

Prueba 4
28/12/2023 - 10:22

Masc., 1500m Libre

Absoluto Masculino
Resultados

RG	15:10.59	, BRION SAMPEDRO, IVAN	RIVEIRA	27/11/2009
RC	15:20.65	, DAVILA LUSTRES, MANUEL	RIVEIRA	29/12/2017

Clasificación

AN

Tiempo

ABSO

JUNI

Junior Masculino

1. MANEIROS PAZ, Mario	06	C. N. FERROL	16:12.05	14,00	19,00	
50m: 27.80 27.80	450m: 4:42.02	32.42	850m: 9:04.04	32.80	1250m: 13:27.40	33.32
100m: 57.99 30.19	500m: 5:14.31	32.29	900m: 9:36.68	32.64	1300m: 14:00.91	33.51
150m: 1:29.03 31.04	550m: 5:47.19	32.88	950m: 10:09.76	33.08	1350m: 14:33.49	32.58
200m: 2:00.52 31.49	600m: 6:19.96	32.77	1000m: 10:42.71	32.95	1400m: 15:06.75	33.26
250m: 2:32.47 31.95	650m: 6:52.67	32.71	1050m: 11:15.64	32.93	1450m: 15:39.97	33.22
300m: 3:04.68 32.21	700m: 7:25.41	32.74	1100m: 11:48.52	32.88	1500m: 16:12.05	32.08
350m: 3:37.24 32.56	750m: 7:58.08	32.67	1150m: 12:21.11	32.59		
400m: 4:09.60 32.36	800m: 8:31.24	33.16	1200m: 12:54.08	32.97		
2. MASSO ROIG, Martin	07	VIGO RIAS BAIXAS	16:27.66	13,00	16,00	
50m: 30.27 30.27	450m: 4:43.78	31.98	850m: 9:07.09	33.35	1250m: 13:37.82	34.34
100m: 1:01.70 31.43	500m: 5:16.04	32.26	900m: 9:40.32	33.23	1300m: 14:12.22	34.40
150m: 1:33.48 31.78	550m: 5:48.30	32.26	950m: 10:13.77	33.45	1350m: 14:46.41	34.19
200m: 2:05.20 31.72	600m: 6:20.81	32.51	1000m: 10:47.69	33.92	1400m: 15:20.67	34.26
250m: 2:36.52 31.32	650m: 6:53.77	32.96	1050m: 11:21.40	33.71	1450m: 15:54.94	34.27
300m: 3:08.18 31.66	700m: 7:26.73	32.96	1100m: 11:55.62	34.22	1500m: 16:27.66	32.72
350m: 3:39.80 31.62	750m: 8:00.24	33.51	1150m: 12:29.43	33.81		
400m: 4:11.80 32.00	800m: 8:33.74	33.50	1200m: 13:03.48	34.05		
3. PEREZ FERNANDEZ, Brais	07	C. N. PORTAMIÑA	16:31.74	12,00	14,00	
50m: 28.51 28.51	450m: 4:49.01	32.89	850m: 9:14.39	33.33	1250m: 13:43.35	33.74
100m: 59.88 31.37	500m: 5:22.14	33.13	900m: 9:47.51	33.12	1300m: 14:17.88	34.53
150m: 1:32.19 32.31	550m: 5:55.12	32.98	950m: 10:21.06	33.55	1350m: 14:51.81	33.93
200m: 2:05.01 32.82	600m: 6:28.25	33.13	1000m: 10:54.20	33.14	1400m: 15:26.23	34.42
250m: 2:38.02 33.01	650m: 7:01.25	33.00	1050m: 11:27.94	33.74	1450m: 16:00.66	34.43
300m: 3:10.45 32.43	700m: 7:34.44	33.19	1100m: 12:01.72	33.78	1500m: 16:31.74	31.08
350m: 3:43.58 33.13	750m: 8:07.62	33.18	1150m: 12:35.38	33.66		
400m: 4:16.12 32.54	800m: 8:41.06	33.44	1200m: 13:09.61	34.23		
4. CUBEIRO ROSENDE, Xoel	07	C. N. LICEO	16:47.18	11,00	13,00	
50m: 28.62 28.62	450m: 4:51.93	33.87	850m: 9:25.98	34.30	1250m: 14:01.04	33.87
100m: 1:00.04 31.42	500m: 5:26.29	34.36	900m: 10:00.44	34.46	1300m: 14:35.63	34.59
150m: 1:32.59 32.55	550m: 5:59.90	33.61	950m: 10:34.86	34.42	1350m: 15:09.46	33.83
200m: 2:05.34 32.75	600m: 6:34.65	34.75	1000m: 11:09.00	34.14	1400m: 15:42.59	33.13
250m: 2:38.35 33.01	650m: 7:09.02	34.37	1050m: 11:43.46	34.46	1450m: 16:16.19	33.60
300m: 3:11.49 33.14	700m: 7:43.69	34.67	1100m: 12:18.33	34.87	1500m: 16:47.18	30.99
350m: 3:44.71 33.22	750m: 8:17.56	33.87	1150m: 12:52.67	34.34		
400m: 4:18.06 33.35	800m: 8:51.68	34.12	1200m: 13:27.17	34.50		
5. GOMEZ LIMIA, Pablo	06	C. N. CORUÑA	17:08.67	10,00	12,00	
50m: 28.85 28.85	450m: 4:58.21	34.34	850m: 9:38.49	35.21	1250m: 14:17.79	35.62
100m: 1:00.68 31.83	500m: 5:32.77	34.56	900m: 10:13.74	35.25	1300m: 14:53.67	35.88
150m: 1:33.94 33.26	550m: 6:07.92	35.15	950m: 10:48.55	34.81	1350m: 15:27.24	33.57
200m: 2:07.37 33.43	600m: 6:42.79	34.87	1000m: 11:23.35	34.80	1400m: 16:02.04	34.80
250m: 2:40.95 33.58	650m: 7:17.99	35.20	1050m: 11:57.87	34.52	1450m: 16:35.70	33.66
300m: 3:15.11 34.16	700m: 7:52.71	34.72	1100m: 12:32.99	35.12	1500m: 17:08.67	32.97
350m: 3:49.39 34.28	750m: 8:27.65	34.94	1150m: 13:07.59	34.60		
400m: 4:23.87 34.48	800m: 9:03.28	35.63	1200m: 13:42.17	34.58		



