

Prueba 16
15/01/2023 - 9:30

Fem., 200m Libre

2003 y mayores
Resultados

Clasificación	Edad	Tiempo	Puntos
20+			
1. 1143296 EIJO GIL, Ana Paula	20 PONTEAREAS	2:39.30	13,00
50m: 35.31 35.31 100m: 1:14.55 39.24 150m: 1:56.51 41.96 200m: 2:39.30 42.79			
2. 1144257 FERNANDEZ GONZALEZ, Elena	22 HERCULES	2:40.01	10,00
50m: 38.79 38.79 100m: 1:21.07 42.28 150m: 2:02.25 41.18 200m: 2:40.01 37.76			
3. 1076435 GARCIA TRIGO, Sofia	21 CNXOVE	2:44.07	8,00
50m: 33.95 33.95 100m: 1:13.04 39.09 150m: 1:56.68 43.64 200m: 2:44.07 47.39			
4. 1037965 COSTA FERNANDEZ, Laura	22 PONTEAREAS	2:48.04	7,00
50m: 38.74 38.74 100m: 1:20.83 42.09 150m: 2:04.97 44.14 200m: 2:48.04 43.07			
5. 1228048 ALVAREZ SOUTO, Claudia	22 ESCUALOS	3:12.67	6,00
50m: 45.98 45.98 100m: 1:36.53 50.55 150m: 2:26.27 49.74 200m: 3:12.67 46.40			
Baja enf. 1079883 RODRIGUEZ RODRIGUEZ, Nina	21 RIASBAIXAS		-
25+			
1. 1038096 FREIJE TORNEIRO, Aroa	25 PORTAMIÑA	2:23.44	13,00
50m: 33.26 33.26 100m: 1:09.81 36.55 150m: 1:46.87 37.06 200m: 2:23.44 36.57			
2. 1078925 SALGADO CASTELO, Marta	29 PORTAMIÑA	3:06.93	10,00
50m: 44.75 44.75 100m: 1:32.92 48.17 150m: 2:20.43 47.51 200m: 3:06.93 46.50			
30+			
1. 1116506 RAMOS LOBO, Raquel	30 PORTAMIÑA	2:30.06	13,00
50m: 33.78 33.78 100m: 1:10.48 36.70 150m: 1:49.57 39.09 200m: 2:30.06 40.49			
2. 1040545 POMBO LOPEZ, Belen	31 FLUVIAL	2:34.29	10,00
50m: 34.95 34.95 100m: 1:13.33 38.38 150m: 1:53.72 40.39 200m: 2:34.29 40.57			
3. 1038087 PARDO GOMEZ, Carmen	31 PORTAMIÑA	2:43.37	8,00
50m: 35.56 35.56 100m: 1:15.31 39.75 150m: 1:58.54 43.23 200m: 2:43.37 44.83			
4. 1040457 FREIJO LÓPEZ, Lucía	31 NCORUÑA	2:44.96	7,00
50m: 37.81 37.81 100m: 1:19.43 41.62 150m: 2:02.08 42.65 200m: 2:44.96 42.88			
5. 1143565 ARAÚJO CASTRO, Paula	32 CDELMAR	2:51.60	6,00
50m: 39.36 39.36 100m: 1:22.23 42.87 150m: 2:07.34 45.11 200m: 2:51.60 44.26			
6. 1236745 RODRIGUEZ GONZÁLEZ, Raquel	30 MONFORTE	2:59.78	5,00
50m: 38.85 38.85 100m: 1:23.89 45.04 150m: 2:12.23 48.34 200m: 2:59.78 47.55			
7. 1218233 SANCHEZ DE LLANO, M. Nieves	31 SCASINO	3:27.33	4,00
50m: 47.64 47.64 100m: 1:41.00 53.36 150m: 2:35.53 54.53 200m: 3:27.33 51.80			
8. 1215890 FERNANDEZ PARADA, Clara	30 POURENSE	4:35.26	3,00
50m: 1:03.69 1:03.69 100m: 2:14.58 1:10.89 150m: 3:25.99 1:11.41 200m: 4:35.26 1:09.27			
Baja enf. 1174885 RUIZ MEILAN, Blanca	33 SCASINO		-
35+			
1. 1075496 BARBEITO DOMINGUEZ, Marta	39 TCHAMART	2:26.84	13,00
50m: 33.98 33.98 100m: 1:09.99 36.01 150m: 1:47.70 37.71 200m: 2:26.84 39.14			
2. 1144894 VINAGRE SENDINO, Cora	35 SCASINO	2:40.92	10,00
50m: 35.41 35.41 100m: 1:16.13 40.72 150m: 1:57.87 41.74 200m: 2:40.92 43.05			
3. 1097627 GIL FERNANDEZ, Marta	35 TRICORUÑA	2:45.81	8,00
50m: 37.56 37.56 100m: 1:19.00 41.44 150m: 2:02.46 43.46 200m: 2:45.81 43.35			

