

Prueba 46  
30/12/2023 - 19:33

Fem., 1500m Libre

Absoluto Femenino  
Resultados

RG	15:46.06	, VILAS VIDAL, MARIA	RIVEIRA	12/12/2014
RC	16:05.20	, VILAS VIDAL, MARIA	RIVEIRA	20/12/2014

Clasificación

AN

Tiempo

ABSO

JUNI

Junior Femenino

<b>1. VILLARNOVO PAZOS, Lucia</b>	<b>08</b>	<b>C. N. FERROL</b>	<b>18:08.26</b>	-	-	
50m: 31.34	31.34	450m: 5:14.55	36.05	850m: 10:07.31	36.93	1250m: 15:04.68 36.94
100m: 1:05.06	33.72	500m: 5:50.79	36.24	900m: 10:44.52	37.21	1300m: 15:41.75 37.07
150m: 1:39.83	34.77	550m: 6:26.83	36.04	950m: 11:21.63	37.11	1350m: 16:18.76 37.01
200m: 2:15.27	35.44	600m: 7:03.33	36.50	1000m: 11:58.47	36.84	1400m: 16:55.86 37.10
250m: 2:50.94	35.67	650m: 7:39.75	36.42	1050m: 12:35.60	37.13	1450m: 17:32.48 36.62
300m: 3:26.83	35.89	700m: 8:16.42	36.67	1100m: 13:12.75	37.15	1500m: 18:08.26 35.78
350m: 4:02.62	35.79	750m: 8:53.33	36.91	1150m: 13:50.15	37.40	
400m: 4:38.50	35.88	800m: 9:30.38	37.05	1200m: 14:27.74	37.59	
<b>2. RODRÍGUEZ RODRÍGUEZ, Paula</b>	<b>08</b>	<b>C. N. ARTEIXO</b>	<b>18:44.77</b>	-	-	
50m: 33.18	33.18	450m: 5:28.60	37.90	850m: 10:30.65	38.25	1250m: 15:35.91 38.08
100m: 1:09.22	36.04	500m: 6:05.74	37.14	900m: 11:08.72	38.07	1300m: 16:14.16 38.25
150m: 1:45.87	36.65	550m: 6:43.31	37.57	950m: 11:47.13	38.41	1350m: 16:52.58 38.42
200m: 2:22.54	36.67	600m: 7:21.35	38.04	1000m: 12:25.10	37.97	1400m: 17:30.50 37.92
250m: 2:59.55	37.01	650m: 7:59.15	37.80	1050m: 13:03.37	38.27	1450m: 18:08.82 38.32
300m: 3:36.47	36.92	700m: 8:36.83	37.68	1100m: 13:41.34	37.97	1500m: 18:44.77 35.95
350m: 4:13.25	36.78	750m: 9:14.78	37.95	1150m: 14:19.76	38.42	
400m: 4:50.70	37.45	800m: 9:52.40	37.62	1200m: 14:57.83	38.07	
<b>3. PARDAVILA DAVILA, Ainoa</b>	<b>08</b>	<b>VIGO RIAS BAIXAS</b>	<b>18:58.04</b>	-	-	
50m: 34.46	34.46	450m: 5:36.70	38.00	850m: 10:42.33	38.02	1250m: 15:48.01 38.47
100m: 1:11.92	37.46	500m: 6:14.92	38.22	900m: 11:20.52	38.19	1300m: 16:26.11 38.10
