

Prueba 26
26/11/2023 - 10:46

Fem., 400m Libre

Open femenino
Resultados

RG 4:04.11 , GOMEZ CORTES, BEATRIZ GALAICO 24/11/2012

Clasificación	AN	Nombre	Equipo	Tiempo	PUNTOS
1.	07	MOURENZA ROCHA, Ines	C. N. PORTAMIÑA	4:22.26	35,00
		50m: 29.86 29.86 150m: 1:35.64 33.01 250m: 2:42.32 33.32 350m: 3:49.70 33.71			
		100m: 1:02.63 32.77 200m: 2:09.00 33.36 300m: 3:15.99 33.67 400m: 4:22.26 32.56			
2.	09	BARROS DA SILVA, Sofia	C. N. GALAICO	4:30.12	32,00
		50m: 31.44 31.44 150m: 1:38.59 33.86 250m: 2:47.47 34.43 350m: 3:56.18 34.40			
		100m: 1:04.73 33.29 200m: 2:13.04 34.45 300m: 3:21.78 34.31 400m: 4:30.12 33.94			
3.	09	SANTAS VAZQUEZ, Laura	C. N. PORTAMIÑA	4:33.81	30,00
		50m: 32.07 32.07 150m: 1:41.22 34.65 250m: 2:51.55 35.03 350m: 4:00.38 33.98			
		100m: 1:06.57 34.50 200m: 2:16.52 35.30 300m: 3:26.40 34.85 400m: 4:33.81 33.43			
4.	07	ALVAREZ PAZOS, Maria	VIGO RIAS BAIXAS	4:34.68	29,00
		50m: 31.75 31.75 150m: 1:40.59 34.65 250m: 2:49.34 34.38 350m: 3:59.98 35.52			
		100m: 1:05.94 34.19 200m: 2:14.96 34.37 300m: 3:24.46 35.12 400m: 4:34.68 34.70			
5.	08	VILLARNOVO PAZOS, Lucia	C. N. FERROL	4:35.23	28,00
		50m: 30.62 30.62 150m: 1:38.24 34.50 250m: 2:49.38 35.77 350m: 4:01.00 35.52			
		100m: 1:03.74 33.12 200m: 2:13.61 35.37 300m: 3:25.48 36.10 400m: 4:35.23 34.23			
6.	04	PARDO CHAS, Eva	C. N. FERROL	4:43.97	27,00
		50m: 31.54 31.54 150m: 1:41.35 35.32 250m: 2:53.83 36.58 350m: 4:07.84 37.16			
		100m: 1:06.03 34.49 200m: 2:17.25 35.90 300m: 3:30.68 36.85 400m: 4:43.97 36.13			
7.	99	ALVITE BERGARA, Nerea	C. N. ARTEIXO	4:45.41	26,00
		50m: 33.21 33.21 150m: 1:45.20 36.29 250m: 2:58.54 36.80 350m: 4:11.23 36.14			
		100m: 1:08.91 35.70 200m: 2:21.74 36.54 300m: 3:35.09 36.55 400m: 4:45.41 34.18			
8.	06	MARTÍNEZ NOVOA, Silvia	RCN VIGO	4:45.47	25,00
		50m: 32.63 32.63 150m: 1:45.12 36.73 250m: 2:58.29 36.33 350m: 4:10.71 35.96			
		100m: 1:08.39 35.76 200m: 2:21.96 36.84 300m: 3:34.75 36.46 400m: 4:45.47 34.76			
9.	08	BABARRO LOPEZ, Maria	C. N. PABELLON	4:50.21	23,50
		50m: 32.76 32.76 150m: 1:43.51 35.79 250m: 2:58.45 37.84 350m: 4:14.12 37.95			
		100m: 1:07.72 34.96 200m: 2:20.61 37.10 300m: 3:36.17 37.72 400m: 4:50.21 36.09			
	06	VILARNOVO SUÁREZ, Noelia	S. DEP. BOIRO	4:50.21	23,50
		50m: 33.92 33.92 150m: 1:47.44 36.98 250m: 3:00.43 36.29 350m: 4:14.33 37.21			
		100m: 1:10.46 36.54 200m: 2:24.14 36.70 300m: 3:37.12 36.69 400m: 4:50.21 35.88			
11.	08	PARDAVILA DAVILA, Ainoa	VIGO RIAS BAIXAS	4:52.77	22,00
		50m: 33.40 33.40 150m: 1:45.56 36.14 250m: 2:59.93 37.31 350m: 4:15.40 37.81			
		100m: 1:09.42 36.02 200m: 2:22.62 37.06 300m: 3:37.59 37.66 400m: 4:52.77 37.37			
12.	07	ORTEGO PORTA, Aldara	C. N. GALAICO	4:57.20	21,00
		50m: 33.24 33.24 150m: 1:48.58 38.15 250m: 3:04.65 37.63 350m: 4:20.97 38.49			
		100m: 1:10.43 37.19 200m: 2:27.02 38.44 300m: 3:42.48 37.83 400m: 4:57.20 36.23			
13.	07	COUCEIRO BARREIRO, Marta	SPORTING CASINO	4:58.05	20,00
		50m: 34.88 34.88 150m: 1:49.53 37.47 250m: 3:05.18 37.97 350m: 4:21.28 38.17			
		100m: 1:12.06 37.18 200m: 2:27.21 37.68 300m: 3:43.11 37.93 400m: 4:58.05 36.77			
14.	09	FEAL DEVESA, Carlota	C. N. CULLEREDO	5:01.32	19,00
		50m: 33.57 33.57 150m: 1:47.42 37.60 250m: 3:04.64 38.75 350m: 4:22.66 38.98			
		100m: 1:09.82 36.25 200m: 2:25.89 38.47 300m: 3:43.68 39.04 400m: 5:01.32 38.66			