Prueba 16, Fem., 200m Libre, 35+

Clasificación	Edad	Nombre	Equipo	50m	100m	150m	200m	Tiempo	Puntos
4.	36	1144948 GONZALEZ PEREZ, Jessica	RIASBAIXAS	38.35	1:21.19	2:06.48	2:50.59	2:50.59	7,00
		50m: 38.35 100m: 1:21.19 150m: 2:06.48					44.11		
5.	35	1144592 ACUÑA MELLA, Maria	PONTEAREAS	43.76	1:33.99	2:28.09	3:20.80	3:20.80	6,00
		50m: 43.76 100m: 1:33.99 150m: 2:28.09					52.71		
6.	36	1147098 SANTOS DA GRACA, Francelina	ADFOGAR	47.12	1:40.44	2:37.32	3:33.65	3:33.65	5,00
		50m: 47.12 100m: 1:40.44 150m: 2:37.32					56.33		
40+									
1.	41	1013486 GONZALEZ RODRIGUEZ, Maria	POURENSE	32.34	1:08.55	1:47.29	2:28.09	2:28.09	13,00 RG
		50m: 32.34 100m: 1:08.55 150m: 1:47.29					40.80		
2.	41	1180232 FKEOUI OMARI, Salma	ESCUALOS	39.14	1:20.82	2:03.42	2:44.97	2:44.97	10,00
		50m: 39.14 100m: 1:20.82 150m: 2:03.42					41.55		
3.	41	1222531 FERNANDEZ GONZALEZ, Iria	PORTAMIÑA	40.57	1:24.18	2:09.22	2:58.46	2:58.46	8,00
		50m: 40.57 100m: 1:24.18 150m: 2:09.22					49.24		
4.	42	1144200 RODRIGUEZ LOPEZ, Belen	RIASBAIXAS	42.91	1:29.22	2:18.69	3:06.97	3:06.97	7,00
		50m: 42.91 100m: 1:29.22 150m: 2:18.69					48.28		
5.	42	1144598 OLMO VAQUEIRO, Leticia	PONTEAREAS	43.95	1:30.96	2:19.73	3:07.03	3:07.03	6,00
		50m: 43.95 100m: 1:30.96 150m: 2:19.73					47.30		
6.	43	1170845 CID ALVAREZ, Isabel	ESCUALOS	47.46	1:37.41	2:28.26	3:19.33	3:19.33	5,00
		50m: 47.46 100m: 1:37.41 150m: 2:28.26					51.07		
7.	44	1144201 ALVAREZ LARRAN, Maria Del Pilar	RIASBAIXAS	49.42	1:43.01	2:39.36	3:36.22	3:36.22	4,00
		50m: 49.42 100m: 1:43.01 150m: 2:39.36					56.86		
8.	41	1075224 BROZOS VAZQUEZ, Elena María	CIDSANTIAG	49.73	1:46.65	2:44.40	3:42.32	3:42.32	3,00
		50m: 49.73 100m: 1:46.65 150m: 2:44.40					57.92		
45+									
1.	45	1143894 DE LORENZO FERNANDEZ, Maria	ESCUALOS	40.21	1:24.08	2:09.06	2:52.06	2:52.06	13,00
		50m: 40.21 100m: 1:24.08 150m: 2:09.06					43.00		
2.	48	1040944 VARELA REDONDO, Veronica	PONTEAREAS	39.61	1:23.86	2:09.43	2:54.40	2:54.40	10,00
		50m: 39.61 100m: 1:23.86 150m: 2:09.43					44.97		
3.	45	1221213 CAGIAO RODRIGUEZ, Natalia	SCASINO	38.37	1:22.51	2:10.98	3:01.42	3:01.42	8,00
		50m: 38.37 100m: 1:22.51 150m: 2:10.98					50.44		
4.	49	1145023 SALES MANTIÑAN, Carmen	SCASINO	42.87	1:29.67	2:19.83	3:09.36	3:09.36	7,00
		50m: 42.87 100m: 1:29.67 150m: 2:19.83					49.53		
5.	48	1180238 GARCÍA SEOANE, Cristina María	SCASINO	43.90	1:33.75	2:26.34	3:17.93	3:17.93	6,00
		50m: 43.90 100m: 1:33.75 150m: 2:26.34					51.59		
6.	48	1144695 RODRIGUEZ LOPEZ, Rosa Maria	POURENSE	51.95	1:50.68	2:52.85	3:51.41	3:51.41	5,00
		50m: 51.95 100m: 1:50.68 150m: 2:52.85					58.56		
DSQ	45	1178771 BESADA FERNÁNDEZ, Ana M.	PONTEAREAS						-
		<i>Salida anticipada</i>							

