

Prueba 20
25/11/2023 - 19:28

Fem., 1500m Libre

Open femenino
Resultados

RG 15:46.06 , VILAS VIDAL, MARIA RIVEIRA 12/12/2014

Clasificación

	AN		Tiempo	PUNTOS
1. MOURENZA ROCHA, Ines	07	C. N. PORTAMIÑA	16:54.82	35,00
50m: 30.30 30.30	450m: 4:59.70 34.14	850m: 9:30.42 33.83	1250m: 14:04.70 34.43	
100m: 1:03.44 33.14	500m: 5:33.73 34.03	900m: 10:04.71 34.29	1300m: 14:39.18 34.48	
150m: 1:37.04 33.60	550m: 6:07.62 33.89	950m: 10:38.99 34.28	1350m: 15:13.56 34.38	
200m: 2:10.43 33.39	600m: 6:41.37 33.75	1000m: 11:12.84 33.85	1400m: 15:47.93 34.37	
250m: 2:43.98 33.55	650m: 7:15.13 33.76	1050m: 11:47.37 34.53	1450m: 16:21.93 34.00	
300m: 3:17.64 33.66	700m: 7:48.91 33.78	1100m: 12:21.67 34.30	1500m: 16:54.82 32.89	
350m: 3:51.65 34.01	750m: 8:22.76 33.85	1150m: 12:55.79 34.12		
400m: 4:25.56 33.91	800m: 8:56.59 33.83	1200m: 13:30.27 34.48		
2. VILLARNOVO PAZOS, Lucia	08	C. N. FERROL	17:47.09	32,00
50m: 31.13 31.13	450m: 5:08.63 35.32	850m: 9:54.99 36.16	1250m: 14:47.21 36.72	
100m: 1:04.64 33.51	500m: 5:43.78 35.15	900m: 10:31.25 36.26	1300m: 15:23.92 36.71	
150m: 1:38.73 34.09	550m: 6:19.20 35.42	950m: 11:07.75 36.50	1350m: 16:00.36 36.44	
200m: 2:13.21 34.48	600m: 6:54.94 35.74	1000m: 11:44.15 36.40	1400m: 16:36.52 36.16	
250m: 2:47.98 34.77	650m: 7:30.86 35.92	1050m: 12:20.72 36.57	1450m: 17:12.84 36.32	
300m: 3:23.06 35.08	700m: 8:06.68 35.82	1100m: 12:57.32 36.60	1500m: 17:47.09 34.25	
350m: 3:58.21 35.15	750m: 8:42.75 36.07	1150m: 13:33.80 36.48		
400m: 4:33.31 35.10	800m: 9:18.83 36.08	1200m: 14:10.49 36.69		
3. PEREZ GARCIA-PICHER, Ana	98	RCN VIGO	17:55.68	30,00
50m: 34.20 34.20	450m: 5:21.93 35.71	850m: 10:09.64 35.91	1250m: 14:57.19 35.95	
100m: 1:10.36 36.16	500m: 5:58.19 36.26	900m: 10:45.60 35.96	1300m: 15:33.28 36.09	
