

Prueba 3
07/07/2023 - 18:20

Fem., 400m Libre

Absoluto Femenino
Resultados Final

RG	4:10.13	, CONS GESTIDO, AGUEDA BEATRIZ	GALAICO	29/06/2017
RC	4:19.21	, CARRON MUIÑA, CARLA	ARZUA	18/07/2021

Clasificación			AN			Tempo	ABSO	JUNI		
Final A										
1.	DE VALDES ALVAREZ, Maria		98	C. N. LICEO		4:16.75	22,00	- RC		
	50m:	30.23 30.23	150m:	1:34.47	32.42	250m:	2:39.38	32.31	350m:	3:44.83 32.91
	100m:	1:02.05 31.82	200m:	2:07.07	32.60	300m:	3:11.92	32.54	400m:	4:16.75 31.92
2.	MOURENZA ROCHA, Ines		07	C. N. PORTAMIÑA		4:25.37	16,00	-		
	50m:	30.90 30.90	150m:	1:37.46	33.48	250m:	2:44.59	33.70	350m:	3:52.52 33.88
	100m:	1:03.98 33.08	200m:	2:10.89	33.43	300m:	3:18.64	34.05	400m:	4:25.37 32.85
3.	CANDO SANTOS, Raquel		03	C. N. PORTAMIÑA		4:25.45	14,00	-		
	50m:	31.62 31.62	150m:	1:37.92	33.48	250m:	2:45.29	33.97	350m:	3:53.28 33.87
	100m:	1:04.44 32.82	200m:	2:11.32	33.40	300m:	3:19.41	34.12	400m:	4:25.45 32.17
4.	GÓMEZ MESÍAS, Alba		00	C. N. ARTEIXO		4:31.20	13,00	-		
	50m:	30.52 30.52	150m:	1:38.30	34.27	250m:	2:46.49	34.15	350m:	3:56.19 34.96
	100m:	1:04.03 33.51	200m:	2:12.34	34.04	300m:	3:21.23	34.74	400m:	4:31.20 35.01
5.	BARROS DA SILVA, Sofia		09	C. N. GALAICO		4:40.73	12,00	-		
	50m:	32.43 32.43	150m:	1:42.04	35.15	250m:	2:52.88	35.72	350m:	4:05.02 36.18
	100m:	1:06.89 34.46	200m:	2:17.16	35.12	300m:	3:28.84	35.96	400m:	4:40.73 35.71
6.	PARDO CHAS, Eva		04	C. N. FERROL		4:45.26	11,00	-		
	50m:	32.29 32.29	150m:	1:43.02	35.87	250m:	2:55.60	36.65	350m:	4:09.61 37.16
	100m:	1:07.15 34.86	200m:	2:18.95	35.93	300m:	3:32.45	36.85	400m:	4:45.26 35.65
7.	FERNANDEZ AGUION, Sara		07	C. N. CORUÑA		4:51.09	10,00	-		
	50m:	33.45 33.45	150m:	1:45.25	36.27	250m:	2:59.04	37.19	350m:	4:14.69 38.18
	100m:	1:08.98 35.53	200m:	2:21.85	36.60	300m:	3:36.51	37.47	400m:	4:51.09 36.40
8.	ROCHA GONZALEZ, Gisele		09	C. N. GALAICO		4:51.42	9,00	-		
	50m:	32.55 32.55	150m:	1:44.38	36.30	250m:	2:58.90	37.26	350m:	4:14.55 37.52
	100m:	1:08.08 35.53	200m:	2:21.64	37.26	300m:	3:37.03	38.13	400m:	4:51.42 36.87
Final B										
9.	BABARRO LOPEZ, Maria		08	PABELLON OURENSE		4:49.38	8,00	-		
	50m:	33.37 33.37	150m:	1:45.86	36.63	250m:	2:59.92	36.89	350m:	4:13.47 36.89
	100m:	1:09.23 35.86	200m:	2:23.03	37.17	300m:	3:36.58	36.66	400m:	4:49.38 35.91
10.	RODRÍGUEZ RODRÍGUEZ, Paula		08	C. N. ARTEIXO		4:51.47	7,00	-		
	50m:	33.40 33.40	150m:	1:46.06	36.72	250m:	3:00.52	37.26	350m:	4:15.00 37.22
	100m:	1:09.34 35.94	200m:	2:23.26	37.20	300m:	3:37.78	37.26	400m:	4:51.47 36.47
11.	COUCEIRO BARREIRO, Marta		07	SPORTING CASINO		4:53.21	6,00	-		
	50m:	34.73 34.73	150m:	1:49.32	37.78	250m:	3:04.05	37.40	350m:	4:18.36 36.92
	100m:	1:11.54 36.81	200m:	2:26.65	37.33	300m:	3:41.44	37.39	400m:	4:53.21 34.85
12.	VAZQUEZ LIZ, Mireia		08	C. N. PORTAMIÑA		4:53.47	-	-		
	50m:	33.22 33.22	150m:	1:46.80	37.31	250m:	3:01.78	37.14	350m:	4:17.21 37.50
	100m:	1:09.49 36.27	200m:	2:24.64	37.84	300m:	3:39.71	37.93	400m:	4:53.47 36.26
13.	GONZALEZ GONZALEZ, Iara		09	VIGO RIAS BAIXAS		4:53.78	5,00	-		
	50m:	32.73 32.73	150m:	1:45.93	37.16	250m:	3:01.77	38.05	350m:	4:18.23 37.81
	100m:	1:08.77 36.04	200m:	2:23.72	37.79	300m:	3:40.42	38.65	400m:	4:53.78 35.55
14.	FERNANDEZ GRATEROL, Sofia Antia		07	PABELLON OURENSE		4:57.67	4,00	-		
	50m:	34.48 34.48	150m:	1:49.37	37.87	250m:	3:05.04	38.07	350m:	4:20.64 37.80
	100m:	1:11.50 37.02	200m:	2:26.97	37.60	300m:	3:42.84	37.80	400m:	4:57.67 37.03

Prueba 3, Fem., 400m Libre, Final, Absoluto Femenino

Clasificación	AN						Tiempo	ABSO	JUNI		
15. BUJAN ROUCO, Enma	07						4:59.49	-	-		
50m:	33.24	33.24	150m:	1:47.97	37.87	250m:	3:04.47	38.42	350m:	4:22.04	38.72
100m:	1:10.10	36.86	200m:	2:26.05	38.08	300m:	3:43.32	38.85	400m:	4:59.49	37.45
16. SEGOVIA CARBALLO, Paula	00						5:00.01	-	-		
50m:	33.51	33.51	150m:	1:48.21	38.03	250m:	3:05.73	38.89	350m:	4:22.97	37.99
100m:	1:10.18	36.67	200m:	2:26.84	38.63	300m:	3:44.98	39.25	400m:	5:00.01	37.04