

Prueba 4
01/07/2022 - 17:50

Masc., 1500m Libre

Absoluto Masculino
Resultados

Clasificación

AN

Tiempo

ABSO

JUNI

Junior Masculino

1. GARCÍA CASTRO, Mateo	05	C. N. ARTEIXO	16:22.09	19,00	19,00
50m: 30.09 30.09	450m: 4:53.25 32.75	850m: 9:17.16 33.21	1250m: 13:40.98 32.97		
100m: 1:02.62 32.53	500m: 5:26.15 32.90	900m: 9:50.26 33.10	1300m: 14:14.25 33.27		
150m: 1:35.59 32.97	550m: 5:59.36 33.21	950m: 10:23.20 32.94	1350m: 14:47.31 33.06		
200m: 2:08.73 33.14	600m: 6:32.06 32.70	1000m: 10:55.89 32.69	1400m: 15:20.27 32.96		
250m: 2:41.61 32.88	650m: 7:04.97 32.91	1050m: 11:29.02 33.13	1450m: 15:51.72 31.45		
300m: 3:14.73 33.12	700m: 7:37.95 32.98	1100m: 12:01.95 32.93	1500m: 16:22.09 30.37		
350m: 3:47.55 32.82	750m: 8:11.09 33.14	1150m: 12:35.07 33.12			
400m: 4:20.50 32.95	800m: 8:43.95 32.86	1200m: 13:08.01 32.94			
2. MORENO TEIJEIRO, Hugo	05	C. FLUVIAL LUGO	17:27.58	11,00	11,00
50m: 30.75 30.75	450m: 5:04.77 34.79	850m: 9:46.57 35.52	1250m: 14:31.63 35.80		
100m: 1:03.80 33.05	500m: 5:39.91 35.14	900m: 10:22.07 35.50	1300m: 15:07.36 35.73		
150m: 1:37.53 33.73	550m: 6:14.96 35.05	950m: 10:57.82 35.75	1350m: 15:42.58 35.22		
200m: 2:11.60 34.07	600m: 6:50.20 35.24	1000m: 11:33.47 35.65	1400m: 16:18.30 35.72		
250m: 2:45.91 34.31	650m: 7:25.53 35.33	1050m: 12:09.14 35.67	1450m: 16:53.32 35.02		
300m: 3:20.55 34.64	700m: 8:00.55 35.02	1100m: 12:44.68 35.54	1500m: 17:27.58 34.26		
350m: 3:55.18 34.63	750m: 8:35.81 35.26	1150m: 13:20.29 35.61			
400m: 4:29.98 34.80	800m: 9:11.05 35.24	1200m: 13:55.83 35.54			
3. PEREZ PAZ, Dario	05	C. N. PONTEAREAS	17:54.86	-	14,00
50m: 31.69 31.69	450m: 5:15.78 35.85	850m: 10:05.95 36.12	1250m: 14:56.06 36.26		
100m: 1:06.39 34.70	500m: 5:51.71 35.93	900m: 10:42.15 36.20	1300m: 15:32.42 36.36		
150m: 1:41.83 35.44	550m: 6:28.29 36.58	950m: 11:18.47 36.32	1350m: 16:08.67 36.25		
200m: 2:17.24 35.41	600m: 7:04.71 36.42	1000m: 11:54.86 36.39	1400m: 16:44.98 36.31		
250m: 2:52.73 35.49	650m: 7:41.13 36.42	1050m: 12:31.06 36.20	1450m: 17:20.51 35.53		
300m: 3:28.52 35.79	700m: 8:17.28 36.15	1100m: 13:07.16 36.10	1500m: 17:54.86 34.35		
350m: 4:04.44 35.92	750m: 8:53.63 36.35	1150m: 13:43.27 36.11			
400m: 4:39.93 35.49	800m: 9:29.83 36.20	1200m: 14:19.80 36.53			
4. AVILES ZHUAVLEV, Santiago	04	A. D. FOGAR	17:58.99	-	9,00
50m: 30.39 30.39	450m: 5:04.90 35.52	850m: 9:59.48 37.55	1250m: 14:55.17 36.75		
100m: 1:03.68 33.29	500m: 5:40.75 35.85	900m: 10:37.18 37.70	1300m: 15:31.94 36.77		
150m: 1:37.07 33.39	550m: 6:16.40 35.65	950m: 11:14.05 36.87	1350m: 16:09.04 37.10		
200m: 2:11.17 34.10	600m: 6:52.63 36.23	1000m: 11:51.46 37.41	1400m: 16:46.03 36.99		
250m: 2:45.15 33.98	650m: 7:28.88 36.25	1050m: 12:28.40 36.94	1450m: 17:22.72 36.69		
300m: 3:19.47 34.32	700m: 8:05.85 36.97	1100m: 13:05.82 37.42	1500m: 17:58.99 36.27		
350m: 3:54.16 34.69	750m: 8:43.69 37.84	1150m: 13:42.16 36.34			
400m: 4:29.38 35.22	800m: 9:21.93 38.24	1200m: 14:18.42 36.26			

