

Prueba 17  
15/01/2023

Masc., 200m Libre

2003 y mayores  
Resultados

Clasificación	Edad	Tiempo	Puntos
<b>20+</b>			
1. 1068314 MARTINEZ MARTINEZ, Marcos	20 PONTEAREAS	<b>2:00.05</b>	13,00 RG
50m: 27.97 27.97 100m: 58.17	30.20 150m: 1:28.98 30.81	200m: 2:00.05	31.07
2. 1075292 GOMEZ CASAL, Luis	21 CMARINA	<b>2:04.24</b>	10,00
50m: 28.69 28.69 100m: 59.21	30.52 150m: 1:31.11 31.90	200m: 2:04.24	33.13
3. 1037841 PINO LORENZO, Brais	22 PONTEAREAS	<b>2:10.65</b>	8,00
50m: 29.59 29.59 100m: 1:01.84	32.25 150m: 1:35.05 33.21	200m: 2:10.65	35.60
4. 1039755 RIVAS MACEIRAS, Isaac	24 HERCULES	<b>2:11.15</b>	7,00
50m: 29.79 29.79 100m: 1:02.46	32.67 150m: 1:36.33 33.87	200m: 2:11.15	34.82
5. 1076409 CANCELA GOMEZ, Hugo	20 PONTEAREAS	<b>2:12.04</b>	6,00
50m: 29.11 29.11 100m: 1:02.50	33.39 150m: 1:37.31 34.81	200m: 2:12.04	34.73
6. 1097741 GONZÁLEZ MARTÍNEZ, Cristian	20 ARTEIXO	<b>2:16.80</b>	5,00
50m: 31.93 31.93 100m: 1:06.18	34.25 150m: 1:41.45 35.27	200m: 2:16.80	35.35
7. 1061561 INCUTTI TELLADO, Denis	23 PONTEAREAS	<b>2:17.48</b>	4,00
50m: 30.34 30.34 100m: 1:04.49	34.15 150m: 1:40.81 36.32	200m: 2:17.48	36.67
<b>25+</b>			
1. 1039568 BLANCO PEREZ, Adrian	29 POURENSE	<b>2:07.54</b>	13,00
50m: 29.55 29.55 100m: 1:01.37	31.82 150m: 1:33.95 32.58	200m: 2:07.54	33.59
2. 1039270 TRILLO RODRIGUEZ, Adrian	26 CNMOS	<b>2:24.47</b>	10,00
50m: 32.52 32.52 100m: 1:08.03	35.51 150m: 1:45.99 37.96	200m: 2:24.47	38.48
3. 1143300 VOLLUZ ITALIANI, Facundo J.	25 CNMOS	<b>2:24.66</b>	8,00
50m: 34.61 34.61 100m: 1:10.97	36.36 150m: 1:48.27 37.30	200m: 2:24.66	36.39
4. 1228049 RODRIGUEZ RAMOS, Manuel	26 ESCUALOS	<b>2:28.63</b>	7,00
50m: 35.19 35.19 100m: 1:12.49	37.30 150m: 1:50.90 38.41	200m: 2:28.63	37.73
5. 1232980 PICALLO MATO, Adrian	28 SALESTRA	<b>2:32.54</b>	6,00
50m: 35.63 35.63 100m: 1:13.96	38.33 150m: 1:53.25 39.29	200m: 2:32.54	39.29
6. 1078908 MEILAN SANCHEZ, Sergio Jose	27 PORTAMIÑA	<b>2:45.27</b>	5,00
50m: 34.85 34.85 100m: 1:14.52	39.67 150m: 1:59.85 45.33	200m: 2:45.27	45.42
<b>30+</b>			
1. 1038182 VALDES REY, Enol	30 CNXOVE	<b>2:01.00</b>	13,00
50m: 28.51 28.51 100m: 59.11	30.60 150m: 1:29.95 30.84	200m: 2:01.00	31.05
2. 1130602 TENORIO FREIRE, Martin	31 GALAICO	<b>2:10.82</b>	10,00
50m: 30.54 30.54 100m: 1:03.30	32.76 150m: 1:36.24 32.94	200m: 2:10.82	34.58
3. 1010948 CAMPAÑA BARROS, Adrian	33 CIDSANTIAG	<b>2:18.51</b>	8,00
50m: 32.27 32.27 100m: 1:07.55	35.28 150m: 1:43.83 36.28	200m: 2:18.51	34.68
<b>35+</b>			
1. 1084717 VILA CID, Marcos	36 POURENSE	<b>2:01.52</b>	13,00 RG
50m: 29.00 29.00 100m: 59.17	30.17 150m: 1:29.91 30.74	200m: 2:01.52	31.61
2. 1141144 ARIETTO GARCIA, Jorge	37 RCNVIGO	<b>2:08.46</b>	10,00
50m: 29.77 29.77 100m: 1:02.69	32.92 150m: 1:35.71 33.02	200m: 2:08.46	32.75
3. 1126597 FERNANDEZ GAYOSO, Jose Manuel	37 CNMOS	<b>2:24.63</b>	8,00
50m: 33.44 33.44 100m: 1:09.77	36.33 150m: 1:46.91 37.14	200m: 2:24.63	37.72

