

Prueba 4
05/07/2024

Masc., 1500m Libre

Absoluto Masculino
Resultados

Clasificación			Edad			Tempo	ABSO	JUNI				
Junior Masculino												
1.	MANEIROS PAZ, Mario		18	C. N. FERROL		16:49.57	16,00	19,00				
	50m:	29.64	29.64	450m:	4:55.28	33.47	850m:	9:23.32	34.39	1250m:	13:57.78	34.85
	100m:	1:01.89	32.25	500m:	5:28.76	33.48	900m:	9:57.14	33.82	1300m:	14:32.51	34.73
	150m:	1:34.74	32.85	550m:	6:01.34	32.58	950m:	10:31.19	34.05	1350m:	15:07.08	34.57
	200m:	2:07.60	32.86	600m:	6:34.21	32.87	1000m:	11:05.30	34.11	1400m:	15:41.66	34.58
	250m:	2:41.38	33.78	650m:	7:07.57	33.36	1050m:	11:40.03	34.73	1450m:	16:15.97	34.31
	300m:	3:14.65	33.27	700m:	7:41.18	33.61	1100m:	12:13.93	33.90	1500m:	16:49.57	33.60
	350m:	3:48.53	33.88	750m:	8:15.14	33.96	1150m:	12:48.33	34.40			
	400m:	4:21.81	33.28	800m:	8:48.93	33.79	1200m:	13:22.93	34.60			
2.	PEREZ FERNANDEZ, Brais		17	C. N. PORTAMIÑA		16:54.11	14,00	16,00				
	50m:	30.43	30.43	450m:	4:56.24	33.34	850m:	9:27.61	34.10	1250m:	14:02.86	34.99
	100m:	1:03.07	32.64	500m:	5:29.64	33.40	900m:	10:01.80	34.19	1300m:	14:37.27	34.41
	150m:	1:36.39	33.32	550m:	6:03.44	33.80	950m:	10:36.43	34.63	1350m:	15:11.96	34.69
	200m:	2:09.66	33.27	600m:	6:37.04	33.60	1000m:	11:10.66	34.23	1400m:	15:46.65	34.69
	250m:	2:43.09	33.43	650m:	7:11.04	34.00	1050m:	11:44.67	34.01	1450m:	16:20.97	34.32
	300m:	3:16.38	33.29	700m:	7:44.94	33.90	1100m:	12:19.02	34.35	1500m:	16:54.11	33.14
	350m:	3:49.42	33.04	750m:	8:19.26	34.32	1150m:	12:53.30	34.28			
	400m:	4:22.90	33.48	800m:	8:53.51	34.25	1200m:	13:27.87	34.57			
3.	CUBEIRO ROSENDE, Xoel		17	C. N. LICEO		17:19.88	13,00	14,00				
	50m:	29.19	29.19	450m:	5:03.06	34.96	850m:	9:43.10	35.48	1250m:	14:25.44	35.66
	100m:	1:01.76	32.57	500m:	5:37.82	34.76	900m:	10:17.87	34.77	1300m:	15:00.57	35.13
	150m:	1:35.51	33.75	550m:	6:13.10	35.28	950m:	10:53.48	35.61	1350m:	15:36.29	35.72
	200m:	2:09.33	33.82	600m:	6:48.00	34.90	1000m:	11:28.60	35.12	1400m:	16:11.25	34.96
	250m:	2:44.14	34.81	650m:	7:22.75	34.75	1050m:	12:03.99	35.39	1450m:	16:45.61	34.36
	300m:	3:18.63	34.49	700m:	7:57.38	34.63	1100m:	12:39.35	35.36	1500m:	17:19.88	34.27
	350m:	3:53.48	34.85	750m:	8:32.87	35.49	1150m:	13:14.78	35.43			
	400m:	4:28.10	34.62	800m:	9:07.62	34.75	1200m:	13:49.78	35.00			
4.	DIAZ RODRIGUEZ, Ivan		16	C. N. PORTAMIÑA		17:47.38	-	13,00				
	50m:	29.97	29.97	450m:	5:11.48	35.65	850m:	10:00.02	36.10	1250m:	14:48.36	36.12
	100m:	1:03.82	33.85	500m:	5:47.52	36.04	900m:	10:36.36	36.34	1300m:	15:24.82	36.46
	150m:	1:38.84	35.02	550m:	6:23.58	36.06	950m:	11:12.13	35.77	1350m:	16:01.43	36.61
