

Prueba 23
26/11/2022 - 19:00

Masc., 1500m Libre

Absoluto Masculino
Resultados

RG	15:10.59	, BRION SAMPEDRO, IVAN	RIVEIRA	27/11/2009
RC	15:20.65	, DAVILA LUSTRES, MANUEL	RIVEIRA	29/12/2017

Clasificación

			AN		Tempo	ABSO			
1.	GARCÍA CASTRO, Mateo		05	C. N. ARTEIXO	15:55.06	19,00			
	50m: 28.35	28.35	450m: 4:42.37	31.96	850m: 8:59.09	32.19	1250m: 13:17.09	32.18	
	100m: 59.76	31.41	500m: 5:14.35	31.98	900m: 9:31.64	32.55	1300m: 13:49.46	32.37	
	150m: 1:31.49	31.73	550m: 5:46.30	31.95	950m: 10:04.08	32.44	1350m: 14:21.54	32.08	
	200m: 2:02.82	31.33	600m: 6:17.96	31.66	1000m: 10:36.32	32.24	1400m: 14:53.20	31.66	
	250m: 2:34.78	31.96	650m: 6:49.93	31.97	1050m: 11:08.51	32.19	1450m: 15:25.82	32.62	
	300m: 3:06.55	31.77	700m: 7:21.99	32.06	1100m: 11:40.76	32.25	1500m: 15:55.06	29.24	
	350m: 3:38.43	31.88	750m: 7:54.36	32.37	1150m: 12:12.74	31.98			
	400m: 4:10.41	31.98	800m: 8:26.90	32.54	1200m: 12:44.91	32.17			
2.	FERNANDEZ NIETO, Cristian		92	C. N. GALAICO	16:31.32	16,00			
	50m: 30.12	30.12	450m: 4:53.34	33.35	850m: 9:18.94	33.43	1250m: 13:46.83	33.41	
	100m: 1:02.48	32.36	500m: 5:26.57	33.23	900m: 9:52.65	33.71	1300m: 14:20.09	33.26	
	150m: 1:35.10	32.62	550m: 5:59.52	32.95	950m: 10:26.22	33.57	1350m: 14:53.33	33.24	
	200m: 2:07.90	32.80	600m: 6:32.57	33.05	1000m: 10:59.93	33.71	1400m: 15:26.18	32.85	
	250m: 2:40.76	32.86	650m: 7:05.79	33.22	1050m: 11:33.55	33.62	1450m: 15:58.86	32.68	
	300m: 3:13.86	33.10	700m: 7:38.88	33.09	1100m: 12:06.82	33.27	1500m: 16:31.32	32.46	
	350m: 3:46.82	32.96	750m: 8:12.24	33.36	1150m: 12:40.11	33.29			
	400m: 4:19.99	33.17	800m: 8:45.51	33.27	1200m: 13:13.42	33.31			
3.	MANEIROS PAZ, Mario		06	C. N. FERROL	16:38.28	14,00			
	50m: 28.97	28.97	450m: 4:50.93	33.33	850m: 9:19.59	33.65	1250m: 13:49.84	34.00	
	100m: 1:00.39	31.42	500m: 5:24.56	33.63	900m: 9:53.28	33.69	1300m: 14:23.42	33.58	
	150m: 1:32.37	31.98	550m: 5:58.17	33.61	950m: 10:26.88	33.60	1350m: 14:57.49	34.07	
	200m: 2:04.87	32.50	600m: 6:32.00	33.83	1000m: 11:00.58	33.70	1400m: 15:31.57	34.08	
	250m: 2:37.97	33.10	650m: 7:05.41	33.41	1050m: 11:34.08	33.50	1450m: 16:05.53	33.96	
	300m: 3:11.28	33.31	700m: 7:38.92	33.51	1100m: 12:07.66	33.58	1500m: 16:38.28	32.75	
	350m: 3:44.18	32.90	750m: 8:12.44	33.52	1150m: 12:41.56	33.90			
	400m: 4:17.60	33.42	800m: 8:45.94	33.50	1200m: 13:15.84	34.28			