Prueba 4, Masc., 1500m Libre, Junior Masculino

Clasificación	AN		Tiempo		ABSO	JUNI					
6. PREGO GROBA, Brais	08		C. N. PONTEAREAS 17:16.89		7,00	11,00					
50m:	29.65	29.65	450m:	5:02.22	34.48	850m:	9:42.15	34.69	1250m:	14:22.26	34.63
100m:	1:02.43	32.78	500m:	5:37.36	35.14	900m:	10:16.96	34.81	1300m:	14:57.14	34.88
150m:	1:36.15	33.72	550m:	6:12.17	34.81	950m:	10:52.34	35.38	1350m:	15:31.83	34.69
200m:	2:10.61	34.46	600m:	6:47.05	34.88	1000m:	11:27.41	35.07	1400m:	16:06.61	34.78
250m:	2:44.68	34.07	650m:	7:22.10	35.05	1050m:	12:02.50	35.09	1450m:	16:40.88	34.27
300m:	3:18.57	33.89	700m:	7:56.96	34.86	1100m:	12:37.79	35.29	1500m:	17:16.89	36.01
350m:	3:53.05	34.48	750m:	8:31.75	34.79	1150m:	13:12.89	35.10			
400m:	4:27.74	34.69	800m:	9:07.46	35.71	1200m:	13:47.63	34.74			
7. GARCÍA AFONSO, Alexis	07		C. N. FERROL 17:18.93		5,00	10,00					
50m:	30.17	30.17	450m:	4:59.28	34.91	850m:	9:38.56	34.52	1250m:	14:22.49	35.69
100m:	1:02.11	31.94	500m:	5:33.67	34.39	900m:	10:13.64	35.08	1300m:	14:58.60	36.11
150m:	1:34.44	32.33	550m:	6:09.01	35.34	950m:	10:49.35	35.71	1350m:	15:34.58	35.98
200m:	2:07.42	32.98	600m:	6:43.72	34.71	1000m:	11:24.42	35.07	1400m:	16:10.15	35.57
250m:	2:41.05	33.63	650m:	7:18.84	35.12	1050m:	11:59.82	35.40	1450m:	16:45.28	35.13
300m:	3:15.17	34.12	700m:	7:54.06	35.22	1100m:	12:35.31	35.49	1500m:	17:18.93	33.65
350m:	3:49.80	34.63	750m:	8:28.82	34.76	1150m:	13:11.14	35.83			
400m:	4:24.37	34.57	800m:	9:04.04	35.22	1200m:	13:46.80	35.66			
8. SOUTO RAMOS, Manuel	07		A. D. FOGAR 17:24.76		4,00	9,00					
50m:	29.10	29.10	450m:	4:57.30	34.51	850m:	9:37.27	35.36	1250m:	14:23.98	36.29
100m:	1:00.90	31.80	500m:	5:31.66	34.36	900m:	10:12.94	35.67	1300m:	15:00.23	36.25
150m:	1:34.27	33.37	550m:	6:06.23	34.57	950m:	10:48.31	35.37	1350m:	15:36.95	36.72
200m:	2:07.20	32.93	600m:	6:41.11	34.88	1000m:	11:23.81	35.50	1400m:	16:13.38	36.43
250m:	2:40.43	33.23	650m:	7:15.97	34.86	1050m:	11:59.45	35.64	1450m:	16:49.62	36.24
300m:	3:14.20	33.77	700m:	7:51.22	35.25	1100m:	12:35.44	35.99	1500m:	17:24.76	35.14
350m:	3:48.28	34.08	750m:	8:26.74	35.52	1150m:	13:11.57	36.13			
400m:	4:22.79	34.51	800m:	9:01.91	35.17	1200m:	13:47.69	36.12			
9. DIAZ RODRIGUEZ, Ivan	08		C. N. PORTAMIÑA 17:28.31		-	8,00					
50m:	30.84	30.84	450m:	5:08.87	35.29	850m:	9:50.11	35.44	1250m:	14:32.98	35.46
100m:	1:04.39	33.55	500m:	5:44.17	35.30	900m:	10:25.29	35.18	1300m:	15:08.62	35.64
150m:	1:38.66	34.27	550m:	6:19.17	35.00	950m:	11:00.77	35.48	1350m:	15:43.82	35.20
200m:	2:13.20	34.54	600m:	6:54.26	35.09	1000m:	11:36.15	35.38	1400m:	16:19.15	35.33
250m:	2:48.26	35.06	650m:	7:29.67	35.41	1050m:	12:11.23	35.08	1450m:	16:54.56	35.41
300m:	3:23.30	35.04	700m:	8:04.63	34.96	1100m:	12:47.06	35.83	1500m:	17:28.31	33.75
350m:	3:58.26	34.96	750m:	8:39.49	34.86	1150m:	13:22.50	35.44			
400m:	4:33.58	35.32	800m:	9:14.67	35.18	1200m:	13:57.52	35.02			
10. GAVIEIRO MONTERO, Raul	07		C. N. PORTAMIÑA 17:32.40		-	-					
50m:	30.27	30.27	450m:	5:02.22	34.87	850m:	9:45.29	35.58	1250m:	14:34.68	36.29
100m:	1:03.23	32.96	500m:	5:37.01	34.79	900m:	10:21.53	36.24	1300m:	15:10.88	36.20
150m:	1:36.20	32.97	550m:	6:12.45	35.44	950m:	10:57.44	35.91	1350m:	15:47.20	36.32
200m:	2:09.83	33.63	600m:	6:47.50	35.05	1000m:	11:33.63	36.19	1400m:	16:22.65	35.45
250m:	2:43.70	33.87	650m:	7:23.03	35.53	1050m:	12:09.78	36.15	1450m:	16:57.99	35.34
300m:	3:18.06	34.36	700m:	7:58.32	35.29	1100m:	12:45.63	35.85	1500m:	17:32.40	34.41
350m:	3:52.52	34.46	750m:	8:34.25	35.93	1150m:	13:21.83	36.20			
400m:	4:27.35	34.83	800m:	9:09.71	35.46	1200m:	13:58.39	36.56			



