

Prueba 3
25/11/2022 - 10:15

Fem., 400m Libre

Absoluto Femenino
Resultados Prelim

RG	4:04.11	, GOMEZ CORTES, BEATRIZ	GALAICO	24/11/2012
RC	4:10.82	, GOMEZ CORTES, BEATRIZ	GALAICO	28/12/2019

Clasificación			AN				Tiempo	ABSO		
1.	CANDO SANTOS, Raquel		03	C. N. PORTAMIÑA			4:27.81	-	A	
	50m:	29.56 29.56	150m:	1:35.54	33.57	250m:	2:44.90	34.97	350m:	3:54.49 34.92
	100m:	1:01.97 32.41	200m:	2:09.93	34.39	300m:	3:19.57	34.67	400m:	4:27.81 33.32
2.	ORTIZ DE GUINEA BASTON, Alba		97	C. N. PONTEAREAS			4:28.66	-	A	
	50m:	30.43 30.43	150m:	1:37.07	33.71	250m:	2:45.09	33.96	350m:	3:54.39 34.70
	100m:	1:03.36 32.93	200m:	2:11.13	34.06	300m:	3:19.69	34.60	400m:	4:28.66 34.27
3.	MOURENZA ROCHA, Ines		07	C. N. PORTAMIÑA			4:28.79	-	A	
	50m:	29.80 29.80	150m:	1:35.90	33.59	250m:	2:44.47	34.42	350m:	3:54.70 35.11
	100m:	1:02.31 32.51	200m:	2:10.05	34.15	300m:	3:19.59	35.12	400m:	4:28.79 34.09
4.	VILLARNOVO PAZOS, Lucia		08	C. N. FERROL			4:33.06	-	A	
	50m:	31.00 31.00	150m:	1:38.92	34.39	250m:	2:48.48	34.93	350m:	3:59.05 35.28
	100m:	1:04.53 33.53	200m:	2:13.55	34.63	300m:	3:23.77	35.29	400m:	4:33.06 34.01
5.	BLANCO ROUCO, Carmen		06	VIGO RIAS BAIXAS			4:33.29	-	A	
	50m:	31.63 31.63	150m:	1:40.28	34.79	250m:	2:49.82	34.81	350m:	3:59.25 34.74
	100m:	1:05.49 33.86	200m:	2:15.01	34.73	300m:	3:24.51	34.69	400m:	4:33.29 34.04
6.	PARDO CHAS, Eva		04	C. N. FERROL			4:34.79	-	A	
	50m:	30.83 30.83	150m:	1:38.65	34.20	250m:	2:48.64	34.96	350m:	4:00.00 35.89
	100m:	1:04.45 33.62	200m:	2:13.68	35.03	300m:	3:24.11	35.47	400m:	4:34.79 34.79
7.	BARROS DA SILVA, Sofia		09	C. N. GALAICO			4:35.43	-	B	
	50m:	31.32 31.32	150m:	1:38.87	34.18	250m:	2:48.92	35.02	350m:	4:00.29 35.82
	100m:	1:04.69 33.37	200m:	2:13.90	35.03	300m:	3:24.47	35.55	400m:	4:35.43 35.14
8.	VEIGA SOUTO, Ana		98	C. N. ARTEIXO			4:36.60	-	B	
	50m:	31.24 31.24	150m:	1:39.95	34.68	250m:	2:50.23	34.97	350m:	4:01.01 35.51
	100m:	1:05.27 34.03	200m:	2:15.26	35.31	300m:	3:25.50	35.27	400m:	4:36.60 35.59
9.	CAMBA PRADA, Alexia		05	PABELLON OURENSE			4:38.12	-	B	
	50m:	30.28 30.28	150m:	1:38.46	34.90	250m:	2:50.12	36.21	350m:	4:02.70 36.39
	100m:	1:03.56 33.28	200m:	2:13.91	35.45	300m:	3:26.31	36.19	400m:	4:38.12 35.42
10.	MARTÍNEZ NOVOA, Silvia		06	RCN VIGO			4:43.75	-	B	
	50m:	32.47 32.47	150m:	1:43.05	35.46	250m:	2:55.22	35.96	350m:	4:08.08 36.38
	100m:	1:07.59 35.12	200m:	2:19.26	36.21	300m:	3:31.70	36.48	400m:	4:43.75 35.67
11.	SEOANE BAHILLO, Sara		00	RCN VIGO			4:43.87	-	B	
	50m:	32.38 32.38	150m:	1:43.40	36.04	250m:	2:55.58	36.22	350m:	4:09.16 36.59
	100m:	1:07.36 34.98	200m:	2:19.36	35.96	300m:	3:32.57	36.99	400m:	4:43.87 34.71
12.	PEREZ GARCIA-PICHER, Ana		98	C. N. GALAICO			4:43.98	-	B	
	50m:	33.04 33.04	150m:	1:43.40	35.52	250m:	2:54.62	35.68	350m:	4:07.62 36.58
	100m:	1:07.88 34.84	200m:	2:18.94	35.54	300m:	3:31.04	36.42	400m:	4:43.98 36.36
13.	RODRIGUEZ HUERTAS, Iria		99	C. FLUVIAL LUGO			4:44.62	4,00		
	50m:	32.10 32.10	150m:	1:43.05	35.48	250m:	2:55.34	36.14	350m:	4:08.69 36.78
	100m:	1:07.57 35.47	200m:	2:19.20	36.15	300m:	3:31.91	36.57	400m:	4:44.62 35.93
14.	VAZQUEZ LIZ, Mireia		08	C. N. PORTAMIÑA			4:46.29	-		
	50m:	31.99 31.99	150m:	1:42.83	36.08	250m:	2:56.16	36.75	350m:	4:10.41 37.11
	100m:	1:06.75 34.76	200m:	2:19.41	36.58	300m:	3:33.30	37.14	400m:	4:46.29 35.88
15.	ROCHA GONZALEZ, Gisele		09	C. N. GALAICO			4:48.34	-		
	50m:	32.83 32.83	150m:	1:44.30	36.21	250m:	2:57.79	37.03	350m:	4:48.53 1:13.32
	100m:	1:08.09 35.26	200m:	2:20.76	36.46	300m:	3:35.21	37.42	400m:	4:48.34

