

Prueba 39
03/07/2022 - 17:10

Masc., 400m Estilos

Absoluto Masculino
Resultados Final

RG	4:26.60	MARTÍNEZ NOVOA, MIGUEL	RCNVIGO	29/05/2021
RC	4:30.63	GUIOTTO SANCHEZ, MARCO	CDELMAR	05/07/2019

Clasificación			AN			Tiempo	ABSO	JUNI	
Final A									
1.	MENDEZ PUGA, Mario		03	VIGO RIAS BAIXAS		4:36.26	19,00	-	
	50m:	28.98 28.98	150m:	1:38.72 36.95	250m:	2:54.92 39.71	350m:	4:06.48 30.63	
	100m:	1:01.77 32.79	200m:	2:15.21 36.49	300m:	3:35.85 40.93	400m:	4:36.26 29.78	
2.	GOMEZ TOJO, Ander		05	C. FLUVIAL LUGO		4:43.22	16,00	-	
	50m:	29.41 29.41	150m:	1:39.42 36.57	250m:	2:55.52 40.31	350m:	4:10.71 33.40	
	100m:	1:02.85 33.44	200m:	2:15.21 35.79	300m:	3:37.31 41.79	400m:	4:43.22 32.51	
3.	NOVO LOPEZ, Brais		03	C. N. PORTAMIÑA		4:44.92	14,00	-	
	50m:	29.44 29.44	150m:	1:42.84 39.02	250m:	2:59.64 38.97	350m:	4:13.95 33.78	
	100m:	1:03.82 34.38	200m:	2:20.67 37.83	300m:	3:40.17 40.53	400m:	4:44.92 30.97	
4.	NAVARRO LOSADA, Sergi		07	C. N. FERROL		4:55.97	13,00	-	
	50m:	31.61 31.61	150m:	1:43.41 37.81	250m:	3:05.19 44.62	350m:	4:23.17 34.33	
	100m:	1:05.60 33.99	200m:	2:20.57 37.16	300m:	3:48.84 43.65	400m:	4:55.97 32.80	
5.	VAZQUEZ LIZ, Alejandro		03	C. N. PORTAMIÑA		4:58.45	12,00	-	
	50m:	31.20 31.20	150m:	1:47.03 39.66	250m:	3:07.64 42.77	350m:	4:24.82 34.32	
	100m:	1:07.37 36.17	200m:	2:24.87 37.84	300m:	3:50.50 42.86	400m:	4:58.45 33.63	
6.	MANEIROS PAZ, Mario		06	C. N. FERROL		5:04.60	11,00	-	
	50m:	31.46 31.46	150m:	1:48.81 39.46	250m:	3:10.95 44.12	350m:	4:30.52 34.25	
	100m:	1:09.35 37.89	200m:	2:26.83 38.02	300m:	3:56.27 45.32	400m:	5:04.60 34.08	
7.	PASTORIZA SANTA CLARA, Jorge		97	VIGO RIAS BAIXAS		5:06.08	10,00	-	
	50m:	32.67 32.67	200m:	2:29.35 1:19.43	300m:	3:57.23 44.54	400m:	5:06.08 32.95	
	100m:	1:09.92 37.25	250m:	3:12.69 43.34	350m:	4:33.13 35.90			
DSQ	MORENO TEIJEIRO, Hugo		05	C. FLUVIAL LUGO			9,00	-	
	<i>Viraxe irregular</i>								
Final B									
9.	CARRERA COSTAS, Martin		96	C. N. PONTEAREAS		4:58.52	8,00	-	
	50m:	31.41 31.41	150m:	1:48.86 40.75	250m:	3:09.27 41.37	350m:	4:25.47 34.04	
	100m:	1:08.11 36.70	200m:	2:27.90 39.04	300m:	3:51.43 42.16	400m:	4:58.52 33.05	
10.	ESTEVEZ CRESPO, Hugo		06	PABELLON OURENSE		4:59.68	7,00	-	
	50m:	31.53 31.53	150m:	1:47.53 39.85	250m:	3:08.84 42.78	350m:	4:27.55 35.63	
	100m:	1:07.68 36.15	200m:	2:26.06 38.53	300m:	3:51.92 43.08	400m:	4:59.68 32.13	
11.	RODRIGUEZ DEL RIO, Miguel		06	PABELLON OURENSE		5:00.61	6,00	-	
	50m:	33.27 33.27	150m:	1:50.57 40.00	250m:	3:10.04 41.76	350m:	4:27.53 35.68	
	100m:	1:10.57 37.30	200m:	2:28.28 37.71	300m:	3:51.85 41.81	400m:	5:00.61 33.08	
12.	FARO MARTINEZ, Yoel		07	C. N. PONTEAREAS		5:05.63	5,00	-	
	50m:	31.57 31.57	150m:	1:49.09 40.43	250m:	3:10.98 42.55	350m:	4:30.29 36.30	
	100m:	1:08.66 37.09	200m:	2:28.43 39.34	300m:	3:53.99 43.01	400m:	5:05.63 35.34	
13.	CIDRÁS PÉREZ, Fabián		05	RCN VIGO		5:10.65	-	-	
	50m:	31.09 31.09	150m:	1:48.66 40.77	250m:	3:14.94 45.36	350m:	4:35.99 34.99	
	100m:	1:07.89 36.80	200m:	2:29.58 40.92	300m:	4:01.00 46.06	400m:	5:10.65 34.66	
14.	TIMIRAOs FERNANDEZ, Marcos		05	C. N. PORTAMIÑA		5:12.78	-	-	
	50m:	32.26 32.26	150m:	1:50.39 40.83	250m:	3:14.00 43.08	350m:	4:36.25 37.06	
	100m:	1:09.56 37.30	200m:	2:30.92 40.53	300m:	3:59.19 45.19	400m:	5:12.78 36.53	

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Clasificación	AN		Tiempo		ABSO	JUNI	
15. VAZQUEZ COSTA, Miguel	06	C. N. GALAICO	5:20.44	-	-		
50m: 32.46	32.46	150m: 1:55.39	42.63	250m: 3:24.26	46.68	350m: 4:45.82	35.17
100m: 1:12.76	40.30	200m: 2:37.58	42.19	300m: 4:10.65	46.39	400m: 5:20.44	34.62