Prueba 4, Masc., 1500m Libre, Junior Masculino

Clasificación	AN		Tiempo		ABSO	JUNI
11. GIL-RIVERA BARBEITO, Pablo	06	A. D. FOGAR	17:39.17	-	7,00	
50m: 30.84 30.84	450m: 5:06.72	34.69	850m: 9:50.70	35.64	1250m: 14:38.40	36.61
100m: 1:04.46 33.62	500m: 5:42.20	35.48	900m: 10:26.25	35.55	1300m: 15:15.05	36.65
150m: 1:39.10 34.64	550m: 6:17.34	35.14	950m: 11:01.56	35.31	1350m: 15:51.16	36.11
200m: 2:13.86 34.76	600m: 6:52.74	35.40	1000m: 11:37.62	36.06	1400m: 16:27.40	36.24
250m: 2:48.25 34.39	650m: 7:27.46	34.72	1050m: 12:13.58	35.96	1450m: 17:03.80	36.40
300m: 3:22.39 34.14	700m: 8:03.16	35.70	1100m: 12:49.45	35.87	1500m: 17:39.17	35.37
350m: 3:56.87 34.48	750m: 8:39.03	35.87	1150m: 13:25.67	36.22		
400m: 4:32.03 35.16	800m: 9:15.06	36.03	1200m: 14:01.79	36.12		
12. ORTEGO PORTA, Andre	07	C. N. GALAICO	17:58.24	-	6,00	
50m: 31.66 31.66	450m: 5:17.81	35.97	850m: 10:05.72	36.08	1250m: 14:56.68	36.63
100m: 1:06.82 35.16	500m: 5:53.92	36.11	900m: 10:41.78	36.06	1300m: 15:33.25	36.57
150m: 1:42.46 35.64	550m: 6:29.86	35.94	950m: 11:18.35	36.57	1350m: 16:09.65	36.40
200m: 2:18.27 35.81	600m: 7:05.87	36.01	1000m: 11:54.41	36.06	1400m: 16:46.40	36.75
250m: 2:54.10 35.83	650m: 7:41.95	36.08	1050m: 12:30.50	36.09	1450m: 17:22.89	36.49
300m: 3:29.85 35.75	700m: 8:17.91	35.96	1100m: 13:06.94	36.44	1500m: 17:58.24	35.35
350m: 4:05.94 36.09	750m: 8:53.67	35.76	1150m: 13:43.78	36.84		
400m: 4:41.84 35.90	800m: 9:29.64	35.97	1200m: 14:20.05	36.27		
13. MENDEZ-BENEGASSI FDEZ., Adrian	08	C. N. GALAICO	18:08.62	-	5,00	
50m: 30.23 30.23	450m: 5:15.04	36.99	850m: 10:11.62	37.09	1250m: 15:09.20	37.45
100m: 1:03.97 33.74	500m: 5:52.81	37.77	900m: 10:48.28	36.66	1300m: 15:45.80	36.60
150m: 1:38.75 34.78	550m: 6:30.42	37.61	950m: 11:25.37	37.09	1350m: 16:22.93	37.13
200m: 2:14.25 35.50	600m: 7:06.84	36.42	1000m: 12:02.72	37.35	1400m: 17:00.04	37.11
250m: 2:49.90 35.65	650m: 7:41.89	35.05	1050m: 12:40.45	37.73	1450m: 17:35.39	35.35
300m: 3:25.79 35.89	700m: 8:19.13	37.24	1100m: 13:17.25	36.80	1500m: 18:08.62	33.23
350m: 4:01.41 35.62	750m: 8:56.93	37.80	1150m: 13:54.71	37.46		
400m: 4:38.05 36.64	800m: 9:34.53	37.60	1200m: 14:31.75	37.04		
14. GONZALEZ PREGO, Xose	08	C. N. CORUÑA	18:19.57	-	4,00	
50m: 30.67 30.67	450m: 5:18.35	37.17	850m: 10:18.35	37.80	1250m: 15:19.53	37.32
100m: 1:05.02 34.35	500m: 5:55.40	37.05	900m: 10:56.51	38.16	1300m: 15:56.51	36.98
150m: 1:39.73 34.71	550m: 6:33.13	37.73	950m: 11:33.82	37.31	1350m: 16:33.68	37.17
200m: 2:15.29 35.56	600m: 7:10.38	37.25	1000m: 12:11.74	37.92	1400m: 17:10.33	36.65
250m: 2:51.33 36.04	650m: 7:47.68	37.30	1050m: 12:49.59	37.85	1450m: 17:46.27	35.94
300m: 3:27.70 36.37	700m: 8:25.25	37.57	1100m: 13:27.32	37.73	1500m: 18:19.57	33.30
350m: 4:04.13 36.43	750m: 9:06.17	40.92	1150m: 14:04.68	37.36		
400m: 4:41.18 37.05	800m: 9:40.55	34.38	1200m: 14:42.21	37.53		
15. OUBIÑA SÁNCHEZ, Pedro	07	RCN VIGO	18:19.87	-	3,00	
50m: 31.35 31.35	450m: 5:16.32	36.66	850m: 10:14.24	37.12	1250m: 15:16.83	37.61
100m: 1:04.76 33.41	500m: 5:53.33	37.01	900m: 10:51.93	37.69	1300m: 15:59.38	42.55
150m: 1:39.64 34.88	550m: 6:30.83	37.50	950m: 11:30.27	38.34	1350m: 16:31.29	31.91
200m: 2:15.10 35.46	600m: 7:08.31	37.48	1000m: 12:07.87	37.60	1400m: 17:09.02	37.73
250m: 2:50.78 35.68	650m: 7:45.19	36.88	1050m: 12:45.74	37.87	1450m: 17:45.91	36.89
300m: 3:27.00 36.22	700m: 8:22.28	37.09	1100m: 13:23.37	37.63	1500m: 18:19.87	33.96
350m: 4:03.22 36.22	750m: 8:59.74	37.46	1150m: 14:01.36	37.99		
400m: 4:39.66 36.44	800m: 9:37.12	37.38	1200m: 14:39.22	37.86		