	200m:	2:14.03	35.19	600m:	6:59.45	35.87	1000m:	11:48.21	36.08	1400m:	16:37.35	35.92
	250m:	2:49.35	35.32	650m:	7:35.80	36.35	1050m:	12:23.59	35.38	1450m:	17:13.17	35.82
	300m:	3:24.37	35.02	700m:	8:11.87	36.07	1100m:	12:59.86	36.27	1500m:	17:47.38	34.21
	350m:	4:00.07	35.70	750m:	8:48.05	36.18	1150m:	13:36.60	36.74			
	400m:	4:35.83	35.76	800m:	9:23.92	35.87	1200m:	14:12.24	35.64			
5.	PREGO GROBA, Brais		16	C. N. PONTEAREAS		17:54.14	-	12,00				
	50m:	31.15	31.15	450m:	5:12.75	35.77	850m:	9:59.99	36.10	1250m:	14:52.96	36.46
	100m:	1:04.98	33.83	500m:	5:48.20	35.45	900m:	10:36.77	36.78	1300m:	15:29.98	37.02
	150m:	1:40.29	35.31	550m:	6:23.99	35.79	950m:	11:12.93	36.16	1350m:	16:06.63	36.65
	200m:	2:15.19	34.90	600m:	6:59.70	35.71	1000m:	11:50.18	37.25	1400m:	16:43.54	36.91
	250m:	2:50.45	35.26	650m:	7:35.59	35.89	1050m:	12:26.41	36.23	1450m:	17:19.34	35.80
	300m:	3:25.83	35.38	700m:	8:12.22	36.63	1100m:	13:03.74	37.33	1500m:	17:54.14	34.80
	350m:	4:01.47	35.64	750m:	8:47.29	35.07	1150m:	13:39.60	35.86			
	400m:	4:36.98	35.51	800m:	9:23.89	36.60	1200m:	14:16.50	36.90			
6.	SOBRINO NOGALES, Sebastian		16	SPORTING CASINO		17:56.37	-	11,00				
	50m:	31.74	31.74	450m:	5:17.08	35.71	900m:	10:46.10	36.38	1300m:	15:35.44	36.09
	100m:	1:06.60	34.86	500m:	5:53.57	36.49	950m:	11:23.00	36.90	1350m:	16:11.31	35.87
	150m:	1:41.92	35.32	550m:	6:29.69	36.12	1000m:	11:59.32	36.32	1400m:	16:47.02	35.71
	200m:	2:17.75	35.83	600m:	7:06.23	36.54	1050m:	12:35.14	35.82	1450m:	17:22.23	35.21
	250m:	2:53.43	35.68	700m:	8:20.09	1:13.86	1100m:	13:11.73	36.59	1500m:	17:56.37	34.14
	300m:	3:30.16	36.73	750m:	8:56.94	36.85	1150m:	13:47.15	35.42			
	350m:	4:05.15	34.99	800m:	9:33.30	36.36	1200m:	14:23.07	35.92			
	400m:	4:41.37	36.22	850m:	10:09.72	36.42	1250m:	14:59.35	36.28			

Prueba 4, Masc., 1500m Libre, Junior Masculino

Clasificación					Edad					Tempo	ABSO	JUNI
7.	GARAZABAL DE LA MONTAÑA, Carlos				17	CDELMAR				18:05.06	-	10,00
	50m:	32.11	32.11	450m:	5:24.08	37.07	850m:	10:15.07	36.83	1250m:	15:06.97	36.12
	100m:	1:06.99	34.88	500m:	6:00.69	36.61	900m:	10:52.03	36.96	1300m:	15:43.32	36.35
	150m:	1:42.88	35.89	550m:	6:36.82	36.13	950m:	11:28.39	36.36	1350m:	16:19.17	35.85
	200m:	2:19.46	36.58	600m:	7:13.10	36.28	1000m:	12:05.23	36.84	1400m:	16:55.25	36.08
	250m:	2:56.24	36.78	650m:	7:48.93	35.83	1050m:	12:41.12	35.89	1450m:	17:31.17	35.92
	300m:	3:33.60	37.36	700m:	8:25.79	36.86	1100m:	13:17.42	36.30	1500m:	18:05.06	33.89
	350m:	4:10.14	36.54	750m:	9:02.07	36.28	1150m:	13:54.20	36.78			
	400m:	4:47.01	36.87	800m:	9:38.24	36.17	1200m:	14:30.85	36.65			
8.	LEIROS FERNANDEZ, Lucas				16	C. N. PONTEAREAS				18:16.28	-	9,00