Prueba 17, Masc., 200m Libre, 35+

Clasificación	Edad	Tiempo	Puntos
4. 1141095 LOPEZ BERMUDEZ, Gabriel	39 RSDH	<b>2:34.44</b>	7,00
50m: 32.84 32.84 100m: 1:10.50 37.66 150m: 1:52.21 41.71 200m: 2:34.44 42.23			
5. 1036745 BARCIA SIXTO, Francisco José	38 NTNARON	<b>2:39.30</b>	6,00
50m: 36.26 36.26 100m: 1:14.15 37.89 150m: 1:54.93 40.78 200m: 2:39.30 44.37			
6. 1212078 FERNÁNDEZ LAGUNA, Francisco Javier	36 TRICORUÑA	<b>2:44.50</b>	5,00
50m: 37.29 37.29 100m: 1:18.44 41.15 150m: 2:01.05 42.61 200m: 2:44.50 43.45			
7. 1214823 GONZALEZ PEÑAS, David	39 PORTAMIÑA	<b>2:54.90</b>	4,00
50m: 40.52 40.52 100m: 1:24.46 43.94 150m: 2:10.06 45.60 200m: 2:54.90 44.84			
8. 1145090 MARTÍNEZ DOMÍNGUEZ, Iván	35 PONTEAREAS	<b>2:55.95</b>	3,00
50m: 38.38 38.38 100m: 1:23.10 44.72 150m: 2:09.82 46.72 200m: 2:55.95 46.13			
Baja enf. 1198278 MANEIRO BETANZOS, Javier	38 ESCUALOS		-
<b>40+</b>			
1. 1107942 GARCIA RODRIGUEZ, Sergio	42 RIASBAIXAS	<b>2:14.34</b>	13,00
50m: 31.87 31.87 100m: 1:05.90 34.03 150m: 1:40.38 34.48 200m: 2:14.34 33.96			
2. 1143897 SEVILLA AROCA, Javier	40 ESCUALOS	<b>2:17.85</b>	10,00
50m: 30.80 30.80 100m: 1:04.85 34.05 150m: 1:40.40 35.55 200m: 2:17.85 37.45			
3. 1182358 CANOSA RODRÍGUEZ, Juan José	43 NTNARON	<b>2:19.76</b>	8,00
50m: 31.79 31.79 100m: 1:06.07 34.28 150m: 1:42.14 36.07 200m: 2:19.76 37.62			
4. 1093446 VAZQUEZ IGLESIAS, Daniel	44 RIASBAIXAS	<b>2:29.90</b>	7,00
50m: 34.72 34.72 100m: 1:13.00 38.28 150m: 1:52.38 39.38 200m: 2:29.90 37.52			
5. 1093448 VAZQUEZ ESMORIS, Pablo	44 ADFOGAR	<b>2:32.90</b>	6,00
50m: 35.19 35.19 100m: 1:13.41 38.22 150m: 1:53.06 39.65 200m: 2:32.90 39.84			
6. 1076564 CABANELAS EIRAS, Pablo	44 CIDSANTIAG	<b>2:34.78</b>	5,00
50m: 35.89 35.89 100m: 1:14.65 38.76 150m: 1:54.57 39.92 200m: 2:34.78 40.21			
7. 1144584 ALVAREZ SILVA, Ruben	42 ESCUALOS	<b>2:34.89</b>	4,00
50m: 36.50 36.50 100m: 1:15.11 38.61 150m: 1:55.72 40.61 200m: 2:34.89 39.17			
8. 1190529 CERVELA DEBER, Moises	41 SALESTRA	<b>2:34.99</b>	3,00
50m: 34.95 34.95 100m: 1:13.32 38.37 150m: 1:54.62 41.30 200m: 2:34.99 40.37			
9. 1143899 PEREZ LOPEZ, Manuel	42 ESCUALOS	<b>2:40.03</b>	2,00
50m: 36.90 36.90 100m: 1:17.55 40.65 150m: 1:59.46 41.91 200m: 2:40.03 40.57			
10. 1199899 DOMINGUEZ PHILOCREON, Ticiano	42 CIDSANTIAG	<b>2:41.16</b>	1,00
50m: 35.35 35.35 100m: 1:14.52 39.17 150m: 1:57.21 42.69 200m: 2:41.16 43.95			
11. 1220977 MIGUELEZ FERNANDEZ, Bruno	43 RIASBAIXAS	<b>2:58.00</b>	-
50m: 38.45 38.45 100m: 1:22.25 43.80 150m: 2:11.01 48.76 200m: 2:58.00 46.99			
12. 1215947 VAZQUEZ PEREZ, Luis Fernando	44 CULLEREDO	<b>3:00.33</b>	-
50m: 38.65 38.65 100m: 1:23.46 44.81 150m: 2:11.60 48.14 200m: 3:00.33 48.73			
<b>45+</b>			
1. 1118746 SANCHEZ GORDON, Roman	45 RIASBAIXAS	<b>2:14.85</b>	13,00
50m: 31.62 31.62 100m: 1:05.47 33.85 150m: 1:40.21 34.74 200m: 2:14.85 34.64			
2. 1144267 FINS SEOANE, Juan Miguel	46 SALESTRA	<b>2:19.40</b>	10,00
50m: 32.11 32.11 100m: 1:07.28 35.17 150m: 1:43.77 36.49 200m: 2:19.40 35.63			
3. 1175127 MASSO AGUADO, Jorge	47 RIASBAIXAS	<b>2:24.85</b>	8,00
50m: 33.14 33.14 100m: 1:10.03 36.89 150m: 1:48.02 37.99 200m: 2:24.85 36.83			
4. 1143480 ABADES REBOREDO, Daniel	45 HERCULES	<b>2:25.11</b>	7,00
50m: 33.61 33.61 100m: 1:10.03 36.42 150m: 1:48.40 38.37 200m: 2:25.11 36.71			

