

Prueba 22  
21/01/2024

Masc., 200m Espalda

2004 y mayores  
Resultados

Clasificación		Edad		Tiempo	Puntos
<b>25+</b>					
1.	1039755 RIVAS MACEIRAS, Isaac	25	HERCULES	<b>2:38.17</b>	13,00
	50m: 38.46 38.46 100m: 1:19.17	40.71	150m: 2:00.75 41.58	200m: 2:38.17	37.42
<b>30+</b>					
1.	1038638 CASTRO VILLAR, David	33	FLUVIAL	<b>2:36.59</b>	13,00
	50m: 37.17 37.17 100m: 1:17.42	40.25	150m: 1:57.25 39.83	200m: 2:36.59	39.34
2.	1010948 CAMPAÑA BARROS, Adrian	34	CIDSANTIAG	<b>2:39.22</b>	10,00
	50m: 37.39 37.39 100m: 1:17.55	40.16	150m: 1:58.61 41.06	200m: 2:39.22	40.61
<b>35+</b>					
1.	1089000 TABOADA VILA, Alberto	37	POURENSE	<b>2:12.29</b>	13,00
	50m: 30.33 30.33 100m: 1:03.07	32.74	150m: 1:35.89 32.82	200m: 2:12.29	36.40
2.	1226258 BERNARDEZ FERRO, Juan Jose	37	CIDSANTIAG	<b>2:45.94</b>	10,00
	50m: 39.37 39.37 100m: 1:21.39	42.02	150m: 2:04.02 42.63	200m: 2:45.94	41.92
3.	1097263 LAMEIRO SEOANE, Javier	37	HERCULES	<b>3:00.73</b>	8,00
	50m: 42.58 42.58 100m: 1:27.58	45.00	150m: 2:14.47 46.89	200m: 3:00.73	46.26
4.	1178928 FIDALGO SERRANO, Guillermo	38	TRAVIESAS	<b>3:37.25</b>	7,00
	50m: 52.65 52.65 100m: 1:46.51	53.86	150m: 2:43.15 56.64	200m: 3:37.25	54.10
5.	1076566 HERRUZO CARREÑO, Guillermo	37	GALAICO	<b>3:51.93</b>	6,00
	50m: 49.19 49.19 100m: 1:44.02	54.83	150m: 2:47.60 1:03.58	200m: 3:51.93	1:04.33
<b>40+</b>					
1.	1141151 CALLE FACAL, Telmo	41	GALAICO	<b>2:31.94</b>	13,00
	50m: 37.56 37.56 100m: 1:16.95	39.39	150m: 1:55.45 38.50	200m: 2:31.94	36.49
2.	1143899 PEREZ LOPEZ, Manuel	43	ESCUALOS	<b>3:11.02</b>	10,00
	50m: 45.34 45.34 100m: 1:33.40	48.06	150m: 2:22.83 49.43	200m: 3:11.02	48.19
3.	1214823 GONZALEZ PEÑAS, David	40	PORTAMIÑA	<b>3:14.68</b>	8,00
	50m: 48.61 48.61 100m: 1:38.06	49.45	150m: 2:26.42 48.36	200m: 3:14.68	48.26
4.	1190909 CARBALLA BARROSO, Rogelio Manue	43	GALAICO	<b>3:18.82</b>	7,00
	50m: 45.39 45.39 100m: 1:34.83	49.44	150m: 2:27.11 52.28	200m: 3:18.82	51.71
5.	1076282 CARRERA COSTAS, Andres	42	PONTEAREAS	<b>3:46.28</b>	6,00
	50m: 55.37 55.37 100m: 1:54.26	58.89	150m: 2:51.75 57.49	200m: 3:46.28	54.53
<b>45+</b>					
1.	1076560 EIRIZ DIEGUEZ, Daniel	46	CNMOS	<b>2:29.88</b>	13,00
	50m: 35.67 35.67 100m: 1:14.39	38.72	150m: 1:52.86 38.47	200m: 2:29.88	37.02
2.	1118746 SANCHEZ GORDON, Roman	46	RIASBAIXAS	<b>2:37.01</b>	10,00
	50m: 37.63 37.63 100m: 1:17.05	39.42	150m: 1:57.29 40.24	200m: 2:37.01	39.72
3.	1212075 GONZALEZ PARIS, David	46	HERCULES	<b>3:08.97</b>	8,00
	50m: 45.23 45.23 100m: 1:33.92	48.69	150m: 2:23.08 49.16	200m: 3:08.97	45.89
4.	1141502 TRONCOSO CAAMAÑO, Fernando	49	ESCUALOS	<b>3:42.53</b>	7,00
	50m: 56.70 56.70 100m: 1:54.02	57.32	150m: 2:48.78 54.76	200m: 3:42.53	53.75