	50m:	31.00	31.00	450m:	5:11.61	36.30	850m:	10:07.30	37.45	1250m:	15:07.73	37.91
	100m:	1:04.59	33.59	500m:	5:48.14	36.53	900m:	10:44.45	37.15	1300m:	15:45.51	37.78
	150m:	1:39.36	34.77	550m:	6:25.17	37.03	950m:	11:21.76	37.31	1350m:	16:23.16	37.65
	200m:	2:13.56	34.20	600m:	7:01.83	36.66	1000m:	11:59.04	37.28	1400m:	17:01.19	38.03
	250m:	2:48.25	34.69	650m:	7:38.85	37.02	1050m:	12:36.65	37.61	1450m:	17:38.97	37.78
	300m:	3:23.94	35.69	700m:	8:15.76	36.91	1100m:	13:13.99	37.34	1500m:	18:16.28	37.31
	350m:	3:59.92	35.98	750m:	8:52.50	36.74	1150m:	13:51.84	37.85			
	400m:	4:35.31	35.39	800m:	9:29.85	37.35	1200m:	14:29.82	37.98			
9.	COBELAS ALVAREZ, Alvaro				16	PABELLON OURENSI				18:19.08	-	8,00
	50m:	31.90	31.90	450m:	5:22.26	37.65	850m:	10:18.95	37.29	1250m:	15:17.11	37.52
	100m:	1:05.84	33.94	500m:	5:59.22	36.96	900m:	10:56.33	37.38	1300m:	15:54.21	37.10
	150m:	1:41.80	35.96	550m:	6:36.26	37.04	950m:	11:33.44	37.11	1350m:	16:30.99	36.78
	200m:	2:17.87	36.07	600m:	7:13.26	37.00	1000m:	12:10.75	37.31	1400m:	17:07.74	36.75
	250m:	2:54.12	36.25	650m:	7:50.28	37.02	1050m:	12:48.04	37.29	1450m:	17:44.07	36.33
	300m:	3:30.57	36.45	700m:	8:27.19	36.91	1100m:	13:25.11	37.07	1500m:	18:19.08	35.01
	350m:	4:07.57	37.00	750m:	9:04.32	37.13	1150m:	14:02.24	37.13			
	400m:	4:44.61	37.04	800m:	9:41.66	37.34	1200m:	14:39.59	37.35			
10.	GIL-RIVERA BARBEITO, Pablo				18	A. D. FOGAR				18:22.22	-	7,00
	50m:	31.35	31.35	450m:	5:18.19	36.33	850m:	10:13.14	36.71	1250m:	15:13.09	37.60
	100m:	1:05.42	34.07	500m:	5:54.73	36.54	900m:	10:50.68	37.54	1300m:	15:51.10	38.01
	150m:	1:41.22	35.80	550m:	6:31.44	36.71	950m:	11:27.40	36.72	1350m:	16:29.38	38.28
	200m:	2:16.98	35.76	600m:	7:08.77	37.33	1000m:	12:04.97	37.57	1400m:	17:07.03	37.65
	250m:	2:52.62	35.64	650m:	7:45.59	36.82	1050m:	12:42.69	37.72	1450m:	17:44.69	37.66
	300m:	3:29.37	36.75	700m:	8:22.83	37.24	1100m:	13:20.48	37.79	1500m:	18:22.22	37.53
	350m:	4:04.90	35.53	750m:	9:00.22	37.39	1150m:	13:57.42	36.94			
	400m:	4:41.86	36.96	800m:	9:36.43	36.21	1200m:	14:35.49	38.07			
11.	ORTEGO PORTA, Andre				17	C. N. GALAICO				18:29.56	-	6,00
	50m:	31.95	31.95	450m:	5:25.01	37.43	850m:	10:23.10	37.22	1250m:	15:22.45	37.60
	100m:	1:07.22	35.27	500m:	6:02.12	37.11	900m:	10:59.95	36.85	1300m:	16:00.20	37.75
	150m:	1:43.61	36.39	550m:	6:39.73	37.61	950m:	11:37.24	37.29	1350m:	16:37.78	37.58
	200m:	2:20.00	36.39	600m:	7:17.00	37.27	1000m:	12:14.32	37.08	1400m:	17:15.59	37.81
	250m:	2:56.78	36.78	650m:	7:54.45	37.45	1050m:	12:51.85	37.53	1450m:	17:53.23	37.64
	300m:	3:33.39	36.61	700m:	8:31.81	37.36	1100m:	13:29.31	37.46	1500m:	18:29.56	36.33
