

Prueba 21  
21/01/2024

Fem., 200m Espalda

2004 y mayores  
Resultados

Clasificación		Edad			Tiempo	Puntos
<b>20+</b>						
1.	1194207 VALIÑO FERRAZ, Tatyana	21	PONTEAREAS		<b>3:02.27</b>	13,00
	50m: 43.00 43.00 100m: 1:29.59 46.59 150m: 2:18.47 48.88 200m: 3:02.27 43.80					
2.	1228009 SOUTIÑO RAMIREZ, Carmen Victoria	23	PORTAMIÑA		<b>3:03.84</b>	10,00
	50m: 42.09 42.09 100m: 1:28.38 46.29 150m: 2:17.43 49.05 200m: 3:03.84 46.41					
<b>25+</b>						
1.	1038096 FREIJE TORNEIRO, Aroa	26	PORTAMIÑA		<b>2:37.59</b>	13,00 RG
	50m: 36.54 36.54 100m: 1:15.90 39.36 150m: 1:57.00 41.10 200m: 2:37.59 40.59					
2.	1039634 LAGO CASTILLO, Natalia	25	NCORUÑA		<b>2:47.46</b>	10,00
	50m: 39.20 39.20 100m: 1:21.39 42.19 150m: 2:04.86 43.47 200m: 2:47.46 42.60					
3.	1038929 GONZALEZ AVENDAÑO, Lucia	25	GALAICO		<b>2:55.95</b>	8,00
	50m: 42.07 42.07 100m: 1:26.38 44.31 150m: 2:11.27 44.89 200m: 2:55.95 44.68					
<b>30+</b>						
1.	1040457 FREIJO LÓPEZ, Lucía	32	NCORUÑA		<b>3:08.97</b>	13,00
	50m: 45.29 45.29 100m: 1:32.69 47.40 150m: 2:20.73 48.04 200m: 3:08.97 48.24					
2.	1078925 SALGADO CASTELO, Marta	30	MULLEREF		<b>3:35.13</b>	10,00
	50m: 50.67 50.67 100m: 1:43.97 53.30 150m: 2:40.35 56.38 200m: 3:35.13 54.78					
<b>35+</b>						
1.	1144894 VINAGRE SENDINO, Cora	36	SCASINO		<b>2:59.37</b>	13,00
	50m: 42.11 42.11 100m: 1:28.04 45.93 150m: 2:14.16 46.12 200m: 2:59.37 45.21					
2.	1040731 GESTO ALONSO, Clarisa	35	PONTEAREAS		<b>3:03.06</b>	10,00
	50m: 43.10 43.10 100m: 1:30.55 47.45 150m: 2:18.99 48.44 200m: 3:03.06 44.07					
3.	1144948 GONZALEZ PEREZ, Jessica	37	RIASBAIXAS		<b>3:16.17</b>	8,00
	50m: 45.40 45.40 100m: 1:34.56 49.16 150m: 2:26.08 51.52 200m: 3:16.17 50.09					
4.	1141313 MIRA VAZQUEZ, Paula	38	ESCUALOS		<b>3:32.22</b>	7,00
	50m: 51.89 51.89 100m: 1:46.45 54.56 150m: 2:41.47 55.02 200m: 3:32.22 50.75					
5.	1036315 LOPEZ CORTABITARTE, Belen	37	HERCULES		<b>3:37.45</b>	6,00
	50m: 54.36 54.36 100m: 1:50.40 56.04 150m: 2:45.99 55.59 200m: 3:37.45 51.46					
Baja	1212097 LOUREIRO AMOR, Belen Martina	36	NTNARON			-
<b>40+</b>						
1.	1013486 GONZALEZ RODRIGUEZ, Maria	42	CIDSANTIAG		<b>2:43.70</b>	13,00 RG
	50m: 38.48 38.48 100m: 1:18.63 40.15 150m: 2:00.77 42.14 200m: 2:43.70 42.93					
2.	1075221 HERMIDA RODRIGUEZ, Blanca	43	CMARINA		<b>2:45.91</b>	10,00
	50m: 39.04 39.04 100m: 1:22.32 43.28 150m: 2:04.13 41.81 200m: 2:45.91 41.78					
3.	1143597 SANCHEZ LEDO, Cira	43	ESCUALOS		<b>3:02.74</b>	8,00
	50m: 45.20 45.20 100m: 1:31.85 46.65 150m: 2:18.32 46.47 200m: 3:02.74 44.42					

