

Prueba 2  
10/03/2024

Fem., 800m Libre

20 años y mayores  
Resultados

Clasificación		AN		Tiempo	Puntos
<b>20+</b>					
1.	1075380 SALVANTE LAGO, Ainhoa	03	NFERROL	<b>10:29.81</b>	13,00
	50m: 37.54 37.54 200m: 2:35.49 1:19.20 800m: 10:29.81 5:14.58				
	100m: 1:16.29 38.75 400m: 5:15.23 2:39.74				
2.	1194207 VALIÑO FERRAZ, Tatyana	03	PONTEAREAS	<b>12:58.07</b>	10,00
	50m: 45.78 45.78 200m: 3:11.42 1:38.73 800m: 12:58.07 6:26.40				
	100m: 1:32.69 46.91 400m: 6:31.67 3:20.25				
<b>25+</b>					
1.	1038096 FREIJE TORNEIRO, Aroa	98	PORTAMIÑÁ	<b>10:32.01</b>	13,00
	50m: 35.58 35.58 200m: 2:30.59 1:17.66 800m: 10:32.01 5:23.96				
	100m: 1:12.93 37.35 400m: 5:08.05 2:37.46				
2.	1130789 GARCIA MIGUEZ, Rosalia	98	GALAICO	<b>10:37.36</b>	10,00
	50m: 35.86 35.86 200m: 2:33.16 1:19.12 800m: 10:37.36 5:24.31				
	100m: 1:14.04 38.18 400m: 5:13.05 2:39.89				
3.	1039634 LAGO CASTILLO, Natalia	99	NCORUNA	<b>11:18.21</b>	8,00
	50m: 38.62 38.62 200m: 2:43.99 1:24.31 800m: 11:18.21 5:43.44				
	100m: 1:19.68 41.06 400m: 5:34.77 2:50.78				
4.	1038929 GONZALEZ AVENDAÑO, Lucia	99	GALAICO	<b>11:31.68</b>	7,00
	50m: 39.14 39.14 200m: 2:45.45 1:25.06 800m: 11:31.68 5:51.64				
	100m: 1:20.39 41.25 400m: 5:40.04 2:54.59				
5.	1115615 PASCUAL GUTIERREZ, Maria Teresa	98	HERCULES	<b>11:52.39</b>	6,00
	50m: 38.44 38.44 200m: 2:48.37 1:27.98 800m: 11:52.39 6:00.12				
	100m: 1:20.39 41.95 400m: 5:52.27 3:03.90				
6.	1145008 GONZALEZ PEREZ, Paula	96	PONTEAREAS	<b>13:55.60</b>	5,00
	50m: 45.44 45.44 200m: 3:17.95 1:43.12 800m: 13:55.60 7:04.01				
	100m: 1:34.83 49.39 400m: 6:51.59 3:33.64				
<b>30+</b>					
1.	1093459 FRANCO CAL, Alba	91	FLUVIALLAGO	<b>9:44.54</b>	13,00
	50m: 34.42 34.42 200m: 2:23.21 1:13.26 800m: 9:44.54 4:53.06				
	100m: 1:09.95 35.53 400m: 4:51.48 2:28.27				
2.	1041452 BEN CILLERO, Sabela	92	XOVE	<b>11:18.06</b>	10,00
	50m: 38.30 38.30 200m: 2:42.59 1:23.71 800m: 11:18.06 5:43.72				
	100m: 1:18.88 40.58 400m: 5:34.34 2:51.75				
3.	1040457 FREIJO LÓPEZ, Lucía	92	NCORUNA	<b>12:09.80</b>	8,00
	50m: 41.21 41.21 200m: 2:54.22 1:30.11 800m: 12:09.80 6:11.20				
	100m: 1:24.11 42.90 400m: 5:58.60 3:04.38				
4.	1218233 SANCHEZ DE LLANO, M. Nieves	92	CASINO	<b>14:01.12</b>	7,00
	50m: 50.24 50.24 200m: 3:29.90 1:48.35 800m: 14:01.12 6:56.07				
	100m: 1:41.55 51.31 400m: 7:05.05 3:35.15				
<b>35+</b>					
1.	1193947 ALCALDE BALADO, Tania	86	CIDSANTIAGO	<b>11:00.15</b>	13,00
	50m: 37.64 37.64 200m: 2:36.80 1:20.32 800m: 11:00.15 5:37.73				
	100m: 1:16.48 38.84 400m: 5:22.42 2:45.62				