	350m:	4:10.55	37.16	750m:	9:08.80	36.99	1150m:	14:07.03	37.72			
	400m:	4:47.58	37.03	800m:	9:45.88	37.08	1200m:	14:44.85	37.82			
12.	GONZALEZ PREGO, Xose				16	C. N. CORUÑA				19:24.78	-	-
	50m:	33.33	33.33	450m:	5:39.56	38.86	850m:	10:52.30	39.27	1250m:	16:09.63	40.17
	100m:	1:09.91	36.58	500m:	6:18.07	38.51	900m:	11:31.69	39.39	1300m:	16:48.72	39.09
	150m:	1:48.17	38.26	550m:	6:57.00	38.93	950m:	12:10.98	39.29	1350m:	17:28.18	39.46
	200m:	2:26.04	37.87	600m:	7:36.16	39.16	1000m:	12:50.54	39.56	1400m:	18:06.29	38.11
	250m:	3:04.67	38.63	650m:	8:15.29	39.13	1050m:	13:30.22	39.68	1450m:	18:46.62	40.33
	300m:	3:43.01	38.34	700m:	8:54.44	39.15	1100m:	14:09.53	39.31	1500m:	19:24.78	38.16
	350m:	4:22.49	39.48	750m:	9:33.78	39.34	1150m:	14:49.56	40.03			
	400m:	5:00.70	38.21	800m:	10:13.03	39.25	1200m:	15:29.46	39.90			

Prueba 4, Masc., 1500m Libre

Absoluto Masculino

1. GARCÍA CASTRO, Mateo				19	C. N. ARTEIXO	15:59.55	19,00	-			
50m:	30.44	30.44	450m:	4:55.21	33.57	850m:	9:12.92	31.92	1250m:	13:25.11	31.13
100m:	1:02.91	32.47	500m:	5:28.82	33.61	900m:	9:45.30	32.38	1300m:	13:56.86	31.75
150m:	1:35.50	32.59	550m:	6:00.45	31.63	950m:	10:16.91	31.61	1350m:	14:28.26	31.40
200m:	2:08.78	33.28	600m:	6:32.83	32.38	1000m:	10:49.13	32.22	1400m:	14:59.82	31.56
250m:	2:41.98	33.20	650m:	7:04.69	31.86	1050m:	11:20.23	31.10	1450m:	15:29.62	29.80
300m:	3:15.50	33.52	700m:	7:36.95	32.26	1100m:	11:51.49	31.26	1500m:	15:59.55	29.93
350m:	3:48.70	33.20	750m:	8:08.83	31.88	1150m:	12:22.35	30.86			
400m:	4:21.64	32.94	800m:	8:41.00	32.17	1200m:	12:53.98	31.63			
2. MANEIROS PAZ, Mario				18	C. N. FERROL	16:49.57	16,00	19,00			
50m:	29.64	29.64	450m:	4:55.28	33.47	850m:	9:23.32	34.39	1250m:	13:57.78	34.85
100m:	1:01.89	32.25	500m:	5:28.76	33.48	900m:	9:57.14	33.82	1300m:	14:32.51	34.73
150m:	1:34.74	32.85	550m:	6:01.34	32.58	950m:	10:31.19	34.05	1350m:	15:07.08	34.57
200m:	2:07.60	32.86	600m:	6:34.21	32.87	1000m:	11:05.30	34.11	1400m:	15:41.66	34.58
250m:	2:41.38	33.78	650m:	7:07.57	33.36	1050m:	11:40.03	34.73	1450m:	16:15.97	34.31
300m:	3:14.65	33.27	700m:	7:41.18	33.61	1100m:	12:13.93	33.90	1500m:	16:49.57	33.60
350m:	3:48.53	33.88	750m:	8:15.14	33.96	1150m:	12:48.33	34.40			
400m:	4:21.81	33.28	800m:	8:48.93	33.79	1200m:	13:22.93	34.60			
3. PEREZ FERNANDEZ, Brais				17	C. N. PORTAMIÑA	16:54.11	14,00	16,00			
50m:	30.43	30.43	450m:	4:56.24	33.34	850m:	9:27.61	34.10	1250m:	14:02.86	34.99
100m:	1:03.07	32.64	500m:	5:29.64	33.40	900m:	10:01.80	34.19	1300m:	14:37.27	34.41
150m:	1:36.39	33.32	550m:	6:03.44	33.80	950m:	10:36.43	34.63	1350m:	15:11.96	34.69
