

Prueba 74
06/05/2023

Fem., 400m Estilos

Open femenino
Resultados

Clasificación	AN		Tiempo	
1. CARRON MUIÑA, Carla	05	PONTEAREAS	5:13.24	7,00
50m: 29.02 29.02	150m: 1:51.25	46.57	250m: 3:13.70	42.57
100m: 1:04.68 35.66	200m: 2:31.13	39.88	300m: 3:57.38	43.68
			350m: 4:36.42	39.04
			400m: 5:13.24	36.82
2. VILLARNOVO PAZOS, Lucia	08	NFERROL	5:16.27	5,00
50m: 32.86 32.86	150m: 1:53.30	41.23	250m: 3:18.50	45.41
100m: 1:12.07 39.21	200m: 2:33.09	39.79	300m: 4:04.06	45.56
			350m: 4:40.82	36.76
			400m: 5:16.27	35.45
3. ESTEVEZ MONTES, Naroa	08	PONTEAREAS	5:22.20	4,00
50m: 34.88 34.88	150m: 1:56.84	42.78	250m: 3:22.66	44.88
100m: 1:14.06 39.18	200m: 2:37.78	40.94	300m: 4:09.32	46.66
			350m: 4:46.39	37.07
			400m: 5:22.20	35.81
4. REY CONESA, Carolina	04	NFERROL	5:48.68	3,00
50m: 36.25 36.25	150m: 2:08.99	46.96	250m: 3:41.11	48.34
100m: 1:22.03 45.78	200m: 2:52.77	43.78	300m: 4:30.82	49.71
			350m: 5:10.77	39.95
			400m: 5:48.68	37.91
5. ARRUÑADA VAZQUEZ, Carmen	10	NCORUÑA	6:04.25	2,00
50m: 39.69 39.69	150m: 2:11.71	45.98	250m: 3:49.66	54.88
100m: 1:25.73 46.04	200m: 2:54.78	43.07	300m: 4:45.42	55.76
			350m: 5:26.01	40.59
			400m: 6:04.25	38.24