

Prueba 40
30/12/2023 - 18:07

Fem., 400m Estilos

Absoluto Femenino
Resultados

RG	4:31.65	, GOMEZ CORTES, BEATRIZ	GALAICO	15/12/2013
RC	4:37.89	, VILAS VIDAL, MARIA	RIVEIRA	30/12/2012

Clasificación	AN		Tiempo		ABSO	JUNI
Junior Femenino						
1.	MOURENZA ROCHA, Sofia	07	C. N. PORTAMIÑA	4:55.78	-	-
	50m: 32.11 32.11 150m: 1:47.37 39.26 250m: 3:04.66 40.21 350m: 4:22.63 36.52					
	100m: 1:08.11 36.00 200m: 2:24.45 37.08 300m: 3:46.11 41.45 400m: 4:55.78 33.15					
2.	CARBALLO GONZALEZ, Sofia	06	C. N. PONTEAREAS	5:06.55	-	-
	50m: 33.49 33.49 150m: 1:52.64 40.91 250m: 3:13.77 42.38 350m: 4:32.06 35.56					
	100m: 1:11.73 38.24 200m: 2:31.39 38.75 300m: 3:56.50 42.73 400m: 5:06.55 34.49					
3.	ESTEVEZ MONTES, Naroa	08	C. N. PONTEAREAS	5:25.38	-	-
	50m: 35.28 35.28 150m: 1:57.75 42.47 250m: 3:24.40 45.66 350m: 4:49.28 38.06					
	100m: 1:15.28 40.00 200m: 2:38.74 40.99 300m: 4:11.22 46.82 400m: 5:25.38 36.10					
4.	FARIÑA MARTINEZ, Paula	07	C. N. GALAICO	5:27.38	-	-
	50m: 34.03 34.03 150m: 1:57.70 43.73 250m: 3:26.76 46.27 350m: 4:51.22 37.17					
	100m: 1:13.97 39.94 200m: 2:40.49 42.79 300m: 4:14.05 47.29 400m: 5:27.38 36.16					
5.	SUAREZ DOSIL, Claudia	07	C. N. ARTEIXO	5:30.81	-	-
	50m: 33.60 33.60 150m: 1:57.51 45.56 250m: 3:28.94 46.91 350m: 4:55.02 38.19					
	100m: 1:11.95 38.35 200m: 2:42.03 44.52 300m: 4:16.83 47.89 400m: 5:30.81 35.79					
6.	DE LA FUENTE PINTOS, Nadia	07	C. N. GALAICO	5:30.92	-	-
	50m: 34.43 34.43 150m: 1:57.42 42.51 250m: 3:28.13 49.83 350m: 4:56.10 37.04					
	100m: 1:14.91 40.48 200m: 2:38.30 40.88 300m: 4:19.06 50.93 400m: 5:30.92 34.82					
7.	MARTÍNEZ NOVOA, Silvia	06	RCN VIGO	5:33.08	-	-
	50m: 35.84 35.84 150m: 2:00.39 42.70 250m: 3:28.54 48.16 350m: 4:56.41 38.85					
	100m: 1:17.69 41.85 200m: 2:40.38 39.99 300m: 4:17.56 49.02 400m: 5:33.08 36.67					
8.	PIÑEIRO FERNANDEZ, Antia	08	RCN VIGO	5:41.62	-	-
	50m: 37.18 37.18 150m: 2:05.07 43.89 250m: 3:36.04 47.80 350m: 5:03.71 39.25					
	100m: 1:21.18 44.00 200m: 2:48.24 43.17 300m: 4:24.46 48.42 400m: 5:41.62 37.91					

Absoluto Femenino

1.	MOURENZA ROCHA, Sofia	07	C. N. PORTAMIÑA	4:55.78	-	-
	50m: 32.11 32.11 150m: 1:47.37 39.26 250m: 3:04.66 40.21 350m: 4:22.63 36.52					
	100m: 1:08.11 36.00 200m: 2:24.45 37.08 300m: 3:46.11 41.45 400m: 4:55.78 33.15					
2.	RODRÍGUEZ ALONSO, Julia	05	RCN VIGO	5:03.05	-	-
	50m: 31.32 31.32 150m: 1:46.69 39.41 250m: 3:08.58 42.85 350m: 4:28.48 36.40					
	100m: 1:07.28 35.96 200m: 2:25.73 39.04 300m: 3:52.08 43.50 400m: 5:03.05 34.57					
3.	SANTAS VAZQUEZ, Laura	09	C. N. PORTAMIÑA	5:03.90	-	-
	50m: 32.97 32.97 150m: 1:49.92 40.02 250m: 3:12.17 43.68 350m: 4:30.59 35.04					
	100m: 1:09.90 36.93 200m: 2:28.49 38.57 300m: 3:55.55 43.38 400m: 5:03.90 33.31					
4.	CARBALLO GONZALEZ, Sofia	06	C. N. PONTEAREAS	5:06.55	-	-
	50m: 33.49 33.49 150m: 1:52.64 40.91 250m: 3:13.77 42.38 350m: 4:32.06 35.56					
	100m: 1:11.73 38.24 200m: 2:31.39 38.75 300m: 3:56.50 42.73 400m: 5:06.55 34.49					