200m:	2:09.66	33.27	600m:	6:37.04	33.60	1000m:	11:10.66	34.23	1400m:	15:46.65	34.69
250m:	2:43.09	33.43	650m:	7:11.04	34.00	1050m:	11:44.67	34.01	1450m:	16:20.97	34.32
300m:	3:16.38	33.29	700m:	7:44.94	33.90	1100m:	12:19.02	34.35	1500m:	16:54.11	33.14
350m:	3:49.42	33.04	750m:	8:19.26	34.32	1150m:	12:53.30	34.28			
400m:	4:22.90	33.48	800m:	8:53.51	34.25	1200m:	13:27.87	34.57			
4. CUBEIRO ROSENDE, Xoel				17	C. N. LICEO	17:19.88	13,00	14,00			
50m:	29.19	29.19	450m:	5:03.06	34.96	850m:	9:43.10	35.48	1250m:	14:25.44	35.66
100m:	1:01.76	32.57	500m:	5:37.82	34.76	900m:	10:17.87	34.77	1300m:	15:00.57	35.13
150m:	1:35.51	33.75	550m:	6:13.10	35.28	950m:	10:53.48	35.61	1350m:	15:36.29	35.72
200m:	2:09.33	33.82	600m:	6:48.00	34.90	1000m:	11:28.60	35.12	1400m:	16:11.25	34.96
250m:	2:44.14	34.81	650m:	7:22.75	34.75	1050m:	12:03.99	35.39	1450m:	16:45.61	34.36
300m:	3:18.63	34.49	700m:	7:57.38	34.63	1100m:	12:39.35	35.36	1500m:	17:19.88	34.27
350m:	3:53.48	34.85	750m:	8:32.87	35.49	1150m:	13:14.78	35.43			
400m:	4:28.10	34.62	800m:	9:07.62	34.75	1200m:	13:49.78	35.00			
5. PENAS CAYADO, Fernando				15	SPORTING CASINO	17:22.34	12,00	-			
50m:	31.13	31.13	450m:	5:02.99	34.23	850m:	9:43.63	35.39	1250m:	14:26.98	35.72
100m:	1:04.22	33.09	500m:	5:37.69	34.70	900m:	10:18.62	34.99	1300m:	15:02.90	35.92
150m:	1:37.95	33.73	550m:	6:12.89	35.20	950m:	10:53.86	35.24	1350m:	15:37.95	35.05
200m:	2:11.57	33.62	600m:	6:48.01	35.12	1000m:	11:29.15	35.29	1400m:	16:13.26	35.31
250m:	2:45.65	34.08	650m:	7:23.09	35.08	1050m:	12:04.72	35.57	1450m:	16:48.41	35.15
300m:	3:19.93	34.28	700m:	7:57.87	34.78	1100m:	12:39.95	35.23	1500m:	17:22.34	33.93
350m:	3:54.17	34.24	750m:	8:33.46	35.59	1150m:	13:15.74	35.79			
400m:	4:28.76	34.59	800m:	9:08.24	34.78	1200m:	13:51.26	35.52			
6. PEREZ PAZ, Dario				19	C. N. PONTEAREAS	17:27.23	11,00	-			
50m:	30.25	30.25	450m:	5:06.49	34.94	850m:	9:48.09	35.29	1250m:	14:31.39	35.19
100m:	1:03.96	33.71	500m:	5:41.69	35.20	900m:	10:23.51	35.42	1300m:	15:07.34	35.95
150m:	1:38.01	34.05	550m:	6:16.61	34.92	950m:	10:58.88	35.37	1350m:	15:42.57	35.23
200m:	2:12.41	34.40	600m:	6:51.84	35.23	1000m:	11:34.63	35.75	1400m:	16:18.29	35.72
250m:	2:46.95	34.54	650m:	7:27.01	35.17	1050m:	12:09.79	35.16	1450m:	16:53.60	35.31
300m:	3:21.65	34.70	700m:	8:02.18	35.17	1100m:	12:45.35	35.56	1500m:	17:27.23	33.63
350m:	3:56.55	34.90	750m:	8:37.45	35.27	1150m:	13:20.22	34.87			
400m:	4:31.55	35.00	800m:	9:12.80	35.35	1200m:	13:56.20	35.98			

Prueba 4, Masc., 1500m Libre, Absoluto Masculino

Clasificación					Edad					Tempo	ABSO	JUNI