Prueba 4, Masc., 1500m Libre, Junior Masculino

Clasificación	AN		Tiempo		ABSO	JUNI	
16. LEIROS FERNANDEZ, Lucas	08	C. N. PONTEAREAS	18:22.77	-	2,00		
50m: 31.05	31.05	450m: 5:17.06	36.73	850m: 10:17.63	37.76	1250m: 15:19.56	37.92
100m: 1:05.63	34.58	500m: 5:54.31	37.25	900m: 10:55.05	37.42	1300m: 15:56.96	37.40
150m: 1:40.75	35.12	550m: 6:31.64	37.33	950m: 11:32.36	37.31	1350m: 16:34.14	37.18
200m: 2:16.29	35.54	600m: 7:09.29	37.65	1000m: 12:10.10	37.74	1400m: 17:11.18	37.04
250m: 2:51.91	35.62	650m: 7:46.82	37.53	1050m: 12:48.01	37.91	1450m: 17:47.74	36.56
300m: 3:27.76	35.85	700m: 8:24.84	38.02	1100m: 13:25.82	37.81	1500m: 18:22.77	35.03
350m: 4:03.87	36.11	750m: 9:02.41	37.57	1150m: 14:03.82	38.00		
400m: 4:40.33	36.46	800m: 9:39.87	37.46	1200m: 14:41.64	37.82		
17. RIBÓ MIGUEL, Lucas	07	CIDADE SANTIAGO	18:24.48	-	1,00		
50m: 32.16	32.16	450m: 5:26.98	37.29	850m: 10:26.37	37.96	1250m: 15:24.64	36.76
100m: 1:07.83	35.67	500m: 6:03.99	37.01	900m: 11:03.96	37.59	1300m: 16:00.80	36.16
150m: 1:44.44	36.61	550m: 6:41.84	37.85	950m: 11:41.47	37.51	1350m: 16:38.21	37.41
200m: 2:21.22	36.78	600m: 7:19.22	37.38	1000m: 12:18.87	37.40	1400m: 17:14.01	35.80
250m: 2:58.30	37.08	650m: 7:56.61	37.39	1050m: 12:56.62	37.75	1450m: 17:50.42	36.41
300m: 3:35.46	37.16	700m: 8:33.49	36.88	1100m: 13:33.79	37.17	1500m: 18:24.48	34.06
350m: 4:12.42	36.96	750m: 9:11.11	37.62	1150m: 14:11.13	37.34		
400m: 4:49.69	37.27	800m: 9:48.41	37.30	1200m: 14:47.88	36.75		
18. GARAIZABAL DE LA MONTAÑA, Carlo	07	C. Del Mar De San Arr	18:24.58	-	-		
50m: 33.14	33.14	450m: 5:30.72	37.36	850m: 10:28.16	36.89	1250m: 15:22.55	37.08
100m: 1:09.84	36.70	500m: 6:08.29	37.57	900m: 11:04.79	36.63	1300m: 15:59.53	36.98
150m: 1:46.83	36.99	550m: 6:45.36	37.07	950m: 11:41.53	36.74	1350m: 16:36.02	36.49
200m: 2:24.10	37.27	600m: 7:22.65	37.29	1000m: 12:17.95	36.42	1400m: 17:13.72	37.70
250m: 3:01.37	37.27	650m: 8:00.16	37.51	1050m: 12:54.77	36.82	1450m: 17:50.34	36.62
300m: 3:38.87	37.50	700m: 8:37.99	37.83	1100m: 13:31.70	36.93	1500m: 18:24.58	34.24
350m: 4:16.01	37.14	750m: 9:15.46	37.47	1150m: 14:08.35	36.65		
400m: 4:53.36	37.35	800m: 9:51.27	35.81	1200m: 14:45.47	37.12		
DSQ BAO PURRIÑOS, Manuel	08	C. N. LICEO		-	-		
<i>Saída anticipada</i>							
DSQ GONZALEZ ESTEVEZ, Yoel	07	C. N. PONTEAREAS		-	-		
<i>Retirado</i>							
Baja SOBRINO NOGALES, Sebastian	08	SPORTING CASINO		-	-		

Absoluto Masculino

1. MENDEZ PUGA, Mario	03	VIGO RIAS BAIXAS	14:58.31	26,00	-	RG	
50m: 27.14	27.14	450m: 4:24.78	30.05	850m: 8:25.54	30.05	1250m: 12:28.29	30.14
100m: 56.29	29.15	500m: 4:55.04	30.26	900m: 8:55.86	30.32	1300m: 12:58.26	29.97
150m: 1:25.95	29.66	550m: 5:25.08	30.04	950m: 9:26.23	30.37	1350m: 13:28.99	30.73
200m: 1:55.68	29.73	600m: 5:55.22	30.14	1000m: 9:56.63	30.40	1400m: 13:59.74	30.75
250m: 2:25.21	29.53	650m: 6:25.36	30.14	1050m: 10:26.90	30.27	1450m: 14:30.18	30.44
300m: 2:55.06	29.85	700m: 6:55.40	30.04	1100m: 10:57.14	30.24	1500m: 14:58.31	28.13
350m: 3:24.84	29.78	750m: 7:25.61	30.21	1150m: 11:27.68	30.54		
400m: 3:54.73	29.89	800m: 7:55.49	29.88	1200m: 11:58.15	30.47		