150m: 1:46.04 35.68	550m: 6:34.15 35.96	950m: 11:21.33 35.73	1350m: 16:09.14 35.86	
200m: 2:22.00 35.96	600m: 7:10.33 36.18	1000m: 11:57.36 36.03	1400m: 16:45.11 35.97	
250m: 2:57.91 35.91	650m: 7:46.16 35.83	1050m: 12:33.47 36.11	1450m: 17:21.04 35.93	
300m: 3:34.22 36.31	700m: 8:22.03 35.87	1100m: 13:09.63 36.16	1500m: 17:55.68 34.64	
350m: 4:10.25 36.03	750m: 8:57.87 35.84	1150m: 13:45.42 35.79		
400m: 4:46.22 35.97	800m: 9:33.73 35.86	1200m: 14:21.24 35.82		
4. CANALDA RAMOS, Laura	09	C. N. CORUÑA	18:11.24	29,00
50m: 33.19 33.19	450m: 5:23.01 36.15	850m: 10:15.19 36.96	1250m: 15:10.92 36.92	
100m: 1:09.02 35.83	500m: 5:59.25 36.24	900m: 10:52.16 36.97	1300m: 15:47.77 36.85	
150m: 1:45.32 36.30	550m: 6:35.41 36.16	950m: 11:28.94 36.78	1350m: 16:24.90 37.13	
200m: 2:21.78 36.46	600m: 7:11.60 36.19	1000m: 12:05.89 36.95	1400m: 17:01.42 36.52	
250m: 2:57.97 36.19	650m: 7:48.07 36.47	1050m: 12:43.02 37.13	1450m: 17:37.63 36.21	
300m: 3:34.34 36.37	700m: 8:24.72 36.65	1100m: 13:20.09 37.07	1500m: 18:11.24 33.61	
350m: 4:10.54 36.20	750m: 9:01.32 36.60	1150m: 13:56.92 36.83		
400m: 4:46.86 36.32	800m: 9:38.23 36.91	1200m: 14:34.00 37.08		
5. PARDO CHAS, Eva	04	C. N. FERROL	18:28.45	28,00
50m: 32.76 32.76	450m: 5:25.21 37.01	850m: 10:22.31 37.18	1250m: 15:21.23 37.63	
100m: 1:08.20 35.44	500m: 6:02.31 37.10	900m: 10:59.21 36.90	1300m: 15:59.10 37.87	
150m: 1:44.35 36.15	550m: 6:39.82 37.51	950m: 11:36.59 37.38	1350m: 16:36.51 37.41	
200m: 2:21.04 36.69	600m: 7:17.02 37.20	1000m: 12:13.83 37.24	1400m: 17:14.21 37.70	
250m: 2:57.63 36.59	650m: 7:53.82 36.80	1050m: 12:51.10 37.27	1450m: 17:51.48 37.27	
300m: 3:34.33 36.70	700m: 8:30.83 37.01	1100m: 13:28.63 37.53	1500m: 18:28.45 36.97	
350m: 4:11.09 36.76	750m: 9:08.05 37.22	1150m: 14:05.96 37.33		
400m: 4:48.20 37.11	800m: 9:45.13 37.08	1200m: 14:43.60 37.64		

