

Prueba 1
01/06/2024 - 9:30

Fem., 400m Libre

Open Femenino
Resultados

RG 4:10.13 , CONS GESTIDO, AGUEDA BEATRIZ GALAICO 29/06/2017
Puntos: FINA 2023

Clasificación	AN	Tiempo	Pts
1. CARRON MUIÑA, Carla	05 PONTEAREAS	4:15.01	796
50m: 29.66 29.66 150m: 1:34.91 32.88 250m: 2:39.74 31.83 350m: 3:43.87 31.75			
100m: 1:02.03 32.37 200m: 2:07.91 33.00 300m: 3:12.12 32.38 400m: 4:15.01 31.14			
2. GÓMEZ MESÍAS, Alba	00 ARTEIXO	4:31.18	662
50m: 30.87 30.87 150m: 1:38.23 34.11 250m: 2:47.29 34.58 350m: 3:57.36 35.18			
100m: 1:04.12 33.25 200m: 2:12.71 34.48 300m: 3:22.18 34.89 400m: 4:31.18 33.82			
3. ALVAREZ PAZOS, Maria	07 RBAIXAS	4:38.22	613
50m: 32.52 32.52 150m: 1:43.06 35.69 250m: 2:54.84 35.74 350m: 4:05.42 34.82			
100m: 1:07.37 34.85 200m: 2:19.10 36.04 300m: 3:30.60 35.76 400m: 4:38.22 32.80			
4. VILLARNOVO PAZOS, Lucia	08 NFERROL	4:38.69	610
50m: 31.96 31.96 150m: 1:41.44 35.29 250m: 2:52.15 35.50 350m: 4:04.03 35.86			
100m: 1:06.15 34.19 200m: 2:16.65 35.21 300m: 3:28.17 36.02 400m: 4:38.69 34.66			
5. VEIGA SOUTO, Ana	98 ARTEIXO	4:47.57	555
50m: 32.65 32.65 150m: 1:45.23 36.93 250m: 2:59.21 36.46 350m: 4:12.05 36.91			
100m: 1:08.30 35.65 200m: 2:22.75 37.52 300m: 3:35.14 35.93 400m: 4:47.57 35.52			
6. RODRÍGUEZ RODRÍGUEZ, Paula	08 ARTEIXO	4:48.23	551
50m: 32.85 32.85 150m: 1:45.47 36.71 250m: 2:59.09 36.79 350m: 4:12.66 36.69			
100m: 1:08.76 35.91 200m: 2:22.30 36.83 300m: 3:35.97 36.88 400m: 4:48.23 35.57			
7. INSUA REY, Carmela	09 FOGAR	4:49.14	546
50m: 32.58 32.58 150m: 1:44.29 36.31 250m: 2:59.46 37.53 350m: 4:13.56 36.87			
100m: 1:07.98 35.40 200m: 2:21.93 37.64 300m: 3:36.69 37.23 400m: 4:49.14 35.58			
8. CASTRO CIDRAS, Alba	10 GALAICO	4:50.08	541
50m: 33.11 33.11 150m: 1:46.88 37.01 250m: 3:00.50 36.71 350m: 4:14.68 37.03			
100m: 1:09.87 36.76 200m: 2:23.79 36.91 300m: 3:37.65 37.15 400m: 4:50.08 35.40			
9. VIDAL RODRIGUEZ, Mara	10 GALAICO	4:52.17	529
50m: 33.36 33.36 150m: 1:46.63 37.54 250m: 3:01.82 37.50 350m: 4:16.44 37.47			
100m: 1:09.09 35.73 200m: 2:24.32 37.69 300m: 3:38.97 37.15 400m: 4:52.17 35.73			
10. ILLAN LAMAS, Aroa	10 PORTAMIÑÁ	4:52.31	528
50m: 32.40 32.40 150m: 1:44.55 36.13 250m: 2:59.47 37.63 350m: 4:14.70 37.19			
100m: 1:08.42 36.02 200m: 2:21.84 37.29 300m: 3:37.51 38.04 400m: 4:52.31 37.61			
11. GUERRA RODRIGUEZ, Zaida	10 POURENSE	4:52.80	526
50m: 33.41 33.41 150m: 1:47.50 37.52 250m: 3:01.72 37.32 350m: 4:16.71 37.54			
100m: 1:09.98 36.57 200m: 2:24.40 36.90 300m: 3:39.17 37.45 400m: 4:52.80 36.09			
12. MUÑOZ GAVINO, Paula	08 PORTAMIÑÁ	5:02.33	478
50m: 33.21 33.21 150m: 1:47.32 37.57 250m: 3:04.34 38.77 350m: 4:23.25 39.43			
100m: 1:09.75 36.54 200m: 2:25.57 38.25 300m: 3:43.82 39.48 400m: 5:02.33 39.08			
13. GONZALEZ IGLESIAS, Nerea	07 FLUVIAL	5:19.90	403
50m: 35.54 35.54 150m: 1:54.47 39.93 250m: 3:15.82 40.75 350m: 4:38.78 41.48			
100m: 1:14.54 39.00 200m: 2:35.07 40.60 300m: 3:57.30 41.48 400m: 5:19.90 41.12			
14. RODRIGUEZ BOTANA, Aroa	08 ARZUA	5:36.94	345
50m: 37.53 37.53 150m: 2:00.99 42.51 250m: 3:27.79 43.97 350m: 4:54.75 43.68			
100m: 1:18.48 40.95 200m: 2:43.82 42.83 300m: 4:11.07 43.28 400m: 5:36.94 42.19			
Baja COUCEIRO BARREIRO, Marta	07 CASINO		