Prueba 4, Masc., 1500m Libre, Absoluto Masculino

Clasificación			AN			Tempo	ABSO	JUNI				
2.	GARCÍA CASTRO, Mateo		05	C. N. ARTEIXO		15:34.36	16,00	-				
	50m:	27.32	27.32	450m:	4:29.63	30.60	850m:	8:40.95	31.70	1250m:	12:57.10	32.22
	100m:	56.64	29.32	500m:	5:00.62	30.99	900m:	9:12.57	31.62	1300m:	13:29.30	32.20
	150m:	1:26.83	30.19	550m:	5:31.67	31.05	950m:	9:44.26	31.69	1350m:	14:01.03	31.73
	200m:	1:57.26	30.43	600m:	6:02.92	31.25	1000m:	10:15.95	31.69	1400m:	14:32.40	31.37
	250m:	2:27.54	30.28	650m:	6:34.41	31.49	1050m:	10:47.82	31.87	1450m:	15:03.60	31.20
	300m:	2:57.91	30.37	700m:	7:06.10	31.69	1100m:	11:20.00	32.18	1500m:	15:34.36	30.76
	350m:	3:28.48	30.57	750m:	7:37.66	31.56	1150m:	11:52.35	32.35			
	400m:	3:59.03	30.55	800m:	8:09.25	31.59	1200m:	12:24.88	32.53			
3.	MANEIRO PAZ, Mario		06	C. N. FERROL		16:12.05	14,00	19,00				
	50m:	27.80	27.80	450m:	4:42.02	32.42	850m:	9:04.04	32.80	1250m:	13:27.40	33.32
	100m:	57.99	30.19	500m:	5:14.31	32.29	900m:	9:36.68	32.64	1300m:	14:00.91	33.51
	150m:	1:29.03	31.04	550m:	5:47.19	32.88	950m:	10:09.76	33.08	1350m:	14:33.49	32.58
	200m:	2:00.52	31.49	600m:	6:19.96	32.77	1000m:	10:42.71	32.95	1400m:	15:06.75	33.26
	250m:	2:32.47	31.95	650m:	6:52.67	32.71	1050m:	11:15.64	32.93	1450m:	15:39.97	33.22
	300m:	3:04.68	32.21	700m:	7:25.41	32.74	1100m:	11:48.52	32.88	1500m:	16:12.05	32.08
	350m:	3:37.24	32.56	750m:	7:58.08	32.67	1150m:	12:21.11	32.59			
	400m:	4:09.60	32.36	800m:	8:31.24	33.16	1200m:	12:54.08	32.97			
4.	MASSO ROIG, Martin		07	VIGO RIAS BAIXAS		16:27.66	13,00	16,00				
	50m:	30.27	30.27	450m:	4:43.78	31.98	850m:	9:07.09	33.35	1250m:	13:37.82	34.34
	100m:	1:01.70	31.43	500m:	5:16.04	32.26	900m:	9:40.32	33.23	1300m:	14:12.22	34.40
	150m:	1:33.48	31.78	550m:	5:48.30	32.26	950m:	10:13.77	33.45	1350m:	14:46.41	34.19
	200m:	2:05.20	31.72	600m:	6:20.81	32.51	1000m:	10:47.69	33.92	1400m:	15:20.67	34.26
	250m:	2:36.52	31.32	650m:	6:53.77	32.96	1050m:	11:21.40	33.71	1450m:	15:54.94	34.27
	300m:	3:08.18	31.66	700m:	7:26.73	32.96	1100m:	11:55.62	34.22	1500m:	16:27.66	32.72
	350m:	3:39.80	31.62	750m:	8:00.24	33.51	1150m:	12:29.43	33.81			
	400m:	4:11.80	32.00	800m:	8:33.74	33.50	1200m:	13:03.48	34.05			
5.	PEREZ FERNANDEZ, Brais		07	C. N. PORTAMIÑA		16:31.74	12,00	14,00				
	50m:	28.51	28.51	450m:	4:49.01	32.89	850m:	9:14.39	33.33	1250m:	13:43.35	33.74
	100m:	59.88	31.37	500m:	5:22.14	33.13	900m:	9:47.51	33.12	1300m:	14:17.88	34.53
	150m:	1:32.19	32.31	550m:	5:55.12	32.98	950m:	10:21.06	33.55	1350m:	14:51.81	33.93
	200m:	2:05.01	32.82	600m:	6:28.25	33.13	1000m:	10:54.20	33.14	1400m:	15:26.23	34.42
	250m:	2:38.02	33.01	650m:	7:01.25	33.00	1050m:	11:27.94	33.74	1450m:	16:00.66	34.43
	300m:	3:10.45	32.43	700m:	7:34.44	33.19	1100m:	12:01.72	33.78	1500m:	16:31.74	31.08
	350m:	3:43.58	33.13	750m:	8:07.62	33.18	1150m:	12:35.38	33.66			
	400m:	4:16.12	32.54	800m:	8:41.06	33.44	1200m:	13:09.61	34.23			
6.	CUBEIRO ROSENDE, Xoel		07	C. N. LICEO		16:47.18	11,00	13,00				
	50m:	28.62	28.62	450m:	4:51.93	33.87	850m:	9:25.98	34.30	1250m:	14:01.04	33.87
	100m:	1:00.04	31.42	500m:	5:26.29	34.36	900m:	10:00.44	34.46	1300m:	14:35.63	34.59
	150m:	1:32.59	32.55	550m:	5:59.90	33.61	950m:	10:34.86	34.42	1350m:	15:09.46	33.83
	200m:	2:05.34	32.75	600m:	6:34.65	34.75	1000m:	11:09.00	34.14	1400m:	15:42.59	33.13
	250m:	2:38.35	33.01	650m:	7:09.02	34.37	1050m:	11:43.46	34.46	1450m:	16:16.19	33.60
	300m:	3:11.49	33.14	700m:	7:43.69	34.67	1100m:	12:18.33	34.87	1500m:	16:47.18	30.99
	350m:	3:44.71	33.22	750m:	8:17.56	33.87	1150m:	12:52.67	34.34			
	400m:	4:18.06	33.35	800m:	8:51.68	34.12	1200m:	13:27.17	34.50			



Prueba 4, Masc., 1500m Libre, Absoluto Masculino

Clasificación	AN		Tiempo		ABSO	JUNI	
7. GOMEZ LIMIA, Pablo	06	C. N. CORUÑA	17:08.67	10,00	12,00		
50m: 28.85	28.85	450m: 4:58.21	34.34	850m: 9:38.49	35.21	1250m: 14:17.79	35.62
100m: 1:00.68	31.83	500m: 5:32.77	34.56	900m: 10:13.74	35.25	1300m: 14:53.67	35.88
150m: 1:33.94	33.26	550m: 6:07.92	35.15	950m: 10:48.55	34.81	1350m: 15:27.24	33.57
200m: 2:07.37	33.43	600m: 6:42.79	34.87	1000m: 11:23.35	34.80	1400m: 16:02.04	34.80
250m: 2:40.95	33.58	650m: 7:17.99	35.20	1050m: 11:57.87	34.52	1450m: 16:35.70	33.66
300m: 3:15.11	34.16	700m: 7:52.71	34.72	1100m: 12:32.99	35.12	1500m: 17:08.67	32.97
350m: 3:49.39	34.28	750m: 8:27.65	34.94	1150m: 13:07.59	34.60		
400m: 4:23.87	34.48	800m: 9:03.28	35.63	1200m: 13:42.17	34.58		
8. TIMIRAOS FERNANDEZ, Marcos	05	C. N. PORTAMIÑA	17:12.50	9,00	-		
50m: 29.20	29.20	450m: 4:56.52	34.02	850m: 9:37.89	35.61	1250m: 14:19.76	35.35
100m: 1:01.19	31.99	500m: 5:30.77	34.25	900m: 10:13.37	35.48	1300m: 14:53.99	34.23
150m: 1:34.27	33.08	550m: 6:05.27	34.50	950m: 10:48.41	35.04	1350m: 15:28.47	34.48
200m: 2:07.44	33.17	600m: 6:40.12	34.85	1000m: 11:23.51	35.10	1400m: 16:03.46	34.99
250m: 2:40.90	33.46	650m: 7:15.55	35.43	1050m: 11:58.33	34.82	1450m: 16:37.96	34.50
300m: 3:14.63	33.73	700m: 7:51.17	35.62	1100m: 12:33.69	35.36	1500m: 17:12.50	34.54
350m: 3:48.61	33.98	750m: 8:26.64	35.47	1150m: 13:09.09	35.40		
400m: 4:22.50	33.89	800m: 9:02.28	35.64	1200m: 13:44.41	35.32		
9. GUTIERREZ MARIÑO, Santiago	02	PABELLON OURENSI	17:15.21	8,00	-		
50m: 30.36	30.36	450m: 5:03.59	34.33	850m: 9:40.30	35.28	1250m: 14:21.78	35.40
100m: 1:04.00	33.64	500m: 5:38.05	34.46	900m: 10:15.32	35.02	1300m: 14:56.87	35.09
150m: 1:37.99	33.99	550m: 6:12.13	34.08	950m: 10:50.60	35.28	1350m: 15:31.91	35.04
200m: 2:12.34	34.35	600m: 6:46.34	34.21	1000m: 11:25.84	35.24	1400m: 16:06.75	34.84
250m: 2:46.20	33.86	650m: 7:20.82	34.48	1050m: 12:00.94	35.10	1450m: 16:41.56	34.81
300m: 3:20.40	34.20	700m: 7:55.29	34.47	1100m: 12:36.24	35.30	1500m: 17:15.21	33.65
350m: 3:54.79	34.39	750m: 8:30.03	34.74	1150m: 13:11.39	35.15		
400m: 4:29.26	34.47	800m: 9:05.02	34.99	1200m: 13:46.38	34.99		
10. PREGO GROBA, Brais	08	C. N. PONTEAREAS	17:16.89	7,00	11,00		
50m: 29.65	29.65	450m: 5:02.22	34.48	850m: 9:42.15	34.69	1250m: 14:22.26	34.63
100m: 1:02.43	32.78	500m: 5:37.36	35.14	900m: 10:16.96	34.81	1300m: 14:57.14	34.88
150m: 1:36.15	33.72	550m: 6:12.17	34.81	950m: 10:52.34	35.38	1350m: 15:31.83	34.69
200m: 2:10.61	34.46	600m: 6:47.05	34.88	1000m: 11:27.41	35.07	1400m: 16:06.61	34.78
250m: 2:44.68	34.07	650m: 7:22.10	35.05	1050m: 12:02.50	35.09	1450m: 16:40.88	34.27
300m: 3:18.57	33.89	700m: 7:56.96	34.86	1100m: 12:37.79	35.29	1500m: 17:16.89	36.01
350m: 3:53.05	34.48	750m: 8:31.75	34.79	1150m: 13:12.89	35.10		
400m: 4:27.74	34.69	800m: 9:07.46	35.71	1200m: 13:47.63	34.74		
11. PEREZ PAZ, Dario	05	C. N. PONTEAREAS	17:17.07	6,00	-		
50m: 29.13	29.13	450m: 5:02.59	34.91	850m: 9:44.08	35.03	1250m: 14:24.64	34.69
100m: 1:01.82	32.69	500m: 5:37.82	35.23	900m: 10:19.25	35.17	1300m: 14:59.56	34.92
150m: 1:35.52	33.70	550m: 6:12.79	34.97	950m: 10:54.43	35.18	1350m: 15:34.65	35.09
200m: 2:09.83	34.31	600m: 6:48.14	35.35	1000m: 11:29.63	35.20	1400m: 16:09.62	34.97
250m: 2:44.02	34.19	650m: 7:23.20	35.06	1050m: 12:04.81	35.18	1450m: 16:44.25	34.63
300m: 3:18.38	34.36	700m: 7:58.49	35.29	1100m: 12:40.22	35.41	1500m: 17:17.07	32.82
350m: 3:52.92	34.54	750m: 8:33.57	35.08	1150m: 13:14.95	34.73		
400m: 4:27.68	34.76	800m: 9:09.05	35.48	1200m: 13:49.95	35.00		