Prueba 17, Masc., 200m Libre, 45+

Clasificación	Edad	Tempo	Puntos
5. 1079343 MOURIÑO ORTIGUERA, Roberto C.	49 PONTEAREAS	<b>2:27.35</b>	6,00
50m: 32.70 32.70 100m: 1:09.17 36.47 150m: 1:47.56 38.39 200m: 2:27.35 39.79			
6. 1212075 GONZALEZ PARIS, David	45 HERCULES	<b>2:33.62</b>	5,00
50m: 34.87 34.87 100m: 1:12.31 37.44 150m: 1:52.84 40.53 200m: 2:33.62 40.78			
7. 1084040 GARCIA CASTIÑEIRA, Daniel	49 GALAICO	<b>2:40.05</b>	4,00
50m: 36.06 36.06 100m: 1:15.84 39.78 150m: 1:58.40 42.56 200m: 2:40.05 41.65			
8. 1192271 MOURIÑO FORTES, Victor Manuel	46 PONTEAREAS	<b>2:40.28</b>	3,00
50m: 35.62 35.62 100m: 1:16.18 40.56 150m: 1:59.75 43.57 200m: 2:40.28 40.53			
9. 1076553 FERNANDEZ-TESTA BARREIRO, David	49 RIASBAIXAS	<b>2:46.06</b>	2,00
50m: 36.72 36.72 100m: 1:17.10 40.38 150m: 2:01.90 44.80 200m: 2:46.06 44.16			
10. 1203306 DURO GONZALEZ, Antonio	49 SALESTRA	<b>2:50.06</b>	1,00
50m: 39.50 39.50 100m: 1:22.57 43.07 150m: 2:07.60 45.03 200m: 2:50.06 42.46			
11. 1079478 GONZÁLEZ PEREIRA, J. Carlos	48 RCNVIGO	<b>2:53.72</b>	-
50m: 38.88 38.88 100m: 1:22.18 43.30 150m: 2:08.20 46.02 200m: 2:53.72 45.52			
12. 1197558 FERNANDEZ FERNANDEZ, Miguel Ang	46 RIASBAIXAS	<b>3:20.67</b>	-
50m: 42.12 42.12 100m: 1:32.45 50.33 150m: 2:25.57 53.12 200m: 3:20.67 55.10			
13. 1143964 TABOAS BASTOS, Oscar	46 CNMOS	<b>3:24.71</b>	-
50m: 43.19 43.19 100m: 1:32.79 49.60 150m: 2:27.23 54.44 200m: 3:24.71 57.48			
Baja enf. 1144915 SÁNCHEZ PARADA, Jose M <sup>a</sup>	45 ARTEIXO		-
<b>50+</b>			
1. 1076185 PEREIRA DIAZ, Angel	51 ESCUALOS	<b>2:20.56</b>	13,00 RG
50m: 33.21 33.21 100m: 1:08.81 35.60 150m: 1:44.61 35.80 200m: 2:20.56 35.95			