Prueba 20, Fem., 1500m Libre, Open femenino

Clasificación			AN			Tiempo	PUNTOS	
6.	RODRÍGUEZ RODRÍGUEZ, Paula		08	C. N. ARTEIXO		18:39.43	27,00	
	50m:	34.27 34.27	450m:	5:29.57 37.21	850m:	10:29.25 37.70	1250m:	15:32.53 38.06
	100m:	1:10.80 36.53	500m:	6:07.04 37.47	900m:	11:06.67 37.42	1300m:	16:10.60 38.07
	150m:	1:47.41 36.61	550m:	6:44.45 37.41	950m:	11:44.65 37.98	1350m:	16:48.37 37.77
	200m:	2:24.05 36.64	600m:	7:21.70 37.25	1000m:	12:22.59 37.94	1400m:	17:26.34 37.97
	250m:	3:01.10 37.05	650m:	7:59.01 37.31	1050m:	13:00.04 37.45	1450m:	18:03.71 37.37
	300m:	3:38.01 36.91	700m:	8:36.70 37.69	1100m:	13:38.40 38.36	1500m:	18:39.43 35.72
	350m:	4:15.11 37.10	750m:	9:13.95 37.25	1150m:	14:16.38 37.98		
	400m:	4:52.36 37.25	800m:	9:51.55 37.60	1200m:	14:54.47 38.09		
7.	VIDAL RODRIGUEZ, Mara		10	C. N. GALAICO		18:41.26	26,00	
	50m:	33.88 33.88	450m:	5:34.18 37.45	850m:	10:34.43 37.73	1250m:	15:34.51 37.55
	100m:	1:11.05 37.17	500m:	6:11.75 37.57	900m:	11:12.09 37.66	1300m:	16:12.06 37.55
	150m:	1:48.32 37.27	550m:	6:48.90 37.15	950m:	11:49.30 37.21	1350m:	16:49.67 37.61
	200m:	2:25.88 37.56	600m:	7:26.65 37.75	1000m:	12:26.89 37.59	1400m:	17:27.79 38.12
	250m:	3:03.74 37.86	650m:	8:04.08 37.43	1050m:	13:04.46 37.57	1450m:	18:04.91 37.12
	300m:	3:41.93 38.19	700m:	8:41.69 37.61	1100m:	13:42.23 37.77	1500m:	18:41.26 36.35
	350m:	4:19.30 37.37	750m:	9:19.11 37.42	1150m:	14:19.61 37.38		
	400m:	4:56.73 37.43	800m:	9:56.70 37.59	1200m:	14:56.96 37.35		
8.	MARTÍNEZ NOVOA, Silvia		06	RCN VIGO		18:46.56	25,00	
	50m:	35.28 35.28	450m:	5:37.89 37.99	850m:	10:41.18 37.97	1250m:	15:43.06 37.06
	100m:	1:12.25 36.97	500m:	6:15.96 38.07	900m:	11:19.51 38.33	1300m:	16:20.24 37.18
	150m:	1:49.99 37.74	550m:	6:53.90 37.94	950m:	11:57.58 38.07	1350m:	16:57.67 37.43
	200m:	2:27.70 37.71	600m:	7:32.02 38.12	1000m:	12:35.49 37.91	1400m:	17:35.11 37.44
	250m:	3:05.46 37.76	650m:	8:09.99 37.97	1050m:	13:13.58 38.09	1450m:	18:11.56 36.45
	300m:	3:43.31 37.85	700m:	8:47.63 37.64	1100m:	13:51.32 37.74	1500m:	18:46.56 35.00
	350m:	4:21.59 38.28	750m:	9:25.24 37.61	1150m:	14:29.30 37.98		