Prueba 4, Masc., 1500m Libre, Absoluto Masculino

Clasificación	AN		Tiempo		ABSO	JUNI
12. GARCÍA AFONSO, Alexis	07		C. N. FERROL		17:18.93	5,00 10,00
50m: 30.17 30.17	450m: 4:59.28	34.91	850m: 9:38.56	34.52	1250m: 14:22.49	35.69
100m: 1:02.11 31.94	500m: 5:33.67	34.39	900m: 10:13.64	35.08	1300m: 14:58.60	36.11
150m: 1:34.44 32.33	550m: 6:09.01	35.34	950m: 10:49.35	35.71	1350m: 15:34.58	35.98
200m: 2:07.42 32.98	600m: 6:43.72	34.71	1000m: 11:24.42	35.07	1400m: 16:10.15	35.57
250m: 2:41.05 33.63	650m: 7:18.84	35.12	1050m: 11:59.82	35.40	1450m: 16:45.28	35.13
300m: 3:15.17 34.12	700m: 7:54.06	35.22	1100m: 12:35.31	35.49	1500m: 17:18.93	33.65
350m: 3:49.80 34.63	750m: 8:28.82	34.76	1150m: 13:11.14	35.83		
400m: 4:24.37 34.57	800m: 9:04.04	35.22	1200m: 13:46.80	35.66		
13. SOUTO RAMOS, Manuel	07		A. D. FOGAR		17:24.76	4,00 9,00
50m: 29.10 29.10	450m: 4:57.30	34.51	850m: 9:37.27	35.36	1250m: 14:23.98	36.29
100m: 1:00.90 31.80	500m: 5:31.66	34.36	900m: 10:12.94	35.67	1300m: 15:00.23	36.25
150m: 1:34.27 33.37	550m: 6:06.23	34.57	950m: 10:48.31	35.37	1350m: 15:36.95	36.72
200m: 2:07.20 32.93	600m: 6:41.11	34.88	1000m: 11:23.81	35.50	1400m: 16:13.38	36.43
250m: 2:40.43 33.23	650m: 7:15.97	34.86	1050m: 11:59.45	35.64	1450m: 16:49.62	36.24
300m: 3:14.20 33.77	700m: 7:51.22	35.25	1100m: 12:35.44	35.99	1500m: 17:24.76	35.14
350m: 3:48.28 34.08	750m: 8:26.74	35.52	1150m: 13:11.57	36.13		
400m: 4:22.79 34.51	800m: 9:01.91	35.17	1200m: 13:47.69	36.12		
14. LOPEZ TURIÑO, Hugo	09		C. N. LICEO		17:26.84	- -
50m: 29.98 29.98	450m: 5:07.71	34.82	850m: 9:46.69	34.83	1250m: 14:29.99	35.96
100m: 1:03.85 33.87	500m: 5:42.53	34.82	900m: 10:21.53	34.84	1300m: 15:06.13	36.14
150m: 1:38.65 34.80	550m: 6:17.38	34.85	950m: 10:56.50	34.97	1350m: 15:42.13	36.00
200m: 2:13.44 34.79	600m: 6:52.01	34.63	1000m: 11:31.81	35.31	1400m: 16:16.97	34.84
250m: 2:48.25 34.81	650m: 7:26.77	34.76	1050m: 12:07.28	35.47	1450m: 16:52.55	35.58
300m: 3:23.18 34.93	700m: 8:01.72	34.95	1100m: 12:43.12	35.84	1500m: 17:26.84	34.29
350m: 3:58.21 35.03	750m: 8:36.92	35.20	1150m: 13:17.96	34.84		
400m: 4:32.89 34.68	800m: 9:11.86	34.94	1200m: 13:54.03	36.07		
15. DIAZ RODRIGUEZ, Ivan	08		C. N. PORTAMIÑA		17:28.31	- 8,00
50m: 30.84 30.84	450m: 5:08.87	35.29	850m: 9:50.11	35.44	1250m: 14:32.98	35.46
100m: 1:04.39 33.55	500m: 5:44.17	35.30	900m: 10:25.29	35.18	1300m: 15:08.62	35.64
150m: 1:38.66 34.27	550m: 6:19.17	35.00	950m: 11:00.77	35.48	1350m: 15:43.82	35.20
200m: 2:13.20 34.54	600m: 6:54.26	35.09	1000m: 11:36.15	35.38	1400m: 16:19.15	35.33
250m: 2:48.26 35.06	650m: 7:29.67	35.41	1050m: 12:11.23	35.08	1450m: 16:54.56	35.41
300m: 3:23.30 35.04	700m: 8:04.63	34.96	1100m: 12:47.06	35.83	1500m: 17:28.31	33.75
350m: 3:58.26 34.96	750m: 8:39.49	34.86	1150m: 13:22.50	35.44		
400m: 4:33.58 35.32	800m: 9:14.67	35.18	1200m: 13:57.52	35.02		
16. GAVIEIRO MONTERO, Raul	07		C. N. PORTAMIÑA		17:32.40	- -
50m: 30.27 30.27	450m: 5:02.22	34.87	850m: 9:45.29	35.58	1250m: 14:34.68	36.29
100m: 1:03.23 32.96	500m: 5:37.01	34.79	900m: 10:21.53	36.24	1300m: 15:10.88	36.20
150m: 1:36.20 32.97	550m: 6:12.45	35.44	950m: 10:57.44	35.91	1350m: 15:47.20	36.32
200m: 2:09.83 33.63	600m: 6:47.50	35.05	1000m: 11:33.63	36.19	1400m: 16:22.65	35.45
250m: 2:43.70 33.87	650m: 7:23.03	35.53	1050m: 12:09.78	36.15	1450m: 16:57.99	35.34
300m: 3:18.06 34.36	700m: 7:58.32	35.29	1100m: 12:45.63	35.85	1500m: 17:32.40	34.41
350m: 3:52.52 34.46	750m: 8:34.25	35.93	1150m: 13:21.83	36.20		
400m: 4:27.35 34.83	800m: 9:09.71	35.46	1200m: 13:58.39	36.56		



