

Prueba 7  
20/01/2024

Masc., 200m Estilos

2004 y mayores  
Resultados

Clasificación		Edad		Tiempo	Puntos
<b>20+</b>					
1.	1142936 MARTINEZ ARGIZ, David	24	MONFORTE	<b>2:31.94</b>	13,00
	50m: 31.91 31.91 100m: 1:11.28	39.37	150m: 1:55.18 43.90	200m: 2:31.94	36.76
2.	1038800 ALONSO RODRIGUEZ, Javier	23	PONTEAREAS	<b>2:38.81</b>	10,00
	50m: 30.73 30.73 100m: 1:10.33	39.60	150m: 1:55.81 45.48	200m: 2:38.81	43.00
<b>30+</b>					
1.	1076355 OROZA PARGA, Bruno	30	XOVE	<b>2:42.02</b>	13,00
	50m: 33.01 33.01 100m: 1:16.07	43.06	150m: 2:05.63 49.56	200m: 2:42.02	36.39
2.	1076271 NOVALES BLANCO, Xabier	33	RIASBAIXAS	<b>3:16.21</b>	10,00
	50m: 42.18 42.18 100m: 1:39.23	57.05	150m: 2:33.02 53.79	200m: 3:16.21	43.19
Baja	1130602 TENORIO FREIRE, Martin	32	GALAICO		-
<b>35+</b>					
1.	1140778 RODRIGUEZ LAGO, David	38	CIDSANTIAG	<b>2:22.10</b>	13,00
	50m: 30.26 30.26 100m: 1:07.54	37.28	150m: 1:48.59 41.05	200m: 2:22.10	33.51
2.	1076287 PAZOS ALONSO, Josue	38	ESCUALOS	<b>2:31.42</b>	10,00
	50m: 32.72 32.72 100m: 1:13.88	41.16	150m: 1:55.32 41.44	200m: 2:31.42	36.10
3.	1199549 MARTINEZ DOPAZO, David	37	GALAICO	<b>2:39.80</b>	8,00
	50m: 33.70 33.70 100m: 1:15.95	42.25	150m: 2:02.23 46.28	200m: 2:39.80	37.57
4.	1037182 GARCIA GARCIA, Anselmo	36	XOVE	<b>2:41.92</b>	7,00
	50m: 33.64 33.64 100m: 1:15.21	41.57	150m: 2:01.02 45.81	200m: 2:41.92	40.90
<b>40+</b>					
1.	1141151 CALLE FACAL, Telmo	41	GALAICO	<b>2:24.91</b>	13,00
	50m: 31.58 31.58 100m: 1:09.74	38.16	150m: 1:51.63 41.89	200m: 2:24.91	33.28
2.	1107942 GARCIA RODRIGUEZ, Sergio	43	RIASBAIXAS	<b>2:36.05</b>	10,00
	50m: 34.69 34.69 100m: 1:15.55	40.86	150m: 1:59.94 44.39	200m: 2:36.05	36.11
3.	1228089 MERA MONTECELOS, Pablo	41	HERCULES	<b>2:37.98</b>	8,00
	50m: 33.60 33.60 100m: 1:15.13	41.53	150m: 2:02.00 46.87	200m: 2:37.98	35.98
4.	1178765 ESPAÑA CABEZAS, Jesús	43	CIDSANTIAG	<b>2:52.42</b>	7,00
	50m: 34.43 34.43 100m: 1:23.25	48.82	150m: 2:12.42 49.17	200m: 2:52.42	40.00
5.	1144584 ALVAREZ SILVA, Ruben	43	ESCUALOS	<b>3:02.05</b>	6,00
	50m: 41.33 41.33 100m: 1:30.59	49.26	150m: 2:21.22 50.63	200m: 3:02.05	40.83
6.	1214823 GONZALEZ PEÑAS, David	40	PORTAMIÑA	<b>3:15.41</b>	5,00
	50m: 46.62 46.62 100m: 1:37.86	51.24	150m: 2:30.20 52.34	200m: 3:15.41	45.21
7.	1038913 SUAREZ GARCIA, Pedro Lois	44	PONTEAREAS	<b>3:27.73</b>	4,00
	50m: 48.75 48.75 100m: 1:45.25	56.50	150m: 2:38.31 53.06	200m: 3:27.73	49.42
8.	1039360 POSE MATO, Cesar	41	ADFOGAR	<b>4:35.54</b>	3,00
	50m: 1:09.31 1:09.31 100m: 2:22.33	1:13.02	150m: 3:37.24 1:14.91	200m: 4:35.54	58.30