	400m:	4:59.90 38.31	800m:	10:03.21 37.97	1200m:	15:06.00 36.70		
9.	ALVITE BERGARA, Nerea		99	C. N. ARTEIXO		18:53.34	24,00	
	50m:	34.85 34.85	450m:	5:33.74 37.41	850m:	10:35.08 37.82	1250m:	15:41.50 38.46
	100m:	1:12.11 37.26	500m:	6:11.40 37.66	900m:	11:12.81 37.73	1300m:	16:20.54 39.04
	150m:	1:49.65 37.54	550m:	6:48.97 37.57	950m:	11:50.86 38.05	1350m:	16:59.48 38.94
	200m:	2:27.09 37.44	600m:	7:26.23 37.26	1000m:	12:29.09 38.23	1400m:	17:38.52 39.04
	250m:	3:04.33 37.24	650m:	8:03.99 37.76	1050m:	13:07.58 38.49	1450m:	18:16.11 37.59
	300m:	3:41.70 37.37	700m:	8:41.59 37.60	1100m:	13:45.74 38.16	1500m:	18:53.34 37.23
	350m:	4:18.97 37.27	750m:	9:19.41 37.82	1150m:	14:24.02 38.28		
	400m:	4:56.33 37.36	800m:	9:57.26 37.85	1200m:	15:03.04 39.02		
10.	MUÑOZ GAVINO, Paula		08	C. N. PORTAMIÑA		19:03.87	23,00	
	50m:	33.35 33.35	450m:	5:35.49 37.45	850m:	10:42.30 38.48	1250m:	15:51.26 39.07
	100m:	1:10.43 37.08	500m:	6:13.93 38.44	900m:	11:21.37 39.07	1300m:	16:29.85 38.59
	150m:	1:47.67 37.24	550m:	6:52.29 38.36	950m:	11:59.70 38.33	1350m:	17:08.78 38.93
	200m:	2:25.57 37.90	600m:	7:30.75 38.46	1000m:	12:37.74 38.04	1400m:	17:47.75 38.97
	250m:	3:03.44 37.87	650m:	8:09.11 38.36	1050m:	13:16.43 38.69	1450m:	18:26.80 39.05
	300m:	3:41.93 38.49	700m:	8:47.49 38.38	1100m:	13:54.86 38.43	1500m:	19:03.87 37.07
	350m:	4:19.80 37.87	750m:	9:25.67 38.18	1150m:	14:33.54 38.68		
	400m:	4:58.04 38.24	800m:	10:03.82 38.15	1200m:	15:12.19 38.65		
11.	GUERRA RODRIGUEZ, Zaida		10	C. N. PABELLON		19:27.90	22,00	
	50m:	33.89 33.89	450m:	5:43.81 39.29	850m:	10:56.31 39.16	1250m:	16:13.09 39.93
	100m:	1:11.16 37.27	500m:	6:22.60 38.79	900m:	11:35.85 39.54	1300m:	16:52.70 39.61
	150m:	1:49.46 38.30	550m:	7:01.39 38.79	950m:	12:15.40 39.55	1350m:	17:32.27 39.57
	200m:	2:28.38 38.92	600m:	7:40.27 38.88	1000m:	12:55.02 39.62	1400m:	18:11.73 39.46
	250m:	3:07.10 38.72	650m:	8:19.52 39.25	1050m:	13:34.44 39.42	1450m:	18:50.84 39.11
	300m:	3:46.17 39.07	700m:	8:58.46 38.94	1100m:	14:14.16 39.72	1500m:	19:27.90 37.06
	350m:	4:25.65 39.48	750m:	9:37.41 38.95	1150m:	14:53.05 38.89		
	400m:	5:04.52 38.87	800m:	10:17.15 39.74	1200m:	15:33.16 40.11		

