

Prueba 39
09/07/2023 - 9:48

Masc., 400m Estilos

Absoluto Masculino
Resultados Prelim

RG	4:26.60	MARTÍNEZ NOVOA, MIGUEL	RCNVIGO	29/05/2021
RC	4:30.63	GUIOTTO SANCHEZ, MARCO	CDELMAR	05/07/2019

Clasificación	AN	Grupo	Equipo	Tempo	ABSO	JUNI
Junior Masculino						
1.	06	C. N. FERROL	4:47.77	-	19,00	A
		50m: 30.83 30.83 150m: 1:44.06 37.50 250m: 3:03.69 42.83 350m: 4:16.95 32.01				
		100m: 1:06.56 35.73 200m: 2:20.86 36.80 300m: 3:44.94 41.25 400m: 4:47.77 30.82				
2.	05	C. N. CORUÑA	4:49.40	-	16,00	A
		50m: 29.99 29.99 150m: 1:41.95 37.45 250m: 3:00.77 41.77 350m: 4:16.61 33.11				
		100m: 1:04.50 34.51 200m: 2:19.00 37.05 300m: 3:43.50 42.73 400m: 4:49.40 32.79				
3.	05	PABELLON OURENSE	4:55.58	-	14,00	A
		50m: 30.20 30.20 150m: 1:42.29 37.81 250m: 3:02.41 43.19 350m: 4:21.25 34.40				
		100m: 1:04.48 34.28 200m: 2:19.22 36.93 300m: 3:46.85 44.44 400m: 4:55.58 34.33				
4.	06	C. FLUVIAL LUGO	5:02.82	-	13,00	A
		50m: 29.56 29.56 150m: 1:45.46 40.93 250m: 3:06.77 42.74 350m: 4:27.63 35.84				
		100m: 1:04.53 34.97 200m: 2:24.03 38.57 300m: 3:51.79 45.02 400m: 5:02.82 35.19				
5.	05	C. FLUVIAL LUGO	5:07.36	-	12,00	B
		50m: 31.28 31.28 150m: 1:48.84 42.10 250m: 3:12.87 43.77 350m: 4:32.58 34.74				
		100m: 1:06.74 35.46 200m: 2:29.10 40.26 300m: 3:57.84 44.97 400m: 5:07.36 34.78				
6.	06	C. N. FERROL	5:12.63	-	11,00	B
		50m: 30.72 30.72 150m: 1:48.40 42.66 250m: 3:14.39 45.86 350m: 4:38.12 36.76				
		100m: 1:05.74 35.02 200m: 2:28.53 40.13 300m: 4:01.36 46.97 400m: 5:12.63 34.51				
7.	06	C. N. ARTEIXO	5:23.31	-	10,00	B
		50m: 28.30 28.30 150m: 1:49.60 48.61 250m: 3:21.59 47.33 350m: 4:46.83 37.76				
		100m: 1:00.99 32.69 200m: 2:34.26 44.66 300m: 4:09.07 47.48 400m: 5:23.31 36.48				