Prueba 4, Masc., 1500m Libre, Absoluto Masculino

Clasificación	AN		Tiempo		ABSO	JUNI	
17. GIL-RIVERA BARBEITO, Pablo	06	A. D. FOGAR	17:39.17	-	7,00		
50m: 30.84	30.84	450m: 5:06.72	34.69	850m: 9:50.70	35.64	1250m: 14:38.40	36.61
100m: 1:04.46	33.62	500m: 5:42.20	35.48	900m: 10:26.25	35.55	1300m: 15:15.05	36.65
150m: 1:39.10	34.64	550m: 6:17.34	35.14	950m: 11:01.56	35.31	1350m: 15:51.16	36.11
200m: 2:13.86	34.76	600m: 6:52.74	35.40	1000m: 11:37.62	36.06	1400m: 16:27.40	36.24
250m: 2:48.25	34.39	650m: 7:27.46	34.72	1050m: 12:13.58	35.96	1450m: 17:03.80	36.40
300m: 3:22.39	34.14	700m: 8:03.16	35.70	1100m: 12:49.45	35.87	1500m: 17:39.17	35.37
350m: 3:56.87	34.48	750m: 8:39.03	35.87	1150m: 13:25.67	36.22		
400m: 4:32.03	35.16	800m: 9:15.06	36.03	1200m: 14:01.79	36.12		
18. PENAS CAYADO, Fernando	09	SPORTING CASINO	17:54.53	-	-		
50m: 29.88	29.88	450m: 5:08.39	34.97	850m: 10:00.44	37.05	1250m: 14:54.28	36.17
100m: 1:03.94	34.06	500m: 5:44.31	35.92	900m: 10:37.09	36.65	1300m: 15:30.64	36.36
150m: 1:38.45	34.51	550m: 6:20.69	36.38	950m: 11:14.08	36.99	1350m: 16:07.09	36.45
200m: 2:13.45	35.00	600m: 6:56.80	36.11	1000m: 11:50.68	36.60	1400m: 16:43.52	36.43
250m: 2:48.02	34.57	650m: 7:33.39	36.59	1050m: 12:27.71	37.03	1450m: 17:19.31	35.79
300m: 3:23.21	35.19	700m: 8:09.80	36.41	1100m: 13:04.45	36.74	1500m: 17:54.53	35.22
350m: 3:58.51	35.30	750m: 8:46.47	36.67	1150m: 13:41.66	37.21		
400m: 4:33.42	34.91	800m: 9:23.39	36.92	1200m: 14:18.11	36.45		
19. ORTEGO PORTA, Andre	07	C. N. GALAICO	17:58.24	-	6,00		
50m: 31.66	31.66	450m: 5:17.81	35.97	850m: 10:05.72	36.08	1250m: 14:56.68	36.63
100m: 1:06.82	35.16	500m: 5:53.92	36.11	900m: 10:41.78	36.06	1300m: 15:33.25	36.57
150m: 1:42.46	35.64	550m: 6:29.86	35.94	950m: 11:18.35	36.57	1350m: 16:09.65	36.40
200m: 2:18.27	35.81	600m: 7:05.87	36.01	1000m: 11:54.41	36.06	1400m: 16:46.40	36.75
250m: 2:54.10	35.83	650m: 7:41.95	36.08	1050m: 12:30.50	36.09	1450m: 17:22.89	36.49
300m: 3:29.85	35.75	700m: 8:17.91	35.96	1100m: 13:06.94	36.44	1500m: 17:58.24	35.35
350m: 4:05.94	36.09	750m: 8:53.67	35.76	1150m: 13:43.78	36.84		
400m: 4:41.84	35.90	800m: 9:29.64	35.97	1200m: 14:20.05	36.27		
20. MENDEZ-BENEGASSI FDEZ., Adrian	08	C. N. GALAICO	18:08.62	-	5,00		
50m: 30.23	30.23	450m: 5:15.04	36.99	850m: 10:11.62	37.09	1250m: 15:09.20	37.45
100m: 1:03.97	33.74	500m: 5:52.81	37.77	900m: 10:48.28	36.66	1300m: 15:45.80	36.60
150m: 1:38.75	34.78	550m: 6:30.42	37.61	950m: 11:25.37	37.09	1350m: 16:22.93	37.13
200m: 2:14.25	35.50	600m: 7:06.84	36.42	1000m: 12:02.72	37.35	1400m: 17:00.04	37.11
250m: 2:49.90	35.65	650m: 7:41.89	35.05	1050m: 12:40.45	37.73	1450m: 17:35.39	35.35
300m: 3:25.79	35.89	700m: 8:19.13	37.24	1100m: 13:17.25	36.80	1500m: 18:08.62	33.23
350m: 4:01.41	35.62	750m: 8:56.93	37.80	1150m: 13:54.71	37.46		
400m: 4:38.05	36.64	800m: 9:34.53	37.60	1200m: 14:31.75	37.04		
21. GONZALEZ PREGO, Xose	08	C. N. CORUÑA	18:19.57	-	4,00		
50m: 30.67	30.67	450m: 5:18.35	37.17	850m: 10:18.35	37.80	1250m: 15:19.53	37.32
100m: 1:05.02	34.35	500m: 5:55.40	37.05	900m: 10:56.51	38.16	1300m: 15:56.51	36.98
150m: 1:39.73	34.71	550m: 6:33.13	37.73	950m: 11:33.82	37.31	1350m: 16:33.68	37.17
200m: 2:15.29	35.56	600m: 7:10.38	37.25	1000m: 12:11.74	37.92	1400m: 17:10.33	36.65
250m: 2:51.33	36.04	650m: 7:47.68	37.30	1050m: 12:49.59	37.85	1450m: 17:46.27	35.94
300m: 3:27.70	36.37	700m: 8:25.25	37.57	1100m: 13:27.32	37.73	1500m: 18:19.57	33.30
350m: 4:04.13	36.43	750m: 9:06.17	40.92	1150m: 14:04.68	37.36		
400m: 4:41.18	37.05	800m: 9:40.55	34.38	1200m: 14:42.21	37.53		