Baja enf. ABELENDA PEREZ, Miguel Angel 04 A. D. FOGAR - -

Absoluto Masculino

1. GARCÍA CASTRO, Mateo	05	C. N. ARTEIXO	16:22.09	19,00	19,00
50m: 30.09 30.09	450m: 4:53.25 32.75	850m: 9:17.16 33.21	1250m: 13:40.98 32.97		
100m: 1:02.62 32.53	500m: 5:26.15 32.90	900m: 9:50.26 33.10	1300m: 14:14.25 33.27		
150m: 1:35.59 32.97	550m: 5:59.36 33.21	950m: 10:23.20 32.94	1350m: 14:47.31 33.06		
200m: 2:08.73 33.14	600m: 6:32.06 32.70	1000m: 10:55.89 32.69	1400m: 15:20.27 32.96		
250m: 2:41.61 32.88	650m: 7:04.97 32.91	1050m: 11:29.02 33.13	1450m: 15:51.72 31.45		
300m: 3:14.73 33.12	700m: 7:37.95 32.98	1100m: 12:01.95 32.93	1500m: 16:22.09 30.37		
350m: 3:47.55 32.82	750m: 8:11.09 33.14	1150m: 12:35.07 33.12			
400m: 4:20.50 32.95	800m: 8:43.95 32.86	1200m: 13:08.01 32.94			

