

Prueba 4
10/03/2024

Masc., 800m Libre

20 años y mayores
Resultados

Clasificación		AN		Tiempo	Puntos
20+					
1.	1075438 PEDRE SALIDO, Julio	03	NFERROL	9:00.75	13,00
	50m: 30.27 30.27 200m: 2:08.18 1:06.25 800m: 9:00.75 4:37.27				
	100m: 1:01.93 31.66 400m: 4:23.48 2:15.30				
25+					
1.	1144193 PASTORIZA SANTACLARA, Jorge	97	RIASBAIXAS	9:02.40	13,00
	50m: 30.71 30.71 200m: 2:08.40 1:06.04 800m: 9:02.40 4:38.00				
	100m: 1:02.36 31.65 400m: 4:24.40 2:16.00				
2.	1039270 TRILLO RODRIGUEZ, Adrian	97	MOS	10:38.22	10,00
	50m: 36.78 36.78 200m: 2:32.10 1:17.36 800m: 10:38.22 5:26.18				
	100m: 1:14.74 37.96 400m: 5:12.04 2:39.94				
3.	1039755 RIVAS MACEIRAS, Isaac	99	HERCULES	11:01.34	8,00
	50m: 32.68 32.68 100m: 1:07.64 34.96 400m: 5:10.08 4:02.44 800m: 11:01.34 5:51.26				
35+					
1.	1086708 ABUIN ARES, Manuel	87	CIDSANTIAGO	11:20.32	13,00
	50m: 38.74 38.74 200m: 2:44.15 1:23.88 800m: 11:20.32 5:43.25				
	100m: 1:20.27 41.53 400m: 5:37.07 2:52.92				
2.	1097263 LAMEIRO SEOANE, Javier	87	HERCULES	12:21.78	10,00
	50m: 43.51 43.51 200m: 2:59.95 1:32.06 800m: 12:21.78 6:11.83				
	100m: 1:27.89 44.38 400m: 6:09.95 3:10.00				
3.	1226234 COTELO SENANDE, Alberto	88	ADFOGAR	12:47.72	8,00
	50m: 39.67 39.67 200m: 2:56.36 1:33.05 800m: 12:47.72 6:33.49				
	100m: 1:23.31 43.64 400m: 6:14.23 3:17.87				
4.	1020991 FERNANDEZ MONTEAGUDO, Ruben	85	CIDSANTIAGO	13:06.71	7,00
	100m: 1:30.75 1:30.75 200m: 3:08.95 1:38.20 400m: 6:26.22 3:17.27 800m: 13:06.71 6:40.49				
40+					
1.	1178765 ESPAÑA CABEZAS, Jesús	81	CIDSANTIAGO	11:24.89	13,00
	50m: 38.78 38.78 200m: 2:45.83 1:25.34 800m: 11:24.89 5:45.48				
	100m: 1:20.49 41.71 400m: 5:39.41 2:53.58				
2.	1144789 MATIAS DUARTE, Erick	82	HERCULES	12:04.73	10,00
	50m: 46.74 46.74 200m: 2:54.35 1:30.00 800m: 12:04.73 6:07.62				
	100m: 1:24.35 37.61 400m: 5:57.11 3:02.76				
3.	1170841 BASTIDA CAMPOS, Alejandro	82	SALESTRADA	12:13.63	8,00
	100m: 1:28.47 1:28.47 200m: 3:48.02 2:19.55 400m: 6:54.16 3:06.14 800m: 12:13.63 5:19.47				
45+					
1.	1129898 SOTELO FERNANDEZ, Diego	75	CIDSANTIAGO	10:14.97	13,00
	50m: 37.24 37.24 200m: 2:32.05 1:16.62 800m: 10:14.97 5:07.44				
	100m: 1:15.43 38.19 400m: 5:07.53 2:35.48				
2.	1231581 RODRÍGUEZ SALGADO, Manuel	75	CIDSANTIAGO	11:12.13	10,00
	50m: 38.18 38.18 200m: 2:42.41 1:26.96 800m: 11:12.13 5:41.30				
	100m: 1:15.45 37.27 400m: 5:30.83 2:48.42				