7.	TIMIRAOS FERNANDEZ, Marcos				19	C. N. PORTAMIÑA				17:28.06	10,00	-
	50m:	30.56	30.56	450m:	5:02.99	35.03	850m:	9:44.52	35.35	1250m:	14:31.32	35.87
	100m:	1:03.24	32.68	500m:	5:37.77	34.78	900m:	10:20.21	35.69	1300m:	15:06.89	35.57
	150m:	1:36.69	33.45	550m:	6:13.03	35.26	950m:	10:56.24	36.03	1350m:	15:42.98	36.09
	200m:	2:10.16	33.47	600m:	6:47.99	34.96	1000m:	11:32.14	35.90	1400m:	16:18.33	35.35
	250m:	2:44.15	33.99	650m:	7:23.48	35.49	1050m:	12:08.14	36.00	1450m:	16:53.93	35.60
	300m:	3:18.20	34.05	700m:	7:58.44	34.96	1100m:	12:44.13	35.99	1500m:	17:28.06	34.13
	350m:	3:53.29	35.09	750m:	8:33.89	35.45	1150m:	13:19.93	35.80			
	400m:	4:27.96	34.67	800m:	9:09.17	35.28	1200m:	13:55.45	35.52			
8.	DIAZ RODRIGUEZ, Ivan				16	C. N. PORTAMIÑA				17:47.38	-	13,00
	50m:	29.97	29.97	450m:	5:11.48	35.65	850m:	10:00.02	36.10	1250m:	14:48.36	36.12
	100m:	1:03.82	33.85	500m:	5:47.52	36.04	900m:	10:36.36	36.34	1300m:	15:24.82	36.46
	150m:	1:38.84	35.02	550m:	6:23.58	36.06	950m:	11:12.13	35.77	1350m:	16:01.43	36.61
	200m:	2:14.03	35.19	600m:	6:59.45	35.87	1000m:	11:48.21	36.08	1400m:	16:37.35	35.92
	250m:	2:49.35	35.32	650m:	7:35.80	36.35	1050m:	12:23.59	35.38	1450m:	17:13.17	35.82
	300m:	3:24.37	35.02	700m:	8:11.87	36.07	1100m:	12:59.86	36.27	1500m:	17:47.38	34.21
	350m:	4:00.07	35.70	750m:	8:48.05	36.18	1150m:	13:36.60	36.74			
	400m:	4:35.83	35.76	800m:	9:23.92	35.87	1200m:	14:12.24	35.64			
9.	PREGO GROBA, Brais				16	C. N. PONTEAREAS				17:54.14	-	12,00
	50m:	31.15	31.15	450m:	5:12.75	35.77	850m:	9:59.99	36.10	1250m:	14:52.96	36.46
	100m:	1:04.98	33.83	500m:	5:48.20	35.45	900m:	10:36.77	36.78	1300m:	15:29.98	37.02
	150m:	1:40.29	35.31	550m:	6:23.99	35.79	950m:	11:12.93	36.16	1350m:	16:06.63	36.65
	200m:	2:15.19	34.90	600m:	6:59.70	35.71	1000m:	11:50.18	37.25	1400m:	16:43.54	36.91
	250m:	2:50.45	35.26	650m:	7:35.59	35.89	1050m:	12:26.41	36.23	1450m:	17:19.34	35.80
	300m:	3:25.83	35.38	700m:	8:12.22	36.63	1100m:	13:03.74	37.33	1500m:	17:54.14	34.80
	350m:	4:01.47	35.64	750m:	8:47.29	35.07	1150m:	13:39.60	35.86			
	400m:	4:36.98	35.51	800m:	9:23.89	36.60	1200m:	14:16.50	36.90			
10.	SOBRINO NOGALES, Sebastian				16	SPORTING CASINO				17:56.37	-	11,00
	50m:	31.74	31.74	450m:	5:17.08	35.71	900m:	10:46.10	36.38	1300m:	15:35.44	36.09
	100m:	1:06.60	34.86	500m:	5:53.57	36.49	950m:	11:23.00	36.90	1350m:	16:11.31	35.87
	150m:	1:41.92	35.32	550m:	6:29.69	36.12	1000m:	11:59.32	36.32	1400m:	16:47.02	35.71
	200m:	2:17.75	35.83	600m:	7:06.23	36.54	1050m:	12:35.14	35.82	1450m:	17:22.23	35.21
	250m:	2:53.43	35.68	700m:	8:20.09	1:13.86	1100m:	13:11.73	36.59	1500m:	17:56.37	34.14