Prueba 2, Fem., 800m Libre, 35+

Clasificación		AN		Tiempo	Puntos
2.	1076543 RODRIGUEZ PEREZ, Vanesa	86	RIASBAIXAS	<b>12:22.47</b>	10,00
	50m: 43.79 43.79 200m: 3:00.61 1:31.87 800m: 12:22.47 6:14.86				
	100m: 1:28.74 44.95 400m: 6:07.61 3:07.00				
3.	1144948 GONZALEZ PEREZ, Jessica	87	RIASBAIXAS	<b>12:43.43</b>	8,00
	50m: 41.90 41.90 200m: 3:04.77 1:36.56 800m: 12:43.43 6:23.44				
	100m: 1:28.21 46.31 400m: 6:19.99 3:15.22				
4.	1129954 GONZALEZ GARCIA, Covadonga	89	GALAICO	<b>13:55.60</b>	7,00
	50m: 51.40 51.40 200m: 2:29.35 45.14 800m: 13:55.60 6:54.95				
	100m: 1:44.21 52.81 400m: 7:00.65 4:31.30				
<b>40+</b>					
1.	1075221 HERMIDA RODRIGUEZ, Blanca	81	MARINAFERROL	<b>10:32.55</b>	13,00
	50m: 37.27 37.27 200m: 2:35.80 1:19.63 800m: 10:32.55 5:18.28				
	100m: 1:16.17 38.90 400m: 5:14.27 2:38.47				
2.	1237395 VILARIÑO CACHO, Elvira	81	SALESTRADA	<b>12:35.57</b>	10,00
	50m: 44.54 44.54 200m: 3:04.65 1:33.86 800m: 12:35.57 6:22.54				
	100m: 1:30.79 46.25 400m: 6:13.03 3:08.38				
3.	1144598 OLMO VAQUEIRO, Leticia	81	PONTEAREAS	<b>13:54.44</b>	8,00
	50m: 49.07 49.07 200m: 3:23.46 1:43.56 800m: 13:54.44 7:00.73				
	100m: 1:39.90 50.83 400m: 6:53.71 3:30.25				
4.	1041646 MOLANES PIÑEIRO, Maria Elena	84	PONTEAREAS	<b>14:31.43</b>	7,00
	50m: 49.62 49.62 200m: 3:30.71 1:47.75 800m: 14:31.43 7:21.47				
	100m: 1:42.96 53.34 400m: 7:09.96 3:39.25				
<b>45+</b>					
1.	1221213 CAGIAO RODRIGUEZ, Natalia	78	CASINO	<b>12:19.31</b>	13,00
	50m: 41.17 41.17 200m: 2:59.52 1:33.50 800m: 12:19.31 6:12.92				
	100m: 1:26.02 44.85 400m: 6:06.39 3:06.87				
2.	1214850 CORCOBA CARBIA, Raquel	77	SALESTRADA	<b>13:38.66</b>	10,00
	50m: 47.25 47.25 200m: 3:23.03 1:44.63 800m: 13:38.66 6:47.44				
	100m: 1:38.40 51.15 400m: 6:51.22 3:28.19				
3.	1246144 SANCHEZ BARREIRO, Maria Carmen	76	PONTEAREAS	<b>16:08.51</b>	8,00
	50m: 50.29 50.29 200m: 3:54.52 2:04.62 800m: 16:08.51 8:05.34				
	100m: 1:49.90 59.61 400m: 8:03.17 4:08.65				
Baja	1040944 VARELA REDONDO, Veronica	75	PONTEAREAS		-
<b>50+</b>					
1.	1144710 RODRIGUEZ VAZQUEZ, Maria Teresa	72	POURENSE	<b>15:28.83</b>	13,00
	50m: 55.62 55.62 200m: 3:47.81 1:55.60 800m: 15:28.83 7:46.62				
	100m: 1:52.21 56.59 400m: 7:42.21 3:54.40				
Baja	1172138 ROIG SANCHEZ, Blanca Ana	74	RIASBAIXAS		-
<b>55+</b>					
1.	1037970 CALVIÑO CANCELA, Maria Cristina	68	PONTEAREAS	<b>14:02.22</b>	13,00
	50m: 59.08 59.08 200m: 3:30.65 1:48.46 800m: 14:02.22 6:58.98				
	100m: 1:42.19 43.11 400m: 7:03.24 3:32.59				
Baja	1144697 ACEVEDO REGO, Ermitas	66	POURENSE		-

Prueba 2, Fem., 800m Libre

60+

1.	1143893 REBORDA MORILLO, Susana	62	ESCUALOS	<b>16:32.96</b>	13,00
	50m: 56.83 56.83 200m: 4:00.14 2:03.41 800m: 16:32.96 8:23.16				
	100m: 1:56.73 59.90 400m: 8:09.80 4:09.66				
Baja	1144231 PEREZ GALLARDO, Teresa	64	POURENSE		-

65+

1.	1141154 CELEMIN PORRERO, Maria Teresa	59	GALAICO	<b>19:28.17</b>	13,00
	50m: 57.84 57.84 200m: 4:22.27 2:15.38 800m: 19:28.17 10:20.50				
	100m: 2:06.89 1:09.05 400m: 9:07.67 4:45.40				
2.	1217937 RODRÍGUEZ TRONCOSO, Marina	59	PONTEAREAS	<b>20:18.76</b>	10,00
	50m: 1:10.59 1:10.59 200m: 5:02.03 2:37.68 800m: 20:18.76 10:03.20				
	100m: 2:24.35 1:13.76 400m: 10:15.56 5:13.53				