Prueba 7, Masc., 200m Estilos

45+

1.	1076560	EIRIZ DIEGUEZ, Daniel	46	CNMOS	<b>2:30.68</b>	13,00		
	50m:	32.73 32.73	100m:	1:12.79 40.06	150m:	1:55.78 42.99	200m:	2:30.68 34.90
2.	1205935	GUIRADO CARABEL, Oscar	48	CULLEREDO	<b>2:43.33</b>	10,00		
	50m:	32.95 32.95	100m:	1:14.66 41.71	150m:	2:03.76 49.10	200m:	2:43.33 39.57
3.	1180237	FOUZ ROUCO, Rubén	45	HERCULES	<b>2:52.85</b>	8,00		
	50m:	37.82 37.82	100m:	1:22.08 44.26	150m:	2:14.83 52.75	200m:	2:52.85 38.02
4.	1076564	CABANELAS EIRAS, Pablo	45	CIDSANTIAG	<b>2:55.82</b>	7,00		
	50m:	38.68 38.68	100m:	1:25.88 47.20	150m:	2:16.50 50.62	200m:	2:55.82 39.32
5.	1006004	GUIMAREY VAZQUEZ, Marcos	47	PORTAMIÑA	<b>2:57.56</b>	6,00		
	50m:	34.23 34.23	100m:	1:22.04 47.81	150m:	2:13.94 51.90	200m:	2:57.56 43.62
6.	1143662	BALSA MOSQUERA, Pablo	46	CMARINA	<b>3:12.94</b>	5,00		
	50m:	37.53 37.53	100m:	1:30.47 52.94	150m:	2:30.24 59.77	200m:	3:12.94 42.70
7.	1145005	FERNANDEZ IGLESIAS, Emilio J.	47	PONTEAREAS	<b>3:15.72</b>	4,00		
	50m:	39.52 39.52	100m:	1:34.71 55.19	150m:	2:32.03 57.32	200m:	3:15.72 43.69
8.	1127402	PEXEGUEIRO BALADRON, Nicolas	47	CNMOS	<b>3:30.07</b>	3,00		
	50m:	46.05 46.05	100m:	1:40.84 54.79	150m:	2:40.14 59.30	200m:	3:30.07 49.93

50+

1.	1076544	GARABATOS RODRIGUEZ, Santiago	50	CNMOS	<b>2:33.33</b>	13,00 RG		
	50m:	31.25 31.25	100m:	1:11.10 39.85	150m:	1:57.45 46.35	200m:	2:33.33 35.88
2.	1076185	PEREIRA DIAZ, Angel	52	ESCUALOS	<b>2:51.60</b>	10,00		
	50m:	34.89 34.89	100m:	1:24.23 49.34	150m:	2:11.71 47.48	200m:	2:51.60 39.89
3.	1079343	MOURIÑO ORTIGUERA, Roberto C.	50	PONTEAREAS	<b>2:53.63</b>	8,00		
	50m:	34.79 34.79	100m:	1:24.13 49.34	150m:	2:14.39 50.26	200m:	2:53.63 39.24
4.	1144117	PREGO MARTINEZ, Benjamin	51	PONTEAREAS	<b>3:11.06</b>	7,00		
	50m:	43.88 43.88	100m:	1:37.49 53.61	150m:	2:28.45 50.96	200m:	3:11.06 42.61
5.	1076535	DE LUIS GONZÁLEZ, Aitor	50	RCNVIGO	<b>3:15.40</b>	6,00		
	50m:	45.01 45.01	100m:	1:35.36 50.35	150m:	2:33.31 57.95	200m:	3:15.40 42.09
6.	1141071	LORENZO FERNANDEZ, Jose Manuel	52	RIASBAIXAS	<b>3:31.02</b>	5,00		
	50m:	43.03 43.03	100m:	1:38.83 55.80	150m:	2:42.25 1:03.42	200m:	3:31.02 48.77
7.	1203306	DURO GONZALEZ, Antonio	50	SALESTRA	<b>3:45.02</b>	4,00		
	50m:	46.54 46.54	100m:	1:48.36 1:01.82	150m:	2:58.77 1:10.41	200m:	3:45.02 46.25
8.	1208795	LORENZO GONZALEZ-VISO, Carlos	53	POURENSE	<b>3:56.53</b>	3,00		
	50m:	51.84 51.84	100m:	1:55.59 1:03.75	150m:	3:03.96 1:08.37	200m:	3:56.53 52.57

60+

1.	1053394	SANJORGE PEDREIRA, Carmelo	62	ARTEIXO	<b>4:01.05</b>	13,00		
	50m:	52.54 52.54	100m:	1:51.28 58.74	150m:	3:07.57 1:16.29	200m:	4:01.05 53.48

65+

Baja	1174449	FERNANDEZ ARRUTI, Jose Angel	65	CIDSANTIAG	-	-
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