	300m:	3:30.16	36.73	750m:	8:56.94	36.85	1150m:	13:47.15	35.42			
	350m:	4:05.15	34.99	800m:	9:33.30	36.36	1200m:	14:23.07	35.92			
	400m:	4:41.37	36.22	850m:	10:09.72	36.42	1250m:	14:59.35	36.28			
11.	GARAZABAL DE LA MONTAÑA, Carlos				17	CDELMAR				18:05.06	-	10,00
	50m:	32.11	32.11	450m:	5:24.08	37.07	850m:	10:15.07	36.83	1250m:	15:06.97	36.12
	100m:	1:06.99	34.88	500m:	6:00.69	36.61	900m:	10:52.03	36.96	1300m:	15:43.32	36.35
	150m:	1:42.88	35.89	550m:	6:36.82	36.13	950m:	11:28.39	36.36	1350m:	16:19.17	35.85
	200m:	2:19.46	36.58	600m:	7:13.10	36.28	1000m:	12:05.23	36.84	1400m:	16:55.25	36.08
	250m:	2:56.24	36.78	650m:	7:48.93	35.83	1050m:	12:41.12	35.89	1450m:	17:31.17	35.92
	300m:	3:33.60	37.36	700m:	8:25.79	36.86	1100m:	13:17.42	36.30	1500m:	18:05.06	33.89
	350m:	4:10.14	36.54	750m:	9:02.07	36.28	1150m:	13:54.20	36.78			
	400m:	4:47.01	36.87	800m:	9:38.24	36.17	1200m:	14:30.85	36.65			
12.	LEIROS FERNANDEZ, Lucas				16	C. N. PONTEAREAS				18:16.28	-	9,00
	50m:	31.00	31.00	450m:	5:11.61	36.30	850m:	10:07.30	37.45	1250m:	15:07.73	37.91
	100m:	1:04.59	33.59	500m:	5:48.14	36.53	900m:	10:44.45	37.15	1300m:	15:45.51	37.78
	150m:	1:39.36	34.77	550m:	6:25.17	37.03	950m:	11:21.76	37.31	1350m:	16:23.16	37.65
	200m:	2:13.56	34.20	600m:	7:01.83	36.66	1000m:	11:59.04	37.28	1400m:	17:01.19	38.03
	250m:	2:48.25	34.69	650m:	7:38.85	37.02	1050m:	12:36.65	37.61	1450m:	17:38.97	37.78
	300m:	3:23.94	35.69	700m:	8:15.76	36.91	1100m:	13:13.99	37.34	1500m:	18:16.28	37.31
	350m:	3:59.92	35.98	750m:	8:52.50	36.74	1150m:	13:51.84	37.85			
	400m:	4:35.31	35.39	800m:	9:29.85	37.35	1200m:	14:29.82	37.98			

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Clasificación			Edad			Tempo	ABSO	JUNI			
13.	COBELAS ALVAREZ, Alvaro		16	PABELLON OURENSI		18:19.08	-	8,00			
	50m:	31.90 31.90	450m:	5:22.26	37.65	850m:	10:18.95	37.29	1250m:	15:17.11	37.52
	100m:	1:05.84 33.94	500m:	5:59.22	36.96	900m:	10:56.33	37.38	1300m:	15:54.21	37.10
	150m:	1:41.80 35.96	550m:	6:36.26	37.04	950m:	11:33.44	37.11	1350m:	16:30.99	36.78
	200m:	2:17.87 36.07	600m:	7:13.26	37.00	1000m:	12:10.75	37.31	1400m:	17:07.74	36.75
	250m:	2:54.12 36.25	650m:	7:50.28	37.02	1050m:	12:48.04	37.29	1450m:	17:44.07	36.33
	300m:	3:30.57 36.45	700m:	8:27.19	36.91	1100m:	13:25.11	37.07	1500m:	18:19.08	35.01
	350m:	4:07.57 37.00	750m:	9:04.32	37.13	1150m:	14:02.24	37.13			
	400m:	4:44.61 37.04	800m:	9:41.66	37.34	1200m:	14:39.59	37.35			
14.	GIL-RIVERA BARBEITO, Pablo		18	A. D. FOGAR		18:22.22	-	7,00			
	50m:	31.35 31.35	450m:	5:18.19	36.33	850m:	10:13.14	36.71	1250m:	15:13.09	37.60
	100m:	1:05.42 34.07	500m:	5:54.73	36.54	900m:	10:50.68	37.54	1300m:	15:51.10	38.01
