

Prueba 20
21/01/2024

Masc., 200m Braza

2004 y mayores
Resultados

Clasificación		Edad		Tempo	Puntos
20+					
1.	1142936 MARTINEZ ARGIZ, David	24	MONFORTE	2:51.47	13,00
	50m: 37.64 37.64 100m: 1:20.73 43.09 150m: 2:05.85 45.12 200m: 2:51.47 45.62				
2.	1141093 VILLAMOR FERRO, Rubén	24	ARTEIXO	2:52.16	10,00
	50m: 38.79 38.79 100m: 1:22.21 43.42 150m: 2:07.97 45.76 200m: 2:52.16 44.19				
25+					
1.	1144193 PASTORIZA SANTA CLARA, Jorge	27	RIASBAIXAS	2:33.87	13,00
	50m: 34.39 34.39 100m: 1:13.21 38.82 150m: 1:53.75 40.54 200m: 2:33.87 40.12				
2.	1038181 BOUZA PADRON, Adrian	27	PONTEAREAS	2:40.61	10,00
	50m: 35.57 35.57 100m: 1:16.44 40.87 150m: 1:58.43 41.99 200m: 2:40.61 42.18				
3.	1038178 IBAÑEZ CARRERA, Manuel Gabriel	28	PONTEAREAS	3:08.11	8,00
	50m: 41.85 41.85 100m: 1:29.59 47.74 150m: 2:20.01 50.42 200m: 3:08.11 48.10				
Baja	1216460 FRANCISCO MACÍAS, Simón	28	POURENSE		-
30+					
DSQ	1222771 LAGO GONZALEZ, Ivan	31	PONTEAREAS		-
	<i>Chegada irregular</i>				
Baja	1130602 TENORIO FREIRE, Martin	32	GALAICO		-
35+					
1.	1076287 PAZOS ALONSO, Josue	38	ESCUALOS	2:42.56	13,00
	50m: 36.46 36.46 100m: 1:17.77 41.31 150m: 2:00.79 43.02 200m: 2:42.56 41.77				
2.	1199549 MARTINEZ DOPAZO, David	37	GALAICO	2:54.21	10,00
	50m: 37.57 37.57 100m: 1:20.90 43.33 150m: 2:07.05 46.15 200m: 2:54.21 47.16				
3.	1143890 FORTES NOVOA, Martiño	36	ESCUALOS	3:02.49	8,00
	50m: 38.92 38.92 100m: 1:23.36 44.44 150m: 2:11.25 47.89 200m: 3:02.49 51.24				
4.	1136629 FIGUEIRA DOMINGUEZ, Javier Guzman	36	RIASBAIXAS	3:03.23	7,00
	50m: 42.27 42.27 100m: 1:29.29 47.02 150m: 2:16.12 46.83 200m: 3:03.23 47.11				
5.	1218108 IGLESIAS LAPIDO, Miguel	39	FLUVIAL	3:07.74	6,00
	50m: 39.60 39.60 100m: 1:25.99 46.39 150m: 2:16.92 50.93 200m: 3:07.74 50.82				
40+					
1.	1143897 SEVILLA AROCA, Javier	41	ESCUALOS	2:56.11	13,00
	50m: 39.45 39.45 100m: 1:23.02 43.57 150m: 2:09.04 46.02 200m: 2:56.11 47.07				
2.	1144789 MATIAS DUARTE, Erick	42	HERCULES	3:06.61	10,00
	50m: 42.95 42.95 100m: 1:29.91 46.96 150m: 2:17.89 47.98 200m: 3:06.61 48.72				
3.	1145052 FIERRO FERNÁNDEZ, Julio	42	HERCULES	3:07.50	8,00
	50m: 43.21 43.21 100m: 1:30.63 47.42 150m: 2:20.53 49.90 200m: 3:07.50 46.97				
4.	1214823 GONZALEZ PEÑAS, David	40	PORTAMIÑA	3:24.91	7,00
	50m: 47.99 47.99 100m: 1:39.32 51.33 150m: 2:31.69 52.37 200m: 3:24.91 53.22				
5.	1238677 MARIÑO GONZALEZ, Ramón	44	POURENSE	3:42.56	6,00
	50m: 49.87 49.87 100m: 1:46.24 56.37 150m: 2:44.43 58.19 200m: 3:42.56 58.13				