Absoluto Masculino

1.	06	C. N. FERROL	4:47.77	-	19,00	A
		50m: 30.83 30.83 150m: 1:44.06 37.50 250m: 3:03.69 42.83 350m: 4:16.95 32.01				
		100m: 1:06.56 35.73 200m: 2:20.86 36.80 300m: 3:44.94 41.25 400m: 4:47.77 30.82				
2.	05	C. N. CORUÑA	4:49.40	-	16,00	A
		50m: 29.99 29.99 150m: 1:41.95 37.45 250m: 3:00.77 41.77 350m: 4:16.61 33.11				
		100m: 1:04.50 34.51 200m: 2:19.00 37.05 300m: 3:43.50 42.73 400m: 4:49.40 32.79				
3.	05	PABELLON OURENSE	4:55.58	-	14,00	A
		50m: 30.20 30.20 150m: 1:42.29 37.81 250m: 3:02.41 43.19 350m: 4:21.25 34.40				
		100m: 1:04.48 34.28 200m: 2:19.22 36.93 300m: 3:46.85 44.44 400m: 4:55.58 34.33				
4.	03	VIGO RIAS BAIXAS	4:56.04	-	-	A
		50m: 30.65 30.65 150m: 1:46.57 41.03 250m: 3:08.65 42.72 350m: 4:23.72 32.69				
		100m: 1:05.54 34.89 200m: 2:25.93 39.36 300m: 3:51.03 42.38 400m: 4:56.04 32.32				
5.	96	C. N. PONTEAREAS	4:56.91	-	-	A
		50m: 32.08 32.08 150m: 1:49.00 40.51 250m: 3:08.16 40.51 350m: 4:23.45 34.56				
		100m: 1:08.49 36.41 200m: 2:27.65 38.65 300m: 3:48.89 40.73 400m: 4:56.91 33.46				
6.	07	PABELLON OURENSE	4:58.03	-	-	A
		50m: 31.03 31.03 150m: 1:44.94 37.48 250m: 3:05.06 43.97 350m: 4:24.20 34.56				
		100m: 1:07.46 36.43 200m: 2:21.09 36.15 300m: 3:49.64 44.58 400m: 4:58.03 33.83				
7.	06	C. FLUVIAL LUGO	5:02.82	-	13,00	A
		50m: 29.56 29.56 150m: 1:45.46 40.93 250m: 3:06.77 42.74 350m: 4:27.63 35.84				
		100m: 1:04.53 34.97 200m: 2:24.03 38.57 300m: 3:51.79 45.02 400m: 5:02.82 35.19				

Prueba 39, Masc., 400m Estilos, Prelim, Absoluto Masculino

Clasificación	AN	Club	Tiempo	ABSO	JUNI
8.	03	C. N. PORTAMIÑA	5:07.16	-	- A
		50m: 33.49 33.49 150m: 1:54.34 41.26 250m: 3:16.43 42.01 350m: 4:33.35 36.02			
		100m: 1:13.08 39.59 200m: 2:34.42 40.08 300m: 3:57.33 40.90 400m: 5:07.16 33.81			
9.	05	C. FLUVIAL LUGO	5:07.36	-	12,00 B
		50m: 31.28 31.28 150m: 1:48.84 42.10 250m: 3:12.87 43.77 350m: 4:32.58 34.74			
		100m: 1:06.74 35.46 200m: 2:29.10 40.26 300m: 3:57.84 44.97 400m: 5:07.36 34.78			
10.	97	VIGO RIAS BAIXAS	5:10.21	-	- B
		50m: 32.88 32.88 150m: 1:49.44 39.14 250m: 3:13.89 45.51 350m: 4:34.50 36.27			
		100m: 1:10.30 37.42 200m: 2:28.38 38.94 300m: 3:58.23 44.34 400m: 5:10.21 35.71			
11.	06	C. N. FERROL	5:12.63	-	11,00 B
		50m: 30.72 30.72 150m: 1:48.40 42.66 250m: 3:14.39 45.86 350m: 4:38.12 36.76			
		100m: 1:05.74 35.02 200m: 2:28.53 40.13 300m: 4:01.36 46.97 400m: 5:12.63 34.51			
12.	03	C. N. PONTEAREAS	5:14.08	-	- B
		50m: 32.49 32.49 150m: 1:50.80 41.08 250m: 3:17.11 47.04 350m: 4:39.07 35.36			
		100m: 1:09.72 37.23 200m: 2:30.07 39.27 300m: 4:03.71 46.60 400m: 5:14.08 35.01			
13.	06	C. N. ARTEIXO	5:23.31	-	10,00 B
		50m: 28.30 28.30 150m: 1:49.60 48.61 250m: 3:21.59 47.33 350m: 4:46.83 37.76			
		100m: 1:00.99 32.69 200m: 2:34.26 44.66 300m: 4:09.07 47.48 400m: 5:23.31 36.48			
DSQ	08	CIDADE SANTIAGO		-	-
		FRAGA VISOS, Teo <i>Viraxe irregular</i>			