	150m:	1:41.22 35.80	550m:	6:31.44	36.71	950m:	11:27.40	36.72	1350m:	16:29.38	38.28
	200m:	2:16.98 35.76	600m:	7:08.77	37.33	1000m:	12:04.97	37.57	1400m:	17:07.03	37.65
	250m:	2:52.62 35.64	650m:	7:45.59	36.82	1050m:	12:42.69	37.72	1450m:	17:44.69	37.66
	300m:	3:29.37 36.75	700m:	8:22.83	37.24	1100m:	13:20.48	37.79	1500m:	18:22.22	37.53
	350m:	4:04.90 35.53	750m:	9:00.22	37.39	1150m:	13:57.42	36.94			
	400m:	4:41.86 36.96	800m:	9:36.43	36.21	1200m:	14:35.49	38.07			
15.	ORTEGO PORTA, Andre		17	C. N. GALAICO		18:29.56	-	6,00			
	50m:	31.95 31.95	450m:	5:25.01	37.43	850m:	10:23.10	37.22	1250m:	15:22.45	37.60
	100m:	1:07.22 35.27	500m:	6:02.12	37.11	900m:	10:59.95	36.85	1300m:	16:00.20	37.75
	150m:	1:43.61 36.39	550m:	6:39.73	37.61	950m:	11:37.24	37.29	1350m:	16:37.78	37.58
	200m:	2:20.00 36.39	600m:	7:17.00	37.27	1000m:	12:14.32	37.08	1400m:	17:15.59	37.81
	250m:	2:56.78 36.78	650m:	7:54.45	37.45	1050m:	12:51.85	37.53	1450m:	17:53.23	37.64
	300m:	3:33.39 36.61	700m:	8:31.81	37.36	1100m:	13:29.31	37.46	1500m:	18:29.56	36.33
	350m:	4:10.55 37.16	750m:	9:08.80	36.99	1150m:	14:07.03	37.72			
	400m:	4:47.58 37.03	800m:	9:45.88	37.08	1200m:	14:44.85	37.82			
16.	LOPEZ VARELA, Anton		15	C. N. ARZUA		18:44.48	-	-			
	50m:	32.83 32.83	450m:	5:29.40	37.53	850m:	10:31.22	38.12	1250m:	15:36.85	38.53
	100m:	1:09.37 36.54	500m:	6:07.06	37.66	900m:	11:09.32	38.10	1300m:	16:14.84	37.99
	150m:	1:46.36 36.99	550m:	6:44.48	37.42	950m:	11:47.15	37.83	1350m:	16:52.98	38.14
	200m:	2:23.11 36.75	600m:	7:22.20	37.72	1000m:	12:25.08	37.93	1400m:	17:30.42	37.44
	250m:	3:00.37 37.26	650m:	7:59.68	37.48	1050m:	13:03.43	38.35	1450m:	18:08.15	37.73
	300m:	3:37.35 36.98	700m:	8:37.26	37.58	1100m:	13:41.83	38.40	1500m:	18:44.48	36.33
	350m:	4:14.56 37.21	750m:	9:15.33	38.07	1150m:	14:20.26	38.43			
	400m:	4:51.87 37.31	800m:	9:53.10	37.77	1200m:	14:58.32	38.06			
17.	GONZALEZ PREGO, Xose		16	C. N. CORUÑA		19:24.78	-	-			
	50m:	33.33 33.33	450m:	5:39.56	38.86	850m:	10:52.30	39.27	1250m:	16:09.63	40.17
	100m:	1:09.91 36.58	500m:	6:18.07	38.51	900m:	11:31.69	39.39	1300m:	16:48.72	39.09
	150m:	1:48.17 38.26	550m:	6:57.00	38.93	950m:	12:10.98	39.29	1350m:	17:28.18	39.46
	200m:	2:26.04 37.87	600m:	7:36.16	39.16	1000m:	12:50.54	39.56	1400m:	18:06.29	38.11
	250m:	3:04.67 38.63	650m:	8:15.29	39.13	1050m:	13:30.22	39.68	1450m:	18:46.62	40.33
	300m:	3:43.01 38.34	700m:	8:54.44	39.15	1100m:	14:09.53	39.31	1500m:	19:24.78	38.16
	350m:	4:22.49 39.48	750m:	9:33.78	39.34	1150m:	14:49.56	40.03			
	400m:	5:00.70 38.21	800m:	10:13.03	39.25	1200m:	15:29.46	39.90			