2. 1141504 BOUSO FUENTECILLA, Fernando	52 ESCUALOS	<b>2:42.17</b>	10,00
50m: 37.66 37.66 100m: 1:19.26 41.60 150m: 2:01.85 42.59 200m: 2:42.17 40.32			
3. 1141071 LORENZO FERNANDEZ, Jose Manuel	51 RIASBAIXAS	<b>2:54.43</b>	8,00
50m: 39.25 39.25 100m: 1:23.21 43.96 150m: 2:08.20 44.99 200m: 2:54.43 46.23			
4. 1078814 CANOSA RODRIGUEZ, Alfonso J.	52 ADFOGAR	<b>3:05.32</b>	7,00
50m: 42.48 42.48 100m: 1:30.35 47.87 150m: 2:19.55 49.20 200m: 3:05.32 45.77			
5. 1180236 DE LA VEGA GÁNDARAS, Felipe	50 HERCULES	<b>3:07.42</b>	6,00
50m: 44.39 44.39 100m: 1:31.65 47.26 150m: 2:20.84 49.19 200m: 3:07.42 46.58			
6. 1143494 IGLESIAS RODRIGUEZ, Carlos	54 RIASBAIXAS	<b>3:08.86</b>	5,00
50m: 41.62 41.62 100m: 1:28.26 46.64 150m: 2:18.55 50.29 200m: 3:08.86 50.31			
7. 1195570 TERREN ENRUBIA, Lucio A	53 RIASBAIXAS	<b>3:17.22</b>	4,00
50m: 38.52 38.52 100m: 1:26.92 48.40 150m: 2:22.10 55.18 200m: 3:17.22 55.12			
8. 1208795 LORENZO GONZALEZ-VISO, Carlos	52 POURENSE	<b>3:18.51</b>	3,00
50m: 43.34 43.34 100m: 1:32.38 49.04 150m: 2:26.89 54.51 200m: 3:18.51 51.62			
9. 1180239 MARTÍNEZ LEMA, José Antonio	51 TRICORUÑA	<b>3:49.79</b>	2,00
50m: 47.48 47.48 100m: 1:44.41 56.93 150m: 2:46.36 1:01.95 200m: 3:49.79 1:03.43			
<b>55+</b>			
1. 1085112 RIVAS FEAL, Antonio	57 HERCULES	<b>2:28.01</b>	13,00
50m: 35.11 35.11 100m: 1:13.68 38.57 150m: 1:51.83 38.15 200m: 2:28.01 36.18			
2. 1232926 TAPIA PORTO, Enrique	58 NCORUÑA	<b>2:28.88</b>	10,00
50m: 35.33 35.33 100m: 1:12.94 37.61 150m: 1:51.34 38.40 200m: 2:28.88 37.54			
3. 1061111 ISASTI MAIZA, Patxi Xabier	58 CNXOVE	<b>2:33.04</b>	8,00
50m: 35.79 35.79 100m: 1:14.99 39.20 150m: 1:55.03 40.04 200m: 2:33.04 38.01			