Prueba 4, Masc., 800m Libre, 45+

Clasificación		AN		Tiempo	Puntos
3.	1143480 ABADES REBOREDO, Daniel	78	HERCULES	11:19.86	8,00
	50m: 40.66 40.66 200m: 2:46.02 1:24.00 800m: 11:19.86 5:40.20				
	100m: 1:22.02 41.36 400m: 5:39.66 2:53.64				
4.	1212075 GONZALEZ PARIS, David	78	HERCULES	11:32.58	7,00
	50m: 39.48 39.48 200m: 2:46.02 1:25.15 800m: 11:32.58 5:50.68				
	100m: 1:20.87 41.39 400m: 5:41.90 2:55.88				
5.	1144269 LOPEZ PAYO, Mario	77	SALESTRADA	13:10.59	6,00
	50m: 43.98 43.98 200m: 3:05.03 1:36.38 800m: 13:10.59 6:44.20				
	100m: 1:28.65 44.67 400m: 6:26.39 3:21.36				
Baja	1141502 TRONCOSO CAAMAÑO, Fernando	75	ESCUALOS		-
50+					
1.	1110671 RUBIO RUBIRA, Ivan	74	ARTEIXO	9:30.48	13,00
	50m: 32.38 32.38 200m: 2:16.30 1:09.92 800m: 9:30.48 4:50.29				
	100m: 1:06.38 34.00 400m: 4:40.19 2:23.89				
2.	1147010 SANJURJO POVEDA, Pablo	74	NFERROL	12:03.54	10,00
	50m: 38.40 38.40 200m: 2:46.65 1:26.91 800m: 12:03.54 6:14.89				
	100m: 1:19.74 41.34 400m: 5:48.65 3:02.00				
3.	1144601 PUENTE DÍAZ, Javier	71	CIDSANTIAGO	12:10.08	8,00
	50m: 43.52 43.52 200m: 3:00.36 1:31.72 800m: 12:10.08 6:03.91				
	100m: 1:28.64 45.12 400m: 6:06.17 3:05.81				
4.	1144117 PREGO MARTINEZ, Benjamin	73	PONTEAREAS	12:18.69	7,00
	50m: 40.15 40.15 200m: 2:55.52 1:31.59 800m: 12:18.69 6:16.79				
	100m: 1:23.93 43.78 400m: 6:01.90 3:06.38				
5.	1180236 DE LA VEGA GÁNDARAS, Felipe	73	HERCULES	14:37.06	6,00
	50m: 59.61 59.61 200m: 3:43.39 1:48.16 800m: 14:37.06 7:14.04				
	100m: 1:55.23 55.62 400m: 7:23.02 3:39.63				
55+					
1.	1175089 NISTAL GARCÍA, Eduardo	68	CASINO	12:17.60	13,00
	50m: 41.65 41.65 200m: 3:00.48 1:33.33 800m: 12:17.60 6:09.50				
	100m: 1:27.15 45.50 400m: 6:08.10 3:07.62				
2.	1076162 MIRA PÉREZ, Jorge	68	CIDSANTIAGO	13:26.71	10,00
	50m: 44.20 44.20 200m: 3:11.71 1:40.14 800m: 13:26.71 6:49.90				
	100m: 1:31.57 47.37 400m: 6:36.81 3:25.10				
3.	1037161 TOME NOGUEIRA, Alberto M.	68	ADFOGAR	13:51.54	8,00
	50m: 48.55 48.55 200m: 3:25.42 1:45.92 800m: 13:51.54 6:50.49				
	100m: 1:39.50 50.95 400m: 7:01.05 3:35.63				
60+					
1.	1076173 FERNANDEZ NUÑEZ, Santiago	63	CIDSANTIAGO	11:17.48	13,00
	50m: 38.92 38.92 200m: 2:40.74 1:21.41 800m: 11:17.48 5:48.65				
	100m: 1:19.33 40.41 400m: 5:28.83 2:48.09				
65+					
1.	1174449 FERNANDEZ ARRUTI, Jose Angel	59	CIDSANTIAGO	12:56.20	13,00
	50m: 41.45 41.45 200m: 3:03.86 1:36.35 800m: 12:56.20 6:37.02				
	100m: 1:27.51 46.06 400m: 6:19.18 3:15.32				

Prueba 4, Masc., 800m Libre, 65+

Clasificación		AN		Tiempo	Puntos
2.	1075185 YAÑEZ WONENBURGER, J. Carlos	59	HERCULES	14:19.62	10,00
	50m: 54.54 54.54	200m: 3:34.10 1:47.12	800m: 14:19.62 7:07.61		
	100m: 1:46.98 52.44	400m: 7:12.01 3:37.91			
70+					
1.	1075190 SUANZES PEREZ, Fernando	53	HERCULES	13:00.87	13,00
	50m: 44.30 44.30	200m: 3:08.01 1:36.92	800m: 13:00.87 6:34.34		
	100m: 1:31.09 46.79	400m: 6:26.53 3:18.52			
85+					
1.	1143727 FOLCH MALLOFRE, Ramon	37	ARTEIXO	20:13.73	13,00
	50m: 1:13.46 1:13.46	200m: 4:56.37 2:31.44	800m: 20:13.73 10:03.74		
	100m: 2:24.93 1:11.47	400m: 10:09.99 5:13.62			