

Prueba 54
06/05/2023

Fem., 400m Libre

Open femenino
Resultados

Clasificación	AN				Tiempo			
1. CARRON MUIÑA, Carla	05	PONTEAREAS	4:08.39	7,00				
50m: 28.16 28.16	150m: 1:30.77	31.72	250m: 2:34.56	31.73	350m: 3:37.56	31.11		
100m: 59.05 30.89	200m: 2:02.83	32.06	300m: 3:06.45	31.89	400m: 4:08.39	30.83		
2. CARBALLO GONZALEZ, Sofia	06	PONTEAREAS	4:24.35	5,00				
50m: 30.23 30.23	150m: 1:36.15	33.26	250m: 2:43.56	34.04	350m: 3:51.26	33.66		
100m: 1:02.89 32.66	200m: 2:09.52	33.37	300m: 3:17.60	34.04	400m: 4:24.35	33.09		
3. VILLARNOVO PAZOS, Lucia	08	NFERROL	4:35.63	4,00				
50m: 30.35 30.35	150m: 1:37.34	34.18	250m: 2:47.87	35.57	350m: 4:00.06	36.45		
100m: 1:03.16 32.81	200m: 2:12.30	34.96	300m: 3:23.61	35.74	400m: 4:35.63	35.57		
4. PARDO CHAS, Eva	04	NFERROL	4:40.08	3,00				
50m: 31.32 31.32	150m: 1:40.51	34.89	250m: 2:51.89	36.12	350m: 4:04.35	36.42		
100m: 1:05.62 34.30	200m: 2:15.77	35.26	300m: 3:27.93	36.04	400m: 4:40.08	35.73		
5. CANALDA RAMOS, Laura	09	NCORUÑA	4:46.14	2,00				
50m: 33.33 33.33	150m: 1:45.02	35.89	250m: 2:58.42	37.03	350m: 4:11.05	36.43		
100m: 1:09.13 35.80	200m: 2:21.39	36.37	300m: 3:34.62	36.20	400m: 4:46.14	35.09		
6. FERNANDEZ AGUION, Sara	07	NCORUÑA	4:47.53	1,00				
50m: 32.46 32.46	150m: 1:44.05	36.24	250m: 2:57.72	36.96	350m: 4:12.35	37.45		
100m: 1:07.81 35.35	200m: 2:20.76	36.71	300m: 3:34.90	37.18	400m: 4:47.53	35.18		