

Prueba 3
05/07/2024

Fem., 400m Libre

Absoluto Femenino
Resultados

Clasificación	Edad	Tempo	ABSO	JUNI
Junior Femenino				
1. BORRAZAS RODRIGUEZ, Noa	16	SPORTING CASINO	4:32.90	19,00 19,00
50m: 31.19 31.19 150m: 1:39.36 34.49	250m: 2:48.91 34.75	350m: 3:59.01 34.96		
100m: 1:04.87 33.68 200m: 2:14.16 34.80	300m: 3:24.05 35.14	400m: 4:32.90 33.89		
2. VILLARNOVO PAZOS, Lucia	16	C. N. FERROL	4:33.49	16,00 16,00
50m: 31.24 31.24 150m: 1:39.21 34.25	250m: 2:48.70 34.71	350m: 3:59.25 35.24		
100m: 1:04.96 33.72 200m: 2:13.99 34.78	300m: 3:24.01 35.31	400m: 4:33.49 34.24		
3. RODRÍGUEZ RODRÍGUEZ, Paula	16	C. N. ARTEIXO	4:46.61	12,00 14,00
50m: 32.06 32.06 150m: 1:44.07 36.16	250m: 2:57.20 36.58	350m: 4:10.83 36.62		
100m: 1:07.91 35.85 200m: 2:20.62 36.55	300m: 3:34.21 37.01	400m: 4:46.61 35.78		
4. COUCEIRO BARREIRO, Marta	17	SPORTING CASINO	4:54.48	11,00 13,00
50m: 33.78 33.78 150m: 1:47.82 37.31	250m: 3:02.95 37.41	350m: 4:18.13 37.31		
100m: 1:10.51 36.73 200m: 2:25.54 37.72	300m: 3:40.82 37.87	400m: 4:54.48 36.35		
5. MARTÍNEZ NOVOA, Silvia	18	RCN VIGO	4:56.81	- 12,00
50m: 34.21 34.21 150m: 1:48.69 37.59	250m: 3:04.32 37.40	350m: 4:20.79 37.82		
100m: 1:11.10 36.89 200m: 2:26.92 38.23	300m: 3:42.97 38.65	400m: 4:56.81 36.02		
6. GIRALDEZ MARTINEZ, Nerea	17	VIGO RIAS BAIXAS	4:58.03	- 11,00
50m: 35.13 35.13 150m: 1:50.49 37.84	250m: 3:06.43 37.70	350m: 4:21.84 36.91		
100m: 1:12.65 37.52 200m: 2:28.73 38.24	300m: 3:44.93 38.50	400m: 4:58.03 36.19		
7. PIÑEIRO FERNANDEZ, Antia	16	RCN VIGO	4:59.32	- 10,00
50m: 34.55 34.55 150m: 1:49.43 37.74	250m: 3:04.80 36.61	350m: 4:21.90 38.58		
100m: 1:11.69 37.14 200m: 2:28.19 38.76	300m: 3:43.32 38.52	400m: 4:59.32 37.42		
8. FERNANDEZ AGUION, Sara	17	C. N. CORUÑA	5:01.02	- 9,00
50m: 33.56 33.56 150m: 1:47.54 37.99	250m: 3:05.03 39.09	350m: 4:22.01 38.00		
100m: 1:09.55 35.99 200m: 2:25.94 38.40	300m: 3:44.01 38.98	400m: 5:01.02 39.01		
9. PARDAVILA DAVILA, Ainoa	16	VIGO RIAS BAIXAS	5:01.11	- 8,00
50m: 35.71 35.71 150m: 1:51.99 38.44	250m: 3:08.44 38.22	350m: 4:24.53 37.93		
100m: 1:13.55 37.84 200m: 2:30.22 38.23	300m: 3:46.60 38.16	400m: 5:01.11 36.58		
10. VILARNOVO SUÁREZ, Noelia	18	S. DEP. BOIRO	5:02.22	- 7,00
50m: 34.65 34.65 150m: 1:49.52 37.90	250m: 3:05.88 38.33	350m: 4:23.70 39.29		
100m: 1:11.62 36.97 200m: 2:27.55 38.03	300m: 3:44.41 38.53	400m: 5:02.22 38.52		
11. MUÑOZ GAVINO, Paula	16	C. N. PORTAMIÑA	5:04.24	- 6,00
50m: 34.23 34.23 150m: 1:50.97 38.81	250m: 3:08.83 38.57	350m: 4:25.85 38.28		
100m: 1:12.16 37.93 200m: 2:30.26 39.29	300m: 3:47.57 38.74	400m: 5:04.24 38.39		
12. BABARRO LOPEZ, Maria	16	PABELLON OURENSE	5:05.91	- 5,00
50m: 33.75 33.75 150m: 1:48.61 38.18	250m: 3:07.02 39.57	350m: 4:26.53 39.69		
100m: 1:10.43 36.68 200m: 2:27.45 38.84	300m: 3:46.84 39.82	400m: 5:05.91 39.38		
13. NUÑEZ PARDO, Laura	16	VIGO RIAS BAIXAS	5:09.82	- -
50m: 36.04 36.04 150m: 1:54.20 39.32	250m: 3:13.93 39.50	350m: 4:32.83 39.26		
100m: 1:14.88 38.84 200m: 2:34.43 40.23	300m: 3:53.57 39.64	400m: 5:09.82 36.99		
14. MARTINEZ MORAN, Esther	17	C. N. PORTAMIÑA	5:10.22	- -
50m: 34.53 34.53 150m: 1:53.15 39.76	250m: 3:13.08 40.19	350m: 4:32.58 39.51		
100m: 1:13.39 38.86 200m: 2:32.89 39.74	300m: 3:53.07 39.99	400m: 5:10.22 37.64		
15. FERNANDEZ GRATEROL, Sofia Antia	17	PABELLON OURENSE	5:23.75	- -
50m: 36.37 36.37 150m: 1:57.71 41.36	250m: 3:19.60 40.72	350m: 4:42.82 41.43		
100m: 1:16.35 39.98 200m: 2:38.88 41.17	300m: 4:01.39 41.79	400m: 5:23.75 40.93		

