m:	32.22	32.22	150m:	1:41.92	34.80	250m:	2:51.28	34.52	350m:	4:00.51	34.56
	100m:	1:07.12	34.90	200m:	2:16.76	34.84	300m:	3:25.95	34.67	400m:	4:34.20	33.69
3.	RODRÍGUEZ RODRÍGUEZ, Paula			16	ARTEIXO			4:45.29	10,00	532		
	50m:	32.89	32.89	150m:	1:44.60	36.15	250m:	2:57.01	36.37	350m:	4:09.99	36.52
	100m:	1:08.45	35.56	200m:	2:20.64	36.04	300m:	3:33.47	36.46	400m:	4:45.29	35.30
4.	BLANCO LAGE, Aitana			15	PONTEAREAS			4:47.04	9,00	523		
	50m:	32.73	32.73	150m:	1:44.71	36.64	250m:	2:57.27	35.91	350m:	4:11.06	36.88
	100m:	1:08.07	35.34	200m:	2:21.36	36.65	300m:	3:34.18	36.91	400m:	4:47.04	35.98
5.	QUINTAS MELON, Maria			14	PONTEAREAS			5:09.53	-	417		
	50m:	33.21	33.21	150m:	1:48.85	38.60	250m:	3:09.20	40.64	350m:	4:30.27	40.51
	100m:	1:10.25	37.04	200m:	2:28.56	39.71	300m:	3:49.76	40.56	400m:	5:09.53	39.26
6.	VILARNOVO SUÁREZ, Lucia			13	BOIRO			5:38.46	8,00	319		
	50m:	37.72	37.72	150m:	2:02.41	43.24	250m:	3:29.12	43.21	350m:	4:55.89	42.54
	100m:	1:19.17	41.45	200m:	2:45.91	43.50	300m:	4:13.35	44.23	400m:	5:38.46	42.57