Prueba 3, Fem., 400m Libre, Prelim, Absoluto Femenino

Clasificación	AN				Tempo	ABSO
16. ALVITE BERGARA, Nerea	99	C. N. ARTEIXO			4:50.13	3,00
50m: 33.39 33.39	150m: 1:45.91	36.46	250m: 2:59.44	36.88	350m: 4:13.98	37.25
100m: 1:09.45 36.06	200m: 2:22.56	36.65	300m: 3:36.73	37.29	400m: 4:50.13	36.15
17. ESTEVEZ MONTES, Naroa	08	C. N. PONTEAREAS			4:55.26	-
50m: 32.75 32.75	150m: 1:44.34	36.60	250m: 3:00.28	38.40	350m: 4:17.98	38.60
100m: 1:07.74 34.99	200m: 2:21.88	37.54	300m: 3:39.38	39.10	400m: 4:55.26	37.28
18. FERNANDEZ AGUION, Sara	07	C. N. CORUÑA			4:55.72	-
50m: 34.10 34.10	150m: 1:49.63	38.22	250m: 3:04.63	37.34	350m: 4:19.22	37.15
100m: 1:11.41 37.31	200m: 2:27.29	37.66	300m: 3:42.07	37.44	400m: 4:55.72	36.50
19. SUAREZ DOSIL, Claudia	07	C. N. ARTEIXO			5:09.09	-
50m: 34.20 34.20	150m: 1:50.60	38.92	250m: 3:09.95	39.84	350m: 4:29.97	39.82
100m: 1:11.68 37.48	200m: 2:30.11	39.51	300m: 3:50.15	40.20	400m: 5:09.09	39.12
20. SANTIAGO DE LA CASA, Laura	99	C. N. ARZUA			5:12.07	-
50m: 34.28 34.28	150m: 1:49.94	38.56	250m: 3:09.97	40.46	350m: 4:31.95	40.69
100m: 1:11.38 37.10	200m: 2:29.51	39.57	300m: 3:51.26	41.29	400m: 5:12.07	40.12
Baja enf. CARRON MUIÑA, Carla	05	C. N. PONTEAREAS			-	-