Prueba 3, Fem., 400m Libre

Absoluto Femenino

1. BORRAZAS RODRIGUEZ, Noa	16	SPORTING CASINO	4:32.90	19,00	19,00
50m: 31.19 31.19 150m: 1:39.36 34.49 250m: 2:48.91 34.75 350m: 3:59.01 34.96					
100m: 1:04.87 33.68 200m: 2:14.16 34.80 300m: 3:24.05 35.14 400m: 4:32.90 33.89					
2. VILLARNOVO PAZOS, Lucia	16	C. N. FERROL	4:33.49	16,00	16,00
50m: 31.24 31.24 150m: 1:39.21 34.25 250m: 2:48.70 34.71 350m: 3:59.25 35.24					
100m: 1:04.96 33.72 200m: 2:13.99 34.78 300m: 3:24.01 35.31 400m: 4:33.49 34.24					
3. VEIGA SOUTO, Ana	26	C. N. ARTEIXO	4:41.97	14,00	-
50m: 32.32 32.32 150m: 1:43.15 35.99 250m: 2:54.53 35.68 350m: 4:06.81 36.36					
100m: 1:07.16 34.84 200m: 2:18.85 35.70 300m: 3:30.45 35.92 400m: 4:41.97 35.16					
4. INSUA REY, Carmela	15	A. D. FOGAR	4:42.85	13,00	-
50m: 32.47 32.47 150m: 1:42.83 36.08 250m: 2:55.74 36.49 350m: 4:08.38 36.29					
100m: 1:06.75 34.28 200m: 2:19.25 36.42 300m: 3:32.09 36.35 400m: 4:42.85 34.47					
5. RODRÍGUEZ RODRÍGUEZ, Paula	16	C. N. ARTEIXO	4:46.61	12,00	14,00
50m: 32.06 32.06 150m: 1:44.07 36.16 250m: 2:57.20 36.58 350m: 4:10.83 36.62					
100m: 1:07.91 35.85 200m: 2:20.62 36.55 300m: 3:34.21 37.01 400m: 4:46.61 35.78					
6. COUCEIRO BARREIRO, Marta	17	SPORTING CASINO	4:54.48	11,00	13,00
50m: 33.78 33.78 150m: 1:47.82 37.31 250m: 3:02.95 37.41 350m: 4:18.13 37.31					
100m: 1:10.51 36.73 200m: 2:25.54 37.72 300m: 3:40.82 37.87 400m: 4:54.48 36.35					
7. MARTÍNEZ NOVOA, Silvia	18	RCN VIGO	4:56.81	-	12,00
50m: 34.21 34.21 150m: 1:48.69 37.59 250m: 3:04.32 37.40 350m: 4:20.79 37.82					
100m: 1:11.10 36.89 200m: 2:26.92 38.23 300m: 3:42.97 38.65 400m: 4:56.81 36.02					
8. VIDAL RODRIGUEZ, Mara	14	C. N. GALAICO	4:57.29	-	-
50m: 33.82 33.82 150m: 1:48.68 38.06 250m: 3:04.69 38.15 350m: 4:21.16 38.24					
100m: 1:10.62 36.80 200m: 2:26.54 37.86 300m: 3:42.92 38.23 400m: 4:57.29 36.13					
9. ROCHA GONZALEZ, Gisele	15	C. N. GALAICO	4:57.56	-	-
50m: 33.93 33.93 150m: 1:48.72 38.05 250m: 3:04.89 38.16 350m: 4:21.60 38.24					
100m: 1:10.67 36.74 200m: 2:26.73 38.01 300m: 3:43.36 38.47 400m: 4:57.56 35.96					
10. GIRALDEZ MARTINEZ, Nerea	17	VIGO RIAS BAIXAS	4:58.03	-	11,00
50m: 35.13 35.13 150m: 1:50.49 37.84 250m: 3:06.43 37.70 350m: 4:21.84 36.91					
100m: 1:12.65 37.52 200m: 2:28.73 38.24 300m: 3:44.93 38.50 400m: 4:58.03 36.19					
11. PIÑEIRO FERNANDEZ, Antia	16	RCN VIGO	4:59.32	-	10,00
50m: 34.55 34.55 150m: 1:49.43 37.74 250m: 3:04.80 36.61 350m: 4:21.90 38.58					
100m: 1:11.69 37.14 200m: 2:28.19 38.76 300m: 3:43.32 38.52 400m: 4:59.32 37.42					
12. FERNANDEZ AGUION, Sara	17	C. N. CORUÑA	5:01.02	-	9,00
50m: 33.56 33.56 150m: 1:47.54 37.99 250m: 3:05.03 39.09 350m: 4:22.01 38.00					
100m: 1:09.55 35.99 200m: 2:25.94 38.40 300m: 3:44.01 38.98 400m: 5:01.02 39.01					
13. PARDAVILA DAVILA, Ainoa	16	VIGO RIAS BAIXAS	5:01.11	-	8,00
50m: 35.71 35.71 150m: 1:51.99 38.44 250m: 3:08.44 38.22 350m: 4:24.53 37.93					
100m: 1:13.55 37.84 200m: 2:30.22 38.23 300m: 3:46.60 38.16 400m: 5:01.11 36.58					
14. VILARNOVO SUÁREZ, Noelia	18	S. DEP. BOIRO	5:02.22	-	7,00
50m: 34.65 34.65 150m: 1:49.52 37.90 250m: 3:05.88 38.33 350m: 4:23.70 39.29					
100m: 1:11.62 36.97 200m: 2:27.55 38.03 300m: 3:44.41 38.53 400m: 5:02.22 38.52					
15. MUÑOZ GAVINO, Paula	16	C. N. PORTAMIÑA	5:04.24	-	6,00
50m: 34.23 34.23 150m: 1:50.97 38.81 250m: 3:08.83 38.57 350m: 4:25.85 38.28					
100m: 1:12.16 37.93 200m: 2:30.26 39.29 300m: 3:47.57 38.74 400m: 5:04.24 38.39					
16. BABARRO LOPEZ, Maria	16	PABELLON OURENSE	5:05.91	-	5,00
50m: 33.75 33.75 150m: 1:48.61 38.18 250m: 3:07.02 39.57 350m: 4:26.53 39.69					
100m: 1:10.43 36.68 200m: 2:27.45 38.84 300m: 3:46.84 39.82 400m: 5:05.91 39.38					