150m: 1:49.65	37.73	550m: 6:53.36	38.44	950m: 11:58.59	38.07	1350m: 17:04.23 38.12
200m: 2:27.21	37.56	600m: 7:31.51	38.15	1000m: 12:36.88	38.29	1400m: 17:42.45 38.22
250m: 3:04.86	37.65	650m: 8:09.84	38.33	1050m: 13:15.28	38.40	1450m: 18:20.57 38.12
300m: 3:42.78	37.92	700m: 8:48.00	38.16	1100m: 13:53.40	38.12	1500m: 18:58.04 37.47
350m: 4:20.62	37.84	750m: 9:26.29	38.29	1150m: 14:31.64	38.24	
400m: 4:58.70	38.08	800m: 10:04.31	38.02	1200m: 15:09.54	37.90	
<b>4. MUÑOZ GAVINO, Paula</b>	<b>08</b>	<b>C. N. PORTAMIÑA</b>	<b>19:06.30</b>	-	-	
50m: 32.73	32.73	450m: 5:32.78	37.98	850m: 10:39.84	38.12	1250m: 15:50.08 38.85
100m: 1:08.74	36.01	500m: 6:11.41	38.63	900m: 11:18.43	38.59	1300m: 16:29.27 39.19
150m: 1:45.73	36.99	550m: 6:49.99	38.58	950m: 11:57.29	38.86	1350m: 17:08.98 39.71
200m: 2:23.56	37.83	600m: 7:28.11	38.12	1000m: 12:36.01	38.72	1400m: 17:48.59 39.61
250m: 3:01.17	37.61	650m: 8:06.21	38.10	1050m: 13:14.80	38.79	1450m: 18:28.29 39.70
300m: 3:38.48	37.31	700m: 8:44.97	38.76	1100m: 13:53.77	38.97	1500m: 19:06.30 38.01
350m: 4:16.95	38.47	750m: 9:23.12	38.15	1150m: 14:32.42	38.65	
400m: 4:54.80	37.85	800m: 10:01.72	38.60	1200m: 15:11.23	38.81	
<b>5. BABARRO LOPEZ, Maria</b>	<b>08</b>	<b>PABELLON OURENS</b>	<b>19:14.47</b>	-	-	
50m: 32.59	32.59	450m: 5:36.07	38.77	850m: 10:45.12	38.51	1250m: 15:58.89 39.55
100m: 1:08.48	35.89	500m: 6:14.79	38.72	900m: 11:24.08	38.96	1300m: 16:38.19 39.30
150m: 1:45.63	37.15	550m: 6:53.79	39.00	950m: 12:03.30	39.22	1350m: 17:17.18 38.99
200m: 2:23.45	37.82	600m: 7:32.56	38.77	1000m: 12:42.26	38.96	1400m: 17:56.52 39.34
250m: 3:01.61	38.16	650m: 8:11.18	38.62	1050m: 13:21.12	38.86	1450m: 18:35.82 39.30
300m: 3:40.10	38.49	700m: 8:49.70	38.52	1100m: 14:00.23	39.11	1500m: 19:14.47 38.65
350m: 4:19.06	38.96	750m: 9:28.15	38.45	1150m: 14:39.82	39.59	
400m: 4:57.30	38.24	800m: 10:06.61	38.46	1200m: 15:19.34	39.52	