Prueba 4, Masc., 1500m Libre, Absoluto Masculino

Clasificación	AN				Tiempo				ABSO	JUNI
2. FERNANDEZ NIETO, Cristian	92	C. N. GALAICO				16:59.84	16,00	16,00		
50m: 31.04	31.04	450m: 4:59.72	33.80	850m: 9:33.41	34.31	1250m: 14:08.67	34.59			
100m: 1:03.66	32.62	500m: 5:33.93	34.21	900m: 10:07.63	34.22	1300m: 14:43.14	34.47			
150m: 1:37.34	33.68	550m: 6:08.00	34.07	950m: 10:42.16	34.53	1350m: 15:17.26	34.12			
200m: 2:11.01	33.67	600m: 6:42.33	34.33	1000m: 11:16.51	34.35	1400m: 15:51.78	34.52			
250m: 2:44.92	33.91	650m: 7:16.26	33.93	1050m: 11:51.01	34.50	1450m: 16:25.96	34.18			
300m: 3:18.62	33.70	700m: 7:50.59	34.33	1100m: 12:25.33	34.32	1500m: 16:59.84	33.88			
350m: 3:52.06	33.44	750m: 8:24.71	34.12	1150m: 12:59.56	34.23					
400m: 4:25.92	33.86	800m: 8:59.10	34.39	1200m: 13:34.08	34.52					
3. COSTA FERNANDEZ, Lucas	98	C. N. PONTEAREAS				17:03.85	14,00	14,00		
50m: 30.48	30.48	450m: 4:56.71	33.74	850m: 9:33.63	34.95	1250m: 14:12.93	34.95			
100m: 1:03.29	32.81	500m: 5:31.21	34.50	900m: 10:08.53	34.90	1300m: 14:47.81	34.88			
150m: 1:36.30	33.01	550m: 6:05.54	34.33	950m: 10:42.92	34.39	1350m: 15:22.60	34.79			
200m: 2:09.54	33.24	600m: 6:40.09	34.55	1000m: 11:17.86	34.94	1400m: 15:57.23	34.63			
250m: 2:42.79	33.25	650m: 7:14.64	34.55	1050m: 11:52.69	34.83	1450m: 16:30.73	33.50			
300m: 3:15.98	33.19	700m: 7:49.09	34.45	1100m: 12:27.88	35.19	1500m: 17:03.85	33.12			
350m: 3:49.29	33.31	750m: 8:23.78	34.69	1150m: 13:02.72	34.84					
400m: 4:22.97	33.68	800m: 8:58.68	34.90	1200m: 13:37.98	35.26					
4. ALONSO VIDAL, Teo	07	VIGO RIAS BAIXAS				17:04.98	13,00	13,00		
50m: 30.78	30.78	450m: 5:03.17	34.30	850m: 9:39.25	34.81	1250m: 14:14.71	34.43			
100m: 1:03.91	33.13	500m: 5:37.29	34.12	900m: 10:13.77	34.52	1300m: 14:49.09	34.38			
150m: 1:37.77	33.86	550m: 6:11.90	34.61	950m: 10:48.03	34.26	1350m: 15:23.59	34.50			
200m: 2:11.71	33.94	600m: 6:46.11	34.21	1000m: 11:22.53	34.50	1400m: 15:57.78	34.19			
250m: 2:46.02	34.31	650m: 7:20.64	34.53	1050m: 11:57.11	34.58	1450m: 16:31.67	33.89			
300m: 3:20.26	34.24	700m: 7:55.11	34.47	1100m: 12:31.45	34.34	1500m: 17:04.98	33.31			
350m: 3:54.56	34.30	750m: 8:29.94	34.83	1150m: 13:05.89	34.44					
400m: 4:28.87	34.31	800m: 9:04.44	34.50	1200m: 13:40.28	34.39					
5. TEIJEIRO PRADO, X Joel	06	C. FLUVIAL LUGO				17:17.94	12,00	12,00		
50m: 29.73	29.73	450m: 5:07.76	34.76	850m: 9:47.44	34.85	1250m: 14:27.22	34.90			
100m: 1:03.11	33.38	500m: 5:42.32	34.56	900m: 10:22.01	34.57	1300m: 15:02.37	35.15			
150m: 1:37.85	34.74	550m: 6:17.42	35.10	950m: 10:56.77	34.76	1350m: 15:37.58	35.21			
200m: 2:12.46	34.61	600m: 6:52.17	34.75	1000m: 11:32.26	35.49	1400m: 16:11.73	34.15			
250m: 2:47.05	34.59	650m: 7:27.67	35.50	1050m: 12:07.79	35.53	1450m: 16:44.98	33.25			
300m: 3:22.47	35.42	700m: 8:02.38	34.71	1100m: 12:41.55	33.76	1500m: 17:17.94	32.96			
350m: 3:57.83	35.36	750m: 8:37.32	34.94	1150m: 13:16.81	35.26					
400m: 4:33.00	35.17	800m: 9:12.59	35.27	1200m: 13:52.32	35.51					
6. MORENO TEIJEIRO, Hugo	05	C. FLUVIAL LUGO				17:27.58	11,00	11,00		
50m: 30.75	30.75	450m: 5:04.77	34.79	850m: 9:46.57	35.52	1250m: 14:31.63	35.80			
100m: 1:03.80	33.05	500m: 5:39.91	35.14	900m: 10:22.07	35.50	1300m: 15:07.36	35.73			
150m: 1:37.53	33.73	550m: 6:14.96	35.05	950m: 10:57.82	35.75	1350m: 15:42.58	35.22			
200m: 2:11.60	34.07	600m: 6:50.20	35.24	1000m: 11:33.47	35.65	1400m: 16:18.30	35.72			
250m: 2:45.91	34.31	650m: 7:25.53	35.33	1050m: 12:09.14	35.67	1450m: 16:53.32	35.02			
300m: 3:20.55	34.64	700m: 8:00.55	35.02	1100m: 12:44.68	35.54	1500m: 17:27.58	34.26			
350m: 3:55.18	34.63	750m: 8:35.81	35.26	1150m: 13:20.29	35.61					
400m: 4:29.98	34.80	800m: 9:11.05	35.24	1200m: 13:55.83	35.54					
7. FARO MARTINEZ, Yoel	07	C. N. PONTEAREAS				17:39.26	10,00	10,00		
50m: 30.06	30.06	450m: 5:08.88	34.98	850m: 9:53.45	35.87	1250m: 14:40.40	35.92			
100m: 1:03.59	33.53	500m: 5:44.17	35.29	900m: 10:29.06	35.61	1300m: 15:16.91	36.51			
150m: 1:38.34	34.75	550m: 6:19.31	35.14	950m: 11:04.84	35.78	1350m: 15:53.44	36.53			
200m: 2:13.27	34.93	600m: 6:54.89	35.58	1000m: 11:40.52	35.68	1400m: 16:29.29	35.85			
250m: 2:47.66	34.39	650m: 7:30.52	35.63	1050m: 12:16.29	35.77	1450m: 17:03.99	34.70			
300m: 3:23.16	35.50	700m: 8:06.08	35.56	1100m: 12:52.12	35.83	1500m: 17:39.26	35.27			
350m: 3:58.28	35.12	750m: 8:41.73	35.65	1150m: 13:28.19	36.07					
400m: 4:33.90	35.62	800m: 9:17.58	35.85	1200m: 14:04.48	36.29					

