

Prueba 39
09/07/2023 - 17:10

Masc., 400m Estilos

Absoluto Masculino
Resultados Final

RG	4:26.60	MARTÍNEZ NOVOA, MIGUEL	RCNVIGO	29/05/2021
RC	4:30.63	GUIOTTO SANCHEZ, MARCO	CDELMAR	05/07/2019

Clasificación			AN			Tiempo	ABSO	JUNI	
Final A									
1.	MENDEZ PUGA, Mario		03	VIGO RIAS BAIXAS		4:36.48	19,00	-	
	50m:	29.16 29.16	150m:	1:38.48 36.45	250m:	2:54.06 39.25	350m:	4:06.25 31.60	
	100m:	1:02.03 32.87	200m:	2:14.81 36.33	300m:	3:34.65 40.59	400m:	4:36.48 30.23	
2.	MANEIROS PAZ, Mario		06	C. N. FERROL		4:48.24	16,00	-	
	50m:	30.93 30.93	150m:	1:44.88 37.98	250m:	3:03.72 42.14	350m:	4:18.32 32.24	
	100m:	1:06.90 35.97	200m:	2:21.58 36.70	300m:	3:46.08 42.36	400m:	4:48.24 29.92	
3.	CUMMINGS CANDAL, James		05	C. N. CORUÑA		4:48.29	14,00	-	
	50m:	30.05 30.05	150m:	1:41.65 36.65	250m:	3:00.92 42.48	350m:	4:16.76 32.84	
	100m:	1:05.00 34.95	200m:	2:18.44 36.79	300m:	3:43.92 43.00	400m:	4:48.29 31.53	
4.	QUIROGA RAMOS, Yago		05	PABELLON OURENSE		4:49.11	13,00	-	
	50m:	29.97 29.97	150m:	1:40.75 36.71	250m:	3:00.35 44.17	350m:	4:17.63 33.14	
	100m:	1:04.04 34.07	200m:	2:16.18 35.43	300m:	3:44.49 44.14	400m:	4:49.11 31.48	
5.	CARRERA COSTAS, Martin		96	C. N. PONTEAREAS		4:53.74	12,00	-	
	50m:	31.43 31.43	150m:	1:47.01 39.06	250m:	3:05.58 40.66	350m:	4:21.38 34.17	
	100m:	1:07.95 36.52	200m:	2:24.92 37.91	300m:	3:47.21 41.63	400m:	4:53.74 32.36	
6.	MERZLYAKOV KOSTOMAROV, Mikha		07	PABELLON OURENSE		4:55.60	11,00	-	
	50m:	30.16 30.16	150m:	1:43.28 37.31	250m:	3:03.33 43.84	350m:	4:22.02 34.92	
	100m:	1:05.97 35.81	200m:	2:19.49 36.21	300m:	3:47.10 43.77	400m:	4:55.60 33.58	
7.	TEIJEIRO PRADO, Xoel		06	C. FLUVIAL LUGO		4:58.28	10,00	-	
	50m:	29.49 29.49	150m:	1:45.90 41.29	250m:	3:04.79 39.98	350m:	4:25.92 33.75	
	100m:	1:04.61 35.12	200m:	2:24.81 38.91	300m:	3:52.17 47.38	400m:	4:58.28 32.36	
8.	VAZQUEZ LIZ, Alejandro		03	C. N. PORTAMIÑA		4:59.88	9,00	-	
	50m:	32.41 32.41	150m:	1:48.56 39.45	250m:	3:08.44 41.26	350m:	4:25.47 35.47	
	100m:	1:09.11 36.70	200m:	2:27.18 38.62	300m:	3:50.00 41.56	400m:	4:59.88 34.41	
Final B									
9.	PASTORIZA SANTA CLARA, Jorge		97	VIGO RIAS BAIXAS		5:02.65	8,00	-	
	50m:	32.84 32.84	150m:	1:49.65 39.72	250m:	3:12.82 44.16	350m:	4:29.59 33.90	
	100m:	1:09.93 37.09	200m:	2:28.66 39.01	300m:	3:55.69 42.87	400m:	5:02.65 33.06	
10.	MARTINEZ MARTINEZ, Marcos		03	C. N. PONTEAREAS		5:04.32	7,00	-	
	50m:	31.20 31.20	150m:	1:46.78 39.10	250m:	3:09.57 44.16	350m:	4:30.28 35.15	
	100m:	1:07.68 36.48	200m:	2:25.41 38.63	300m:	3:55.13 45.56	400m:	5:04.32 34.04	
11.	DIAZ COUCE, Ruben		06	C. N. FERROL		5:12.33	-	-	
	50m:	31.28 31.28	150m:	1:48.10 41.21	250m:	3:14.03 46.57	350m:	4:37.26 35.56	
	100m:	1:06.89 35.61	200m:	2:27.46 39.36	300m:	4:01.70 47.67	400m:	5:12.33 35.07	
12.	VARELA PASANDÍN, Alejandro		06	C. N. ARTEIXO		5:20.29	-	-	
	50m:	28.08 28.08	150m:	1:49.50 48.66	250m:	3:19.76 45.96	350m:	4:44.08 36.11	
	100m:	1:00.84 32.76	200m:	2:33.80 44.30	300m:	4:07.97 48.21	400m:	5:20.29 36.21	
Baja	MORENO TEIJEIRO, Hugo		05	C. FLUVIAL LUGO			6,00	-	