Prueba 40, Fem., 400m Estilos, Absoluto Femenino

Clasificación			AN				Tiempo	ABSO	JUNI			
5.	FARO MARTINEZ, Carla		03	C. N. PONTEAREAS			5:10.50	-	-			
	50m:	31.93	31.93	150m:	1:48.62	40.83	250m:	3:13.15	43.50	350m:	4:34.83	37.48
	100m:	1:07.79	35.86	200m:	2:29.65	41.03	300m:	3:57.35	44.20	400m:	5:10.50	35.67
6.	VEIGA SOUTO, Ana		98	C. N. ARTEIXO			5:18.04	-	-			
	50m:	32.36	32.36	150m:	1:48.23	39.42	250m:	3:16.68	49.29	350m:	4:42.35	36.66
	100m:	1:08.81	36.45	200m:	2:27.39	39.16	300m:	4:05.69	49.01	400m:	5:18.04	35.69
7.	ESTEVEZ MONTES, Naroa		08	C. N. PONTEAREAS			5:25.38	-	-			
	50m:	35.28	35.28	150m:	1:57.75	42.47	250m:	3:24.40	45.66	350m:	4:49.28	38.06
	100m:	1:15.28	40.00	200m:	2:38.74	40.99	300m:	4:11.22	46.82	400m:	5:25.38	36.10
8.	FARIÑA MARTINEZ, Paula		07	C. N. GALAICO			5:27.38	-	-			
	50m:	34.03	34.03	150m:	1:57.70	43.73	250m:	3:26.76	46.27	350m:	4:51.22	37.17
	100m:	1:13.97	39.94	200m:	2:40.49	42.79	300m:	4:14.05	47.29	400m:	5:27.38	36.16
9.	SUAREZ DOSIL, Claudia		07	C. N. ARTEIXO			5:30.81	-	-			
	50m:	33.60	33.60	150m:	1:57.51	45.56	250m:	3:28.94	46.91	350m:	4:55.02	38.19
	100m:	1:11.95	38.35	200m:	2:42.03	44.52	300m:	4:16.83	47.89	400m:	5:30.81	35.79
10.	DE LA FUENTE PINTOS, Nadia		07	C. N. GALAICO			5:30.92	-	-			
	50m:	34.43	34.43	150m:	1:57.42	42.51	250m:	3:28.13	49.83	350m:	4:56.10	37.04
	100m:	1:14.91	40.48	200m:	2:38.30	40.88	300m:	4:19.06	50.93	400m:	5:30.92	34.82
11.	ALVITE BERGARA, Nerea		99	C. N. ARTEIXO			5:31.39	-	-			
	50m:	34.77	34.77	150m:	1:58.85	44.91	250m:	3:27.88	46.65	350m:	4:54.31	38.91
	100m:	1:13.94	39.17	200m:	2:41.23	42.38	300m:	4:15.40	47.52	400m:	5:31.39	37.08
12.	MARTÍNEZ NOVOA, Silvia		06	RCN VIGO			5:33.08	-	-			
	50m:	35.84	35.84	150m:	2:00.39	42.70	250m:	3:28.54	48.16	350m:	4:56.41	38.85
	100m:	1:17.69	41.85	200m:	2:40.38	39.99	300m:	4:17.56	49.02	400m:	5:33.08	36.67
13.	REQUEJO FERNANDEZ, Irene		10	PABELLON OURENSE			5:34.02	-	-			
	50m:	36.49	36.49	150m:	2:01.48	41.28	250m:	3:30.43	49.63	350m:	4:57.69	37.57
	100m:	1:20.20	43.71	200m:	2:40.80	39.32	300m:	4:20.12	49.69	400m:	5:34.02	36.33
14.	PIÑEIRO FERNANDEZ, Antia		08	RCN VIGO			5:41.62	-	-			
	50m:	37.18	37.18	150m:	2:05.07	43.89	250m:	3:36.04	47.80	350m:	5:03.71	39.25
	100m:	1:21.18	44.00	200m:	2:48.24	43.17	300m:	4:24.46	48.42	400m:	5:41.62	37.91
15.	GIL GARNACHO, Carlota		09	SPORTING CASINO			5:41.84	-	-			
	50m:	36.20	36.20	150m:	2:03.57	43.21	250m:	3:35.95	50.30	350m:	5:03.92	39.17
	100m:	1:20.36	44.16	200m:	2:45.65	42.08	300m:	4:24.75	48.80	400m:	5:41.84	37.92