4.	GONZALEZ ESTEVEZ, Yoel		07	C. N. PONTEAREAS	16:40.68	13,00			
	50m: 30.16	30.16	450m: 4:57.91	34.17	850m: 9:29.44	33.89	1250m: 13:59.19	33.42	
	100m: 1:02.91	32.75	500m: 5:31.37	33.46	900m: 10:02.95	33.51	1300m: 14:32.40	33.21	
	150m: 1:36.21	33.30	550m: 6:05.15	33.78	950m: 10:37.21	34.26	1350m: 15:05.50	33.10	
	200m: 2:09.42	33.21	600m: 6:39.07	33.92	1000m: 11:10.52	33.31	1400m: 15:38.96	33.46	
	250m: 2:42.55	33.13	650m: 7:13.52	34.45	1050m: 11:43.86	33.34	1450m: 16:11.97	33.01	
	300m: 3:16.13	33.58	700m: 7:46.91	33.39	1100m: 12:17.59	33.73	1500m: 16:40.68	28.71	
	350m: 3:50.17	34.04	750m: 8:21.20	34.29	1150m: 12:51.96	34.37			
	400m: 4:23.74	33.57	800m: 8:55.55	34.35	1200m: 13:25.77	33.81			
5.	ALONSO VIDAL, Teo		07	VIGO RIAS BAIXAS	16:42.17	12,00			
	50m: 29.13	29.13	450m: 4:53.40	33.60	850m: 9:25.43	33.90	1250m: 13:55.32	33.81	
	100m: 1:00.98	31.85	500m: 5:27.38	33.98	900m: 9:58.94	33.51	1300m: 14:29.04	33.72	
	150m: 1:33.53	32.55	550m: 6:01.36	33.98	950m: 10:32.80	33.86	1350m: 15:02.75	33.71	
	200m: 2:06.51	32.98	600m: 6:35.61	34.25	1000m: 11:06.56	33.76	1400m: 15:36.48	33.73	
	250m: 2:39.64	33.13	650m: 7:09.50	33.89	1050m: 11:40.00	33.44	1450m: 16:09.85	33.37	
	300m: 3:12.89	33.25	700m: 7:43.64	34.14	1100m: 12:13.69	33.69	1500m: 16:42.17	32.32	
	350m: 3:46.30	33.41	750m: 8:17.51	33.87	1150m: 12:47.65	33.96			
	400m: 4:19.80	33.50	800m: 8:51.53	34.02	1200m: 13:21.51	33.86			
6.	PEREZ FERNANDEZ, Brais		07	C. N. PORTAMIÑA	16:45.43	11,00			
	50m: 28.19	28.19	450m: 4:51.65	33.62	850m: 9:24.43	34.22	1250m: 13:57.63	34.05	
	100m: 59.93	31.74	500m: 5:25.35	33.70	900m: 9:58.49	34.06	1300m: 14:31.54	33.91	
	150m: 1:32.39	32.46	550m: 5:59.11	33.76	950m: 10:32.57	34.08	1350m: 15:05.49	33.95	
	200m: 2:05.42	33.03	600m: 6:33.06	33.95	1000m: 11:06.87	34.30	1400m: 15:39.68	34.19	
	250m: 2:38.32	32.90	650m: 7:07.05	33.99	1050m: 11:40.69	33.82	1450m: 16:14.16	34.48	
	300m: 3:11.40	33.08	700m: 7:41.45	34.40	1100m: 12:14.94	34.25	1500m: 16:45.43	31.27	
	350m: 3:44.74	33.34	750m: 8:15.88	34.43	1150m: 12:49.01	34.07			
	400m: 4:18.03	33.29	800m: 8:50.21	34.33	1200m: 13:23.58	34.57			

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Clasificación			AN			Tiempo	ABSO				
7. QUIROGA RAMOS, Noel			00	PABELLON OURENSI		17:00.22	10,00				