Prueba 20, Masc., 200m Braza, 40+

Clasificación	Edad	Tiempo	Puntos
6.	1076282 CARRERA COSTAS, Andres	42 PONTEAREAS	3:47.31 5,00
	50m: 49.63 49.63 100m: 1:47.22 57.59 150m: 2:47.15 59.93 200m: 3:47.31 1:00.16		
45+			
1.	1143601 NOGUEIRA-PINTO CRESPO, Hugo	46 ESCUALOS	3:04.14 13,00
	50m: 42.18 42.18 100m: 1:29.99 47.81 150m: 2:18.06 48.07 200m: 3:04.14 46.08		
2.	1218110 HERMIDA SALIDO, Gustavo	47 NTNARON	3:06.53 10,00
	50m: 43.34 43.34 100m: 1:31.15 47.81 150m: 2:19.31 48.16 200m: 3:06.53 47.22		
3.	1200126 TABOADA CALVELO, Jose Carlos	45 SALESTRA	3:39.59 8,00
	50m: 48.73 48.73 100m: 1:44.73 56.00 150m: 2:43.11 58.38 200m: 3:39.59 56.48		
4.	1178772 CARRERA RODRÍGUEZ, Rubén	45 PONTEAREAS	4:01.98 7,00
	50m: 54.58 54.58 100m: 1:59.31 1:04.73 150m: 3:03.01 1:03.70 200m: 4:01.98 58.97		
DSQ	1201621 ALONSO ORTIZ, Mariano	48 FLUVIAL	-
	<i>Saída anticipada</i>		
Baja	1093446 VAZQUEZ IGLESIAS, Daniel	45 RIASBAIXAS	-
50+			
1.	1076185 PEREIRA DIAZ, Angel	52 ESCUALOS	3:04.75 13,00
	50m: 41.41 41.41 100m: 1:27.67 46.26 150m: 2:16.31 48.64 200m: 3:04.75 48.44		
2.	1040137 QUINTAS BARROS, Jesus C.	51 ESCUALOS	3:05.06 10,00
	50m: 41.37 41.37 100m: 1:27.83 46.46 150m: 2:15.95 48.12 200m: 3:05.06 49.11		
3.	1141504 BOUSO FUENTECILLA, Fernando	53 ESCUALOS	3:13.59 8,00
	50m: 42.48 42.48 100m: 1:30.36 47.88 150m: 2:21.04 50.68 200m: 3:13.59 52.55		
4.	1144117 PREGO MARTINEZ, Benjamin	51 PONTEAREAS	3:16.09 7,00
	50m: 44.48 44.48 100m: 1:34.01 49.53 150m: 2:25.20 51.19 200m: 3:16.09 50.89		
5.	1079343 MOURIÑO ORTIGUERA, Roberto C.	50 PONTEAREAS	3:17.02 6,00
	50m: 42.96 42.96 100m: 1:32.14 49.18 150m: 2:24.16 52.02 200m: 3:17.02 52.86		
6.	1178895 CRESPO PÉREZ, Albarino	54 ESCUALOS	3:28.22 5,00
	50m: 45.34 45.34 100m: 1:37.61 52.27 150m: 2:33.41 55.80 200m: 3:28.22 54.81		
7.	1079474 MANDADO RODRIGUEZ, Enrique	52 HERCULES	3:31.09 4,00
	50m: 48.15 48.15 100m: 1:41.24 53.09 150m: 2:35.88 54.64 200m: 3:31.09 55.21		
8.	1144698 CADAVID NUÑEZ, Jose	54 POURENSE	3:49.34 3,00
	50m: 50.56 50.56 100m: 1:48.33 57.77 150m: 2:48.01 59.68 200m: 3:49.34 1:01.33		
9.	1197604 ARAUJO FERNÁNDEZ, Jose	53 ESCUALOS	4:20.19 2,00
	50m: 57.03 57.03 100m: 2:03.69 1:06.66 150m: 3:13.59 1:09.90 200m: 4:20.19 1:06.60		
Baja	1038104 PEREZ ARIAS, Hector	53 PORTAMIÑA	-
Baja	1144857 FERREIRO SUAREZ, Javier M.	51 SCASINO	-
55+			
1.	1143661 TOURIÑO GONZALEZ, Victor M.	56 CMARINA	3:13.44 13,00
	50m: 44.13 44.13 100m: 1:32.84 48.71 150m: 2:23.50 50.66 200m: 3:13.44 49.94		
2.	1141191 GARCIA SANJURJO, Jose Manuel	57 CDELMAR	3:28.89 10,00
	50m: 46.47 46.47 100m: 1:38.36 51.89 150m: 2:34.91 56.55 200m: 3:28.89 53.98		
3.	1143966 FERNANDEZ GONZALEZ, Alvaro	59 CNMOS	4:28.13 8,00
	50m: 55.87 55.87 100m: 2:02.21 1:06.34 150m: 3:15.53 1:13.32 200m: 4:28.13 1:12.60		

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60+

1.	1144940	HERNANZ MORAL, Fausto	62	RIASBAIXAS	4:07.88	13,00
	50m:	54.96 54.96	100m:	1:57.56 1:02.60	150m:	3:02.93 1:05.37
					200m:	4:07.88 1:04.95

65+

1.	1048207	ROS ROSILLO, Alejandro	66	RIASBAIXAS	3:16.40	13,00
	50m:	44.87 44.87	100m:	1:32.96 48.09	150m:	2:24.11 51.15
					200m:	3:16.40 52.29

75+

1.	1076487	RODRIGUEZ LEMOS, Andres J.	75	CNMOS	4:09.16	13,00 RG
	50m:	54.67 54.67	100m:	1:58.16 1:03.49	150m:	3:05.32 1:07.16
					200m:	4:09.16 1:03.84

80+

1.	1143430	ARAUJO DOMINGUEZ, Francisco	84	PONTEAREAS	6:31.33	13,00
	50m:	1:29.86 1:29.86	100m:	3:11.76 1:41.90	150m:	4:52.75 1:40.99
					200m:	6:31.33 1:38.58