Prueba 16, Fem., 200m Libre

50+

1.	1147115	HERNANDEZ ALFAGEME, Rita	52	RIASBAIXAS	2:51.63	13,00
	50m:	38.81 38.81	100m:	1:22.72 43.91	150m:	2:07.48 44.76
	200m:	2:51.63	44.15			
2.	1197600	SANDERSON, Helen Jane	53	CULLEREDO	2:57.57	10,00
	50m:	39.10 39.10	100m:	1:23.17 44.07	150m:	2:11.19 48.02
	200m:	2:57.57	46.38			
3.	1144710	RODRIGUEZ VAZQUEZ, Maria Teresa	51	POURENSE	3:27.93	8,00
	50m:	47.19 47.19	100m:	1:36.98 49.79	150m:	2:31.69 54.71
	200m:	3:27.93	56.24			
4.	1076154	ABREU FERNANDEZ, Marta	52	PONTEAREAS	3:28.05	7,00
	50m:	48.25 48.25	100m:	1:40.10 51.85	150m:	2:34.02 53.92
	200m:	3:28.05	54.03			
5.	1202971	PEREZ PEREZ, Sonia	51	ESCUALOS	3:38.76	6,00
	50m:	46.70 46.70	100m:	1:43.70 57.00	150m:	2:43.15 59.45
	200m:	3:38.76	55.61			
6.	1199642	GARNACHO GAYARRE, Nuria	54	SCASINO	3:39.27	5,00
	50m:	49.65 49.65	100m:	1:45.39 55.74	150m:	2:44.09 58.70
	200m:	3:39.27	55.18			

55+

1.	1147048	REGUEIRO RODRIGUEZ, Ana	57	RIASBAIXAS	3:09.25	13,00
	50m:	42.31 42.31	100m:	1:29.87 47.56	150m:	2:19.56 49.69
	200m:	3:09.25	49.69			
2.	1037970	CALVIÑO CANCELA, Cristina	55	PONTEAREAS	3:27.29	10,00
	50m:	44.47 44.47	100m:	1:37.86 53.39	150m:	2:34.04 56.18
	200m:	3:27.29	53.25			
3.	1144231	PEREZ GALLARDO, Teresa	59	POURENSE	4:34.17	8,00
	50m:	1:04.40 1:04.40	100m:	2:13.09 1:08.69	150m:	3:23.84 1:10.75
	200m:	4:34.17	1:10.33			

60+

1.	1144331	TERCEIRO DELGADO, María Del Mar	60	CDELMAR	2:51.13	13,00 RG
	50m:	37.79 37.79	100m:	1:19.76 41.97	150m:	2:05.62 45.86
	200m:	2:51.13	45.51			
2.	1214851	SÁNCHEZ CEBRIÁN, Olga	61	TRICORUÑA	3:07.45	10,00
	50m:	42.20 42.20	100m:	1:29.02 46.82	150m:	2:18.65 49.63
	200m:	3:07.45	48.80			
3.	1145099	LOPEZ MAHIA, Purificacion	60	HERCULES	3:31.28	8,00
	50m:	46.30 46.30	100m:	1:39.39 53.09	150m:	2:36.31 56.92
	200m:	3:31.28	54.97			
4.	1143893	REBORDA MORILLO, Susana	61	ESCUALOS	3:55.00	7,00
	50m:	55.34 55.34	100m:	1:55.25 59.91	150m:	2:56.64 1:01.39
	200m:	3:55.00	58.36			
5.	1212074	LOPEZ BLANCO, M ^o Isabel	60	CULLEREDO	3:56.03	6,00
	50m:	50.37 50.37	100m:	1:49.81 59.44	150m:	2:50.37 1:00.56
	200m:	3:56.03	1:05.66			
6.	1217937	RODRÍGUEZ TRONCOSO, Marina	64	PONTEAREAS	4:36.14	5,00
	50m:	1:03.01 1:03.01	100m:	2:12.93 1:09.92	150m:	3:25.11 1:12.18
	200m:	4:36.14	1:11.03			

65+

1.	1076494	SUEIRO COSTAS, M ^a Carmen	67	PONTEAREAS	4:58.67	13,00
	50m:	1:07.21 1:07.21	100m:	2:23.09 1:15.88	150m:	3:41.89 1:18.80
	200m:	4:58.67	1:16.78			

70+

1.	1076490	GONZALEZ-ALEGRE BURGUEÑO, A.	71	TRAVIASAS	3:34.39	13,00 RG
	50m:	48.50 48.50	100m:	1:41.24 52.74	150m:	2:36.78 55.54
	200m:	3:34.39	57.61			