50m:	30.09	30.09	450m:	4:58.20	33.77	850m:	9:31.37	34.33	1250m:	14:08.55	34.64
100m:	1:03.04	32.95	500m:	5:32.01	33.81	900m:	10:05.89	34.52	1300m:	14:43.15	34.60
150m:	1:36.43	33.39	550m:	6:05.95	33.94	950m:	10:40.46	34.57	1350m:	15:18.05	34.90
200m:	2:09.84	33.41	600m:	6:39.95	34.00	1000m:	11:14.92	34.46	1400m:	15:52.69	34.64
250m:	2:43.41	33.57	650m:	7:14.12	34.17	1050m:	11:49.55	34.63	1450m:	16:26.85	34.16
300m:	3:16.85	33.44	700m:	7:48.23	34.11	1100m:	12:24.25	34.70	1500m:	17:00.22	33.37
350m:	3:50.62	33.77	750m:	8:22.62	34.39	1150m:	12:59.22	34.97			
400m:	4:24.43	33.81	800m:	8:57.04	34.42	1200m:	13:33.91	34.69			
8. MASSÓ ROIG, Martín			07	VIGO RIAS BAIXAS		17:00.34	9,00				
50m:	30.47	30.47	450m:	4:57.37	33.54	850m:	9:29.78	34.29	1250m:	14:06.61	34.56
100m:	1:02.92	32.45	500m:	5:31.13	33.76	900m:	10:04.32	34.54	1300m:	14:41.72	35.11
150m:	1:36.17	33.25	550m:	6:05.14	34.01	950m:	10:39.02	34.70	1350m:	15:16.76	35.04
200m:	2:09.72	33.55	600m:	6:39.05	33.91	1000m:	11:13.34	34.32	1400m:	15:51.89	35.13
250m:	2:43.27	33.55	650m:	7:12.86	33.81	1050m:	11:47.89	34.55	1450m:	16:26.83	34.94
300m:	3:16.78	33.51	700m:	7:46.75	33.89	1100m:	12:22.51	34.62	1500m:	17:00.34	33.51
350m:	3:50.11	33.33	750m:	8:20.96	34.21	1150m:	12:57.32	34.81			
400m:	4:23.83	33.72	800m:	8:55.49	34.53	1200m:	13:32.05	34.73			
9. TEIJEIRO PRADO, Xoel			06	C. FLUVIAL LUGO		17:02.98	8,00				
50m:	29.09	29.09	450m:	4:58.53	34.49	850m:	9:35.29	34.74	1250m:	14:12.48	34.60
100m:	1:01.21	32.12	500m:	5:33.15	34.62	900m:	10:09.67	34.38	1300m:	14:46.85	34.37
150m:	1:34.35	33.14	550m:	6:07.21	34.06	950m:	10:44.04	34.37	1350m:	15:21.26	34.41
200m:	2:07.88	33.53	600m:	6:41.64	34.43	1000m:	11:18.75	34.71	1400m:	15:55.59	34.33
250m:	2:41.77	33.89	650m:	7:16.43	34.79	1050m:	11:53.39	34.64	1450m:	16:29.98	34.39
300m:	3:15.56	33.79	700m:	7:50.85	34.42	1100m:	12:28.34	34.95	1500m:	17:02.98	33.00
350m:	3:49.78	34.22	750m:	8:25.50	34.65	1150m:	13:03.06	34.72			
400m:	4:24.04	34.26	800m:	9:00.55	35.05	1200m:	13:37.88	34.82			
10. POMBO LOPEZ, Sergio			91	C. FLUVIAL LUGO		17:07.55	7,00				
50m:	30.56	30.56	450m:	5:01.41	34.26	850m:	9:36.50	34.55	1250m:	14:14.95	34.82
100m:	1:03.62	33.06	500m:	5:35.51	34.10	900m:	10:11.39	34.89	1300m:	14:50.14	35.19
150m:	1:37.30	33.68	550m:	6:09.62	34.11	950m:	10:46.14	34.75	1350m:	15:25.23	35.09
