

Prueba 76  
06/05/2023

Masc., 400m Estilos

Open masculino  
Resultados

Clasificación	AN		Tiempo	
1. NAVARRO LOSADA, Sergi	07	NFERROL	<b>4:43.36</b>	7,00
50m: 28.21 28.21	150m: 1:38.03 35.38	250m: 2:55.75 42.18	350m: 4:11.29 32.35	
100m: 1:02.65 34.44	200m: 2:13.57 35.54	300m: 3:38.94 43.19	400m: 4:43.36 32.07	
2. MANEIROS PAZ, Mario	06	NFERROL	<b>4:46.38</b>	5,00
50m: 31.06 31.06	150m: 1:44.28 36.73	250m: 3:00.56 40.97	350m: 4:13.84 32.56	
100m: 1:07.55 36.49	200m: 2:19.59 35.31	300m: 3:41.28 40.72	400m: 4:46.38 32.54	
3. CARRERA COSTAS, Martin	96	PONTEAREAS	<b>4:48.99</b>	4,00
50m: 31.02 31.02	150m: 1:45.34 38.51	250m: 3:02.06 39.06	350m: 4:15.61 33.22	
100m: 1:06.83 35.81	200m: 2:23.00 37.66	300m: 3:42.39 40.33	400m: 4:48.99 33.38	
DSQ MARTINEZ MARTINEZ, Marcos	03	PONTEAREAS	-	
<i>Viraje irregular</i>				