

Prueba 3
13/04/2024

Masc., 1500m Libre

Júnior-Sénior Masculina
Resultados

RG 14:58.31 , MENDEZ PUGA, MARIO RBAIXAS 28/12/2023

Clasificación			AN			Tempo	ABSOJUNI	
1. CUBEIRO ROSENDE, Xoel			07	Sel-Nor		16:23.27	7,00	
50m:	29.02	29.02	450m:	4:49.79	32.77	850m:	9:14.03	33.25
100m:	1:01.29	32.27	500m:	5:22.79	33.00	900m:	9:47.27	33.24
150m:	1:33.88	32.59	550m:	5:55.57	32.78	950m:	10:20.33	33.06
200m:	2:06.40	32.52	600m:	6:28.73	33.16	1000m:	10:53.31	32.98
250m:	2:38.59	32.19	650m:	7:01.93	33.20	1050m:	11:26.44	33.13
300m:	3:11.57	32.98	700m:	7:34.93	33.00	1100m:	11:59.71	33.27
350m:	3:44.30	32.73	750m:	8:08.03	33.10	1150m:	12:32.76	33.05
400m:	4:17.02	32.72	800m:	8:40.78	32.75	1200m:	13:06.08	33.32
2. MASSO ROIG, Martin			07	Sel-Sur		16:45.70	5,00	
50m:	30.16	30.16	450m:	4:52.35	33.15	850m:	9:17.50	33.86
100m:	1:02.26	32.10	500m:	5:25.52	33.17	900m:	9:51.46	33.96
150m:	1:34.78	32.52	550m:	5:58.59	33.07	950m:	10:25.79	34.33
200m:	2:07.50	32.72	600m:	6:31.54	32.95	1000m:	11:00.74	34.95
250m:	2:40.49	32.99	650m:	7:04.29	32.75	1050m:	11:35.44	34.70
300m:	3:13.11	32.62	700m:	7:37.25	32.96	1100m:	12:10.25	34.81
350m:	3:46.00	32.89	750m:	8:10.28	33.03	1150m:	12:45.44	35.19
400m:	4:19.20	33.20	800m:	8:43.64	33.36	1200m:	13:20.82	35.38
3. SOUTO RAMOS, Manuel			07	Sel-Nor		16:45.99	4,00	
50m:	29.64	29.64	450m:	4:51.85	33.61	850m:	9:25.03	34.05
100m:	1:01.31	31.67	500m:	5:25.76	33.91	900m:	9:59.33	34.30
150m:	1:33.73	32.42	550m:	5:59.74	33.98	950m:	10:33.69	34.36
200m:	2:06.66	32.93	600m:	6:33.58	33.84	1000m:	11:07.75	34.06
250m:	2:39.47	32.81	650m:	7:07.94	34.36	1050m:	11:41.74	33.99
300m:	3:12.14	32.67	700m:	7:41.98	34.04	1100m:	12:16.00	34.26
350m:	3:45.10	32.96	750m:	8:16.68	34.70	1150m:	12:50.34	34.34
400m:	4:18.24	33.14	800m:	8:50.98	34.30	1200m:	13:24.99	34.65
4. CARBALLO RODRIGUEZ, Enrique			07	Sel-Sur		16:53.70	3,00	
50m:	29.70	29.70	450m:	4:53.09	33.19	850m:	9:26.99	34.65
100m:	1:01.95	32.25	500m:	5:27.23	34.14	900m:	10:01.20	34.21
150m:	1:35.00	33.05	550m:	6:01.50	34.27	950m:	10:35.78	34.58
200m:	2:07.71	32.71	600m:	6:35.39	33.89	1000m:	11:10.27	34.49
250m:	2:40.98	33.27	650m:	7:09.89	34.50	1050m:	11:45.01	34.74
300m:	3:13.81	32.83	700m:	7:43.98	34.09	1100m:	12:19.89	34.88
350m:	3:46.68	32.87	750m:	8:17.97	33.99	1150m:	12:54.32	34.43
400m:	4:19.90	33.22	800m:	8:52.34	34.37	1200m:	13:28.95	34.63
5. PEREZ PAZ, Dario			05	Sel-Sur		17:15.70	2,00	
50m:	29.71	29.71	450m:	5:03.35	34.77	850m:	9:43.18	35.22
100m:	1:02.72	33.01	500m:	5:38.42	35.07	900m:	10:18.05	34.87
150m:	1:36.34	33.62	550m:	6:13.44	35.02	950m:	10:53.12	35.07
200m:	2:10.48	34.14	600m:	6:48.45	35.01	1000m:	11:28.09	34.97
250m:	2:44.67	34.19	650m:	7:23.48	35.03	1050m:	12:03.06	34.97
300m:	3:19.13	34.46	700m:	7:58.43	34.95	1100m:	12:37.74	34.68
350m:	3:53.78	34.65	750m:	8:33.16	34.73	1150m:	13:12.80	35.06
400m:	4:28.58	34.80	800m:	9:07.96	34.80	1200m:	13:47.98	35.18
Baja GOMEZ LIMIA, Pablo			06	Sel-Nor			-	

Piscina 25m. - 6 calles - cronometraxe electrónica