Prueba 46, Fem., 1500m Libre, Junior Femenino

Clasificación	AN		Tiempo		ABSO	JUNI
<b>6. ORTEGO PORTA, Aldara</b>	<b>07</b>		<b>C. N. GALAICO</b>		<b>19:33.61</b>	-
50m: 34.19	34.19	450m: 5:48.72	38.84	850m: 11:05.46	38.77	1250m: 16:20.77
100m: 1:12.66	38.47	500m: 6:28.71	39.99	900m: 11:45.72	40.26	1300m: 17:00.07
150m: 1:51.68	39.02	550m: 7:07.42	38.71	950m: 12:24.26	38.54	1350m: 17:39.43
200m: 2:31.56	39.88	600m: 7:46.49	39.07	1000m: 13:03.49	39.23	1400m: 18:18.89
250m: 3:10.79	39.23	650m: 8:26.78	40.29	1050m: 13:43.53	40.04	1450m: 18:56.67
300m: 3:50.47	39.68	700m: 9:06.79	40.01	1100m: 14:23.43	39.90	1500m: 19:33.61
350m: 4:29.64	39.17	750m: 9:48.15	41.36	1150m: 15:02.27	38.84	
400m: 5:09.88	40.24	800m: 10:26.69	38.54	1200m: 15:41.46	39.19	
<b>7. PEREIRA-BORRAJO VAYO, Marta</b>	<b>08</b>		<b>VIGO RIAS BAIXAS</b>		<b>20:16.39</b>	-
50m: 35.03	35.03	450m: 5:56.52	40.57	850m: 11:24.44	40.95	1250m: 16:51.58
100m: 1:13.69	38.66	500m: 6:37.22	40.70	900m: 12:05.58	41.14	1300m: 17:32.83
150m: 1:54.00	40.31	550m: 7:18.10	40.88	950m: 12:46.33	40.75	1350m: 18:14.19
200m: 2:34.14	40.14	600m: 7:58.42	40.32	1000m: 13:27.57	41.24	1400m: 18:55.10
250m: 3:14.60	40.46	650m: 8:39.62	41.20	1050m: 14:08.04	40.47	1450m: 19:36.33
300m: 3:55.25	40.65	700m: 9:20.90	41.28	1100m: 14:48.79	40.75	1500m: 20:16.39
350m: 4:35.87	40.62	750m: 10:02.49	41.59	1150m: 15:29.86	41.07	
400m: 5:15.95	40.08	800m: 10:43.49	41.00	1200m: 16:10.63	40.77	
<b>8. FERNANDEZ GRATEROL, Sofia Antia</b>	<b>07</b>		<b>PABELLON OURENS</b>		<b>20:27.09</b>	-
50m: 34.25	34.25	450m: 5:57.10	40.68	850m: 11:24.16	40.85	1250m: 16:58.46
100m: 1:13.37	39.12	500m: 6:37.61	40.51	900m: 12:05.38	41.22	1300m: 17:41.36
150m: 1:53.32	39.95	550m: 7:18.09	40.48	950m: 12:46.58	41.20	1350m: 18:23.79
200m: 2:33.67	40.35	600m: 7:58.88	40.79	1000m: 13:27.94	41.36	1400m: 19:06.17
250m: 3:14.09	40.42	650m: 8:39.50	40.62	1050m: 14:09.54	41.60	1450m: 19:48.16
300m: 3:54.98	40.89	700m: 9:20.67	41.17	1100m: 14:51.90	42.36	1500m: 20:27.09
350m: 4:35.73	40.75	750m: 10:02.24	41.57	1150m: 15:33.94	42.04	
400m: 5:16.42	40.69	800m: 10:43.31	41.07	1200m: 16:16.06	42.12	

Absoluto Femenino

<b>1. ORTIZ DE GUINEA BASTON, Alba</b>	<b>97</b>		<b>C. N. PONTEAREAS</b>		<b>17:37.35</b>	-
50m: 31.04	31.04	450m: 5:09.03	35.46	850m: 9:53.13	35.84	1250m: 14:39.33
100m: 1:04.40	33.36	500m: 5:44.31	35.28	900m: 10:28.54	35.41	1300m: 15:15.49
150m: 1:38.68	34.28	550m: 6:19.53	35.22	950m: 11:04.17	35.63	1350m: 15:51.33
200m: 2:13.33	34.65	600m: 6:54.96	35.43	1000m: 11:39.69	35.52	1400m: 16:27.30
250m: 2:48.19	34.86	650m: 7:30.47	35.51	1050m: 12:15.62	35.93	1450m: 17:03.06
300m: 3:23.31	35.12	700m: 8:06.18	35.71	1100m: 12:51.40	35.78	1500m: 17:37.35
350m: 3:58.52	35.21	750m: 8:41.88	35.70	1150m: 13:27.46	36.06	
400m: 4:33.57	35.05	800m: 9:17.29	35.41	1200m: 14:03.42	35.96	
<b>2. PEREZ GARCIA-PICHER, Ana</b>	<b>98</b>		<b>RCN VIGO</b>		<b>17:58.11</b>	-
50m: 32.79	32.79	450m: 5:19.86	36.07	850m: 10:09.24	36.25	1250m: 14:57.31
100m: 1:07.94	35.15	500m: 5:55.84	35.98	900m: 10:45.58	36.34	1300m: 15:33.54
150m: 1:43.33	35.39	550m: 6:32.04	36.20	950m: 11:21.67	36.09	1350m: 16:09.83
200m: 2:19.25	35.92	600m: 7:07.90	35.86	1000m: 11:57.67	36.00	1400m: 16:46.15
250m: 2:55.47	36.22	650m: 7:43.98	36.08	1050m: 12:33.43	35.76	1450m: 17:22.58
300m: 3:31.54	36.07	700m: 8:20.12	36.14	1100m: 13:09.08	35.65	1500m: 17:58.11
350m: 4:07.59	36.05	750m: 8:56.36	36.24	1150m: 13:45.07	35.99	
400m: 4:43.79	36.20	800m: 9:32.99	36.63	1200m: 14:20.91	35.84	