Prueba 20, Fem., 1500m Libre, Open femenino

Clasificación			AN			Tiempo	PUNTOS					
12.	ORTEGO PORTA, Aldara		07	C. N. GALAICO		19:32.14	21,00					
	50m:	33.89	33.89	450m:	5:44.07	39.45	850m:	10:59.60	38.77	1250m:	16:15.80	38.96
	100m:	1:11.50	37.61	500m:	6:23.59	39.52	900m:	11:38.69	39.09	1300m:	16:56.12	40.32
	150m:	1:49.75	38.25	550m:	7:02.48	38.89	950m:	12:18.52	39.83	1350m:	17:36.05	39.93
	200m:	2:28.39	38.64	600m:	7:42.23	39.75	1000m:	12:58.20	39.68	1400m:	18:15.79	39.74
	250m:	3:06.93	38.54	650m:	8:22.16	39.93	1050m:	13:37.05	38.85	1450m:	18:55.29	39.50
	300m:	3:46.32	39.39	700m:	9:02.09	39.93	1100m:	14:16.15	39.10	1500m:	19:32.14	36.85
	350m:	4:25.63	39.31	750m:	9:40.69	38.60	1150m:	14:56.34	40.19			
	400m:	5:04.62	38.99	800m:	10:20.83	40.14	1200m:	15:36.84	40.50			
13.	PEREIRA-BORRAJO VAYO, Marta		08	VIGO RIAS BAIXAS		19:43.80	20,00					
	50m:	34.50	34.50	450m:	5:44.63	39.65	850m:	11:03.56	40.15	1250m:	16:23.89	40.47
	100m:	1:12.12	37.62	500m:	6:24.03	39.40	900m:	11:43.29	39.73	1300m:	17:04.28	40.39
	150m:	1:50.58	38.46	550m:	7:03.55	39.52	950m:	12:23.29	40.00	1350m:	17:44.51	40.23
	200m:	2:29.00	38.42	600m:	7:43.33	39.78	1000m:	13:03.22	39.93	1400m:	18:25.09	40.58
	250m:	3:07.81	38.81	650m:	8:23.39	40.06	1050m:	13:43.02	39.80	1450m:	19:05.00	39.91
	300m:	3:46.81	39.00	700m:	9:03.35	39.96	1100m:	14:23.25	40.23	1500m:	19:43.80	38.80
	350m:	4:25.76	38.95	750m:	9:43.39	40.04	1150m:	15:03.07	39.82			
	400m:	5:04.98	39.22	800m:	10:23.41	40.02	1200m:	15:43.42	40.35			
14.	FERNANDEZ GRATEROL, Sofia Antia		07	C. N. PABELLON		19:52.32	19,00					
	50m:	34.67	34.67	450m:	5:50.78	39.54	850m:	11:13.19	41.08	1250m:	16:36.95	41.34
	100m:	1:13.49	38.82	500m:	6:31.07	40.29	900m:	11:53.39	40.20	1300m:	17:16.91	39.96
	150m:	1:52.77	39.28	550m:	7:11.45	40.38	950m:	12:34.00	40.61	1350m:	17:57.22	40.31
	200m:	2:32.41	39.64	600m:	7:51.93	40.48	1000m:	13:14.75	40.75	1400m:	18:36.95	39.73
	250m:	3:12.31	39.90	650m:	8:31.75	39.82	1050m:	13:54.76	40.01	1450m:	19:16.03	39.08
	300m:	3:51.65	39.34	700m:	9:11.90	40.15	1100m:	14:35.14	40.38	1500m:	19:52.32	36.29
	350m:	4:31.25	39.60	750m:	9:52.12	40.22	1150m:	15:15.24	40.10			
	400m:	5:11.24	39.99	800m:	10:32.11	39.99	1200m:	15:55.61	40.37			
15.	GONZALEZ IGLESIAS, Nerea		07	C. FLUVIAL LUGO		19:56.10	18,00					
	50m:	35.07	35.07	450m:	5:51.41	39.82	850m:	11:12.73	40.29	1250m:	16:36.35	40.37
	100m:	1:13.70	38.63	500m:	6:31.32	39.91	900m:	11:53.22	40.49	1300m:	17:17.14	40.79
	150m:	1:53.31	39.61	550m:	7:11.16	39.84	950m:	12:33.71	40.49	1350m:	17:57.23	40.09
	200m:	2:32.81	39.50	600m:	7:51.27	40.11	1000m:	13:14.38	40.67	1400m:	18:37.79	40.56
	250m:	3:12.55	39.74	650m:	8:31.55	40.28	1050m:	13:54.92	40.54	1450m:	19:17.65	39.86
	300m:	3:52.00	39.45	700m:	9:11.82	40.27	1100m:	14:35.42	40.50	1500m:	19:56.10	38.45
	350m:	4:31.62	39.62	750m:	9:52.10	40.28	1150m:	15:15.59	40.17			
	400m:	5:11.59	39.97	800m:	10:32.44	40.34	1200m:	15:55.98	40.39			
16.	MENDEZ LOPEZ, Helena		10	C. N. CORUÑA		21:02.81	17,00					
	50m:	36.80	36.80	450m:	6:07.33	42.12	850m:	11:47.07	43.06	1250m:	17:32.11	43.07
	100m:	1:15.90	39.10	500m:	6:49.59	42.26	900m:	12:29.72	42.65	1300m:	18:14.95	42.84
	150m:	1:56.58	40.68	550m:	7:32.02	42.43	950m:	13:12.92	43.20	1350m:	18:57.75	42.80
	200m:	2:38.52	41.94	600m:	8:14.25	42.23	1000m:	13:55.93	43.01	1400m:	19:39.73	41.98
	250m:	3:20.23	41.71	650m:	8:56.76	42.51	1050m:	14:39.40	43.47	1450m:	20:21.76	42.03
	300m:	4:01.94	41.71	700m:	9:38.57	41.81	1100m:	15:22.50	43.10	1500m:	21:02.81	41.05
	350m:	4:43.43	41.49	750m:	10:21.34	42.77	1150m:	16:05.76	43.26			
	400m:	5:25.21	41.78	800m:	11:04.01	42.67	1200m:	16:49.04	43.28			