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Clasificación	AN	Club	Tiempo	PUNTOS
15.	FERNANDEZ GRATEROL, Sofia Antia 07	C. N. PABELLON	5:01.42	18,00
	50m: 34.47 34.47 150m: 1:50.48 38.66 250m: 3:07.55 38.63 350m: 4:24.42 38.75			
	100m: 1:11.82 37.35 200m: 2:28.92 38.44 300m: 3:45.67 38.12 400m: 5:01.42 37.00			
16.	CARRASCO DE CASTRO, Ana 07	C. N. MARINA	5:04.11	17,00
	50m: 33.46 33.46 150m: 1:48.68 38.39 250m: 3:07.09 39.30 350m: 4:25.11 38.85			
	100m: 1:10.29 36.83 200m: 2:27.79 39.11 300m: 3:46.26 39.17 400m: 5:04.11 39.00			
17.	RAMOS MÍGUEZ, Leyre 06	S. DEP. BOIRO	5:04.84	16,00
	50m: 34.52 34.52 150m: 1:49.20 38.08 250m: 3:06.84 38.84 350m: 4:25.76 39.28			
	100m: 1:11.12 36.60 200m: 2:28.00 38.80 300m: 3:46.48 39.64 400m: 5:04.84 39.08			
18.	CAL FERNÁNDEZ, Victoria 08	RCN VIGO	5:05.45	15,00
	50m: 33.05 33.05 150m: 1:47.21 37.96 250m: 3:05.82 39.26 350m: 4:26.31 40.17			
	100m: 1:09.25 36.20 200m: 2:26.56 39.35 300m: 3:46.14 40.32 400m: 5:05.45 39.14			
19.	CARBALLIDO NAYA, Claudia 07	C. N. ARTEIXO	5:06.48	14,00
	50m: 33.86 33.86 150m: 1:49.83 38.60 250m: 3:07.95 39.22 350m: 4:27.42 39.82			
	100m: 1:11.23 37.37 200m: 2:28.73 38.90 300m: 3:47.60 39.65 400m: 5:06.48 39.06			
20.	GARCIA RODRIGUEZ, Andrea 10	C. N. MARINA	5:07.50	13,00
	50m: 35.50 35.50 150m: 1:53.03 39.06 250m: 3:11.40 39.29 350m: 4:29.86 39.66			
	100m: 1:13.97 38.47 200m: 2:32.11 39.08 300m: 3:50.20 38.80 400m: 5:07.50 37.64			
21.	GONZALEZ IGLESIAS, Nerea 07	C. FLUVIAL LUGO	5:08.18	12,00
	50m: 34.31 34.31 150m: 1:50.15 38.54 250m: 3:08.90 39.43 350m: 4:29.17 40.06			
	100m: 1:11.61 37.30 200m: 2:29.47 39.32 300m: 3:49.11 40.21 400m: 5:08.18 39.01			
22.	SOUTO GOMEZ, Claudia 10	C. FLUVIAL LUGO	5:11.25	11,00
	50m: 35.43 35.43 150m: 1:54.56 40.42 250m: 3:14.72 40.08 350m: 4:33.74 39.03			
	100m: 1:14.14 38.71 200m: 2:34.64 40.08 300m: 3:54.71 39.99 400m: 5:11.25 37.51			
23.	MENDEZ LOPEZ, Helena 10	C. N. CORUÑA	5:26.70	10,00
	50m: 37.20 37.20 150m: 1:59.27 41.60 250m: 3:22.77 41.89 350m: 4:47.03 42.13			
	100m: 1:17.67 40.47 200m: 2:40.88 41.61 300m: 4:04.90 42.13 400m: 5:26.70 39.67			
NP	FERNANDEZ AGUION, Sara 07	C. N. CORUÑA	-	-
Baja	BUSTO LOPEZ, Ana 04	C. FLUVIAL LUGO	-	-