Prueba 46, Fem., 1500m Libre, Absoluto Femenino

Clasificación			AN			Tempo	ABSO	JUNI				
3.	VILLARNOVO PAZOS, Lucia		08	C. N. FERROL		<b>18:08.26</b>	-	-				
	50m:	31.34	31.34	450m:	5:14.55	36.05	850m:	10:07.31	36.93	1250m:	15:04.68	36.94
	100m:	1:05.06	33.72	500m:	5:50.79	36.24	900m:	10:44.52	37.21	1300m:	15:41.75	37.07
	150m:	1:39.83	34.77	550m:	6:26.83	36.04	950m:	11:21.63	37.11	1350m:	16:18.76	37.01
	200m:	2:15.27	35.44	600m:	7:03.33	36.50	1000m:	11:58.47	36.84	1400m:	16:55.86	37.10
	250m:	2:50.94	35.67	650m:	7:39.75	36.42	1050m:	12:35.60	37.13	1450m:	17:32.48	36.62
	300m:	3:26.83	35.89	700m:	8:16.42	36.67	1100m:	13:12.75	37.15	1500m:	18:08.26	35.78
	350m:	4:02.62	35.79	750m:	8:53.33	36.91	1150m:	13:50.15	37.40			
	400m:	4:38.50	35.88	800m:	9:30.38	37.05	1200m:	14:27.74	37.59			
4.	VIDAL RODRIGUEZ, Mara		10	C. N. GALAICO		<b>18:26.31</b>	-	-				
	50m:	32.82	32.82	450m:	5:25.22	36.87	850m:	10:21.56	37.23	1250m:	15:20.55	37.75
	100m:	1:08.09	35.27	500m:	6:01.74	36.52	900m:	10:59.25	37.69	1300m:	15:57.51	36.96
	150m:	1:44.55	36.46	550m:	6:38.67	36.93	950m:	11:36.61	37.36	1350m:	16:35.46	37.95
	200m:	2:20.83	36.28	600m:	7:15.98	37.31	1000m:	12:13.67	37.06	1400m:	17:12.99	37.53
	250m:	2:57.54	36.71	650m:	7:53.13	37.15	1050m:	12:51.08	37.41	1450m:	17:50.26	37.27
	300m:	3:34.38	36.84	700m:	8:29.99	36.86	1100m:	13:28.31	37.23	1500m:	18:26.31	36.05
	350m:	4:11.26	36.88	750m:	9:07.37	37.38	1150m:	14:05.69	37.38			
	400m:	4:48.35	37.09	800m:	9:44.33	36.96	1200m:	14:42.80	37.11			
5.	CANALDA RAMOS, Laura		09	C. N. CORUÑA		<b>18:38.78</b>	-	-				
	50m:	32.36	32.36	450m:	5:26.62	37.48	850m:	10:28.47	37.91	1250m:	15:30.72	37.71
	100m:	1:07.56	35.20	500m:	6:04.10	37.48	900m:	11:06.27	37.80	1300m:	16:08.89	38.17
	150m:	1:43.69	36.13	550m:	6:41.72	37.62	950m:	11:44.06	37.79	1350m:	16:47.17	38.28
	200m:	2:20.24	36.55	600m:	7:19.51	37.79	1000m:	12:21.70	37.64	1400m:	17:25.19	38.02
	250m:	2:57.16	36.92	650m:	7:57.10	37.59	1050m:	12:59.29	37.59	1450m:	18:03.10	37.91
	300m:	3:34.32	37.16	700m:	8:34.81	37.71	1100m:	13:37.20	37.91	1500m:	18:38.78	35.68
	350m:	4:11.68	37.36	750m:	9:12.78	37.97	1150m:	14:15.02	37.82			
	400m:	4:49.14	37.46	800m:	9:50.56	37.78	1200m:	14:53.01	37.99			
6.	RODRÍGUEZ RODRÍGUEZ, Paula		08	C. N. ARTEIXO		<b>18:44.77</b>	-	-				
	50m:	33.18	33.18	450m:	5:28.60	37.90	850m:	10:30.65	38.25	1250m:	15:35.91	38.08
	100m:	1:09.22	36.04	500m:	6:05.74	37.14	900m:	11:08.72	38.07	1300m:	16:14.16	38.25
	150m:	1:45.87	36.65	550m:	6:43.31	37.57	950m:	11:47.13	38.41	1350m:	16:52.58	38.42
	200m:	2:22.54	36.67	600m:	7:21.35	38.04	1000m:	12:25.10	37.97	1400m:	17:30.50	37.92
	250m:	2:59.55	37.01	650m:	7:59.15	37.80	1050m:	13:03.37	38.27	1450m:	18:08.82	38.32
	300m:	3:36.47	36.92	700m:	8:36.83	37.68	1100m:	13:41.34	37.97	1500m:	18:44.77	35.95
	350m:	4:13.25	36.78	750m:	9:14.78	37.95	1150m:	14:19.76	38.42			
	400m:	4:50.70	37.45	800m:	9:52.40	37.62	1200m:	14:57.83	38.07			
7.	PARDAVILA DAVILA, Ainoa		08	VIGO RIAS BAIXAS		<b>18:58.04</b>	-	-				
	50m:	34.46	34.46	450m:	5:36.70	38.00	850m:	10:42.33	38.02	1250m:	15:48.01	38.47
	100m:	1:11.92	37.46	500m:	6:14.92	38.22	900m:	11:20.52	38.19	1300m:	16:26.11	38.10
	150m:	1:49.65	37.73	550m:	6:53.36	38.44	950m:	11:58.59	38.07	1350m:	17:04.23	38.12
	200m:	2:27.21	37.56	600m:	7:31.51	38.15	1000m:	12:36.88	38.29	1400m:	17:42.45	38.22
	250m:	3:04.86	37.65	650m:	8:09.84	38.33	1050m:	13:15.28	38.40	1450m:	18:20.57	38.12
	300m:	3:42.78	37.92	700m:	8:48.00	38.16	1100m:	13:53.40	38.12	1500m:	18:58.04	37.47
	350m:	4:20.62	37.84	750m:	9:26.29	38.29	1150m:	14:31.64	38.24			
	400m:	4:58.70	38.08	800m:	10:04.31	38.02	1200m:	15:09.54	37.90			