Prueba 4, Masc., 1500m Libre, Absoluto Masculino

Clasificación					AN					Tiempo	ABSO	JUNI
8.	PEREZ PAZ, Dario				05	C. N. PONTEAREAS				17:54.86	-	14,00
	50m:	31.69	31.69	450m:	5:15.78	35.85	850m:	10:05.95	36.12	1250m:	14:56.06	36.26
	100m:	1:06.39	34.70	500m:	5:51.71	35.93	900m:	10:42.15	36.20	1300m:	15:32.42	36.36
	150m:	1:41.83	35.44	550m:	6:28.29	36.58	950m:	11:18.47	36.32	1350m:	16:08.67	36.25
	200m:	2:17.24	35.41	600m:	7:04.71	36.42	1000m:	11:54.86	36.39	1400m:	16:44.98	36.31
	250m:	2:52.73	35.49	650m:	7:41.13	36.42	1050m:	12:31.06	36.20	1450m:	17:20.51	35.53
	300m:	3:28.52	35.79	700m:	8:17.28	36.15	1100m:	13:07.16	36.10	1500m:	17:54.86	34.35
	350m:	4:04.44	35.92	750m:	8:53.63	36.35	1150m:	13:43.27	36.11			
	400m:	4:39.93	35.49	800m:	9:29.83	36.20	1200m:	14:19.80	36.53			
9.	AVILES ZHUAVLEV, Santiago				04	A. D. FOGAR				17:58.99	-	9,00
	50m:	30.39	30.39	450m:	5:04.90	35.52	850m:	9:59.48	37.55	1250m:	14:55.17	36.75
	100m:	1:03.68	33.29	500m:	5:40.75	35.85	900m:	10:37.18	37.70	1300m:	15:31.94	36.77
	150m:	1:37.07	33.39	550m:	6:16.40	35.65	950m:	11:14.05	36.87	1350m:	16:09.04	37.10
	200m:	2:11.17	34.10	600m:	6:52.63	36.23	1000m:	11:51.46	37.41	1400m:	16:46.03	36.99
	250m:	2:45.15	33.98	650m:	7:28.88	36.25	1050m:	12:28.40	36.94	1450m:	17:22.72	36.69
	300m:	3:19.47	34.32	700m:	8:05.85	36.97	1100m:	13:05.82	37.42	1500m:	17:58.99	36.27
	350m:	3:54.16	34.69	750m:	8:43.69	37.84	1150m:	13:42.16	36.34			
	400m:	4:29.38	35.22	800m:	9:21.93	38.24	1200m:	14:18.42	36.26			
10.	RAMOS PEREZ, Nicolas Anton				06	C. N. FERROL				18:08.98	-	8,00
	50m:	29.28	29.28	450m:	5:09.39	35.66	850m:	10:00.88	37.00	1250m:	15:01.11	37.52
	100m:	1:02.24	32.96	500m:	5:45.44	36.05	900m:	10:38.04	37.16	1300m:	15:39.50	38.39
	150m:	1:36.51	34.27	550m:	6:21.37	35.93	950m:	11:15.15	37.11	1350m:	16:17.29	37.79
	200m:	2:11.66	35.15	600m:	6:57.41	36.04	1000m:	11:52.73	37.58	1400m:	16:54.55	37.26
	250m:	2:47.06	35.40	650m:	7:33.71	36.30	1050m:	12:30.09	37.36	1450m:	17:32.14	37.59
	300m:	3:22.42	35.36	700m:	8:10.39	36.68	1100m:	13:08.16	38.07	1500m:	18:08.98	36.84
	350m:	3:57.95	35.53	750m:	8:46.98	36.59	1150m:	13:46.23	38.07			
	400m:	4:33.73	35.78	800m:	9:23.88	36.90	1200m:	14:23.59	37.36			
11.	GARCIA AFONSO, Alexis				07	C. N. FERROL				18:17.44	-	7,00
	50m:	31.03	31.03	450m:	5:18.28	36.17	850m:	10:10.88	36.85	1250m:	15:10.45	38.05
	100m:	1:06.33	35.30	500m:	5:54.93	36.65	900m:	10:47.77	36.89	1300m:	15:48.27	37.82
	150m:	1:42.31	35.98	550m:	6:31.78	36.85	950m:	11:25.16	37.39	1350m:	16:26.28	38.01
	200m:	2:18.36	36.05	600m:	7:08.33	36.55	1000m:	12:02.34	37.18	1400m:	17:03.74	37.46
	250m:	2:53.98	35.62	650m:	7:45.13	36.80	1050m:	12:40.33	37.99	1450m:	17:41.30	37.56
	300m:	3:29.99	36.01	700m:	8:20.81	35.68	1100m:	13:17.99	37.66	1500m:	18:17.44	36.14
	350m:	4:05.92	35.93	750m:	8:57.18	36.37	1150m:	13:56.20	38.21			
	400m:	4:42.11	36.19	800m:	9:34.03	36.85	1200m:	14:32.40	36.20			
12.	BARROS DA SILVA, Pedro				07	C. N. GALAICO				18:20.43	-	6,00
	50m:	32.10	32.10	450m:	5:24.04	37.08	850m:	10:22.17	37.09	1250m:	15:19.73	36.43
	100m:	1:07.41	35.31	500m:	6:01.26	37.22	900m:	10:59.79	37.62	1300m:	15:56.50	36.77
	150m:	1:43.25	35.84	550m:	6:38.09	36.83	950m:	11:37.16	37.37	1350m:	16:32.69	36.19
	200m:	2:19.82	36.57	600m:	7:15.49	37.40	1000m:	12:14.84	37.68	1400m:	17:09.19	36.50
	250m:	2:56.29	36.47	650m:	7:52.53	37.04	1050m:	12:52.28	37.44	1450m:	17:45.03	35.84
	300m:	3:32.88	36.59	700m:	8:30.12	37.59	1100m:	13:29.10	36.82	1500m:	18:20.43	35.40
	350m:	4:09.74	36.86	750m:	9:07.40	37.28	1150m:	14:06.11	37.01			
	400m:	4:46.96	37.22	800m:	9:45.08	37.68	1200m:	14:43.30	37.19			
13.	GONZALEZ ESTEVEZ, Yoel				07	C. N. PONTEAREAS				18:29.33	-	-
	50m:	34.30	34.30	450m:	5:25.78	37.15	850m:	10:24.91	38.14	1250m:	15:24.17	36.90
	100m:	1:09.28	34.98	500m:	6:03.26	37.48	900m:	11:02.33	37.42	1300m:	16:01.73	37.56
	150m:	1:45.05	35.77	550m:	6:40.31	37.05	950m:	11:40.10	37.77	1350m:	16:38.68	36.95
	200m:	2:21.52	36.47	600m:	7:17.12	36.81	1000m:	12:18.04	37.94	1400m:	17:15.63	36.95
	250m:	2:57.67	36.15	650m:	7:54.73	37.61	1050m:	12:55.71	37.67	1450m:	17:52.68	37.05
	300m:	3:34.87	37.20	700m:	8:31.66	36.93	1100m:	13:33.16	37.45	1500m:	18:29.33	36.65
	350m:	4:12.23	37.36	750m:	9:09.51	37.85	1150m:	14:10.29	37.13			
	400m:	4:48.63	36.40	800m:	9:46.77	37.26	1200m:	14:47.27	36.98			