Prueba 22, Masc., 200m Espalda

50+

1.	1040137	QUINTAS BARROS, Jesus C.	51	ESQUALOS	<b>2:54.61</b>	13,00		
	50m:	41.86 41.86	100m:	1:26.56 44.70	150m:	2:11.26 44.70	200m:	2:54.61 43.35
2.	1051938	SOTO HECTOR, Oscar	54	RIASBAIXAS	<b>3:05.44</b>	10,00		
	50m:	44.86 44.86	100m:	1:30.64 45.78	150m:	2:17.96 47.32	200m:	3:05.44 47.48
3.	1076535	DE LUIS GONZÁLEZ, Aitor	50	RCNVIGO	<b>3:12.90</b>	8,00		
	50m:	46.34 46.34	100m:	1:35.47 49.13	150m:	2:25.25 49.78	200m:	3:12.90 47.65
4.	1145039	FERREIRO SANCHEZ, Luis	54	POURENSE	<b>4:24.84</b>	7,00		
	50m:	1:03.80 1:03.80	100m:	2:09.45 1:05.65	150m:	3:18.30 1:08.85	200m:	4:24.84 1:06.54
Baja	1038104	PEREZ ARIAS, Hector	53	PORTAMIÑA	-	-		

55+

1.	1141209	DE LA PAZ VIGO, Agustin A.	58	CMARINA	<b>3:12.46</b>	13,00		
	50m:	45.91 45.91	100m:	1:34.56 48.65	150m:	2:24.06 49.50	200m:	3:12.46 48.40
2.	1037161	TOME NOGUEIRA, Alberto M.	56	ADFOGAR	<b>3:24.52</b>	10,00		
	50m:	47.83 47.83	100m:	1:39.20 51.37	150m:	2:32.59 53.39	200m:	3:24.52 51.93
3.	1143575	FERREIRA GONZALEZ, Xose Anxo	58	REDONDELA	<b>3:31.65</b>	8,00		
	50m:	49.25 49.25	100m:	1:43.48 54.23	150m:	2:38.78 55.30	200m:	3:31.65 52.87
4.	1195569	PEREZ LEIVA, Manuel	56	RIASBAIXAS	<b>3:32.12</b>	7,00		
	50m:	50.34 50.34	100m:	1:44.65 54.31	150m:	2:40.48 55.83	200m:	3:32.12 51.64
5.	1106828	TRILLO CARLIN, Jose Fdo.	56	ADFOGAR	<b>4:21.64</b>	6,00		
	50m:	1:03.42 1:03.42	100m:	2:09.30 1:05.88	150m:	3:16.13 1:06.83	200m:	4:21.64 1:05.51
DSQ	1143966	FERNANDEZ GONZALEZ, Alvaro	59	CNMOS	-	-		

60+

1.	1076250	BETHENCOURT IGLESIAS, Sergio	61	GALAICO	<b>3:18.61</b>	13,00		
	50m:	46.13 46.13	100m:	1:37.63 51.50	150m:	2:31.60 53.97	200m:	3:18.61 47.01

65+

1.	1170858	CODESIDO LOPEZ, José	65	CIDSANTIAG	<b>3:18.11</b>	13,00 RG		
	50m:	45.82 45.82	100m:	1:36.14 50.32	150m:	2:28.17 52.03	200m:	3:18.11 49.94
2.	1075185	YAÑEZ WONENBURGER, J. Carlos	65	HERCULES	<b>3:29.49</b>	10,00		
	50m:	50.46 50.46	100m:	1:43.86 53.40	150m:	2:37.55 53.69	200m:	3:29.49 51.94
Baja	1191492	TIMIRAOS CARRASCO, Luis	68	POURENSE	-	-		

70+

1.	1076165	GARCIA COLOMO, Manuel Ramon	70	POURENSE	<b>3:40.21</b>	13,00 RG		
	50m:	53.62 53.62	100m:	1:49.09 55.47	150m:	2:45.30 56.21	200m:	3:40.21 54.91

75+

1.	1076487	RODRIGUEZ LEMOS, Andres J.	75	CNMOS	<b>4:08.69</b>	13,00		
	50m:	1:00.09 1:00.09	100m:	2:03.93 1:03.84	150m:	3:08.90 1:04.97	200m:	4:08.69 59.79