Prueba 4, Masc., 1500m Libre, Absoluto Masculino

Clasificación	AN		Tiempo		ABSO	JUNI	
22. OUBIÑA SÁNCHEZ, Pedro	07	RCN VIGO	18:19.87	-	3,00		
50m: 31.35	31.35	450m: 5:16.32	36.66	850m: 10:14.24	37.12	1250m: 15:16.83	37.61
100m: 1:04.76	33.41	500m: 5:53.33	37.01	900m: 10:51.93	37.69	1300m: 15:59.38	42.55
150m: 1:39.64	34.88	550m: 6:30.83	37.50	950m: 11:30.27	38.34	1350m: 16:31.29	31.91
200m: 2:15.10	35.46	600m: 7:08.31	37.48	1000m: 12:07.87	37.60	1400m: 17:09.02	37.73
250m: 2:50.78	35.68	650m: 7:45.19	36.88	1050m: 12:45.74	37.87	1450m: 17:45.91	36.89
300m: 3:27.00	36.22	700m: 8:22.28	37.09	1100m: 13:23.37	37.63	1500m: 18:19.87	33.96
350m: 4:03.22	36.22	750m: 8:59.74	37.46	1150m: 14:01.36	37.99		
400m: 4:39.66	36.44	800m: 9:37.12	37.38	1200m: 14:39.22	37.86		
23. LEIROS FERNANDEZ, Lucas	08	C. N. PONTEAREAS	18:22.77	-	2,00		
50m: 31.05	31.05	450m: 5:17.06	36.73	850m: 10:17.63	37.76	1250m: 15:19.56	37.92
100m: 1:05.63	34.58	500m: 5:54.31	37.25	900m: 10:55.05	37.42	1300m: 15:56.96	37.40
150m: 1:40.75	35.12	550m: 6:31.64	37.33	950m: 11:32.36	37.31	1350m: 16:34.14	37.18
200m: 2:16.29	35.54	600m: 7:09.29	37.65	1000m: 12:10.10	37.74	1400m: 17:11.18	37.04
250m: 2:51.91	35.62	650m: 7:46.82	37.53	1050m: 12:48.01	37.91	1450m: 17:47.74	36.56
300m: 3:27.76	35.85	700m: 8:24.84	38.02	1100m: 13:25.82	37.81	1500m: 18:22.77	35.03
350m: 4:03.87	36.11	750m: 9:02.41	37.57	1150m: 14:03.82	38.00		
400m: 4:40.33	36.46	800m: 9:39.87	37.46	1200m: 14:41.64	37.82		
24. RIBÓ MIGUEL, Lucas	07	CIDADE SANTIAGO	18:24.48	-	1,00		
50m: 32.16	32.16	450m: 5:26.98	37.29	850m: 10:26.37	37.96	1250m: 15:24.64	36.76
100m: 1:07.83	35.67	500m: 6:03.99	37.01	900m: 11:03.96	37.59	1300m: 16:00.80	36.16
150m: 1:44.44	36.61	550m: 6:41.84	37.85	950m: 11:41.47	37.51	1350m: 16:38.21	37.41
200m: 2:21.22	36.78	600m: 7:19.22	37.38	1000m: 12:18.87	37.40	1400m: 17:14.01	35.80
250m: 2:58.30	37.08	650m: 7:56.61	37.39	1050m: 12:56.62	37.75	1450m: 17:50.42	36.41
300m: 3:35.46	37.16	700m: 8:33.49	36.88	1100m: 13:33.79	37.17	1500m: 18:24.48	34.06
350m: 4:12.42	36.96	750m: 9:11.11	37.62	1150m: 14:11.13	37.34		
400m: 4:49.69	37.27	800m: 9:48.41	37.30	1200m: 14:47.88	36.75		
25. GARAIZABAL DE LA MONTAÑA, Carlo	07	C. Del Mar De San Arr	18:24.58	-	-		
50m: 33.14	33.14	450m: 5:30.72	37.36	850m: 10:28.16	36.89	1250m: 15:22.55	37.08
100m: 1:09.84	36.70	500m: 6:08.29	37.57	900m: 11:04.79	36.63	1300m: 15:59.53	36.98
150m: 1:46.83	36.99	550m: 6:45.36	37.07	950m: 11:41.53	36.74	1350m: 16:36.02	36.49
200m: 2:24.10	37.27	600m: 7:22.65	37.29	1000m: 12:17.95	36.42	1400m: 17:13.72	37.70
250m: 3:01.37	37.27	650m: 8:00.16	37.51	1050m: 12:54.77	36.82	1450m: 17:50.34	36.62
300m: 3:38.87	37.50	700m: 8:37.99	37.83	1100m: 13:31.70	36.93	1500m: 18:24.58	34.24
350m: 4:16.01	37.14	750m: 9:15.46	37.47	1150m: 14:08.35	36.65		
400m: 4:53.36	37.35	800m: 9:51.27	35.81	1200m: 14:45.47	37.12		
DSQ BAO PURRIÑOS, Manuel	08	C. N. LICEO		-	-		
<i>Saída anticipada</i>							
DSQ GONZALEZ ESTEVEZ, Yoel	07	C. N. PONTEAREAS		-	-		
<i>Retirado</i>							
Baja SOBRINO NOGALES, Sebastian	08	SPORTING CASINO		-	-		