Prueba 17, Masc., 200m Libre, 55+

Clasificación	Edad	Tiempo	Puntos
4. 1175089 NISTAL GARCÍA, Eduardo 50m: 36.49 36.49 100m: 1:17.48 40.99 150m: 2:00.97 43.49 200m: 2:42.60	55 SCASINO	<b>2:42.60</b>	7,00 41.63
5. 1145033 PIÑEIRO PEREZ, Armando 50m: 39.90 39.90 100m: 1:22.57 42.67 150m: 2:07.32 44.75 200m: 2:50.75	57 PONTEAREAS	<b>2:50.75</b>	6,00 43.43
6. 1076509 VAZQUEZ VARELA, Jose Manuel 50m: 37.19 37.19 100m: 1:19.18 41.99 150m: 2:05.26 46.08 200m: 2:53.63	57 RIASBAIXAS	<b>2:53.63</b>	5,00 48.37
7. 1199641 COUCEIRO SANCHEZ, Gonzalo 50m: 39.83 39.83 100m: 1:25.95 46.12 150m: 2:15.88 49.93 200m: 3:03.06	57 SCASINO	<b>3:03.06</b>	4,00 47.18
8. 1078802 CEGARRA GARCIA, Eugenio 50m: 39.91 39.91 100m: 1:25.82 45.91 150m: 2:16.45 50.63 200m: 3:05.54	59 RSDH	<b>3:05.54</b>	3,00 49.09
9. 1193949 LAMELO OTERO, Ramón Jesus 50m: 40.96 40.96 100m: 1:28.87 47.91 150m: 2:18.76 49.89 200m: 3:07.05	55 CIDSANTIAG	<b>3:07.05</b>	2,00 48.29
10. 1076251 MARQUEZ FERNANDEZ, Xose Luis 50m: 41.15 41.15 100m: 1:27.89 46.74 150m: 2:17.53 49.64 200m: 3:07.32	57 GALAICO	<b>3:07.32</b>	1,00 49.79
11. 1143536 BLANCO PEREZ, Angel 50m: 42.82 42.82 100m: 1:32.10 49.28 150m: 2:23.96 51.86 200m: 3:13.77	59 POURENSE	<b>3:13.77</b>	- 49.81
12. 1106828 TRILLO CARLIN, Jose Fdo. 50m: 48.29 48.29 100m: 1:43.34 55.05 150m: 2:40.72 57.38 200m: 3:34.16	55 ADFOGAR	<b>3:34.16</b>	- 53.44
13. 1180249 SUAREZ FREIRE, David Manuel 50m: 47.92 47.92 100m: 1:43.77 55.85 150m: 2:46.99 1:03.22 200m: 3:51.60	55 RIASBAIXAS	<b>3:51.60</b>	- 1:04.61
<b>60+</b>			
1. 1076250 BETHENCOURT IGLESIAS, Sergio 50m: 38.97 38.97 100m: 1:20.78 41.81 150m: 2:02.03 41.25 200m: 2:38.69	60 GALAICO	<b>2:38.69</b>	13,00 36.66
2. 1144279 CAMIÑA GRANDE, Eduardo 50m: 37.79 37.79 100m: 1:18.64 40.85 150m: 2:00.96 42.32 200m: 2:42.67	63 SALESTRA	<b>2:42.67</b>	10,00 41.71
3. 1078597 SOLLEIRO TIZON, Juan Jose 50m: 36.71 36.71 100m: 1:16.84 40.13 150m: 1:59.14 42.30 200m: 2:45.68	60 NCORUÑA	<b>2:45.68</b>	8,00 46.54
4. 1170858 CODESIDO LOPEZ, José 50m: 38.53 38.53 100m: 1:20.75 42.22 150m: 2:03.96 43.21 200m: 2:45.92	64 CIDSANTIAG	<b>2:45.92</b>	7,00 41.96
5. 1053394 SANJORGE PEDREIRA, Carmelo 50m: 44.78 44.78 100m: 1:36.59 51.81 150m: 2:37.31 1:00.72 200m: 3:44.21	61 ARTEIXO	<b>3:44.21</b>	6,00 1:06.90
6. 1076514 LAGO REY, Jose Manuel 50m: 1:02.64 1:02.64 100m: 2:17.11 1:14.47 150m: 3:34.21 1:17.10 200m: 4:47.61	60 RIASBAIXAS	<b>4:47.61</b>	5,00 1:13.40
<b>65+</b>			
1. 1076165 GARCIA COLOMO, Manuel Ramon 50m: 43.97 43.97 100m: 1:29.47 45.50 150m: 2:15.72 46.25 200m: 2:59.63	69 POURENSE	<b>2:59.63</b>	13,00 43.91
<b>85+</b>			
1. 1143727 FOLCH MALLOFRE, Ramon 50m: 54.35 54.35 100m: 1:57.64 1:03.29 150m: 3:03.19 1:05.55 200m: 4:05.74	86 ARTEIXO	<b>4:05.74</b>	13,00 RG 1:02.55