200m:	2:11.18	33.88	600m:	6:43.90	34.28	1000m:	11:20.92	34.78	1400m:	15:59.95	34.72
250m:	2:44.87	33.69	650m:	7:18.58	34.68	1050m:	11:55.66	34.74	1450m:	16:34.60	34.65
300m:	3:18.80	33.93	700m:	7:52.87	34.29	1100m:	12:30.29	34.63	1500m:	17:07.55	32.95
350m:	3:52.89	34.09	750m:	8:27.33	34.46	1150m:	13:05.21	34.92			
400m:	4:27.15	34.26	800m:	9:01.95	34.62	1200m:	13:40.13	34.92			
11. PEREZ GARCIA, Iker			07	C. N. GALAICO		17:17.83	6,00				
50m:	29.47	29.47	450m:	5:05.66	34.75	850m:	9:47.25	35.33	1250m:	14:29.31	35.12
100m:	1:03.51	34.04	500m:	5:40.67	35.01	900m:	10:22.06	34.81	1300m:	15:04.16	34.85
150m:	1:37.93	34.42	550m:	6:15.66	34.99	950m:	10:57.42	35.36	1350m:	15:38.85	34.69
200m:	2:12.21	34.28	600m:	6:50.67	35.01	1000m:	11:32.91	35.49	1400m:	16:13.84	34.99
250m:	2:47.05	34.84	650m:	7:25.77	35.10	1050m:	12:08.06	35.15	1450m:	16:48.04	34.20
300m:	3:21.26	34.21	700m:	8:01.24	35.47	1100m:	12:43.22	35.16	1500m:	17:17.83	29.79
350m:	3:56.02	34.76	750m:	8:36.52	35.28	1150m:	13:18.55	35.33			
400m:	4:30.91	34.89	800m:	9:11.92	35.40	1200m:	13:54.19	35.64			
12. CUBEIRO ROSENDE, Xoel			07	C. N. LICEO		17:18.21	5,00				
50m:	28.13	28.13	450m:	5:05.49	35.78	850m:	9:47.55	35.27	1250m:	14:28.08	34.99
100m:	1:00.52	32.39	500m:	5:40.94	35.45	900m:	10:22.34	34.79	1300m:	15:02.90	34.82
150m:	1:34.33	33.81	550m:	6:16.09	35.15	950m:	10:57.82	35.48	1350m:	15:37.03	34.13
200m:	2:09.32	34.99	600m:	6:51.49	35.40	1000m:	11:33.19	35.37	1400m:	16:11.96	34.93
250m:	2:44.36	35.04	650m:	7:26.88	35.39	1050m:	12:08.25	35.06	1450m:	16:45.66	33.70
300m:	3:19.33	34.97	700m:	8:01.89	35.01	1100m:	12:42.87	34.62	1500m:	17:18.21	32.55
350m:	3:54.43	35.10	750m:	8:37.10	35.21	1150m:	13:17.96	35.09			
400m:	4:29.71	35.28	800m:	9:12.28	35.18	1200m:	13:53.09	35.13			

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Clasificación			AN			Tiempo	ABSO				
13. PEREZ PAZ, Dario			05	C. N. PONTEAREAS		17:20.55	4,00				
50m:	30.12	30.12	450m:	5:05.10	34.88	850m:	9:46.52	35.16	1250m:	14:28.76	35.11
100m:	1:03.25	33.13	500m:	5:39.97	34.87	900m:	10:21.71	35.19	1300m:	15:03.61	34.85
150m:	1:37.37	34.12	550m:	6:15.24	35.27	950m:	10:56.96	35.25	1350m:	15:38.56	34.95
200m:	2:11.38	34.01	600m:	6:50.41	35.17	1000m:	11:32.45	35.49	1400m:	16:13.75	35.19
250m:	2:45.71	34.33	650m:	7:25.48	35.07	1050m:	12:07.61	35.16	1450m:	16:48.38	34.63