Prueba 46, Fem., 1500m Libre, Absoluto Femenino

Clasificación	AN		Tiempo		ABSO	JUNI
<b>8. MUÑOZ GAVINO, Paula</b>	<b>08</b>		<b>C. N. PORTAMIÑA</b>		<b>19:06.30</b>	- -
50m: 32.73 32.73	450m: 5:32.78	37.98	850m: 10:39.84	38.12	1250m: 15:50.08	38.85
100m: 1:08.74 36.01	500m: 6:11.41	38.63	900m: 11:18.43	38.59	1300m: 16:29.27	39.19
150m: 1:45.73 36.99	550m: 6:49.99	38.58	950m: 11:57.29	38.86	1350m: 17:08.98	39.71
200m: 2:23.56 37.83	600m: 7:28.11	38.12	1000m: 12:36.01	38.72	1400m: 17:48.59	39.61
250m: 3:01.17 37.61	650m: 8:06.21	38.10	1050m: 13:14.80	38.79	1450m: 18:28.29	39.70
300m: 3:38.48 37.31	700m: 8:44.97	38.76	1100m: 13:53.77	38.97	1500m: 19:06.30	38.01
350m: 4:16.95 38.47	750m: 9:23.12	38.15	1150m: 14:32.42	38.65		
400m: 4:54.80 37.85	800m: 10:01.72	38.60	1200m: 15:11.23	38.81		
<b>9. BABARRO LOPEZ, Maria</b>	<b>08</b>		<b>PABELLON OURENSI</b>		<b>19:14.47</b>	- -
50m: 32.59 32.59	450m: 5:36.07	38.77	850m: 10:45.12	38.51	1250m: 15:58.89	39.55
100m: 1:08.48 35.89	500m: 6:14.79	38.72	900m: 11:24.08	38.96	1300m: 16:38.19	39.30
150m: 1:45.63 37.15	550m: 6:53.79	39.00	950m: 12:03.30	39.22	1350m: 17:17.18	38.99
200m: 2:23.45 37.82	600m: 7:32.56	38.77	1000m: 12:42.26	38.96	1400m: 17:56.52	39.34
250m: 3:01.61 38.16	650m: 8:11.18	38.62	1050m: 13:21.12	38.86	1450m: 18:35.82	39.30
300m: 3:40.10 38.49	700m: 8:49.70	38.52	1100m: 14:00.23	39.11	1500m: 19:14.47	38.65
350m: 4:19.06 38.96	750m: 9:28.15	38.45	1150m: 14:39.82	39.59		
400m: 4:57.30 38.24	800m: 10:06.61	38.46	1200m: 15:19.34	39.52		
<b>10. ORTEGO PORTA, Aldara</b>	<b>07</b>		<b>C. N. GALAICO</b>		<b>19:33.61</b>	- -
50m: 34.19 34.19	450m: 5:48.72	38.84	850m: 11:05.46	38.77	1250m: 16:20.77	39.31
100m: 1:12.66 38.47	500m: 6:28.71	39.99	900m: 11:45.72	40.26	1300m: 17:00.07	39.30
150m: 1:51.68 39.02	550m: 7:07.42	38.71	950m: 12:24.26	38.54	1350m: 17:39.43	39.36