Prueba 4, Masc., 1500m Libre, Absoluto Masculino

Clasificación	AN						Tiempo		ABSO	JUNI		
14.	PEREZ GARCIA, Iker						07	C. N. GALAICO		18:45.65	-	-
	50m:	33.30	33.30	450m:	5:28.41	37.67	850m:	10:31.81	38.98	1250m:	15:38.34	37.49
	100m:	1:08.42	35.12	500m:	6:06.13	37.72	900m:	11:09.94	38.13	1300m:	16:15.92	37.58
	150m:	1:45.28	36.86	550m:	6:43.84	37.71	950m:	11:48.37	38.43	1350m:	16:54.26	38.34
	200m:	2:22.11	36.83	600m:	7:21.62	37.78	1000m:	12:26.35	37.98	1400m:	17:31.90	37.64
	250m:	2:59.17	37.06	650m:	7:59.38	37.76	1050m:	13:04.84	38.49	1450m:	18:09.47	37.57
	300m:	3:36.33	37.16	700m:	8:36.91	37.53	1100m:	13:43.86	39.02	1500m:	18:45.65	36.18
	350m:	4:13.30	36.97	750m:	9:15.19	38.28	1150m:	14:22.24	38.38			
	400m:	4:50.74	37.44	800m:	9:52.83	37.64	1200m:	15:00.85	38.61			
Baja enf.	ABELENDIA PEREZ, Miguel Angel						04	A. D. FOGAR			-	-