300m:	3:20.36	34.65	700m:	8:00.81	35.33	1100m:	12:43.11	35.50	1500m:	17:20.55	32.17
350m:	3:55.34	34.98	750m:	8:36.24	35.43	1150m:	13:18.20	35.09			
400m:	4:30.22	34.88	800m:	9:11.36	35.12	1200m:	13:53.65	35.45			
14. GARCÍA AFONSO, Alexis			07	C. N. FERROL		17:24.12	3,00				
50m:	30.13	30.13	450m:	5:05.30	34.86	850m:	9:47.07	35.46	1250m:	14:29.65	35.52
100m:	1:03.45	33.32	500m:	5:40.06	34.76	900m:	10:22.46	35.39	1300m:	15:04.68	35.03
150m:	1:37.51	34.06	550m:	6:15.37	35.31	950m:	10:57.56	35.10	1350m:	15:40.12	35.44
200m:	2:11.55	34.04	600m:	6:50.56	35.19	1000m:	11:32.81	35.25	1400m:	16:16.08	35.96
250m:	2:45.85	34.30	650m:	7:25.65	35.09	1050m:	12:08.18	35.37	1450m:	16:51.28	35.20
300m:	3:20.48	34.63	700m:	8:00.98	35.33	1100m:	12:43.69	35.51	1500m:	17:24.12	32.84
350m:	3:55.40	34.92	750m:	8:36.46	35.48	1150m:	13:18.91	35.22			
400m:	4:30.44	35.04	800m:	9:11.61	35.15	1200m:	13:54.13	35.22			
15. BARROS DA SILVA, Pedro			07	C. N. GALAICO		17:27.80	-				
50m:	30.91	30.91	450m:	5:08.42	35.37	850m:	9:50.15	35.08	1250m:	14:34.85	35.68
100m:	1:04.88	33.97	500m:	5:43.33	34.91	900m:	10:25.91	35.76	1300m:	15:10.20	35.35
150m:	1:39.37	34.49	550m:	6:18.29	34.96	950m:	11:01.44	35.53	1350m:	15:45.26	35.06
200m:	2:13.65	34.28	600m:	6:53.62	35.33	1000m:	11:37.00	35.56	1400m:	16:20.63	35.37
250m:	2:48.62	34.97	650m:	7:29.20	35.58	1050m:	12:12.25	35.25	1450m:	16:55.87	35.24
300m:	3:23.29	34.67	700m:	8:04.33	35.13	1100m:	12:47.85	35.60	1500m:	17:27.80	31.93
350m:	3:58.33	35.04	750m:	8:39.77	35.44	1150m:	13:23.63	35.78			
400m:	4:33.05	34.72	800m:	9:15.07	35.30	1200m:	13:59.17	35.54			
16. ALVAREZ REPARAZ, Alejandro			04	C. N. GALAICO		18:34.04	-				
50m:	32.71	32.71	450m:	5:28.08	37.74	850m:	10:27.82	37.49	1250m:	15:29.59	37.30
100m:	1:07.86	35.15	500m:	6:06.07	37.99	900m:	11:05.42	37.60	1300m:	16:07.20	37.61
150m:	1:44.06	36.20	550m:	6:43.31	37.24	950m:	11:42.94	37.52	1350m:	16:44.78	37.58
200m:	2:20.97	36.91	600m:	7:21.20	37.89	1000m:	12:20.81	37.87	1400m:	17:22.06	37.28
250m:	2:58.18	37.21	650m:	7:58.26	37.06	1050m:	12:58.52	37.71	1450m:	17:58.40	36.34
300m:	3:35.48	37.30	700m:	8:35.66	37.40	1100m:	13:36.77	38.25	1500m:	18:34.04	35.64
350m:	4:12.87	37.39	750m:	9:13.36	37.70	1150m:	14:14.40	37.63			
400m:	4:50.34	37.47	800m:	9:50.33	36.97	1200m:	14:52.29	37.89			