200m: 2:31.56 39.88	600m: 7:46.49	39.07	1000m: 13:03.49	39.23	1400m: 18:18.89	39.46
250m: 3:10.79 39.23	650m: 8:26.78	40.29	1050m: 13:43.53	40.04	1450m: 18:56.67	37.78
300m: 3:50.47 39.68	700m: 9:06.79	40.01	1100m: 14:23.43	39.90	1500m: 19:33.61	36.94
350m: 4:29.64 39.17	750m: 9:48.15	41.36	1150m: 15:02.27	38.84		
400m: 5:09.88 40.24	800m: 10:26.69	38.54	1200m: 15:41.46	39.19		
<b>11. PEREIRA-BORRAJO VAYO, Marta</b>	<b>08</b>		<b>VIGO RIAS BAIXAS</b>		<b>20:16.39</b>	- -
50m: 35.03 35.03	450m: 5:56.52	40.57	850m: 11:24.44	40.95	1250m: 16:51.58	40.95
100m: 1:13.69 38.66	500m: 6:37.22	40.70	900m: 12:05.58	41.14	1300m: 17:32.83	41.25
150m: 1:54.00 40.31	550m: 7:18.10	40.88	950m: 12:46.33	40.75	1350m: 18:14.19	41.36
200m: 2:34.14 40.14	600m: 7:58.42	40.32	1000m: 13:27.57	41.24	1400m: 18:55.10	40.91
250m: 3:14.60 40.46	650m: 8:39.62	41.20	1050m: 14:08.04	40.47	1450m: 19:36.33	41.23
300m: 3:55.25 40.65	700m: 9:20.90	41.28	1100m: 14:48.79	40.75	1500m: 20:16.39	40.06
350m: 4:35.87 40.62	750m: 10:02.49	41.59	1150m: 15:29.86	41.07		
400m: 5:15.95 40.08	800m: 10:43.49	41.00	1200m: 16:10.63	40.77		
<b>12. FERNANDEZ GRATEROL, Sofia Antia</b>	<b>07</b>		<b>PABELLON OURENSI</b>		<b>20:27.09</b>	- -
50m: 34.25 34.25	450m: 5:57.10	40.68	850m: 11:24.16	40.85	1250m: 16:58.46	42.40
100m: 1:13.37 39.12	500m: 6:37.61	40.51	900m: 12:05.38	41.22	1300m: 17:41.36	42.90
150m: 1:53.32 39.95	550m: 7:18.09	40.48	950m: 12:46.58	41.20	1350m: 18:23.79	42.43
200m: 2:33.67 40.35	600m: 7:58.88	40.79	1000m: 13:27.94	41.36	1400m: 19:06.17	42.38
250m: 3:14.09 40.42	650m: 8:39.50	40.62	1050m: 14:09.54	41.60	1450m: 19:48.16	41.99
300m: 3:54.98 40.89	700m: 9:20.67	41.17	1100m: 14:51.90	42.36	1500m: 20:27.09	38.93
350m: 4:35.73 40.75	750m: 10:02.24	41.57	1150m: 15:33.94	42.04		
400m: 5:16.42 40.69	800m: 10:43.31	41.07	1200m: 16:16.06	42.12		