Prueba 21, Fem., 200m Espalda

45+

1.	1143894	DE LORENZO FERNANDEZ, Maria	46	ESQUALOS	<b>3:23.21</b>	13,00
	50m:	49.57 49.57	100m:	1:41.44 51.87	150m:	2:33.09 51.65
	200m:	3:23.21	50.12			
2.	1143813	REGUEIRA MARTINEZ, Maria J.	49	HERCULES	<b>3:28.07</b>	10,00
	50m:	48.75 48.75	100m:	1:41.54 52.79	150m:	2:35.75 54.21
	200m:	3:28.07	52.32			
3.	1197606	CARBALLO BALOIRA, Susana María	49	HERCULES	<b>4:14.44</b>	8,00
	50m:	59.98 59.98	100m:	2:06.04 1:06.06	150m:	3:11.16 1:05.12
	200m:	4:14.44	1:03.28			

50+

1.	1228008	OJEA DE CASTRO, Macarena	51	PORTAMIÑA	<b>3:10.82</b>	13,00 RG
	50m:	45.40 45.40	100m:	1:33.48 48.08	150m:	2:22.63 49.15
	200m:	3:10.82	48.19			
2.	1147115	HERNANDEZ ALFAGEME, Rita	53	RIASBAIXAS	<b>3:15.39</b>	10,00
	50m:	44.96 44.96	100m:	1:33.25 48.29	150m:	2:24.87 51.62
	200m:	3:15.39	50.52			
3.	1143584	FERNANDEZ SESTELO, Maria Jose	54	PONTEAREAS	<b>5:15.73</b>	8,00
	50m:	1:17.30 1:17.30	100m:	2:39.19 1:21.89	150m:	4:00.00 1:20.81
	200m:	5:15.73	1:15.73			

Baja 1076525 SOUSA CARNEIRO, Alicia

50 CNMOS

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55+

1.	1086162	BARJA BARJA, Liliana	59	TRAVIESAS	<b>3:39.89</b>	13,00
	50m:	51.58 51.58	100m:	1:47.21 55.63	150m:	2:43.76 56.55
	200m:	3:39.89	56.13			
2.	1038729	DEL AMO BLANCO, Margarita	57	PONTEAREAS	<b>3:46.57</b>	10,00
	50m:	54.11 54.11	100m:	1:52.14 58.03	150m:	2:50.03 57.89
	200m:	3:46.57	56.54			
3.	1076506	MARTY PAZOS, Maria Victoria	59	TRAVIESAS	<b>4:17.90</b>	8,00
	50m:	1:03.21 1:03.21	100m:	2:07.09 1:03.88	150m:	3:11.91 1:04.82
	200m:	4:17.90	1:05.99			
4.	1144697	ACEVEDO REGO, Ermitas	58	POURENSE	<b>4:38.06</b>	7,00
	50m:	1:10.97 1:10.97	100m:	2:20.77 1:09.80	150m:	3:30.33 1:09.56
	200m:	4:38.06	1:07.73			
5.	1145007	MELON PARENTE, M. Lourdes	55	PONTEAREAS	<b>5:53.70</b>	6,00
	50m:	1:28.80 1:28.80	100m:	2:58.91 1:30.11	150m:	4:27.29 1:28.38
	200m:	5:53.70	1:26.41			

60+

1.	1145099	LOPEZ MAHIA, Purificacion	61	HERCULES	<b>4:20.37</b>	13,00
	50m:	1:01.58 1:01.58	100m:	2:08.01 1:06.43	150m:	3:14.92 1:06.91
	200m:	4:20.37	1:05.45			
2.	1127105	PEREIRA ALONSO, Isabel	63	ADFOGAR	<b>4:33.77</b>	10,00
	50m:	1:03.11 1:03.11	100m:	2:13.59 1:10.48	150m:	3:24.98 1:11.39
	200m:	4:33.77	1:08.79			

80+

1.	1143507	PEREZ DOMINGUEZ, Maria Luisa	80	RIASBAIXAS	<b>12:18.08</b>	13,00
	50m:	2:37.84 2:37.84	100m:	5:44.42 3:06.58	150m:	8:50.62 3:06.20
	200m:	12:18.08	3:27.46			