Prueba 3, Fem., 400m Libre, Absoluto Femenino

Clasificación	Edad	Club	Tempo	ABSO	JUNI
17. NUÑEZ PARDO, Laura	16	VIGO RIAS BAIXAS	5:09.82	-	-
50m: 36.04 36.04	150m: 1:54.20	39.32	250m: 3:13.93 39.50	350m: 4:32.83 39.26	
100m: 1:14.88 38.84	200m: 2:34.43	40.23	300m: 3:53.57 39.64	400m: 5:09.82 36.99	
18. MARTINEZ MORAN, Esther	17	C. N. PORTAMIÑA	5:10.22	-	-
50m: 34.53 34.53	150m: 1:53.15	39.76	250m: 3:13.08 40.19	350m: 4:32.58 39.51	
100m: 1:13.39 38.86	200m: 2:32.89	39.74	300m: 3:53.07 39.99	400m: 5:10.22 37.64	
19. FERNANDEZ GRATEROL, Sofia Antia	17	PABELLON OURENSE	5:23.75	-	-
50m: 36.37 36.37	150m: 1:57.71	41.36	250m: 3:19.60 40.72	350m: 4:42.82 41.43	
100m: 1:16.35 39.98	200m: 2:38.88	41.17	300m: 4:01.39 41.79	400m: 5:23.75 40.93	
Baja BUSTO LOPEZ, Ana	20	C. FLUVIAL LUGO		-	-
Baja CASTRO CIDRAS, Alba	14	C. N. GALAICO		-	-
Baja REQUEJO FERNANDEZ, Irene	14	PABELLON OURENSE		-	-