

Prueba 6  
18/11/2023

Fem., 3000m Libre

YOB 1923 - 2006  
Resultados

Clasificación	Edad	Marca
<b>JUNIOR 2 FEMENINO LD</b>		
1. CARBALLO GONZALEZ, Sofia	17 PONTEA	<b>37:09.78</b> 19,00
50m: 33.54 33.54 200m: 2:20.64 1:11.90 800m: 9:39.58 4:53.03 2000m: 24:30.99 6:14.25		
100m: 1:08.74 35.20 400m: 4:46.55 2:25.91 1500m: 18:16.74 8:37.16 3000m: 37:09.78 12:38.79		
Baja BORGE JUSTE, Ines	17 PONTEA	-
<b>SENIOR FEMENINO LD</b>		
1. GÓMEZ MESÍAS, Alba	23 ARTEIXO	<b>35:06.60</b> 19,00
50m: 31.87 31.87 200m: 2:14.74 1:09.71 800m: 9:10.45 4:37.75 2000m: 23:20.42 5:55.75		
100m: 1:05.03 33.16 400m: 4:32.70 2:17.96 1500m: 17:24.67 8:14.22 3000m: 35:06.60 11:46.18		
2. ORTIZ DE GUINEA BASTON, Alba	26 PONTEA	<b>35:21.14</b> 16,00
50m: 32.65 32.65 200m: 2:16.41 1:09.62 800m: 9:16.43 4:39.59 3000m: 35:21.14 17:51.41		
100m: 1:06.79 34.14 400m: 4:36.84 2:20.43 1500m: 17:29.73 8:13.30		
3. PEREZ GARCIA-PICHER, Ana	25 RCNV	<b>36:04.01</b> 14,00
50m: 35.46 35.46 200m: 2:22.86 1:11.82 800m: 9:36.68 4:49.04 2000m: 24:01.21 5:59.85		
100m: 1:11.04 35.58 400m: 4:47.64 2:24.78 1500m: 18:01.36 8:24.68 3000m: 36:04.01 12:02.80		
4. FARO MARTINEZ, Carla	20 PONTEA	<b>36:08.13</b> 13,00
50m: 34.03 34.03 200m: 2:20.20 1:11.32 800m: 9:31.70 4:47.74 2000m: 23:59.45 5:59.25		
100m: 1:08.88 34.85 400m: 4:43.96 2:23.76 1500m: 18:00.20 8:28.50 3000m: 36:08.13 12:08.68		
5. VEIGA SOUTO, Ana	25 ARTEIXO	<b>36:46.16</b> 12,00
50m: 33.56 33.56 200m: 2:19.38 1:10.97 800m: 9:34.69 4:50.78 2000m: 24:21.23 6:10.32		
100m: 1:08.41 34.85 400m: 4:43.91 2:24.53 1500m: 18:10.91 8:36.22 3000m: 36:46.16 12:24.93		
6. ALVITE BERGARA, Nerea	24 ARTEIXO	<b>38:39.81</b> -
50m: 36.82 36.82 200m: 2:29.39 1:15.65 800m: 11:08.81 6:06.34 2000m: 25:37.44 6:34.41		
100m: 1:13.74 36.92 400m: 5:02.47 2:33.08 1500m: 19:03.03 7:54.22 3000m: 38:39.81 13:02.37		
7. SEGOVIA CARBALLO, Paula	23 NFERROL	<b>41:47.97</b> 11,00
50m: 36.22 36.22 200m: 2:32.50 1:18.22 800m: 10:47.75 5:31.67 2000m: 27:34.65 7:03.15		
100m: 1:14.28 38.06 400m: 5:16.08 2:43.58 1500m: 20:31.50 9:43.75 3000m: 41:47.97 14:13.32		